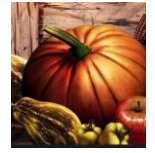




Quicksilver Quips

November 2022

*Happy
Thanksgiving!*



What's inside

President's message
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Board Meeting Minutes
Birthdays and Announcements
Market place
Join the club/renew

And random stuff here and there
just because I can :-)

Officers

2022 Board members are

Jerry Wittenauer - President
Elaine El-Bizri - VP
Nick Warhol, Treasurer
Margaret Hastings, Secretary
Carloyn Tucker - Board
Maryben Stover - Board
Vacant - Board

Newsletter Editor

Elisabet Hiatt
lazo@ucsc.edu

QSER on the Web:
<http://www.qser.net/>

President's Message, Jerry Wittenauer, 30 Oct 2022

With the successful conclusion of our Big Event – the Quicksilver Fall Classic, attention turns to a couple items of “Club Business” to wrap up the year!

- Board of Directors Nominations The annual activities of the QS Club are mapped-out and managed by our QS Board of Directors, meeting monthly during the year to maintain a focus on fostering a healthy and vigorous Endurance Community in the Santa Clara Valley, Santa Cruz Mountains, Steinbeck Country . . . and Beyond! Our Club has been doing its *Endurance Thing* since 1978, maintained and nurtured over the years by that “next group” of Endurance Riders ready to step up and give a little something back to our sport – by serving in the leadership of our club. This year, we have openings for three Board Members. Maryben Stover is leading a recruitment drive to solicit our next generation of leaders, please give this some thought. Maryben can be reached at merryben@live.com
- Annual Awards Nominations - Our Bylaws (Special Rules, Section 8) describe Awards for riders and equines that should be recognized each year for exceptional accomplishment or contribution to Endurance. In 2022, the Quicksilver Board developed a set of guidelines for eligibility, evaluation, and selection for the awards described in the Bylaws. It is hoped that the availability of these guidelines will help to maintain our proud Club tradition of recognizing and honoring the accomplishments of our outstanding athletes! Self-nomination is pretty common – don't be shy! The awards and guidelines can be found on our website: https://www.qser.net/s/QS-Club-Awards-Guidelines-Jul_2022-pdf.pdf Award nominations must be submitted to the respective chairpersons of the awards committees no later than 15 November. These people are:

<u>Award</u>	<u>Ctte Chairman</u>	<u>e-mail</u>
Eleanor Norton	Lori Oleson	lorioleson@alumni.cpp.edu
HOF Horse	Mary W-Anderson	horsemileage@hotmail.com
HOF Rider	Nick Warhol	nwarhol@comcast.net
Horse of the Year	Nick Warhol	nwarhol@comcast.net

Thanks for your support to our Club and this great sport of Endurance!

2022 Quicksilver Yearbook/Directory

It's that time of year when we need to revise and update our 2022 Quicksilver Yearbook/Directory. Please send pictures, items of interest and achievements and of course any updates on your contact information. Please send your information to lorioleson@alumni.cpp.edu
Please send as soon as possible

Lori has undertaken to work on this one last time but would like some help. We need a volunteer to work with Lori so they can help with production next year. Please contact Lori as soon as possible.

Hi everyone- I added the **2021 club directory** to the "members only" page on the web site.

From the web site click on the "Members only" button.

The secret word to get in is juliesuhr

There is a button to download the directory in PDF format.

If anyone has any content, or any ideas for what they would like to see on the website please let me know.

Thanks
Nick

2023 QSER Club Calendar

18 Jan - Election of 2023 Officers
xx Feb QSER Banquet
23/24 Feb AERC Convention (Jacksonville)
8 Jul QS Support to Fireworks Ride
11 Jul "Go Live" for QS Ride Entries
29 Jul QS Support to Tevis Cup – Finish Line Team

xx Aug QS Camping at Santa Cruz Horsemen's
10 Sep Kick-off Board Search Ctte
30 Sept QS Fall Classic Endurance Ride
15 Nov All Awards Nominations Due
18 Jan Election of 2024 Officers

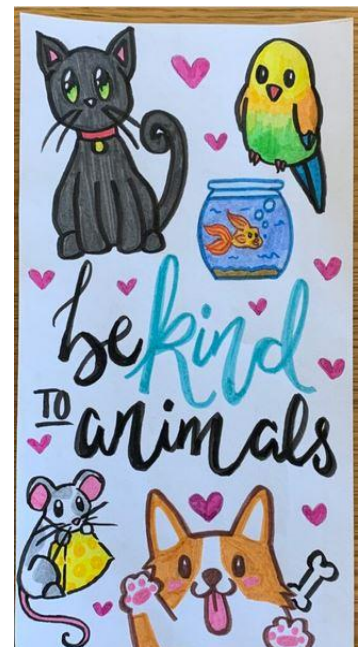
Important Announcement - From Pat McAndrews:

Dear Animal Lovers,

I am sad to report that Santa Clara County is suffering dearly from a veterinarian shortage in its shelters. You probably are already aware that there is a veterinarian shortage in general since Covid. It is worse here due to the cost of living in our county. The shelters are unable to find veterinarians to work as their pay scale is much lower than what a vet could make here in private practice. We nearly had to shut a shelter down recently as one cannot remain open without a vet on staff.

