

# Quicksilver Quips

July/August 2023



*Happy  
4th!!*

## **What's inside**

President's message  
Announcements  
Group Rides  
Caring Cowgirl announcement  
Book Review  
RIP WRA Flaming Fire  
Strawberry moon  
Just for fun  
Mule Days by Rachel Miura  
QSilver campout at SCCHA  
Welcome, Janna Land  
Rancho Cañada del Oro ride  
Special dog  
The Prophet's Thumbprint  
Ride report: Montaña de Oro by Shannon Thomas  
Ride report: NASTR by Rachel Miura  
Paul and his 4 wheeled steed!  
Horsesei Haiku  
Western States 100 speed records  
Coolest Ride and Tie by Rachel Miura  
Board meeting minutes  
Treasurer's report  
Birthdays and Announcements  
Market place  
Join the club/renew  
  
And random stuff here and there  
just because I can :-)

## **Officers**

2023 Board members are

Jerry Wittenauer - President  
Magda Bartilsson - VP  
Nick Warhol - Treasurer  
Elaine Elbizri - Secretary  
Carloyn Tucker - Board  
Rachel Miura - Membership  
Magda Bartilsson - Board  
Brian Reeves- Board

## **Newsletter Editor**

Elisabet Hiatt [lazo@ucsc.edu](mailto:lazo@ucsc.edu)

QSER on the Web:

Presidents Message, Jerry Wittenauer, 26 June 2023

### ***All Four Feet in the Air . . .***

It is easy to get the feeling of moving down the trail with our floating trot as the summer opens up! Long days . . . great trail conditions . . . and plenty going on with the club!

*Sign-Ups for 29 July Tevis Cup Volunteer Duties* – we have a nice opportunity to make our mark as the Quicksilver Club provides the volunteer staff for the McCann Stadium Finish Line for the Annual Tevis Cup Ride. This is the “Last Call” for QS volunteers – come on out and have a close-up seat as the best riders and the strongest horses come into Auburn! If you can help on Saturday 29 July, please reach out to me at [wittenauer.jerry@gmail.com](mailto:wittenauer.jerry@gmail.com)

*Program Development for 4-5-6 August Overnighter at Santa Cruz Horsemen's* – Carolyn has worked to reserve us some pipe corral spots for Fri night August 4 and through the weekend. We will have our monthly Board Meeting (open to all) on Saturday 5 August at this facility at 4:00 pm, followed by a pot luck dinner. A nice chance for horse camping and local trail riding with your QS friends! Please reach out to Carolyn to secure a spot!

*Planning for 30 Sept "Quicksilver Fall Classic"* – Latest developments include: 3 Veterinarians lined up for this year . . . water troughs and water transport organized . . . I'm about half-way through my development of a volunteers list . . . the Parks Permit is in-hand . . . we are hoping to “go live” with our on-line ride application in just a couple of days. We will be supporting “Ride with GPS” this year.

*QUIPS Changes Coming* The QUIPS is pulled together each month by Elisabet Hiatt and distributed to our Club Members. Elisabet estimates that she spends about 15-20 hrs each month assembling the QUIPS. She is greatly helped by folks that submit updates, ride reports, and recent photos. Recognizing that riding activity among our members has been running a little bit light this year - making it more of a challenge to generate news and updates - we are going to ease up on Elisabet's monthly workload and start preparing and distributing the QUIPS every-other month. As always, the QUIPS will be archived on our qser.net website. Thanks for all you do Elisabet!

Happy Trails!

Hi everyone- I added the **2021 club directory** to the “members only” page on the web site.  
From the web site click on the “Members only” button.

There is a button to download the directory in PDF format.  
If anyone has any content, or any ideas for what they would like to see on the website please let me know.

