

# Quicksilver Quips

Dec-Jan-Feb 2024

### What's inside

President's message Announcements Introducing Betsy Hart Annual Club Awards/website Health alert: Vesicular Stomaitis Horsensei Haiku - Winter Just for fun **Ride Report: Fire Mountain** Introducing Jeff Loe Almaden Quicksilver fun ride Odds and Ends Big Basin Trail plans meeting Board meeting minutes Treasurer's report **Birthdays and Announcements** Market place

Join the club/renew

(And random stuff here and there just because I can :-)

### Officers

2024 Board members are

Rachel Miura - President Magda Bartilsonn - VP Nick Warhol - Treasurer Elaine Elbizri - Secretary Rachel Miura - Membership Jerry Wittenauer - Board Magda Bartilsson - Board Brian Reeves- Board

### **Newsletter Editor**

Elisabet Hiatt <u>lazo@ucsc.edu</u>

QSER on the Web: <a href="http://www.gser.net/">http://www.gser.net/</a>

(incoming) Presidents Message, Rachel Miura January 21 2024

I hope this note all finds you well and that you are having a great start to the new year! I am writing as the incoming President of the Quicksilver Endurance Riders.

At our January meeting we confirmed Board changes for the year, and I am honored to be stepping into this role and continuing my Board service. We also took a moment to thank Jerry for his years as Club President (and lucky for us he's staying on as a Board Member!) and to Carolyn Tucker for keeping us updated on trail and park status over the last few years.

We also gained a new Board Member - Barbara Harpster - and we look forward to the energy and expertise she will bring to the Club!

We have a number of fun events queued up for the year:

• Our annual banquet will be at the Longhouse in Gilroy on Saturday, February 10th from 2-5pm. We hope you'll join us to socialize and celebrate – RSVP to Mary Anderson ASAP if you haven't already!

• If you're going to the AERC Convention in Albuquerque make sure you connect with Jerry at the QSER Happy Hour happening on Thursday, February 22nd.

• The Club will be helping out again at the Tevis Cup finish line on July 20 / July 21. Connect with Jerry if you want to pitch in!

• The Quicksilver Fall Classic is scheduled for Saturday, September 28 at Harvey Bear Park. If you're not riding we can always use volunteers, please reach out if you can contribute time.

Do you have any Club-related ideas or questions for 2024? We always love hearing from members! Club members are also always welcome to attend our Board Meetings, which are usually the third Wednesday of the month at 6:30pm and are virtual.

You can reach us at qser-board@googlegroups.com if you'd like to attend or if you have something else to share.

Lastly, if you haven't already - please renew your membership for 2024!

Thank you for the opportunity to serve and contribute to the wonderful sport of endurance riding.

Hug your horse for us, and we look forward to seeing you out on the trails in 2024!

Hi everyone- I added the **2021 club directory** to the "members only" page on the web site. From the web site click on the "Members only" button. **The secret word to get in is:** juliesuhr

There is a button to download the directory in PDF format. If anyone has any content, or any ideas for what they would like to see on the website please let me know.

Thanks, *Nick* 

### 2024 QSER Club Calendar

<ul> <li>17 Jan - Election of 2024 Officers</li> <li>10 Feb QSER Banquet</li> <li>23/24 Feb AERC Convention (Jacksonville)</li> <li>13 July QS Support to Fireworks ride</li> <li>15 Jul "Go Live" for QS Ride Entries</li> <li>20 Jul QS Support to Tevis Cup – Finish Line Team</li> </ul>	Aug ? QS Camping at SCCHA 10 Sep Kick-off Board Search Committee. 28 Sept QS Fall Classic Endurance Ride 15 Dec All Awards Nominations Due 15 Jan Election of <b>2025</b> Officers
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HEADS UP!! The Quicksilver Endurance Riders will host a <u>Thursday evening reception</u> at the upcoming AERC Conference in Albuquerque. Get your AERC Conference Weekend kicked off right - join our table <u>from 5:00 pm to 7:00 pm</u> for a hosted reception at the Cyprus Bar on Thursday 22 February. The Cyprus Bar is on the Ground Floor of the Embassy Suites. See you there!

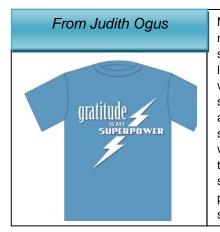
> Many Thanks, Jerry W

### Upcoming 2024 events:

### Awards Banquet:

We are confirmed reserved for Longhouse in Gilroy on <u>Feb. 10 from 2-5pm</u> in their Banquet room with single ordering. Plenty of room, large menu and full bar. Address: 8195 Monterey St. Gilroy 95020 408 842-7664

Santa Cruz Horsemens has the <u>Fireworks</u> <u>Ride</u> on the Calendar for July 13 if the River Crossing is Repaired in time. Other Options being discussed.