Therefore, what we need is for all of you to write a letter or contact the Board of Supervisors and demand that they create a salary for the shelter staff veterinarians that is comparable to our area so that we can continue to staff our shelters. It should only take a few minutes of your time, but may save many animals lives. Thank you for caring. Direct correspondence to:

Santa Clara County Board of Supervisors
70 West Hedding St.
San Jose, Ca. 95110





This was our dog Gromit, who is very much missed. Elisabet

HOPE
Y'ALL
HAD
A
VERY
HAPPY
AND
FUN
HALLOWEEN

Carolyn's dog Sadie wants to be a horse!!



MORE HALLOWEEN CUTENESS.....

From Rachel Miura:

- My daughter Brynn rode our horse Theo as a knight in the San Mateo County Horseman's Association Play Day on October 23 at Webb Ranch.



- Scout the Golden Retriever puppy and I are going as Little Bo Peep and her lost sheep for Halloween.

ENDURANCE CLINIC FEEDBACK AND ACCOLADES!!!



Below are comments from the Endurance Clinic. We already have folks waiting for the 2023 date! Three people from the clinic rode and finished well in the Quicksilver ride.

From Steve Hinz:

The Team did a great job helping me understand the sport better. The most valuable insight I received was the hands-on experience of riding with a knowledgeable person who gave me great tips!

From Dana Adams:

I loved the clinic! I enjoyed listening to high mileage riders share what works for them and best practices. The vet check practice was wonderful because it gave us an opportunity to ask questions, and hear feedback from the clinicians on what to expect and improve on. The team was open to any and all questions and gave support when one of us had a problem we had not experienced before. It was a treat to go out on the trail with experienced endurance riders to work on pacing a ride and general questions that came up while out.

The only two things I would have liked more time with are trailer backing and pulse taking, but I think the weather got in the way of this for this clinic.
Very nice clinic for us newbies! Thank you for doing this!

From Joann Watkins:

I had a wonderful time at the clinic. Excellent presentations well timed and full of great information. Riding in the rain was my very favorite part. Nick made sure that we understood each piece from heart rate to understanding the ribbon system to finding the perfect speed for a successful ride.
Very grateful and as always the camping was great!
Thank you so much for putting on this event

From Diane Marcel:

Loved everything about it.
Biggest Take Aways:
Know Your Horse
Pay Attention to your Horse
Evaluate as you ride with your horse.

Hearing *Nick's* philosophy of endurance...1. it's ok to race if you have the right horse and condition it for the job. 2. safety of the horse is all that matters "happy healthy and sound" is the riders total responsibility. 3. it's not the distance, but how fast you do the distance. Manage your speed and don't go too fast too soon (4 years to develop horse for 100 mile ride).

A horse with a self motivated forward is what Nick looks for in an endurance horse.
"Legs like tree stumps. A square front end and try for no inference. Flat back, straight legs."
You want a horse that FDPP's well (EAT DRINKS PEES POOPS). Look for big lungs and a big heart girth. A horse with a good brain who can trailer, camp, stay happy and stands for saddling.
A horse with a calm, sane and changeable mind will do well.

Nick really stressed knowing your horse. From resting pulse to recovery pulse. When taking your horse's pulse listen for two sounds which you count as one. Get your time piece ready and start counting, but move your eyes away from the time piece or you will naturally count seconds and not lubbdubb's. Watch for 15 seconds, count beat sounds and times by 4.

Becky Hart spoke next with coaching us in fitness and getting a horse ready for rides.

I mostly valued her quotes, listening to such a professional who has been able to keep horses in the sport much longer than anyone. Set your goals both long and short. Visualize yourself riding the rides.
Picture yourself finishing the ride. Expect to finish and your horse to stay sound. Mental toughness is learned. You can't rush fitness. Don't over condition your horse. ADR means ain't doing right. Check your saddle fit every 3 months. Know when to stick to your routine and know when to try something new. Training is different than conditioning. Take classes. Pro's take classes. Learn from a slower pace. Teach the horse to relax and snack on the trail. Walking muscles are the same as canter muscle. Know how much weight your horse is carrying. Constantly evaluate your horse from counting gulps of water (~2 oz/60 ml each gulp),

5-10 mts after work heart rate should go 60 or below, jugular refill <1 second, gums and capillary refill <1 second back to pinch skin tenting. Check for soundness before a ride like swelling, filling or heat. Warm up 30 minutes before the ride and cool horse down after work. Evaluate your horse through the ride. The horse is your total responsibility. Learn how to keep your horse round. Half Halts to rebalance horse. Get the mental ability to ride all day (and leave gas in the tank for the horse). Can you ride 10 miles in 1 hour?

Jill Kilty-Newburn presented notes from a Vet who has control judged the Fireworks ride.