Thanks, **Nick**

### 2023 QSER Club Calendar

18 Jan - Election of 2023 Officers  
4 Feb QSER Banquet  
23/24 Feb AERC Convention (Jacksonville)  
~~8 Jul QS Support to Fireworks Ride~~ Ride cancelled.  
11 Jul “Go Live” for QS Ride Entries  
29 Jul QS Support to Tevis Cup – Finish Line Team

xx Aug QS Camping at Santa Cruz Horsemen’s  
10 Sep Kick-off Board Search Committee.  
30 Sept QS Fall Classic Endurance Ride  
15 Nov All Awards Nominations Due  
18 Jan Election of **2024** Officers

**From Beverley Kane:** Dear QSER Friends,

Our Webb Ranch Library needs donations of equine- and equestrian-related books, DVDs, and magazines, especially back issues of the San Mateo County Horseman. (Magazines are given away free.) Genres include, but are not limited to, Riding, Horse Care, Horse Training, General and Natural Horsemanship, Fiction, History, Memoir, Veterinary Medicine, Psychology & Spirituality, Equine-Assisted Learning & Therapy, Breeds.

Please e-mail or txt me to arrange delivery or pick up.

Thank you!

Beverley Kane

650-868-3379 --- bkane1@stanford.edu

### TEVIS HELP

Our Quicksilver Club has the opportunity each year to serve as the Volunteer Team at the McCann Stadium Tevis Cup Finish. We need about 8 folks to be in Auburn from about 5:00 pm (29 July) to set up the finish area, and finishing at about 7:00 am on Sunday Morning (30 July). It’s an all-nighter for sure, but very rewarding work to provide an assist to finishing riders and horses! Please contact me if you think that you can help, I can send much more detail on our tasks, driving & parking, etc.

Jerry Wittenauer

TEL 650-269-9639

*From Judith Ogus*



May is CUREPSP awareness month. PSP is Progressive Supranuclear Palsy, a neurodegenerative disease in the class of diseases that are called Parkinson’s Plus syndromes. Another is CBD, corticobasal degeneration, which Becky was diagnosed with last July. We are in several non-profit support groups for these diseases. We meet monthly with other patients and caregivers to discuss methods of coping with and alleviating the symptoms of the disease. One week a fellow member of the group came up with this saying and I had to design a tee shirt to spread the word. I am doing some market research here to see if people would be interested in buying this tee. All proceeds after paying my expenses will go to CUREPSPS and to the UCSF MERI Center, which also host supportive groups that we attend. The tees will be \$20 plus shipping, which should be around \$5.50. I will get sizes from Small to XXL. Please share this post. There are no cures for these diseases, only palliative care as they progress. There is ongoing research, and we have just joined a study at UCSF. *Please let Judith know if you are interested: judith@randomarts.biz*

## WOULD YOU LIKE TO HELP WITH THE QUIPS?

He y'all... I'm getting a little burnt out producing the Quips every month. The Quips will now be published **every other month**, unless someone wants to help share the load, AKA bugging people to send stuff. How about volunteering?

I won't lie to you: It's time consuming and somewhat frustrating, but it's also fun!

*Elisabet*

\*\*\*\*\*



### From Elizabeth Madera Evans:

**Caring Cowgirl** is moving to Oakland City Stables in June!

We are so excited for the move and are asking our horse community for donated pipe panels. All donations are tax deductible! A little background on who we are: Caring Cowgirl is a (501c3) nonprofit, full inclusion program that advocates democratizing equine activities by providing safe and assisted access to horses and donkey to underserved and overlooked communities, in the San Francisco Bay Area. Providing service in Spanish and English. To learn more about our 'Mini' Mobile Unit and Ranch Visits please visit [www.caringcowgirl.org](http://www.caringcowgirl.org)

"Failing to prepare is preparing for failure."

### Barbara and Lud McCrary Your Endurance Memories



By Lori Oleson

### Book review: Barbara & Lud McCrary, Your Endurance Memories by Lori Oleson

This is a fun little book that will bring all kinds of nice memories for those who have ever ridden any of the McCrary family's rides. I sure enjoyed remembering the 8 out of 9 50 mile rides I finished on my horse Lazo (the 9th was a rider option) and Solo, who got 1st place on the 30 on his first ride there and finished the 50 on his 2nd ride. I have a lovely pewter mug with Lazo's name engraved on it, which I treasure, and 2 wooden plaques with the years from the other rides. Talk about a first class ride... I'm pretty sure that I have not attended any other rides that can compete!