May is CUREPSP awareness month. PSP is Progressive Supranuclear Palsy, a neurodegenerative disease in the class of diseases that are called Parkinson's Plus syndromes. Another is CBD, corticobasal degeneration, which Becky was diagnosed with last July. We are in several non-profit support groups for these diseases. We meet monthly with other patients and caregivers to discuss methods of coping with and alleviating the symptoms of the disease. One week a fellow member of the group came up with this saying and I had to design a tee shirt to spread the word. I am doing some market research here to see if people would be interested in buying this tee. All proceeds after paying my expenses will go to CUREPSPS and to the UCSF MERI Center, which also host supportive groups that we attend. The tees will be \$20 plus shipping, which should be around \$5.50. I will get sizes from Small to XXL. Please share this post. There are no cures for these diseases, only palliative care as they progress. There is ongoing research, and we have just joined a study at UCSF. *Please let Judith know if you are interested: judith@randomarts.biz* 

### Website and other important updates from Nick and Rachel:

Hi everyone - we're in the process of updating our Club website, and wanted to see if anyone had any stories and/or photos we could add to the Club History page here: <u>https://www.gser.net/club-history</u>

Also, do you have any ideas for what additional content you'd like to see on the site? Please send your ideas to Nick: <a href="mailto:nwarhol@comcast.net">nwarhol@comcast.net</a> and Rachel: <a href="mailto:r8chlmiura@icloud.com">r8chlmiura@icloud.com</a> !

### 2023 Yearbook

Work is beginning on the next version of our annual yearbook! Please send me any photos of you and your horse, or any Club-related photos, by December 15. If I don't hear from you by then I reserve the right to peruse Facebook or the Web to find a suitable pic of you to include :)

Also, if your mailing address has changed in the last year or two please let me know so we can ensure we include the most up-to-date info.

The opinion of 10,000 men is of no value if none of them knows anything about the subject. Marcus Aurelius ALL GOOD IDEAS START OUT As bad ideas; that's why it takes so long. Steven spielberg

### Important announcement from the Equine Medication Monitoring Program:

We have a **new address** at the California Department Of Food and Agriculture Equine Medication Monitor Program!

After January 3rd, we will no longer have the 1500 W EI Camino Ave #215.

Please send all correspondence for events such as Drug Declaration forms, posters, return labels, registration forms, brochures or Drug and Medication Guidelines booklets to our new address at:

### Equine Medication Monitoring Program 1220 N Street Sacramento, CA 95814

### Payments are the same address:

P.O. Box 942881 Sacramento, CA 94271

As always you can reach us via email @ EMMP@cdfa.ca.gov

### Introducing Betsy Hart, one of our newest Quicksilver member!

Mike Bushue and I have both been riding most of our lives. We have been riding together since 2007 and we got married in 2019. We are primarily trail riders who dabble in LD riding when we're feeling ambitious.

Mike grew up in Spokane, Washington, and has been living in Belmont since the 1980's. He's a retired electrical engineer. His current horse is a Tennessee Walking Horse named Rowdy who he's had since March. Rowdy hasn't done any LD rides yet but he completed the last Intro ride at the Quicksilver ride and performed well.

Mike is currently a board member of San Mateo County Large Animal Evacuation Group, active in San Mateo County Volunteer Horse Patrol, former president and current board member of ETRAC (Equestrian Trails and Roads Action Committee,) and a member of the Los Viajeros Riding Club. In 2019 he led the team that rebuilt the Towne Creek Bridge on the West Brook Trail in Pescadero Creek County Park, and then this fall he led the team to repair the bridge after three large trees fell on it last winter.

I grew up near Philadelphia, PA where I learned to ride and trail ride in what is now the Wissahickon Valley Park in the city. I have had my Morgan Horse, Flash, for about five years and he and I have done 3 LDs together.

I'm on the board of the Los Viajeros Riding Club and am also active in San Mateo County Volunteer Horse Patrol. I have a "Day Job" as a research associate in a biotech lab, but nights and weekends I'm usually with my horse.

Mike and I also have a very beloved Large Fluffy Tabby Cat named Kibilhathur.



### EQUINE HEALTH ALERT - VESICULAR STOMATITIS VIRUS (VSV)

Vesicular stomatitis virus (VSV) has now been identified in our local area including Placer County. Until recently, most cases in California had been limited to the southern part of the state.

The most common clinical signs are:

- Increased salivation
- Ulcers on the membranes of the mouth and tongue

The disease is primarily spread by vectors, including biting insects, so insect control is key! We hope that the colder weather will help reduce the spread of disease.