"Pay Attention. Pay Attention to everything."

Know your baselines and normal recovery for your horse.

No overdue hoof care.

Have horses feet done a week before a ride.

Training is different than conditioning.

Bring a horse with trailer skills to get out at Vet checks (all trailers).

Debbie Boscoe coached us on pacing and finishing the ride with a sound horse.

Reminding us to ride these rides with the best interests of our horse in mind.

Rides are a ton of fun. Find your fun.

6 to 6 ½ mph is goal trot speed. track it.

slow trot = 6mph

mod trot = 8 mph

fast trot = 9-10 mph

Horses are honest; they don't fake it.

Fun ride was as rain ride. Good billy goat training for horse. Good opportunity to watch for tack behaving differently. My knees were really bruised as my riding tights gripped the saddle really well wet. I was soaked through and not going for second loop -rider optioned out!

The biggest win for me was getting my horse to the event on my own, tacking up and riding out and getting horse back in the trailer on my own. It might have taken getting a new trailer, hours of trailer learning, learning what it means when people say "it takes as long as it takes" but getting that win with my horse was everything I needed to get to the next step.

From Kathy T:

Hi my Name is Kathy T. I came with my barn buds and our trusty steeds. I want to thank you for an outstanding clinic. The combined years of experiences that were shared by highly respected riders who have been there & experienced that was beyond value. The group of teachers, coordinators and students felt like old friends. The facility was like a play-ground and park for us & our horses. The horses had another opportunity to expand their comfort zone as did we the riders. My only complaint is that we were not equipped to ride in the rain & our horses were insane from being split into different trail groups; especially with the weather change from the incoming storm. The horses went from miserably hot valley weather to costal weather. Live & Learn & Grow.