If you were there, you will stop reading now and then, smile, reminisce and wish you could go do one more. If you weren't there, you'll wish you could have been! Lori did a great job giving us lots of articles, letters, stats, photos and a true taste of what the rides were like (some were pretty wild!). A few of the articles are a little hard to read due to the size of the font, but at my age, a lot of things are hard to read!

Buy the book!!!

*E. Hiatt*





*Our condolences to Lori Oleson on the loss of her amazing horse, WRA Flaming Fire +/*

*Lori and Flame were a successful team to admire.*

*With 80 completions out of 91 starts, 4,495 miles -many of them in top 10 placing and 15 years in competition, Lori and Flame demonstrated the true meaning of Endurance and a lifelong partnership.*



Julie Suhr is what we would call an "early bird". Proof is in this photo of a "strawberry moon" she took the morning of June 4th at 5AM (!!)

Of course, the photo probably doesn't do it justice, but we can imagine how beautiful it must have been in person, but I'm guessing most of us were, well... sleeping!

Julie and I thought the name came from the reddish color of the moon, but alas, we were wrong. So, what is the Strawberry Moon about?

The Strawberry Moon, a term coined by Native American tribes, **marks the first (and many times only) full moon in June.** It's named after the wild strawberries that typically ripen during this time, signaling the peak of the harvesting season. Now you know!

*Elisabet*

JUST FOR FUN...



BE COOL, Y'ALL!



Hoarder collie



Would this qualify as an unlawful sandwich??

*If you eat an entire cake without cutting it, you technically only had one piece*



Her parents will never see another vacation!!!

Julie Suhr sent this... I really think this is how she has always felt as soon as she sat on a horse! :-)

*I'm ancient enough to remember when the Dead Sea was just getting sick...*

I've done some terrible things for money... like getting up early to go to work...



## **MULE DAYS!!!!**

*by Rachel Miura:*

After spending a lot of time in the eastern sierras over the past few years, I decided this would be the year to make the pilgrimage to Mule Days. My friend Fonda was game to join me, so we set off on a road trip for Memorial Day Weekend!



As Tioga Pass wasn't open, we crossed at Lake Isabella (east of Bakersfield) and then headed up 395 to Bishop. The mountains all still had so much snow - the scenery was especially lovely to look at!

We attended mule shows on Friday and Saturday, watched speed packing competitions, and also took in the parade - one of the longest "non-motorized processions" in the world! There were many handsome mules to watch in action, and also a few horses, too! The highlight of the weekend was seeing the 20-mule team strutting their stuff! We got to see that at both the parade, and as part of the grand entry to Saturday's show. All I can say is - WOW! That's a lot of mules, and coordination, and they're able to pull a 10-ton load! I am very happy to have made the trip, it was a unique cultural experience.

(photo is of me getting to meet one of the mules in the 20-mule team!)

### **Don't Miss This Event!!!!!!!!!!!!!!!!!!!!!!**

*Carolyn Tucker* has arranged a great weekend for QSER members at Santa Cruz County Horsemen's Association . We can camp there for two nights: arriving late Friday afternoon Aug 4 and staying through Sunday Aug 6.

**There will be something for everyone** - If you are a newbie, you can ride with old hats who have been riding Henry Cowell for years, if you love scrambling through wild climbs among old forests this is for you, if you are looking for a place to train for our Harvey Bear (Sept 30) ride, you can follow some 20 miles of trails, if you want to meet your board members there will be a QS meeting at 4pm on Saturday the 5th with a potluck to follow.

With a bit of luck you may be able to taste Jerrie's delicious award winning home cured olives that he ripens in Los Altos Hills!

Contact Carolyn for more information and details: [carolynt@garlic.com](mailto:carolynt@garlic.com)

See you in Santa Cruz

Elaine Elbizri

[elainee0212@gmail.com](mailto:elainee0212@gmail.com)

## ***A warm welcome to Quicksilver's new member, Janna Land!***

A bit about me... I'm originally from Stockholm, Sweden.