### ADDITIONAL INFO

If you suspect that your horse may have the condition:

1. Call your veterinarian immediately.

2. Separate affected horse(s) from all healthy horses on the property.

3. Controlling insects (fly spray, fly traps, maintaining clean pens, etc.) is essential to reducing the

risk and the spread of this disease. Handle all healthy animals before sick animals.

4. After handling sick animals make sure to wash and disinfect your hands and boots, if possible change and wash your clothes as well.

Clinical Signs (see photo) -Blister-like lesions in/around mouth, nose, coronary band, and/or sheath/udders Fever Drooling/frothing at mouth Reluctance to eat Lameness or laminitis if lesions develop around coronary band



### Transmission

VS is spread by insect vectors and direct contact with infected animals.

Black flies, sand flies, and midges are the known vectors of this disease,

but other insects may also be capable of transmission. Infected animals shed the virus from the lesions (blisters) they develop, so direct contact with infected animals or water, feed, buckets, and other fomites contaminated with saliva from infected animals can also transmit the disease. The virus can also be spread on shoes, clothing, hands, and contaminated equipment.

### Prevention

Practice good biosecurity and isolate new horses when introduced to the herd. Keeping insect population down may also help in the prevention of VS. There have been experimental vaccines developed but none have been approved for use in horses.

Additional current information about VSV can be found on the the CDFA website: <u>https://www.cdfa.ca.gov/ahfss/Animal\_Health/VS.html</u>

Additional information, one sheets, and maps are accessible at the following link: https://www.aphis.usda.gov/aphis/ourfocus/animalhealth/animal-disease-information/equine/vsv/vesicular-stomatitis

### HORSENSEI HAIKU – WINTER 2023



The winter sun on the horse's back my frozen shadow.

> Matsuo Bashō (1644-1694)

Brian and Val Reeves are the big winners of the annual Quicksilver early renewal drawing. Their name was selected at random from those who renewed by the end of 2023. This is what the actual card they will receive looks like! Congratulations!



# JUST FOR FUN...



It was only a matter of time, first hybrids then electric and now vegan



If you can walk away from a landing, it's a good landing. If you can use the airplane the next day, it's an outstanding landing. -Chuck Yeager

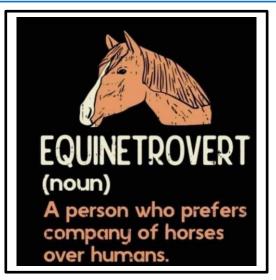
(I think this also applies to horses!)

Why did the cowboy adopt a wiener dog?

Because he wanted to.... Get a long little doggie!



Well.... Hello there!!



### **Ride Report - Fire Mountain 2024**

### By Rachel Miura



In January I made the trek down to Ridgecrest to catch ride the Saturday LD at Fire Mountain. As usual, this trip to the Mojave Desert was fun and special. And lucky me, I got to ride an Arab/QH mare - Viva Deux - up for adoption from Love this Horse Equine Rescue at her first endurance event!

There were five LTH horse/rider pairs out that day, and for the most part we stuck together.

All the horses did great and got completions even though for most of them it was only their first or second event! The LD was a point-to-point ride out to the Trona Pinnacles, which is such a lovely and fun setting. The weather was sunny and cold - perfect for riding.

A big thank you to Vera Kalila from Love this Horse for getting the horses ready for the

ride and entrusting me with Viva Deux. And, thank you to Brian and Val Reeves, Gretchen Montgomery, and Mary Anderson for putting on a great ride!

To find out more about Love this Horse Equine Rescue, and the horses they have available, you can go to https://www.lovethishorsearabianrescue.org/





Nearing the end of the ride - we could see the Pinnacles in the distance!

Coming into the ride finish and getting ready to vet out.



### Introducing new member - Jeff Loe

I have been endurance riding since 1978 I was a Quicksilver member back in I believe 1980 and 81 and still have many friends from those days... Richard Carter Jerry and Jeff Luternaurer, Trilby Pedersen, Becky Grand Hart, Maryben Stover, Melissa Ribley and others.



I now live in south west Oregon. My wife Patty Bratsberg and I rode the Quicksilver ride back in 2018 when our Stallion SFF Pyr0 +/ received his Decade team award.

I rode his Daughter Hillcreek Pyra+// so it felt appropriate that he received that award where I started my career!

I am currently riding his son Hillcreek Pyrate I just started him in the fall last year he is a 9 year old gelding.

I am still competing in California, Oregon and sometimes other states. I enjoy going to XP/Duck rides and I'm planning on going to the Pick post ride in Arizona in a couple of weeks. I'm also planning on going to the Mojave ride this year. Hope to see some of you at one of them.

I met Jerry, the Quicksilver Club's President last year in Idaho at the Autumn Sun ride and that is what inspired me to rejoin the Quicksilver club.

I look forward to meeting some



of the current members, so if you see me at a ride, please feel free to introduce yourself!

