



Quicksilver Quips

February 2022



*Happy
Valentine's
Day!*

What's inside

President's message
Announcements
Just for Fun and
New member Intro
Miscellaneous bits and pieces
Book review and Horse intro
Endurance article
Obituaries
Almaden QS ride report
Helpful tips (maybe?)
Board Meeting Minutes
Birthdays and Announcements
Market place
Famous Movie horses
Join the club/renew
And random stuff here and there!

Officers

2022 Board members are

Jerry Wittenauer - President
Elaine El-Bizri - VP
Nick Warhol, Treasurer
Margaret Hastings, Secretary
Carloyn Tucker - Board
Maryben Stover - Board
Vacant - Board

Newsletter Editor

Elisabet Hiatt
lazo@ucsc.edu

QSER on the Web:
<http://www.qser.net/>

President's message

At the January QSER Board Meeting, I was honored to be selected as the incoming President of the Quicksilver Endurance Riders. I served in the past year as our Vice President, and learned well from the capable leadership of our outgoing president – Jill Kilty-Newburn. I'm looking forward to serving the club this year, and sustaining an active and engaged membership. We have a strong team in-place to run the Club, and we invite your comments, suggestions, or participation as the year progresses! Our Board Meetings are generally held on the "3rd Wednesday" of each month, via ZOOM, and all club members are welcome to join in – just send me a note and I'll include you on the ZOOM invite.

At our January Board Meeting, we took a look at the year ahead, and there is plenty on our plate! Upcoming activities that you will hear more about, and hopefully that you can participate in, include:

- Monthly group rides – always looking for local hosts!
- Volunteer opportunity – the QSER Club has been invited to help staff the McCann Stadium Finish Line for the 66th Annual Tevis Cup Ride in Auburn on 16 July – a chance to see the ride up-close and lend assistance to finishing horses and humans!
- Engagement with Santa Clara County Parks for possible upgrades to our ride camp area at Harvey Bear County Park
- Evaluation of options to round up and properly store our "Club Gear" that is used to stage the annual ride.
- Club support to the Annual Fireworks Ride in Santa Cruz (July 9)
- The Quicksilver Fall Classic has been scheduled for 1 October in San Martin – we'll be pressing hard to gather in volunteers this year – our 50th running of the event.
- Planning and leading our club's social activities – awards, monthly newsletter, yearbook, and annual banquet, web-page, and Facebook Group (whew!).

In closing, I want to thank-you all for giving me the opportunity to serve, and give something back to this sport that has brought me so much fulfillment. Best wishes to you all for a safe and productive year with your equine partners!

Jerry Wittenauer
26 January 2022

From Maryben:

Sandie Parker Jones had to put Darque down.
He went out with dignity at 35 years old.
Katelin who works with Chuck & Maddie at Adobe was just phenomenal with guiding & gracing Darque into his next journey.
Katelin has a wonderful way with her veterinary skills.
Darque and Bill were quite the partnership and Sandie continued to love him for many more years.



IMPORTANT ANNOUNCEMENT!!!

*Hello Everyone,
It's that time of year again. Please send your nominations for Hall of Fame 2021 to me. Please include their Name and a short statement on why you are nominating them.
They must be a member of the club.
Thank you,
Valorie Reeves
valncopper@hotmail.com*

THE AWARDS BANQUET

**WILL BE HELD ON FEBRUARY 12, 2022, AT 5PM
AT WESTSIDE GRILL
8080 SANTA TERESA BLVD #100
GILROY, CA 95020**

**CONTACT MARY ANDERSON FOR MORE INFORMATION:
408-891-8878**

JUST FOR FUN...

When assembling your dog kit, be sure to follow the instructions to avoid disasters like this...



RING ENVY FOR NORMAL WOMEN



RING ENVY FOR HORSE WOMEN

Getting to know you....

Introducing Rachel Miura and Theodore, The Wonder Horse!

My name is Rachel and I am excited to join the Quicksilver club! I have a 10-year old appendix Shagya Arab gelding named Theodore the Wonder Horse. We are just starting our second endurance season and are excited to experience as much fun and learning as we did last year! We currently board at Ciara West and most often ride in the open space preserves off Skyline Blvd (hit me up if you want to meet up for rides in this area!). This picture is of us at the 2021 Quicksilver Fall Classic, we rode the LD course.