I grew up with horses, lived on a horse farm during college, then took a long break from horses for career and family reasons.

I have lived all over the place - in Paris, Berlin, Chicago, Boston, New Delhi, London, and the last 10 years in the Bay Area, which is my favorite and the place I have called home for the longest in my adult life.

I was inspired many years ago to do endurance by one of your former members, Xaviere Michelot. At that time I was pregnant, had little kids and a more than full-time job, so there was zero time for anything else!

Now I am a member of the Bay Area Ridge Riders where I get to do long trail rides, endurance training rides etc. with a great group of people, and I'm excited to enter my first LD in the fall on one of Magda's horses



The attached picture is of Millie and me, a horse I leased until early 2023. Next step is to buy my own horse, probably towards the end of the year or when I find the right fit.

Glad to be a new member :) - *Janna*

---

### ***Rancho Cañada del Oro Open Space outing...***

***by E. Hiatt***



A good friend and I recently spent a lovely day exploring the trails at Rancho Cañada del Oro.

There is a great 10 mile or so loop that will take you to the top of the world, where you can get a good view of the Santa Cruz mountains, the Salinas and Silicon valleys and I'm willing to bet that on a really clear day you can probably see San Francisco!

This is not an easy loop, but absolutely beautiful. Lots of climbing. Good water stops (creeks and water troughs) and a good mix of sun and shade. The parking lot at the end of Casa Loma Rd. has plenty of parking spaces, picnic tables, water for the horses and a reasonably clean bathroom.

Casa Loma Rd. is narrow, but it's not too far to drive there from Mc Kean Rd. Check it out if you have a chance, it's worth the drive.

If you feel adventurous, you can actually ride from there to Calero and Rancho San Vicente Open Space. I'm guessing it would be about 28-30 miles round trip.



## A very special dog...



This is Eclipse. Every day she leaves her house, by herself, and takes the bus downtown to the dog park where she spends a couple of hours getting exercise and making friends, and then she takes the bus back home again. She even has her own bus pass attached to the collar.

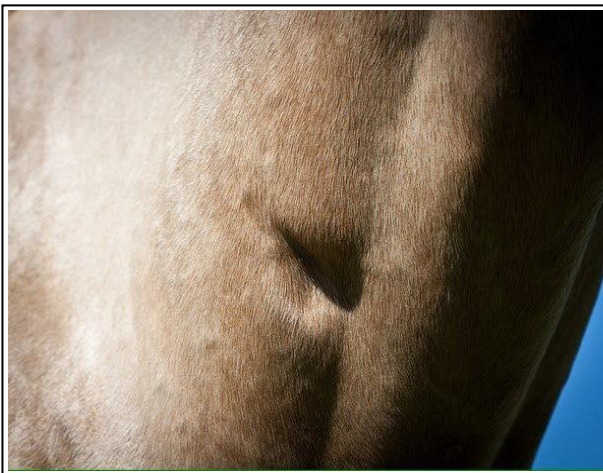
It started when her owner, Jeff Young, was taking too long when the bus arrived, so she impatiently ran ahead and got on the bus by herself. The bus driver recognized her and dropped her off at the dog park, and later Jeff caught up with her. After several more trips by herself, Jeff started letting her go on her own, and she always comes back home a couple of hours later.

It started when her owner, Jeff Young, was taking too long when the bus arrived, so she impatiently ran ahead and got on the bus by herself.

All of the bus drivers know her and she makes them smile, and many of the regular passengers enjoy seeing her every day and will often sit down next to her. Even the police have given their approval as long as the bus drivers are okay with the arrangement. "She makes everybody happy."

\*\*\*\*\*

**It's not about who's real to your face, it's about who stays loyal behind your back...**



### *Did you know?*

Who has a horse with one of these thumbprints?  
A "Prophet's Thumbprint" is a birthmark in the form of an indentation, usually found on the side of a horse's neck, and it is totally harmless, although it comes with a lovely legendary story: The Prophet Mohammed was wandering the desert with his herd of horses for many days, and as they approached an oasis he sent them forth to drink. But as the thirsty horses approached the water, he called them back. Only five of his mares stopped and returned to him, and to thank them for their loyalty he blessed them by pressing his thumbprint into their necks. It's believed that a horse with such a mark will be outstanding, being a descendant of one of these brood mares that the Prophet Mohammed particularly treasured.