### Almaden Quicksilver ride

### by E. Hiatt

On January 30<sup>th</sup> *Carolyn Tucker* and I took advantage of a rare dry, sunny day and a park that was open, to get a nice ride in before the next storm!

Most parks have been closed to riders due to rain, mud and trail damage, so it was a pleasant surprise to find out that Almaden Quicksilver was open. The weather was perfect and we pretty much felt like we had the park to ourselves. We encountered just a few hikers out there and two other riders.



The views were clear and the weather was lovely. Lots of green grass for the horses to nibble on and perfectly spaced water troughs to quench their thirst.





We took advantage of the picnic table overlooking "The Cube" and had a nice mid-ride snack and rest, which the horses seemed to appreciate.

What I like most about this park are the amazing views and the terrain, which will give you many options, from fairly easy trails

to some climbs that will kick your horse's rump into high gear!

Free parking and restrooms, too! Check it out if you haven't been there, it's definitely worth the trip!

"If I die before my dog, let him see my body.

He understands death, if he feels my death he can cry for me. If he doesn't see me again he will think I abandoned him and he will continue waiting for my return. If I die before my companion, let him say goodbye to me.

"Dogs are an endless friendship, a loyal friend, a part of life and a reason to exist! "

Author: unknown Artist: The Old Shepherd's Chief Mourner-Edwin Landseer 1837.



# From Julie Suhr:



"Nothing you love is lost. Not really. Things, people—they always go away, sooner or later. You can't hold them, any more than you can hold moonlight. But if they've touched you, if they're inside you, then they're still yours. The only things you ever really have are the ones you hold inside your heart."

# 6 STRETCHES FOR BACK HEALTH

## NECK STRETCHES

This is mainly a neck stretch but using a treat, ask the horse to reach past it's mid belly and it then stretches the back, ribs and abdominal muscles. ROUNDING

Using a treat, ask the horse to reach between the front legs or to the outside of the fetlock to stretch the wither, back and abdominals to help posture and suppleness. BELLY LIFT

Starting at the sternum, use your fingers to ask the horse to lift it's back up and hold. This helps to flex the thoracic spine and help back posture, but you must hold it!!



### HIND END TUCK

Using the reflex point over the SI joint, rake your fingers slowly down asking the horse to flex through it's lumbosacral junction, contract the abdominals and flex the thoraco-lumbar spine.

### PELVIC TILT

Using te same reflex point on one side, ask the horse to bend round with the pelvis instead of flexing, stretching the abdominals and lifting the back.

### TAIL PULL

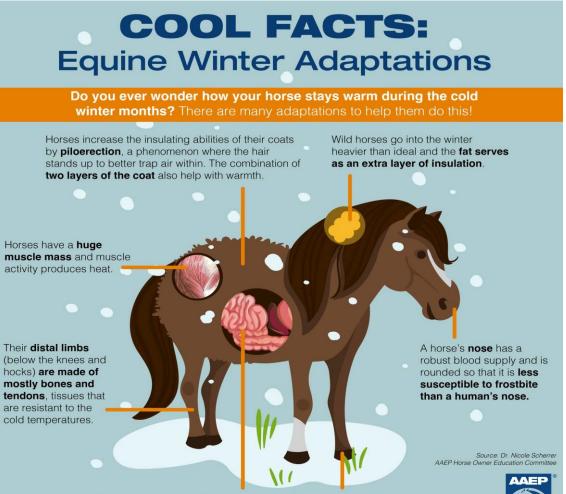
Gently take hold of the tail and gradually pull backwards, incorporating an entire stretch of the spine and associated back muscles. Hold the stretch for at least 30 seconds.



### And now for something completely different...

A couple of weeks ago, the Santa Cruz County Horsemen's Association hosted Kevin Foster, who works with the local Wildlife Rescue group. Not only was his presentation fascinating, but we got an amazing treat being introduced to Zeus, a great horned owl and Athena, a red tail hawk. The talk about the work the group does was very educational, and after that, we also had the opportunity to hold AND pet Zeus!! I know this sounds silly, but when you are that close to such a majestic creature, you get "the fuzzies" in your heart and realize how lucky you are to have opportunities like these to learn about the critters we share this earth with!!

Athena was too new to the program and not quite used to too much activity, so we got to watch her eat treats and learn about her life so far. *Elisabet* 



**Hindgut digestion of hay** produces the most heat, acting as a small furnace inside of the horse.

The hooves have an alternative route of **blood circulation** through larger vessels that can be used in low temperatures.



### **INFORMATION ON THE MEETING REGARDING THE FUTURE OF BIG BASIN PARK**

### From Debbie Boscoe:

There was a great equestrian turn out at the Felton meeting about Big Basin infrastructure on the 12<sup>th</sup>. I know that some people felt that they weren't heard, but I want to let you know what we have and where we are going. Please know that many people have been working for 2 years on this and we have been heard: equestrian parking is being written into the long term plan. That plan is still evolving, for equestrians and for everybody else.