Thank you for a fantastic clinic. I hope you do more. Please keep us posted. Appreciatively, Kathy T

~~~~~  
**And then we had the 50th Quicksilver Classic Ride...**



**From Nick Warhol:**

Hi everyone- I want to give a real shout out to **Jerry Wittenauer**. He pretty much single handedly managed the ride this year, and did an unbelievable job.

For those of you who know how much work it is, you can appreciate that everything, and I mean everything, went very smoothly. The glitches that took place Jerry handled, and the issues we had last year were nonexistent. For those of you who don't know how much work it is, let me say that it's more work, headache, hassle, and misery than any sane person wants to or should have to deal with. It takes a person who is really dedicated to the sport, and we are lucky to have such a guy in the club willing to do it.

We had nothing but compliments on the ride, all weekend, from everyone I spoke to. And there were compliments! A lot of them. The club really pulled together to pull it off, and the initial numbers look like we made \$1,040 in profit. We had a 92% completion rate in the 50, a 94% completion rate in the 25, and I think a 100% completion rate in the fun ride.

The best part for me? **Three new riders that attended our SCCHA/Quicksilver Intro to Endurance clinic** a few weeks ago started and finished the ride. This alone is worth all the work and hassle.

Thanks to Brian and Gretchen for their help with the trail. We fought the cows all week, and had more cattle versus signs issues at this ride than in the ten years or so I have been doing this combined. Thanks again Jerry and volunteers, and let's as a club wait a couple of months before we ask him to do it again next year!

**From Lisa and Shel Schneider:**

**Jerry** - You have our thanks and gratitude, along with the great team you assembled. You had the best trail marking crew, super friendly volunteers, and a vet team that included TWO top 10 Tevis riders who BOTH have earned Haggin cups! It made the 7-hour drive well worth it for us.

---

**More Quicksilver ride stories! Nick Warhol writes...**

The 50th running of the Quicksilver Fall Classic 25/50 went off this past weekend in Harvey Bear County Park in San Martin, Ca, just south of San Jose. Ride Manager Jerry Wittenauer and his crew did a great job on the event; I heard nothing but compliments all day. The weather was actually really nice compared to the inferno we had last year.

I went out and marked the trail for the ride on Thursday and Friday, assisted by Gretchen Montgomery and Brian Reeves. Brian also handled the water on the trail. We had some real run-in's with the cows knocking down and eating our ride corner marking signs. We put them back up four times in one key area and finally gave up and wrote the directions on the ground with chalk. Some of those corners looked like a weird sidewalk art exhibit! You could probably tell the difference between loop 1 and 2 from space!

The ride was smaller than last year- we started 34 in the 25 and finished 32 for 94% completion rate, started 24 in the 50 and finished 22 for 92%, and were 9 for 9 in the fun ride. Special thanks to Laura Matthews who stepped in and rode as a mentor rider in the Fun ride.

We had a great vet team headed up by J. Mero, assisted by Michelle Roush-Rowe and Kelly Torrisi. What a team! I rode the 50 on my Big, Brown, Girly Horse Sorsha along with my riding buddy Gretchen Montgomery, who was riding her new horse Tika on their first 50 together. Tika has done three fifty's a couple of years ago, but this was their first attempt as a new team. The mare did a really good job, especially at the start, and got Gretchen through without incident. The picture is Gretchen and Tika blowing Sorsha's and my doors off at the finish to swoop in for 14th place.

The sad news is my riding buddy Ines Kana-Hoffman's youngster Rayos was pulled at 12 miles for lameness. She has been dealing with a nagging nerve issue and made it through her last two rides, but not this one. She's off to the vet this week.

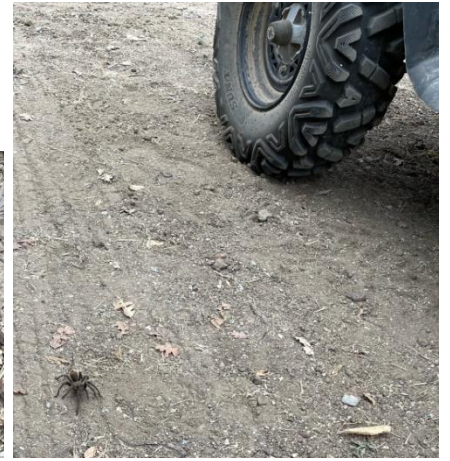
The 25 had Julie Raner take first on WMA Balerina with BC going to Tyrllika ridden by Melonie Canepa.

On the 50 Susannah Jones and Denis Tracy tied for first with BC going to SAR Smokey Demon ridden by Juliana McElroy. My friend Lisa Schneider trucked all the way up here from So Cal to do the ride and had a good ride on the LD. Special kudo's also go to Val Reeves, who finished her first ride on the LD in 14 years!



I also want to really give a shout out to three riders who attended our Introduction to Endurance clinic in Santa Cruz a few weeks ago. All three finished the ride! Steve Hinz, Diane Marcel, and my new friend Stacy Taylor-Linder who did her and her horse Mo's first ever ride. **Congratulations** to you guys- you three Rock!

Next year we will come up with new ideas for keeping the stupid cows from the trail markings. I'm experimenting with this new phone based app called "Ride with GPS". It might be a good backup to traditional trail markings. I have heard that some rides are even only using this for navigation. We are going to try it out and possibly have a demo/clinic on this technology at the fire mountain ride in Ridgecrest in January. By the way- you won't want to miss fire Mountain this year, especially day two. The ride is going out to the Trona Pinnacles and back. The LD will end there so everyone can get a chance to see this bizarre place. It's like being on the moon. Many movies have been filmed here- it's pretty neat.