"I also believe that horses are the closest to God in the animal world." Dominique Barbier

### **Helpful tip:**

If you are ever lost while hiking, riding, get stranded with a broken car, etc. and you notice your cell phone is either low on juice or has poor signal, here's a good tip: Change the voicemail on your phone to a message that gives your approximate location, the time, date, your situation (lost, out of gas, car broken down, injured, etc) and any special instructions such as you are staying with the car, you are walking toward a town, etc. The best part of this is that even if your cell phone dies or stops working, voicemail still works, so anyone calling your phone will hear the message and know where to find you or where to send help.



## Ride report: Montaña de Oro

by Shannon Thomas



Montaña de Oro is a beautiful state park near Moro Bay where Debby Lyon has hosted an endurance ride for many years.

It's a small ride as the horse campgrounds only have room for 50 horses. There is usually a waiting list so early sign up is recommended.

This year 10 riders canceled with little notice so the ride was not quite full. Because of this it attracted an interesting situation: an owner of three Friesian stallions decided to enter them in the LD. As you can imagine this caused a bit of a stir as they had never attended an endurance ride and did not know what to expect.

The horses were attempting to fight with each other and owners of mares were quite wary of passing them on some of the narrow trails. Debbie Lyon saved the day by orchestrating a fun ride just for them that gave them the experience of an endurance ride without the drama of being on the same trail as the rest of the competitors.

Race morning was foggy but not cold and Sam was definitely excited.

I usually ride him in a snaffle but for the beginning of rides I use the bit that came with him, which does have a shank. He knows and respects this and while he still tells me I'm mean for not letting him win, he lets me be the boss.

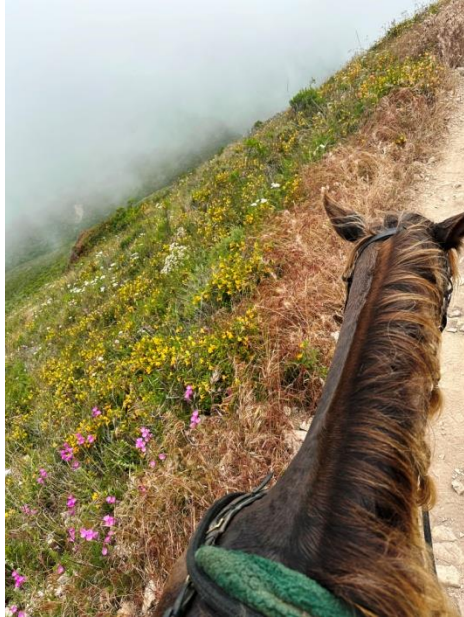
We let the first riders by us and when Sam had settled, we caught up and passed until we found the mule who had camped next to us, Tomahawk or Tommy for short. Sam was not passing her and she had never been on the beach so her rider, Beth, and I decided to try riding together. Sam is a pro at the beach and that was where we were headed next



Tommy was so intent on keeping up with Sam that she decided the pounding surf wasn't so bad. After the beach we spent a long time walking through the deep sand of the dunes.



The wildflowers were amazing!



Next we hit some costal scrub and rolling hills. We also met some mountain bikers who were friendly and polite.

There was lots of water and some water crossings!

The vet check was well staffed with vets and volunteers and the only thing missing was a mounting block.

Sam was getting a little tired and I wished I had spent a

little more time training so we asked Beth and Tommy to lead. For a 22 year old mule, she was a rock star trotting down the trail. We used most of the six hours allowed and finished in the top 10!

We cleaned up and Sam tucked in to his goodies and I headed over to the eating area to enjoy Juan and Nina's tacos and Samantha's delicious Agua Frescas!



## **NASTR Endurance Ride - Washoe Lake, NV**

*by Rachel Miura*

On June 10th Theo and I took on the 50-mile course at NASTR. It was our first time traveling out of state, and we enjoyed the rugged scenery of Nevada!