Below is the official statement from Will Fourt who is in charge of the infrastructure plan. Note that there is a trail next to the Gatehouse (it needs work but crosses 236 and has been used for years). If we have parking at Saddle Mountain, we will have trails from there to the main part of the park. But the trail plan comes after the infrastructure plan, so we will get to that later.

Finally, all horse parking before the fire was makeshift – catch as catch can, with no tieups, no water, and no porta potties. Those are all part of the new plan for equestrian parking. But this plan won't be fully implemented for some years. In the meantime, we/they are working on interim parking opportunities, as Will states below.

The CZU fire was painful for all, and the rebuild continues to have challenges and opportunities. All in all though, and with some patience, I think we are winning!

### Response from the Ranger to some questions posed by Robin:

Hi Robin,

Thank you for your continued interest and support in equestrian access to Big Basin. State Parks staff would like to clarify some of the points that you have raised about preserving equestrian access at Big Basin.

Equestrian staging and access pre-CZU Fire was available at Rancho del Oso on the coast side of Big Basin. There was no formalized equestrian parking in the main day use area (known as the former park Headquarters) or anywhere accessible from Highway 236. Equestrians who were interested in trying to find a trailer parking space within the previous public standard-size parking areas at Big Basin were able to do that pre-fire, and sometimes it was possible to park an equestrian trailer at the former day-use parking areas in the main day use area, though many times it was not possible when the park was busy.

The future park plans will seek to improve equestrian access by pursuing additional equestrian parking opportunities by considering feasibility of constructing new equestrian parking areas outside the old growth areas, in the vicinity of the former park Gatehouse, as called out in the park's General Plan. Equestrian parking will also be considered as a potential option at the Saddle Mountain Welcome area. The Rancho del Oso portion of the park will be rebuilt and as access to trails is restored in the future, equestrian camping and access will be restored in this area.

The long-term park plans are centered around forest resilience and having a lighter paved footprint in the old growth area, and the parking capacity in the old growth will be reduced

as compared to pre-fire levels. Because of these goals, there is not an opportunity for constructing a future new equestrian staging area in the old growth, in the main day use area.

Currently, State Parks is completing the Facilities Management Plan (FMP) which focuses on planning to rebuild structures, camping areas, operation and maintenance facilities, park housing, utilities, and day-use parking areas in the core areas of the park. This FMP does not cover Rancho del Oso, backcountry areas, new staging areas, changes to the park's trail network, or additional trail access points in other zones of the park that are not covered in the FMP. Any changes to these parts of the park may be considered in a future Roads and Trail Management Plan, which may be initiated after the FMP is completed.

During the interim period in the next few years, while the FMP is completed and trails are being rebuilt, State Parks will continue to work to allow and increase interim park access. As part of this, parks staff will consider future opportunities within the existing and future interim public access facilities where equestrian parking may be possible as a shared use along with other types of park access.

Will

### From Alicia Stanton:

On Monday, February 12th, at the Felton Community Center, State Parks gave a presentation of the first stage of the projected redevelopment of Big Basin State Park. This was a report on what has already been accomplished, which is essentially some initial fact-finding, gathering of public input, and determining essential components for reopening the park. It was not a final plan presentation.

State Park staff stated that they have reached out to include participation from different segments of the community, including mountain bikers, hikers and equestrians. In addition, special attention was paid to gaining input from segments of the population who are normally underserved by the state parks, particularly parks like Big Basin that are difficult to get to if you don't have your own vehicle. It's very clear that this inclusiveness is of paramount importance to State Parks and may end up taking precedence over meeting the desires of the members of the public that were at this meeting, including many equestrians.

It appeared that a number of the people who attended the meeting on Monday night were expecting to be able to give their opinions on the plan to reopen and rebuild the park. However, that was not what the meeting was about. This meeting was a presentation of what has been accomplished so far and the multi-step process of determining the direction of the park restoration. There was some limited opportunity for submitting new ideas via talking with park staff or leaving 3x5 cards with suggestions.

This presentation did not deal with the park's plans for trails, whether restoring those that were in existence prior to the fire or developing new ones. That issue will be covered in a future segment of the park recovery plan.

A number of people seemed concerned that horse trailer parking will be removed from a location with good trail access, however, it is still unclear whether or not this will happen.

It is the case that the equestrian campground that was located off of Highway 1 at Rancho del Oso has, at this time, been converted to a drive-in campground for non-equestrians. Fortunately, there is still parking available for people bringing horse trailers in for day use. Unfortunately, at this time, almost all of the Rancho del Oso trails are closed to both hiking and horseback riding.