Welcome to the club, Rachel and Theodore!!

Fee-free days for all federal lands in 2022:

Jan. 17 – Martin Luther King Jr. Day

Feb. 21 – Presidents Day (not recognized by National Park Service)

April 16 – First day of National Park Week (National Park Service only)

June 11 – National Get Outdoors Day (U.S. Forest Service and Bureau of Land Management only)

June 19 – Juneteenth (U.S. Fish and Wildlife Service only)

Aug. 4 – Anniversary of Great American Outdoors Act (not recognized by U.S. Forest Service)

Sept. 24 – National Public Lands Day

Oct. 9 – First Sunday of National Wildlife Refuge Week (U.S. Fish and Wildlife Service only)

Nov. 11 – Veterans Day

Submitted by:

Lori Oleson



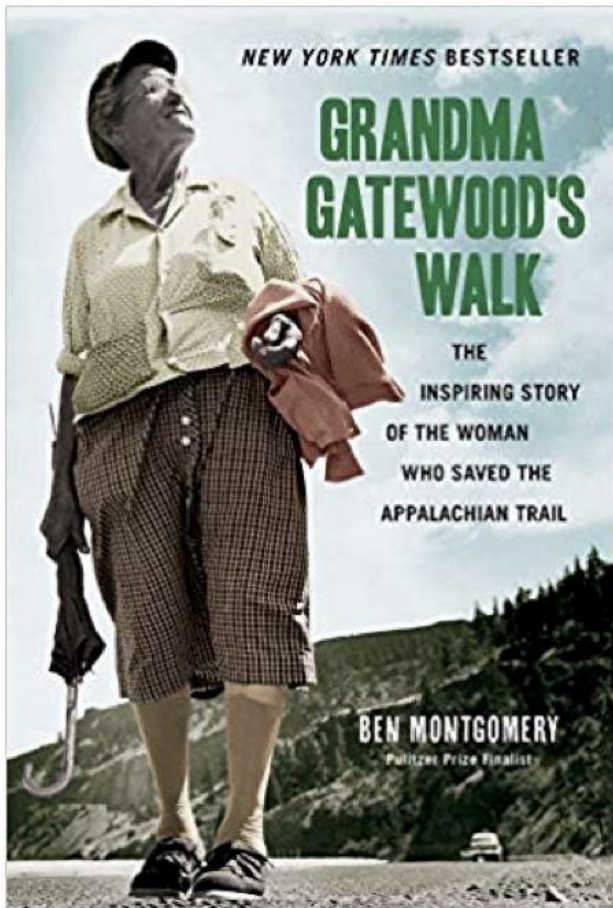
Sandy Holder's "Bash Brothers" hanging out at the Fireworks ride this past Summer. Such cuties!!

1/14/22 - Beautiful ride at **Wilder Ranch** in Santa Cruz, with Shannon Thomas, who took the panoramic photo, riding Fawkes (his ears just barely showing at the bottom of the photo) and her friend Kim, riding Sandy, on the far right. I'm on Tango, far left, who was **very** excited to get out! We never get tired of the views from Wilder Ranch! Plenty of parking for rigs in the main lot, a fun visitor's center, which is mostly the original ranch houses and barns, and great trails with an amazing variety of single track and broad roads to enjoy. Visit if you can! Bring your horse!! \$10 entry fee. *Elisabet.*



"The way I see it, if you want the rainbow, you gotta put up with the rain." -Dolly Parton

The latest book Julie Suhr read...



Emma Gatewood, survivor of an abusive marriage, decided at age 67 that that she was going for a walk. None of her eleven children, numerous grandchildren and great grandchildren seemed to ask where. Two thousand a hundred and ninety miles later, six sets of tennis shoes worn through, rained on, snowed on, she emerged at the northern end of the Appalachian trail that started in Georgia and ended in Maine. She just kept going. This is not a horse story but the similarities of personalities between hikers and riders shows the determination needed to to set a goal and pursue it relentlessly. She became a celebrity. At age seventy two she walked the two thousand mile Oregon Trail from Independence, Missouri to Portland, Oregon.