The trails had intermittent rocky and sandy stretches, plus lots of nice views! We also got to see some wild horses while we were on the ride. During the last hour or so we were treated to a lightning and thunder show!

The ride was very well run and all the vets and volunteers were supportive.

The whole experience was very positive for us!



**A true Cowboy never blames his horse.**

## ***Ride on, Paul!!!***

Taken from Paul's Facebook page - E. Hiatt

In past years when I was active in Horseback Long Distance Endurance Riding, one of the fun parts was the planning. Pre ride planning of the route to the event, packing for the trip, planning the ride date schedule etc. One of my favorite experiences involved riding 100 mile rides as Cavalry, meaning totally self sufficient. While my horse riding days are not over, riding 100 mile events in 24 hours is likely finished.



To replace that

Endurance feeling, I have turned to long trips in old Volkswagons.

Last year I drove 2,284 miles in 6 days for The Hot Rod Power Tour. This year?

The Treffen...Air cooled VWs driving 1784 miles down the West Coast from the Canadian border to The Mexican Border. There will 35-50 VWs making the entire trip, but there will be hundreds joining in along the way for a few miles or a few days. This is the 25th Treffen, but only about 9 or 10 years of driving this route. I have chosen my 1971 VW Convertible for the trip.

I will stay in motels some nights, but tent camp other nights. I have been practicing packing my car to see how much room the tent, sleeping bag, cooler etc take. The trunk will be filled with tools, spare parts, tow rope, etc. It should be epic 😊😊 ***(We hope so, Paul! Have fun and be safe!!!)***

### ***Horsensei Haiku - Summer 2023***

***By Beveley Kane, MD***

waning days  
yin within yang—  
solstice

The irony of today's Solstice  
is that the sun kisses its northernmost point  
on the Tropic of Cancer,  
then leaves us to go south.  
Days become shorter  
as soon as summer begins.  
The yin of darker,  
longer nights  
nestles in the yang  
of triple digit days to come.





### ***Fun speed facts about the Western States 100:***

Courtney Dauwalter set the new women's course record for runners by over an hour, winning the 2023 Western States 100 race. She set a new course record in 15 hours, 29 minutes and 46 seconds, which was 77 minutes and 46 seconds faster than the former record, which stood for 11 years.

As far as horses, just for comparison, the shortest time to win on the traditional course was 10:46 – equal to 9.29 mph – in 1981 by Boyd Zontelli on Rushcreek Hans.

The slowest win took 16:23 – equal to 6.11 mph – in 2003 by Heather Bergantz Reynolds on Master Motion.

Our own Rachel Miura is doing some pretty cool things, too!!!



### **Coollest Ride & Tie and Equathon - Cool, CA**

**by Rachel Miura**

On June 3rd I teamed up with a horse and rider (Marina Lewis Stein and her horse Montte) to compete in the Coollest Ride & Tie and Equathon. We started together and then soon separated, the horses pulling ahead of the runners.

Marina and Montte rode 13 miles and I ran 9 miles. Then, at the end, our times were combined to determine our overall finishing order - we came in 5th!

The Coollest Ride & Tie and Equathon is a fun and low key event with distances and configurations for everyone (ie - you don't have to like running, if you can find someone to be the runner for your equathon team!). Another similar event is planned for September 30th, you can find out more on the website: <https://www.coollestrat.com/>

## Quicksilver Endurance Riders (QSER) Club June 21, 2023

### Board Meeting Minutes

The Board meeting was held via Zoom on June 21, 2023, beginning at 6:35 pm.

In Attendance: Jerry Wittenauer, Nick Warhol, Elaine Elbizri, Brian Reeves

Apologies from Carolyn Tucker, Rachel Miura, Magda Bartilsson

#### Review of Committees/Reports:

##### A. Technical: Website/QUIPS/Other:

Implementing access to the use of the GPS tool was progressing well. Nick and Rachel are working on upgrades and reorganization of the website. Quips is being moved to the club section. Nick anticipated it would be completed in a few weeks. It was suggested that Quips could be published on alternate months. Jerry was to discuss this with Elisabet and also send out a request for assistance with Quips preparation.