Will, the park ranger in charge of the project, did say that there will be future focus groups, specifically mentioning equestrian groups, that will be allowed the opportunity for giving input on future redevelopment. It would seem wise for Quicksilver members to come together with other equestrian groups to formulate a comprehensive plan to present to State Parks.

### My Five cents (Elisabet):

Having worked at the University and experienced the "long term plan" bureaucratic rhetoric, I have little hope that any truly useful equestrian trails will be available to horse people for at least 5 years, if not more. I really hope I am wrong, but when the words "environmental studies" and "public input" come up, all my alarms go off.

Yes, they are saying there will be equestrian parking at the Head Quarters, but the fact that they are also saying that they want to "minimize environmental impact and have given special attention to inclusiveness and underserved groups, which will take *precedence* over equestrians" is a definite "don't hold your breath" statement.

One of the people I talked to said that "yes" we can still park in the equestrian lot at Rancho del Oso (entrance on Hwy 1, North of Santa Cruz) any time we wanted to, but when questioned further, he said that none of the trails from that side of the park are even remotely passable for horses due to the number of large trees that have fallen on the trail... so no luck there.

It should be noted that the trails/plan proposed for equestrians at the HQ is not realistic. I don't know if you have ever driven Hwy 236/Big Basin to the park, but even in a car it's a challenging road. To navigate that road with a horse trailer would be an adventure, and arriving at the top, only to find out that the two or three designated "trailer/equestrian" parking spaces have been taken would be very frustrating. So far, a "five mile loop" is all I've heard mentioned as far as horse trails up there.

Don't get me wrong... I think that eventually we'll get some trails that will be useful, particularly if they re-open Rancho del Oso, but we will have to keep reminding them over and over that horses are a big part of the local and the ranch's history, and that they need to make sure that some our tax dollars are used to preserve that history.

To end on a happier note, the good news is that MANY of the redwoods that were burnt are sprouting and doing a good job of turning things green again.

### Quicksilver Endurance Riders (QSER) Club - January 17, 2024 Board Meeting Minutes

The Board meeting was held via Zoom on January 17, 2024, beginning at 6:37 pm. In Attendance: Jerry Wittenauer, Nick Warhol, Rachel Miura, Elaine Elbizri, Brian Reeves, Carolyn Tucker, Magda Bartilsson, Barbara Harpster.

**2024 Officer Election -** There was a unanimous vote for the 2024 Board positions:

President Rachel Miura	Vice President Magda Bartilsson	Treasurer Nick Warhol	Secretary Elaine Elbizri
Board Member Jerry Wittenauer	Board Member Brian Reeves	Board Member Barbara	Harpster

### Review of Committees/Reports:

Technical: Website/QUIPS/Other: Rachel has a few tweaks to continue making to the website

The year book is completed and just waiting for 2023 awards information. A few hard copies would be available if requested Membership: Magda will put reminders for 2024 membership renewals on the QS face book page and other local horse Facebook pages.

Goodwill: no concerns

Financial: financial standing \$10,000; awards banquet expenses \$780; insurance in February \$580; we are getting income from renewals

Trails: County parks are closed; Open space parks are open and have good footing. Magda undertook to collaborate with Carolyn on trail details and updates

### **Ride Report**

The ride is sanctioned for September 28

Michael and Jill will not be available to help with the ride this year

Jerry was to organize a ride committee. A meeting to be held on Wednesday March 13

A ride entry would be included in the AERC convention raffle.

Magda volunteered to drive her rig for the rescue shuttle this year

### **Banquet preparations**

Brian had ordered door prizes; there would be awards for the Quicksilver ride. There was a reminder that perpetual awards needed to be updated Elaine was contacting all members with reminders about the event

### **Upcoming events**

Tevis – The club has undertaken to work at the McCann Stadium. This is an opportunity for members to give back to the sport. Horses come in between 10:00pm – 5:30am. This is an 'allnighter'. Jill Kilty Newburn will be the announcer as riders come in to the finish.

Endurance clinic – this event would be held at the end of August, at Harvey Bear park.

Group rides - could be organized if there is enough interest this year

Fireworks – is on the calendar but it is still not confirmed. Nick would provide GPS if the ride goes ahead.

Quiicksilver camping at Henry Cowell was uncertain.

### New Business:

The RUM Advertisement will be brought to the Board for Approval at the Feb Board Meeting.

Barbara Harpster introduced herself. Barbara is from Germany where she used to ride. She loves trail riding in Magda's riding program, has done lots of rides, she is totally hooked on Endurance. She looks forward to a lively Quicksilver group. Thanks were expressed for Jerry's dedicated service as President and for Carolyn's help with trail and Fireworks information.