"You don't have to be a fantastic hero to do certain things—to compete. You can be just an ordinary chap, sufficiently motivated to reach challenging goals."

- Sir Edmund Hillary

One of the first two people to reach the summit of Mount Everest

Interesting factoid:

*There have been about **4,000** successful climbers on Mt. Everest in history.*

*From 1955 through 2017, there have been **5,615** successful Tevis finishers.*

Diane Marcel's 3 1/2 year old Akhal Teke horse Andy (AKA Mr. Magoo) is getting used to going in the trailer.

He's had plenty of opportunities to practice during the recent evacuations due to the heavy rains!

He is number 516 in the Akhal Teke registry and seems to do everything easily, according to Diane.

A lovely future endurance horse in the making!
Looking forward to seeing them both out on the trails!



Synonym

(noun)

A word used in place of the one you can't spell.

Two of the greatest qualities to have in life are:



PATIENCE
and **WISDOM**

*This is a reprint of an article written by **Barbara White**. It was published on Facebook in May, 2014, for a blog Rusty was doing for AERC when he was director. Even though a few years have gone by, the information is as relevant today as it was then. Just for fun, I added a few photos from Barbara's 2nd Tevis in 1969, and her 30th completion in 2010 (four more completions came after that!!) that I thought were interesting... enjoy! Elisabet*

Endurance - I wish I knew how to quit you

Confessions of an endurance addict, and how you, too, can stoke the fire that burns within throughout your lifetime. By Barbara White

This blog series has the theme of Why Endurance. Daryl, Gwen, and Dennis have articulately written why we do it. Sometimes, however, even if we understand and accept the why, getting it done requires us to plot the how very carefully. Unless you are a professional, it's not always easy to pursue Endurance dreams. My purpose here is to share some strategies to help keep you, the amateur Endurance addict, on the Endurance trail as you journey through the main stages of your

Barbara's 2nd Tevis - 1969



life, facing the various challenges and obstacles each stage can bring to participation.

I entered my first Endurance Ride, a hundred miler, when I was a 19 year old college kid home for the summer. I have entered that same hundred miler, to be held in August, as a 66 year old retiree. In the intervening years, I have finished school, traveled, married, reared children, worked, volunteered, lived in a subdivision in a huge, flat valley with horses boarded out, and lived in the mountains with our equines surrounding the house. Not only does our sport of

Endurance Riding welcome people of all ages; it is, indeed, a sport in which the individual can participate for a lifetime. I have learned that each chapter in a person's life will come with different challenges to that participation. I have also found that the three big necessities for this sport are time, money, and health/youth/energy. I have yet to find a period in my life when I had all three! In spite of that, somehow, due to the generosity of others or wily behavior of my own, I have been able to ride Endurance almost every year of my adult life.

Many of us are passionate about this sport. The addiction plays havoc with our rational brains. The craving, the yearning, the sacrifices we will make, and the depths to which we will descend to feed the beast that overwhelms us are familiar. I want to share with you some of the strategies that have worked for me over the decades, as well as some observations about other riders. No names have been changed because not one is innocent.

I ride Endurance because I love to ride horses, and I love to set personal goals that are both large and small. I enjoy conditioning rides, and I enjoy competitions. I love to ride alone, and I love to ride with others. I love the nervous anticipation shared by the horse and me at the start of a ride, and I love the deep satisfaction of finishing a ride on an equine partner for which I feel both respect and gratitude. Unfortunately, that satisfaction is temporary, only satiating the need for a short while. And then it must begin again. But it's never the same; that would be pointless.

And, therein, are both the appeal and the test of Endurance Riding, as well as its overwhelming, addictive quality. Can I do this trail, can this horse do this distance, or can this body handle another 100 miler? With each ride similar questions pop up that won't be answered until the finish line. But first you have to get to the starting line. Even without time, money, and an energetic, strong body, there are ways to get there. Don't put it off; there will never be a perfect time.