Oh yes- the spider! we were overrun by monster Tarantulas! they took over ride camp! Not really... there was one guy headed somewhere who passed by my quad. It is their time of year, and it's neat to see them out again.

We all like to brag about our horse of advanced age as though that is proof of our good stewardship. I am guilty. But is it necessarily the best for the horse? In nature the animal that cannot keep up with the herd does not suffer for long because a predator will bring it down. Our domesticated horses do not have to worry much about predators. How many live out their last years with painful conditions that we little understand because they cannot tell us. We recognize lameness very quickly. Do we also recognize painful cancers, digestive problems and the acid buildup in the stomach? A grazing animal such as the horse, who is probably fed only twice a day, demands the saliva that come with chewing to neutralize the burning acid that is constantly dripping into his stomach. Is it any wonder they come nickering and running to the food bin?



I think the eyes of the horse can tell us whether life is a burden or whether it is still pretty good. Learn to read them. Not with a carrot in your hand but when they are relaxed with no outside diversions. I think the eyes are the best indicator as to when it is time. A second opinion by your veterinarian should help with your decision. Your final gift to a horse you love may be rainbow bridge.

*Julie Suhr*

Riding horses is in the blood. It is a passion we are born with. No one can really understand this passion but other horse people. Even when life events temporarily take us away from riding, the passion is still there. And, when we can, we will get back in with horses again. I'm not sure who this little girl is in the photo, but she lives inside all of us. The love of a large animal... the power we feel under the saddle, the wind in our hair, the adventure in our spirit! This passion is a gift from God. #KeepRiding



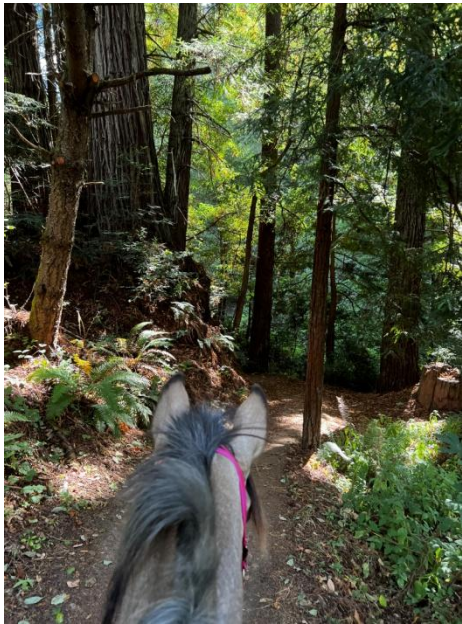
*You came naked  
You will leave naked  
You came without anything  
You will leave without anything  
You arrived weak  
You will leave weak  
So, why so much hatred, resentment, envy,  
selfishness and pride?  
We will all go empty handed, what all material  
things we have earned, we earned here, and will  
leave everything here.  
The only thing that will go with you, that you  
actually earned here is the love you shared, the  
compassion you showed, the humbleness, your  
gratitude, your helpfulness, your kindness.  
That is the legacy you will leave here that  
everyone will follow.*

© unknown author

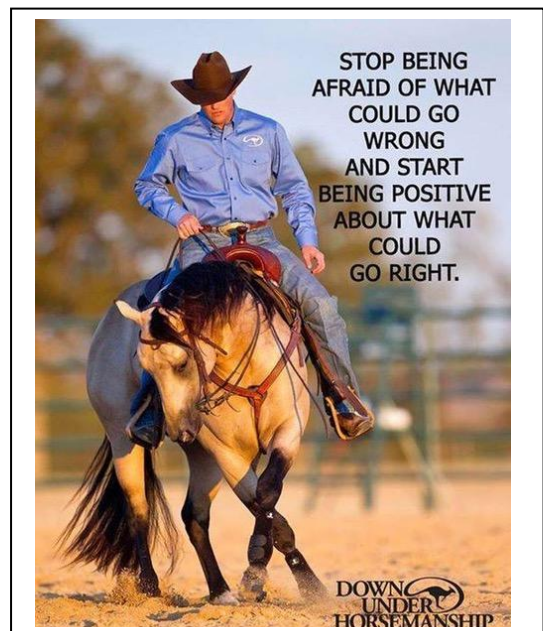
From Elizabeth Madera Evans:

A few weeks ago Magda Bartilsson, a friend and I went out on a 4hr walk/trot/canter ride through the Purisima Creek Redwoods Open Space. The Purisima Creek Redwoods Open Space Preserve is located on the western slopes of historic Kings Mountain in Woodside, California. This 4,471-acre preserve was established with a \$2 million gift from the Save the Redwoods League. Purisima Creek and several of its tributaries flow through the preserve.

I'd also like to share that Magda Bartilsson owns and operates a riding club for experienced riders called Bay Area Ridge Riders - <https://bayarearidgeriders.com> (Note: The BARR Club offers guided trail rides, trail lessons and endurance coaching to members only. At the moment they have sold out of memberships, but please inquire if you want to be put on the waiting list.)



From Julie Suhr - heed her wisdom! :-)





# JUST FOR FUN...

Sometimes ya gotta go back through an experience with the current mind, not the mind you had at that time. Gain new awareness and be able to feel now what you couldn't then. - Paul Evans

*The brain is the most amazing organ in the body. It works non-stop, 24/7, 365 days a year from the day you are born, right up until you fall in love with a horse...*

*Did you know that there is a SPAM Museum in Minnesota?!?!*

This surprisingly gorgeous, ultra-modern ode to America's most misunderstood mystery meat is the state's best roadside attraction. Within its walls, you'll find out the history of SPAM, including its massive cultural cache in island diasporas. You will be tempted to buy an ironic T-shirt or register as a SPAMBassador. And you will definitely be tempted to purchase a can of pumpkin spice SPAM. As a bonus, the town of Austin is full of restaurants that make their own SPAM specialties, just in case you didn't get your fill in the museum... yum?