The next Board meeting will be on Saturday February 10 at 1:00 pm (before the banquet) We will meet in March on Wednesday the 20th at 6:30PM

The meeting was adjourned at 7:40 pm. *Elaine Elbizri*  Treasurer's report: Checking \$10,333 Savings (trails) \$1,075

### Quicksilver Endurance Riders (QSER) Club - February 10, 2024 Board Meeting Minutes

The Board meeting was held on February 10, 2024 at Longhouse restaurant, Gilroy, beginning at 1:15 pm. In Attendance: Jerry Wittenauer, Nick Warhol, Rachel Miura, Elaine Elbizri, Brian Reeves, Barbara Harpster.

### **Review of Committees/Reports:**

Technical: Website/QUIPS/Other: Rachel would check with Elisabet that there will be Quips in March. She would include new board member names.

Year book/directory would be for members only on the website

Membership: 34 members have renewed. Magda would follow up with reminders for renewal

Goodwill:	no concerns	
Financial:	Balance as of 02-07-	2024: a. Checking \$9,986
		b. Savings \$1,075 (includes trail fund)
		c. 20 Mule Team entries to date in Paypal \$1,855
	Expenses of late:	a. Val Reeves \$788.89 banquet awards and all plaques
		b. Trilby Pederson \$67.96 Quips mailing postage 2023
	Expenses coming up:	Club Insurance \$500

Trails: No report

<u>Ride</u> Report: Jerry to organize a ride committee. Planning meeting on Wednesday March 13. Jerry would apply for permit in March

### Banquet no concerns

### Upcoming events

Endurance Clinic to be a weekend event – August 24&25 – at Harvey Bear. Tevis: Jerry would advertise on Quicksilver Face book page for finish line volunteers.

### **Old Businesss**

The board voted in favor of placing a 1/2 page ad in the Tevis Forum. The date of the Quicksilver ride would be included. The cost of the ad is \$225.

### **New Business**

Rachel suggested organizing a wilderness first aid class for riders. Interest was also expressed about horse care on the trails, it was suggested that this should be a separate activity. Board members were very supportive further information to be discussed at the March meeting.

Rachel suggested doing a survey of members for trail details and recommendations, to be an ongoing item on the website for members only. Nick offered to help put this together.

Storage of club items. The board recognized Jerry's generosity in storing the items in his garage. It was felt that unless and until a permanent place could be found it would be the ride manager's decision as to where to store them.

Cost of using zoom. Nick is looking into what it would cost for the Club to have a zoom account.

Next meeting: Zoom meeting Wednesday March 20<sup>th</sup> at 6:30 pm. The meeting was adjourned at 1:45 pm.

Elaine Elbizri



Happy Birthday to all who are celebrating another trip around the sun!!



# Market Place

### HORSE BOARDING FACILITY

20535 Rome Drive, San Jose, California. **Stalls: \$400.00, pasture \$330.00.** Fed twice a day high-quality orchard-alfalfa mix hay. 96' X 48' uncovered outdoor arena. We clean. Shavings available. 1.25 miles to entrance to the Quicksilver County Park (3600 acres and 19.2 miles of manicured trails). I provide my trailer for use to boarders. **Trilby – (408) 997-7500** 

### Equine-imity—Stress Reduction and Emotional Self-Regulation in the Company of Horses by Beverley Kane, MD

Equine-imity teaches moving meditation in the form of qigong, a tai chi-like practice, with, and optionally on, horses. Based on our Stanford program of the same name. Written with nonequestrians in mind. Share your love of horses with friends and family! Purchase paperback or ebook on Amazon and other outlets. Learn more and download free Introduction at <u>http://equine-imity.com</u> *Illustrations by Judith Ogus* 

### CENTERED RIDING® LESSONS

Help your horse use him/herself effectively while going down the trail.

Take the stress out of your body and your horse's body. Find out how to have a better seat and make your horse more comfortable.

Centered Riding® lessons available with Level 3 Centered Riding instructor. Clinics available upon request. **Becky Hart (408) 425-5860** 

### Books by Julie Suhr

Ten Feet Tall, Still and ...but it wasn't the horse's fault! are available for sale. All proceeds go to AERC Trails Fund and Center for Equine Health at UC Davis. Please contact Julie Suhr at: (831) 335-5933 Books by Lori Oleson --- Enduring Memories and Endurance... Years Gone By are available for sale. Re-live the adventures that tell the stories of horses and riders who made their way down the trail in the 1960s through the 1990's. Books are available by contacting Lori at (408) 710-5651 or lorioleson@alumni.cpp.edu



### More tack room cleaning...

SKYHORSE saddle. 13" seat. Flex panels. Super comfortable and secure. In pretty good shape. The leather got a bit dried up from sitting in my tack room for years, so I'm treating it with beeswax saddle cream (that's why it looks so shiny!). Can send more photos if interested.