Do you have time and energy, but little money? That was my story in my late teens and early adulthood. Energy flows in abundance. A student or a five day a week working adult without family responsibilities probably has some free time. I moved to Auburn, CA, with a borrowed horse one summer when I had time and energy, but little money. I lived in the lower level of a house owned by an Endurance couple, secured a job at a burger place, and could ride at will because I had little other responsibility. My uncle loaned me an old station wagon, and I found a friend who had a trailer but no hauling vehicle. Hitching the two together allowed us hours on the trails of our choice. It was riding on the cheap, and, although there were some misadventures that summer, I returned home at the end of August with the buckle that had eluded me the previous year.

That was back in the days of newspaper classified ads and dial telephones. With social media it is easier these days for people with extra horses to link up with riders who are not owners. It's usually a mutually beneficial situation. The horseless person gets to ride, and the owner gets his extra



Barbara's 30th Tevis crew

horses conditioned and campaigned. I have both borrowed and loaned out horses over the years. My trailer tack room is stocked with girths of every size because I just never know what fun horse I might meet that needs a rider. Even when you decide you want your own horse and gear, you don't have to spend exorbitant amounts of money. There is a glut of good horses looking for homes. Used tack sales are in abundance. Do all those huge rigs arriving at camp make you feel inadequate? Not me. I haul a two horse bumper pull trailer and sleep in the back of my truck, protected by the camper shell.

Although as a West Region rider I confess that I don't ride in subzero temps, it is probably actually easier for me to get out and saddle up in the wind and moisture when it is 27 degrees in my icy cocoon than it is for those luxuriating in their cozy little Taj Mahals. Please don't take offense. I'm actually quite envious, but my discretionary income forces me to make choices, and I'm content with my little camping set up.

Horse people are mostly a very generous group, but when you borrow, show appreciation, and don't take any risks with your borrowed equines or the inanimate paraphernalia that goes along with the sport. And don't be young and foolish. In the early days of our marriage, a generous, wealthy, and politically conservative gentleman, who was a good friend of my husband, loaned us an extra horse trailer he had. We used it for months, maybe years, hauling our horses to rides before complicating our lives with children. It was in the '70's, and I plastered a large NO NUKES bumper strip on the back door of his trailer. Two days later the owner asked for the trailer back without explanation. I guess he could tolerate my letters to the editor and door-to-door activism, but a bumper strip on his own trailer was too much.

So, if you can purchase a horse cheaply, and you can get a reliable used truck and small trailer without winning the lottery and without offending others as I did, how can you save on the horse

maintenance expenses? Fancy boarding stables are very expensive and may not be the best set-up for your endurance horse. Find a place with room for your horse to move around and a shelter for inclement weather. He doesn't want to be in a box stall or little pen; he craves a more natural setting. I have a friend who rescues horses. Her hay bills are huge, but her friendly relationships with her country neighbors allow her to move her horses to their empty pastures. Investigate, and you may be able to beg or barter a perfectly good living arrangement for your horse. Don't be afraid to ask. If he's not on pasture, you will need to feed your horse high quality hay to meet his energy needs. Look around for the freshest, cleanest, and most nutritious. If you want to save a lot of money, be wary of all the supplements out there. Most horses don't need them, so don't let clever marketing convince you that they do. For years we rode endurance with hay and oats or, maybe, COB (corn, oats and barley). We didn't know what electrolytes were; we had salt bricks. Our mailboxes weren't inundated with heavy catalogs promoting innumerable supplements and cure-alls. Of course, you want to do best by your horse, but most of this stuff is clever advertising, not necessities for success. Forty five years ago, back when all these magic nutritional delights were unavailable and not yet dreamed up, 50% of the starters finished the Tevis Cup 100 Mile Ride. Today, we obsess and spend much time measuring out this, mixing that, creating a complicated menu intended to cure every ill and buy fitness, and the Tevis finishing rate is still 50%. Think about it. Nutritional science is important, but I'm convinced that your time and money are better spent figuring out if there is something your horse actually needs rather than just following the crowd. And, remember, there is never a substitute for smart conditioning.