Oct. 8 (UPI) -- An **escaped rodeo bull** described as dangerous and extremely aggressive remained at large in North Carolina on Saturday, October 10th as officials searched for the 700-pound animal. Police in Norwood, N.C., revealed Wednesday that the bull had escaped from a stockyard in the town, located about 50 miles east of Charlotte. But they quickly added it was no ordinary animal. "This bull is chocolate in color and is extremely aggressive," the department cautioned. "If you see this bull please call 911 immediately and under no circumstances should you approach the animal, as he will chase you." "They brought in some cowboys from out of town to try and track this bull down," he said, adding that professionals with dogs trained to track cattle were expected to join the search. The cowboys, however, reported no sign of the escaped bull on Friday. "Somebody didn't lock the gate and that big joker got out," Norwood resident Reba Luther told the station. "The way I understand it, he was charging cars on Indian Mound Road."



*If one door closes and another opens, your house is haunted and you need to run!*

*Recommended fences for...*

**HORSES**

**PONIES**

**SHETLANDS**

**ME:** this show is boring.  
**MY BOSS:** again, this is a Zoom meeting!!!

**TO THE THIEF WHO STOLE MY ANTI-DEPRESSANTS:**  
I HOPE YOU'RE HAPPY!!

I want to be 14 again and ruin my life differently. I have ideas...

Teenagers: Tired of being harassed by your stupid parents? Act now!!! Move out, get a job and pay your own bills while you still know everything!!

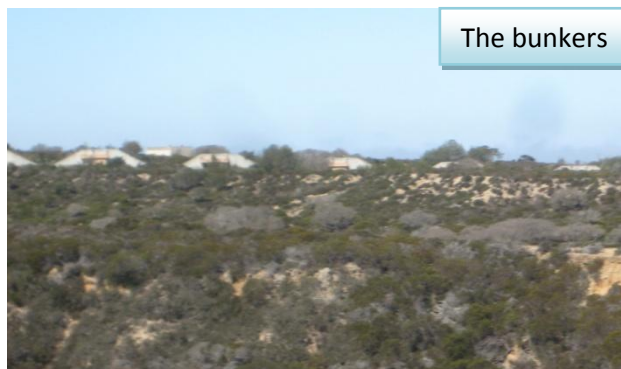
## Trail Report - Fort Ord

by E. Hiatt

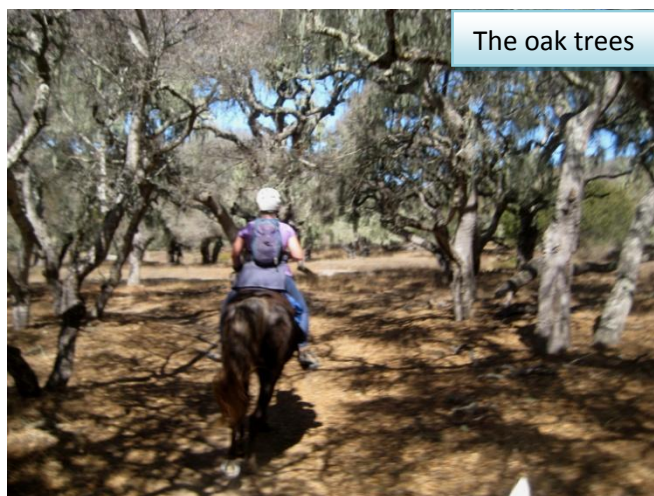
A couple of weeks ago I managed to talk my husband Ron into following me in his car to the Marina Equestrian Center, where we met Shannon Thomas and Suzanne Cornelius. We then put our horses in Shannon's 3 horse trailer, piled all of us in her truck, and drove to the Creekside entrance to Fort Ord. After we unloaded and saddled up, my husband drove Shannon's rig back to the Marina Equestrian Center, parked it, got into his car and drove home... whew... complicated, but was it worth it??? YOU BET!!!

I love point to point rides, but as you see, they are a bit difficult to arrange. We all enjoyed this one thanks to my willing hubby, and decided we will try to do more in the future.

Fort Ord is a former United States Army post in Monterey, founded in 1917 and closed in 1994 due to Base Realignment and Closure action. At one point, Fort Ord housed up to 50,000 troops. For nearly 80 years Fort Ord accommodated a small city of soldiers and housed an arsenal of munitions hidden in underground bunkers all over the property. Now, it's a beautiful natural preserve with hiking, biking and horseback trails.



Fort Ord was also the site where we used to have the 3 day Desert Gold Pioneer Endurance rides, managed by Scott Sansom. Great rides, great trails and a great base camp!



A lot of those trails are still there, although large sections of the property are now "off limits" to visitors due to unexploded munitions (you'd think we would have "found" them by now if there were any on the trails... but I digress).

The many trails that are left are beautiful and challenging, offering just about anything you may want to tackle. Long flat roads, killer hills, shady trails and full bake your noggin' sunny trails. It's a great place to go in the Summer if you want heat training, and Winter if you are tired of mud.

So... after my husband left, we HAD no choice but to find our way back to the Marina Equestrian Center, and thanks to Shannon's expertise and map reading abilities, after enjoying just about everything the Fort Ord National Monument had to offer, we safely arrived at our trailers some 15 miles away. What we experienced in between was really fun and beautiful.

Oak trees covered in "old man's beard" moss, vistas of the ocean, open country trails and some very cozy, single tracks. We all took turns leading and I think we all got back to the trailers with our hearts just a little fuller. The horses did great, too, and I think they also enjoyed the experience of actually GOING somewhere.

Now we just need to talk one of our husbands into doing it again somewhere else!



The beards!

*A trip down Memory Lane - from Jo Barrett*



This is Gill, Jo Barret's daughter, riding "Presh" a classy white Varian Arabian horse.

His registered name was Imperor Impression (hence Presh). He was a lovely horse, with wonderful temperament and great training.

Sadly, both Gill and Presh are gone now, but their memories live on in Jo's heart.

All That is Gold Does Not Glitter  
By J. R. R. Tolkien

All that is gold does not glitter,  
Not all those who wander are lost;  
The old that is strong does not wither,  
Deep roots are not reached by the frost.

From the ashes a fire shall be woken,  
A light from the shadow shall spring;  
Renewed shall be the blade that was broken,  
The crownless again shall be king.

*This is how they did it in the good old days!  
A 33 horse wheat harvester from the 1900's.*





Would you like to help the  
Therapeutic Riding Center  
where I volunteer?

Please see below!  
Thanks!!!  
Elisabet