The horse I bought it for passed on a while back and I no longer need it. \$500

Elisabet - LAZO@ucsc.edu

### Posted for a friend of Elaine Elbizri: Price reduced!!

### For sale Good as New Dressage/Endurance saddle

17,5 Lovatt & Rickett Rubicon MW Cross Over Saddle. Great to use for Dressage or Endurance. I gave up riding 1 year ago. I have ridden only one 25mile L D in this saddle, it was a perfect fit and very comfortable.

Soft wool flocked, horses love it and it is a super soft seat for the rider. This saddle was made directly in England for my horse and me (but with a regular M/W tree) it has special D-rings. It fits a variety of withers but not so well for very high withered horses. Horses move out beautifully underneath. It is soft on the withers!!!

My horse was never sore anywhere from long distance rides. Sold new: \$4,100, asking price: \$2,500

Please contact me, I can bring the saddle for you to try it! Karina Hoog hoogkarina@yahoo.com 408 646 4361



We are selling our EuroXcisor.

5860.

It is set up for four horses but could accommodate 8 if someone wanted to make changes. Comes with control box, about 75 feet of conduit, and full set of mats, plus the inner rails. You must dismantle and deliver vourselves.

Asking \$10,000. Located in San Juan Bautista. Control box allows for changing speed and direction but is not programmable.

Becky and Judith 408 525-7873 or 408 425-





Very pretty, made in Colombia "Paso Fino" brand gaited horse saddle.

It belongs to a friend who no longer rides. It's super comfortable, but it doesn't fit either of my horses, so I'm selling it for her. I am not sure what it may be worth, so make me a reasonable offer.

It's in very good condition and I have lots more photos if anyone is interested. Elisabet – lazo@ucsc.edu

### From Claudia Goodman: FOR SALE:

### 4Star 3 Horse LQ

It is full of wonderful features for horses and people alike. It has been the perfect endurance trailer: 8' wide 7'6" tall; WERM flooring Air Ride; drop down windows at head, stock windows at rear; mangers; stud wall; escape door; roof vents; rear (collapsible) tack with 3 saddle racks, blanket bars, lots of hooks. 3 Spring-tie hi ties. Electric jack; roof rack, 4 fresh water tanks (135 gallons); solar panels; deep marine batteries. 9' short wall, custom built interior; queen bed with10 cabinets; bench bed; full fridge/freezer; 2 burner stove with cover; microwave; extra big deep sink; heat; ceiling skylights with fans; 18' electric awning; full bath with shower, sink, large cabinets; LED lighting and luxury vinyl floors throughout; generator; day/night shades. Low mileage radial tires with 2 spares. Very clean, bright, and roomy. All is well and lovingly maintained. \$49,000



I have lots of pictures and more details. You can contact me at <u>debbieboscoe@gmail.com</u> or text me at 831 227 4960

### From Judith and Becky: Horse Property Share Available March 1, 2024

We have rooms available for a renter plus space for one horse in our pasture. You get a master bedroom with private bath plus a second room and second bath. Laundry, kitchen and dining are shared. U-shaped house so you have plenty of privacy.

Property is 5 acres, fully fenced with no climb fencing. Horses have a 2.5 acre pasture, mare motel, EuroXiser and outdoor arena. Three Arabians live in the pasture - two geldings and a 32 year-old mare. Hoping to find someone who will share feeding and cleaning and whose horse can also live out.

No cats; the right dog is a possibility. We have 3 dogs, a young chihuahua cross, a 9-yr old border collie and 9-yr-old sight hound. We have some agility equipment.

House is on Salinas Grade, San Juan Bautista, about 1.5 miles from CA156. Rent is \$1500 including utilities and horse trailer parking. Horse boarding is extra and negotiable depending on your availability to help feed.

We are two older women, ex-endurance riders.

Call or email Judith: 408 425-7873; judith@randomarts.biz

## IT'S NEVER TOO LATE TO JOIN THE QUICKSILVER RIDERS!!!!!

**Club Mission** - Quicksilver exists to promote the sport of endurance riding by conducting endurance rides and advocating for equestrian trails. It seeks to provide a model for the highest level of sportsmanship and horsemanship within the context of this sport. It supports and provides educational events and leadership in each of these areas.

FIRST: We need your name

And then your address

And your phone number and e-mail \_\_\_\_\_

And then we need your money! Senior membership is \$ 30 \_\_\_\_\_ Junior membership is \$ 20 \_\_\_\_\_ (a junior is under 16 years of age) Family Membership is \$45 \_\_\_\_\_ Mailed Quips (paper copy) \$20 \_\_\_\_\_\_ . Total enclosed \$ \_\_\_\_\_\_

You can go to our website at : **www.qser.net** to join, OR send a check made out to: **Quicksilver Endurance Riders, Inc.** to: Nick Warhol, 3664 Old Quarry Road, Hayward CA 94541

### THANK YOU!!