You may find a period in your life with some money, some energy, and no time. I think this is the most challenging scenario, and it probably happens in the prime of life. Work is demanding; the kids, if you have them, even more so. You will have to make choices



about how you will spend your diminishing free time, and, if Endurance Riding is your choice, you will miss out on some other things. Or you may have to take a hiatus from the sport for a while. That happened to me. Endurance Riding and motherhood are not the easiest and best fit. Riding during pregnancy is generally safe and a decision to be made by a woman and her doctor. Because I rode Arabians and was a member in good standing of the USFT (US Falloff Team), I chose not to. However, knowing the power of addiction, I moved my horses an hour and a half away so I wouldn't be tempted to take just one more little ride. Nevertheless, there are legions of women who have ridden during their pregnancies without problems. After the baby is born, one often learns what true Endurance is. Meeting the 24 hour demands of a tiny tyrant can drain the energy from even the most fit and spirited parents on the planet. But it must be good conditioning for getting back in the Endurance game. Does mother's milk mixed with trail dust ensure a top ten rider in the making? I know of three young adults who were fed more than 30 years ago at the Tevis Cup Ride vet stops. Two are stellar crew members (breed your own crew and start them young!), and the third is an AERC director. It clearly did them no harm, and it enabled the mothers to channel their inner pioneer women for a day.

When I was raising children my horses were boarded out, I had to drive for an hour to get to worthwhile conditioning trails, and no one else in the family was interested. Luckily for me, however, because my parents were actively competing, I would usually get to ride one of their horses in a few rides annually. But, still, except for those few rides, taking a break from endurance

sounds easier than it was. The problem with addiction is that withdrawal is very painful. I had to find a substitute drug that didn't take as much time away from my family, so I chose running. It satisfied my need to set goals and condition for them, and it allowed me to savor that indescribable feeling of mellow fatigue and satisfaction after a job well done. However, unlike endurance riding, I could start training right out my front door, I could do it before the children got up, and I could go to a Saturday race and be home that same day to return to my maternal duties without guilt. Also, no time and energy were spent packing, hooking up the trailer or all the other prep and after care needed for the horse. And, best of all, even when I was lame at the finish line, I could still complete the race!

Remember that most people won't understand why you enjoy Endurance Riding, much less why you are compulsive about it. Two very scary words to the Endurance junkie are weddings and graduations. Why do they always fall on the weekends you were hoping to go to one of your favorite rides? These celebrations can cause real friction between you, your family, and closest friends. The best way to avoid this is to be proactive. Check the academic calendars online for those graduations you must attend. At least you will know well in advance that you might have to sacrifice a beloved ride one year. And for the big rides that mean so much to you, I suggest you share those dates with those whom you dare not offend well ahead of the ride date. If it's a graduation or other event that can't be controlled by you, that's one thing. But if it's something being scheduled by a host or hostess, you may have a little negotiating power. Many rides are held on the same weekend each year and others publish their future dates. Don't let a large formal envelope, with a little reply envelope inside, take you by surprise!

One of life's cruel little tricks is that by the time a person actually accumulates some money and has more spare time, he/she finds that health, energy and youth are declining rapidly. Injuries plague most of us because our sport is risky, and accidents, of course, can happen at any age. But with slowing reflexes and weaker muscles, the older rider learns that bad things can turn into very bad things more often. Safety gear is an individual choice. I don't like it. I long for the freedom of galloping in a tank top, wind flowing in my hair, soaring straight to the heavens on my Pegasus. Instead, my dermatologist has chastised me so much that I have promised to wear long sleeves. I started riding with a helmet when my first child was born. That was very responsible of me, I felt, but I also decided if I were going to lose brain cells, I'd rather lose them drinking fine, or



not-so-fine, wine than by clobbering my head on granite. So the helmet and long sleeves are de rigueur for this rider. The safety vest is a slightly different story. It was a gift from someone who loves me, and although I don't like wearing it, I usually put it on. I can tell that those riders with broken or cracked ribs aren't usually happy, and, if they are, they don't dare laugh because it hurts too much. They are also missing out on some good riding days while they heal. I cheat a bit in very hot weather and replace the safety vest with a cooling vest, which I hope is still better than nothing. I usually ride in trail running

shoes, so I never consider stirrups without covers. There may be a certain romanticism about charging to the grave atop a gallant horse, but being dragged to the grave with a foot caught in a stirrup while Demon runs for his life doesn't conjure up the same feeling somehow.