Divine Equine's survival is based on outside donations from grants, foundations, and donors. 80% of our annual revenue comes from donors to ensure that student costs are kept low, and access to lessons is equitable for all. All of this is at risk of going away. As you all know, rising costs have affected everyone and everything, and grants are not being awarded as regularly as they have been. These two factors have put DE in a precarious financial situation. To keep serving our students for the next year, we desperately need \$75,000. And we need that now. Our larger plan is to start an endowment that will ensure our financial security into the future. To do this, we will start a 2-year fundraising campaign to raise \$500,000. Your gift today will give us the gift of time to secure the future. Where will your donation go? Your generous donation will go towards the care of our horses, which includes hay, regular vet and farrier visits, and daily supplements. Donations will also pay staff for their hard work and the payment of our ranch lease. All of these needs culminate into the best possible experience for the students. They get happy and healthy horses, well-resourced staff members, and a property that serves the mission of providing safe, quality lessons. Thank you for making your tax-deductible donation today!

Gofundme link- <https://gofund.me/6463bb15> Please share this link far and wide!



### A little archeology...

The "dawn horse," discovered by Jim Tynsky in 2003 near Kemmerer, Wyoming, was a two-foot-long mammal that had legs suited to running from predators and teeth suggesting a leafy diet.

The fossil is estimated to be 52 million years old.

It was sold to the Smithsonian for a reported "high six figure" sum and is now an exhibit open to the public.



The earliest forms of horseshoes can be found as early as **400 BC**. Materials used ranged from plants, rawhide and leather strap gears referred to as "hipposandals" by the Romans. In Ancient Asia, horsemen equipped their horses with shoes made out of woven plants



## From Jerry Wittenauer: Breaking . . . Members in the News!

**Barbara White** The Western States Trail Foundation (managers of the annual Tevis Cup) has elected Barbara White to lead the Organization as its incoming President for 2023/24. In addition to completing the Tevis Ride over 30 times (!!!), Barbara has served for many years on the Western States Board of Governors, working in various capacities to protect the trail, preserve its history, and help stage the annual ride. Barbara takes over at a particularly challenging time - with trail access concerns, a heightened awareness of horse and rider safety, and a yet-to-come assessment of the impacts from the Mosquito Fire. The Quicksilver Riders know Barbara as a friend and mentor, and we are so proud to see her recognized for her efforts and ability to lead! Ever humble, Barbara recently pointed out that she may be the only rider in the history of the Tevis Cup to have been pulled at every vet check!



**Lori Oleson** Lori Oleson has been elected to serve on the Western States Trail Foundation (WSTF) Board of Governors. The WSTF is chartered with preserving the historic legacy of the Western States Trail, staging the annual Tevis Cup Ride, and working to understand and improve upon horse welfare in the sport of Endurance. Lori is well-prepared to contribute to this group, with over 14,000 AERC competitive endurance miles, authorship of two well-known books that document the history of our sport, and 4 Tevis Ride completions. Congratulations Lori!



BEST  
CARVED  
PUMPKIN  
EVER!!!



# Trail ride report - Ed Levin County Park

by Carolyn Tucker



Quicksilver members Elaine Elbizri, Alicia Stanton, Ellisabet Hiatt and I recently had an opportunity to ride some of the trails at the beautiful Ed Levin County Park in the East hills of San Jose.

Elaine boarded her horse nearby for a number of years, and was kind



enough to take us on a great tour of some of the trails in the park.

From the boarding stable, we rode a short way on Calaveras Ridge Trail, near the parking, which took us to Tularcitos and passed the hang gliders area (fortunately there were no gliders in the air!), where we picked up Calero Creek trail which took us up into the hills.



We joined Agua Caliente which was coming down from Mission Peak. We followed Agua Caliente to a wonderful shaded water trough where we took a nice break before taking this same trail back down to the lake where we joined up again with Calaveras Ridge trail.

Lots of hills, amazing views and good water at this Park!

There is much more riding there as was seen from the top near the water. Good mountain trails for good conditioning and not too hard to get lost as you can see where you want to go.

To get there, take Hwy 680 to Calaveras Rd. to the right and straight up the hill to the Park entrance on the left, which has plenty of parking near a pretty lake. Enjoy!



*I walked a mile with Pleasure; she chatted all the way;  
But left me none the wiser for all she had to say.  
  
I walked a mile with Sorrow, and ne'er a word said she;  
But, oh! The things I learned from her, when Sorrow walked with me.*

Robert Browning Hamilton

## Quicksilver Endurance Riders (QSER) Club October 19, 2022 Board Meeting Minutes

The Board meeting was held via Zoom on October 19, 2022, beginning at 6:30 p.m.

In Attendance: Jerry Wittenauer, Nick Warhol, Elaine Elbizri, and Maryben Stover.

➤ Review of Committees/Reports:

A. Technical: Website/QUIPS/Other:

- List of “Club Gear” has been created and will be posted to the QSER web page in the “Members” Area. This is “our gear” and is available to all club members.