##### B. Membership – 3 new members signed up in past month giving us a total of 55 for 2023. Numbers are down from last year.

##### C. Goodwill – Maryben sent sympathy notes to Lori Oleson and Debbie Boscoe for the loss of their horses. She sent a get well note to Jo Barrett who had been in hospital for one week.

##### D. Financial – Nick reported no new expenses since previous meeting

##### E. Ride Committee Report

QS Fall Classic – Some members rode trails at Harvey Bear and reported conditions are generally good. Park Service was doing repairs in some areas. Trails will be checked through the summer. Nick is re routing the course. The ride will have two routes in same direction. Distance will be a 47.9 mile ride. Vets are signed up, and Jerry has an almost completed signup of volunteers. Porto john costs have been reduced by signing up with a firm in Hollister recommended by Jill Kilty, they will provide 3 PJs.

Next steps – online signups for ride would be available in 2 weeks. It was agreed to hold the fees as same as last year. 65-70 riders were anticipated – same as last year. Jerry would make a spread sheet of participants available.

##### F. Recent/Upcoming Events:

Group rides – response to poll was very low.

Carolyn arranged for a two day camp at Santa Cruz Horseman's Association site on Saturday & Sunday Aug 5-6. Camp will be open from late afternoon Friday.

##### G. Awards Ctte Status - Nick was to chair the horse of the year committee

#### **New business**

Tevis volunteers Jerry is coordinating a crew of 8-9 to support finish line at Tevis on July 29. He is looking for members to join the crew.

Safety on trail Magda will prepare a safety talk to present at the ride.

Year book Rachel has undertaken to work on this.

Swag Store Rachel was to follow up with this when her work on the website is completed

Banquet Mary Anderson has undertaken to organize the banquet again this year. To be held at Magda's house.

The next Board meeting will be in person at the Santa Cruz HA on Saturday August 5 @ 4pm

The meeting was adjourned at 7:25 pm.

*Elaine Elbizri*



## July/August Birthdays

7/2 Elisabet Hiatt, 7/12 Judith Ogus,  
8/16 Lori Oleson and Barbara White



**BIRTHDAYS, Y'ALL....** I don't have everyone's birthdays and we want to wish you well! If you are not listed, please send me the day and month! Elisabet

## Market Place

### HORSE BOARDING FACILITY

20535 Rome Drive, San Jose, California. **Stalls: \$400.00, pasture \$330.00.**

Fed twice a day high-quality orchard-alfalfa mix hay.

96' X 48' uncovered outdoor arena. We clean. Shavings available.

1.25 miles to entrance to the Quicksilver County Park (3600 acres and 19.2 miles of manicured trails).

I provide my trailer for use to boarders.

**Trilby – (408) 997-7500**

### ***Equine-imity—Stress Reduction and Emotional Self-Regulation in the Company of Horses*** by Beverly Kane, MD

*Equine-imity* teaches moving meditation in the form of qigong, a tai chi-like practice, with, and optionally on, horses. Based on our Stanford program of the same name. Written with non-equestrians in mind. Share your love of horses with friends and family! Purchase paperback or e-book on Amazon and other outlets. Learn more and download free Introduction at

<http://equine-imity.com>

**Illustrations by Judith Ogus**

### **CENTERED RIDING® LESSONS**

Help your horse use him/herself effectively while going down the trail. Take the stress out of your body and your horse's body. Find out how to have a better seat and make your horse more comfortable.