It has been said that growing old is not for sissies. I believe that Endurance Riders never grow old;

some of them just need a little extra help with mounting and trot-outs. Our sport has had a number of successful Endurance Riders continue on despite advancing years. I don't think this is simply because they have become addled as a result of too many unplanned dismounts. Rather, it may be an accurate indicator of the grip the sport has on so many of us. My father rode Endurance Rides into his mid-80's. Basically fit and healthy, he accumulated 14,200 endurance miles, sprinkled with wins and BC's, during a career that started when he was 58 and ended with a 50 miler when he was 84 years old. While he wasn't particularly passionate about the horses, he enjoyed the new trails and the interesting people he met through the sport. I can recall him sitting in a camp chair, quenching a 50 mile thirst with a beer after finishing a hot summer's ride, and seeming to be very pleased and content. As I, too, glowed with the good feelings of a wonderful day on the trail, I remarked, "Dad, you seem to be so happy." His immediate and honest response was, "Well, yes, I'm off the horse."

Our sport's title of Endurance refers to the horse, not the rider, but for the most senior among us, there has to be a strong will to persevere out there, mile after mile. The incredible Jim Steere became the first person to finish the Tevis Cup Ride as an 80 year old. I think we all tipped our helmets to him after that accomplishment. Financier and billionaire Warren Hellman was one of

San Francisco's most generous philanthropists. Well-educated and an activist, he served on many foundations and corporate boards in the city, sharing his ideas, knowledge, and wealth to create a better San Francisco. Warren was also an Ultra-Runner, Endurance Rider, and avid Ride and Tie competitor. The last time I saw him was a few months before he passed away from leukemia. It was a foggy dawn at the Shine and Shine Only Ride, high above Silicon Valley, and I witnessed a frail and ill human being, with a great heart and spirit, mount up for his final



AERC Ride. I was very moved by what I saw. In spite of his increasing infirmity, he still couldn't quit Endurance. Just like Jim Steere, the discomfort of riding and the indignity of being helped by others meant nothing compared to the joy he knew out there on the trail and that same satisfaction we all savor after a job well done with a special horse. The Universe noticed that day, too, because Warren went home in the evening with a 4th place finish and a Best Conditioned award in the 25 Mile Ride. These three men are deeply missed by those who loved them and many who knew them. Perhaps their desire trumped their common sense, but it leaves the rest of us with great inspiration.

If you are hooked on Endurance, don't wait for the perfect time in your life to ride. That time will never come; it doesn't exist. Whether you are 18 or 81, you will find other demands on your hours, money, and energy. So do it now. Endurance Riders are a very big-hearted group. We show strong support for one another in victory and when things go wrong. We are constantly learning as individuals and as a group. We are bonded by our appreciation and respect for our horses and our trails. And...we just don't know how to quit.

Add more years to your life, more life to your years. Ride a horse. Really Ride.

Remembering those who have gone on...

Bob Waugh

March 1, 1934 – November 11, 2021

For those of us who are long time participants in NATRC, we remember Bob Waugh as the smiling, cheerful, always willing to help husband of Karel Waugh and a long time NATRC member, competitor and volunteer

The Waughs lived in the Santa Cruz mountains and besides NATRC were active members of Summitt Riders. He competed in barrel racing and poles as well as distance riding.



At rides, helping around camp, helping other competitors, helping in the camp kitchen- there was no job too small or too large that Bob wouldn't help with. Those of you who have managed rides, clinics, conventions know how wonderful it is to have someone around you can trust to follow through on an assigned task and is always willing to take on more when needed. He was a tireless worker.