- Nick Warhol, and the Board agreed to use our QS “on-line ride application” framework as an assist to the Feb 2023 20 Mule Team Ride.

B. Membership – One New member has joined in the past month.

C. Goodwill – No activity in the past month.

D. Financial – Nick has accepted the cost/expenses tracking worksheet for the recent QS Fall Classic, and has provided reimbursements to all parties.

E. Ride Committee Reports

- Consensus among Board Members that the Ride went well, no “corrective actions” required. Lots of positive feedback received from participants.
- Board agrees to apply for a Ride Sanctioning Date of “30 Sept 2023” for our next QS Fall Classic.

F. Recent/Upcoming Events:

- Board Search Ctte (Maryben Stover) has identified 1 candidate for membership in the 2023 QSER Board, search for additional candidates is ongoing.
- Banquet Planning – Mary Anderson agrees to coordinate our annual QSER banquet, with some coordination help from VP Elaine Elbizri. Board Members recommend 4 Feb or 11 Feb as the best target dates.
- Some discussion of “how to” publish the annual directory this year and the newly-developed “Club History” – no decisions reached . . . One idea was to make hard copies available to Banquet Attendees, otherwise a link would be sent to our QSER Home Page.

G. Trails – No Report Provided

H. Awards Ctte Status

- All award nominations due by 15 November
- Award Chairpersons, committees, and selection criteria are in-place
- Reminder to be added to the QUIPS this month

➤ The Board meeting schedule will continue on the third Wednesday of the month via Zoom. The next meeting will be at 6:30 p.m. on November 16<sup>th</sup>.

➤ The meeting was adjourned at 7:02 p.m.

*Jerry Wittenauer*

**Treasurer's report:**

Checking \$ 10,040

Savings (trails fund) \$1,075

70 paid members through 2022.

1 new member in October

4 members paid through 2023



## *October Birthdays*

Vivian Beebee, 11/8



**BIRTHDAYS, Y'ALL....** I don't have everyone's birthdays, so how about sending that information to me so we can all wish you a merry, happy and buck free day? Just the day and the month, we don't want to know how old you *really* are! Elisabet

## *Market Place*

### **HORSE BOARDING FACILITY**

20535 Rome Drive, San Jose, California. **Stalls: \$400.00, pasture \$330.00.**

Fed twice a day high-quality orchard-alfalfa mix hay.

96' X 48' uncovered outdoor arena. We clean. Shavings available.

1.25 miles to entrance to the Quicksilver County Park (3600 acres and 19.2 miles of manicured trails). I provide my trailer for use to boarders.

**Trilby – (408) 997-7500**

### ***Equine-imity—Stress Reduction and Emotional Self-Regulation in the Company of Horses*** by Beverly Kane, MD

*Equine-imity* teaches moving meditation in the form of qigong, a tai chi-like practice, with, and optionally on, horses. Based on our Stanford program of the same name. Written with non-equestrians in mind. Share your love of horses with friends and family! Purchase paperback or e-book on Amazon and other outlets. Learn more and download free Introduction at

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**Illustrations by Judith Ogus**

### **CENTERED RIDING® LESSONS**

Help your horse use him/herself effectively while going down the trail.

Take the stress out of your body and your horse's body. Find out how to have a better seat and make your horse more comfortable.

Centered Riding® lessons available with Level 3 Centered Riding instructor.

Clinics available upon request. **Becky Hart (408) 425-5860**

**Books by Julie Suhr --- Ten Feet Tall, Still and ...but it wasn't the horse's fault!** are available for sale. All proceeds go to AERC Trails Fund and Center for Equine Health at UC Davis. Please contact Julie Suhr at: **(831) 335-5933**

**Books by Lori Oleson --- Enduring Memories and Endurance... Years Gone By** are available for sale. Re-live the adventures that tell the stories of horses and riders who made their way down the trail in the 1960s through the 1990's. Books are available by contacting Lori at **(408) 710-5651** or [lorioleson@alumni.cpp.edu](mailto:lorioleson@alumni.cpp.edu)

*The best math you can learn  
is how to calculate the future cost of your current decisions*



# IT'S NEVER TOO LATE TO JOIN THE QUICKSILVER RIDERS!!!!

**Club Mission** - Quicksilver exists to promote the sport of endurance riding by conducting endurance rides and advocating for equestrian trails. It seeks to provide a model for the highest level of sportsmanship and horsemanship within the context of this sport. It supports and provides educational events and leadership in each of these areas.

FIRST: We need your name \_\_\_\_\_

And then your address \_\_\_\_\_

And your phone number and e-mail \_\_\_\_\_

And then we need your money! Senior membership is \$ 30 \_\_\_\_\_

Junior membership is \$ 20 \_\_\_\_\_

(a junior is under 16 years of age)

Family Membership is \$45 \_\_\_\_\_

Mailed Quips (paper copy) \$20 \_\_\_\_\_

Total enclosed \$ \_\_\_\_\_

You can go to our website at : [www.qser.net](http://www.qser.net) to join, OR send a check made out to: **Quicksilver Endurance Riders, Inc.** to: Nick Warhol, 3664 Old Quarry Road, Hayward CA 94541

**THANK YOU!!**