Centered Riding® lessons available with Level 3 Centered Riding instructor. Clinics available upon request. **Becky Hart (408) 425-5860**

**Books by Julie Suhr --- Ten Feet Tall, Still and ...but it wasn't the horse's fault!** are available for sale. All proceeds go to AERC Trails Fund and Center for Equine Health at UC Davis. Please contact Julie Suhr at:  
**(831) 335-5933**

**Books by Lori Oleson --- Enduring Memories and Endurance... Years Gone By** are available for sale. Re-live the adventures that tell the stories of horses and riders who made their way down the trail in the 1960s through the 1990's. Books are available by contacting Lori at **(408) 710-5651** or [lorioleson@alumni.cpp.edu](mailto:lorioleson@alumni.cpp.edu)

### **Specialized Trailmaster Saddle for Sale:**

The Trailmaster is a lightweight performance based trail saddle. This one is 15lbs, with a 15" seat, and a wide tree. It is all black and has a custom fleece seat cover over the leather seat. I'm including endurance stirrups and a Specialized girth. The billets are new but no leathers are included. Great condition - just needs to be fitted to your horse. \$1399 **OBO** - plus shipping if necessary. [debbieboscoe@gmail.com](mailto:debbieboscoe@gmail.com) (Santa Cruz)







Saddle made for Julie and Bob Suhr's Marinera Ranch. I bought this saddle for my husband he didn't like it. It's been sitting in my tack room for about a year. I don't think it's happy used, but in good condition. I would love to hear some of the stories it has to tell. All original well, including the aluminum stirrups (one of them needs a pad). More photos available. If you contact me and I will send them. Weighs 28lbs. \$475.00 Elisabet - LAZO@UCSC.EDU

From Elizabeth Madera Evans, Founder and Executive Director of Caring Cowgirl (501c3):

My NPO, Caring Cowgirl is asking for support in buying our merchandise to help us get through this rainy season that has prevented us from providing visits. We have hoodies, baseball caps, t-shirts and really cute mugs! Caring Cowgirl offers adaptive horseback riding to children with different abilities to bring about radical improvements in the physical, mental and emotional health of her students.

<https://www.caringcowgirl.org/shop>  
[www.caringcowgirl.org](http://www.caringcowgirl.org)  
[liz@caringcowgirl.org](mailto:liz@caringcowgirl.org)



**Country Living Situation Available!**

Becky Hart and Judith Ogus live in a spacious one level home on five acres in San Juan Bautista. We have a living space available for a July 1st move in. Renter gets two rooms plus access to kitchen and laundry facilities; rooms are a master bedroom with bath and an office, own entry. House is U shaped so you will have privacy on your side of the house and a private entrance. There is a large kitchen/dining area. You will have your own refrigerator and two storage cabinets for food and kitchen utensils.

Hoping to find someone with one horse. The horse will live in a 3 acre pasture with a 32 year old mare and two 9 year old Arabian geldings. One dog who gets along with other dogs is welcome; we have minimal agility equipment. No cats

There is a 4 mile trail a half mile away - out and back is 8 miles and it is up and down hill so good conditioning and we have a Euro-sizer.

Rent is \$1300 plus utilities. Horse board is baseline of \$300; negotiable if willing to share maintenance and whether or not you supply your own feed. Trailer parking included.

Stunning views; VERY QUIET though only a few miles from 101.

PM either one of us if you are interested and please pass this on.

Becky: bghart@garlic.com

Judith: jr\_ogus@garlic.com

# IT'S NEVER TOO LATE TO JOIN THE QUICKSILVER RIDERS!!!!

**Club Mission** - Quicksilver exists to promote the sport of endurance riding by conducting endurance rides and advocating for equestrian trails. It seeks to provide a model for the highest level of sportsmanship and horsemanship within the context of this sport. It supports and provides educational events and leadership in each of these areas.

FIRST: We need your name \_\_\_\_\_

And then your address \_\_\_\_\_

And your phone number and e-mail \_\_\_\_\_

And then we need your money! Senior membership is \$ 30 \_\_\_\_\_

Junior membership is \$ 20 \_\_\_\_\_

(a junior is under 16 years of age)

Family Membership is \$45 \_\_\_\_\_

Mailed Quips (paper copy) \$20 \_\_\_\_\_

Total enclosed \$ \_\_\_\_\_

You can go to our website at : [www.qser.net](http://www.qser.net) to join, OR send a check made out to: **Quicksilver Endurance Riders, Inc.** to: Nick Warhol, 3664 Old Quarry Road, Hayward CA 94541

**THANK YOU!!**