Bob's kind soul will be missed in our organization. For those of you who didn't have the honor to know him, you missed out on a really great guy. A celebration of Bob's life was held on January 22, 2022

Submitted by Linda Thomason with the help of Eric Waugh.

~~~~~

Submitted by Maryben Stover:

Saw in the paper this morning that **Karen Dockendorf** passed away on January 7. Karen and her husband, Dick, were long-time members of Quicksilver.

From her Obituary:

Karen led a very active life well into her 80's. She was an involved Mother, sold Avon for over 40 years, and was an avid horseback rider. After moving to Plymouth, CA. in 1992, she raised four horses, a dog, and many feral cats on five acres. She had a loving spirit, a personality that attracted many friends and an infectious, unique laugh. She was predeceased by her husband Richard in 2008. She leaves behind her five children, ten grandchildren and ten great-grandchildren. A celebration of Karen's life will be held at a later date.

Please visit the Trident Society website:

<https://obituaries.tridentsociety.com/obituaries/roseville-ca/karen-dockendorf-10527663>





## Almaden Quicksilver Park Ride report

Submitted by Carolyn Tucker

Quicksilver Riders, Elisabet, Elaine, Shannon and Carolyn rode a Beautiful Sunny ride at Almaden Quicksilver Park on Friday 1/28. Mockingbird entrance.



If you haven't been there, the Mockingbird parking lot is free, big, with plenty of space for quite a few rigs and cars and nice bathrooms. Maps are available at the trail entrance.

The trails are fairly well maintained, although we noticed that they are getting a little rockier than they used to be... something to think about if your horse is barefoot.

We started up the Hacienda Trail, got around or over a downed tree and continued to the Randol Trail, a



beautiful tree lined trail to the Great Eastern trail. We made a left turn and went uphill to Mine Hill trail, and then a left turn to the Bull Run water stop. The views from there are just amazing... great place for a picnic!



There were a lot of beautiful white wildflowers on Great Eastern!

We then continued down Minehill to Hacienda and back down to the Mockingbird parking..



The Buckeye trees new baby leaves were Amazing!



About a 3hrs ride, mostly walking with some trotting and just enjoying the scenery! Beautiful Ride! There were quite a few people out enjoying the day and seemed happy to see the horses there.

Get out there and ride if you can!



*Helpful tips for your consideration...*

Avoid skunks, but if you or your pet fail....

★ HOW TO GET RID OF ★  
**SKUNK SMELL**

DID A SKUNK SPRAY YOUR DOG, CAR, HOUSE, OR EVEN YOU?  
HERE'S HOW TO COMPLETELY ELIMINATE THE ODOR!

**THESE TACTICS WILL NOT WORK VERY WELL:**



Bath in tomato juice



Spray with lemon or orange citrus



Masking agents like perfume or Fabreze

↓ **HERE IS THE SECRET RECIPE THAT WORKS** ↓

**1 QUART**

3 percent hydrogen peroxide



**1/4 CUP**

baking soda (sodium bicarbonate)



**1 TEASPOON**

liquid soap or dish detergent



Mix these together and bathe ("shampoo" in or rub down) the spray victim thoroughly.



Be sure to use this mixture immediately after it is created, as it is unstable.



Let sit for five minutes and rinse with tap water afterward, and repeat if necessary.



For spray in the eyes, flush with water as soon as possible.

**YOUR DOG (OR YOU) WILL NOW BE ODOR FREE!  
SO LONG, SKUNK SMELL!**

When there is lighting, always smile!

On a thundering rainy day, Mom went to pick her six year son from school thinking that he will fear lightning. But she found him smiling at the sky for every lightning.. She asks, "Why are you smiling..?" Son : "God is taking my Pictures & I need to look good.."

Life is simple. we complicate it. 😊😊

*It might sound obvious, but a pint of water before bed after a big night avoids a clanger of a hanger.*

*Always have dessert!!!*

Listen to the albums you loved as a teenager.

Julie Suhr says: When driving to the feed store, **always** remember to get the shopping list from your horses!!



**Always hire a unicorn to clear the snow in front of your house...**



## Quicksilver Endurance Riders (QSER) Club January 19, 2022 Board Meeting Minutes

The Board meeting was held via Zoom on January 19, 2022, beginning at 7:11 p.m.

In Attendance: Jill Kilty-Newburn,(facilitating transition), Jerry Wittinauer, Nick Warhol, Elaine Elbizri, Margaret Hastings and Maryben Stover. Mary Anderson re: banquet.

➤ New Board Member Elections:

- The Board members who were present voted unanimously to elect the following members as officers of the Club:
  - President – Jerry Wittinauer
  - Vice President – Elaine El-Bizri
  - Secretary – Margaret Hastings
  - Treasurer – Nick Warhol
- Committees/Other.
  - Maryben Stover – Goodwill and Membership
  - Carolyn Tucker – Trails Report
  - Nick Warhol – Website and membership
  - Elisabet Hiatt - Newsletter

- Jill turned the meeting over to new president, Jerry.

➤ Review of Committees/Reports:

- Newsletter – President's message to be submitted to Elisabet by the 20<sup>th</sup>-25<sup>th</sup> of the month for the newsletter. Elisabet always looking for news/articles/photos from members.
- Website – Nothing new to report.
- Trails – With dry weather trails are looking good.
- Membership – Nick now handles primarily through the website. Maryben to assist with follow-up to members who have not yet renewed (approximately 40). Elaine suggested instituting a system of outreach to new members and also noting their interests with respect to the club and availability for club functions in the membership database. There are a number of active local endurance riders that are not members and Jerry offered to provide Elaine with a list for outreach to join QSER. Mary Anderson suggested membership forms be included in the Quicksilver Ride packets and actively promote club at the ride.
- Goodwill – A card was sent to Nick and Judy whose Mother passed away. Card also sent to Sandy Parker Jones who lost her horse.
- Financial – Nothing significant to report.
- Ride Committee Reports
  - Jerry says that his proposal to SCCo Parks for upgrades at Coyote Lake-Harvey Bear Ranch (our Quicksilver Ride Camp area ) were received positively. The dialogue is now open with Parks and he will continue to pursue this with them. He is optimistic about the possibility of them adding water piping and electrical service.
  - We need to encourage our membership to volunteer at the ride. More club volunteers are needed.
  - Jerry pointed out that Western Saddlery and Feed Store in Pleasanton has been very generous with donations for our ride. Nick also noted that they provided items for his Intro to Endurance Clinic this past Fall. Jerry is reaching out to them and other horse businesses about sponsoring our ride T-shirts.
  - Nick noted that the annual Quicksilver Ride is the main source of revenue for the club.
  - Jill reported that the Club's involvement with the Fireworks ride in Santa Cruz is to provide a point of contact from our club and volunteers. Jill has been the contact the past few years.

➤ Old Business:

- Trailer/Storage Unit discussion deferred until next meeting.
- Upgrade at Harvey Bear – discussed under Ride Committee Reports.

➤ New Business:

- Mary Anderson reported on numbers for the awards banquet on February 12<sup>th</sup> at Westside Grill in Gilroy. We are very close to the required number of dinners the club must guarantee to the restaurant. The Board decided to proceed with the banquet as planned.
- Club quarter page ad in the Tevis Forum was discussed. Jerry motioned, Margaret seconded and the Board voted unanimously to again purchase a quarter page ad in the annual Tevis Forum.
- The Board meeting schedule will continue on the third Wednesday of the month via Zoom. The next meeting will be at 7p.m. on February 16<sup>th</sup>.
- The meeting was adjourned at 8:29 p.m.

### Trea\$urer'\$ report:

General Account Balance: **\$11,380**

Trails account Balance: **\$1,075**





## *Birthdays and other announcements*



**Becky Hart 2/12, Chuck Kessinger & Maryben Stover, 2/26**

**A note on birthdays:** I don't have a complete list of Quicksilver member's birth dates. If you feel inclined (and don't mind having your birthday date published), please send me a note. I don't want the year, just the month and day. Thanks! Eijsabet

## *Market Place*

### **HORSE BOARDING FACILITY**

20535 Rome Drive, San Jose, California.  
Stalls: \$350.00, pasture \$280.00, fed twice a day high-quality orchard-alfalfa mix hay.  
96' X 48' uncovered outdoor arena. We clean. Shavings available. 1.25 miles to entrance to the Quicksilver County Park (3600 acres and 19.2 miles of manicured trails). I provide my trailer for use to boarders. **Trilby – (408) 997-7500**

### **CENTERED RIDING® LESSONS**

Help your horse use him/herself effectively while going down the trail. Take the stress out of your body and your horse's body. Find out how to have a better seat and make your horse more comfortable.  
Centered Riding® lessons available with Level 3 Centered Riding instructor. Clinics available upon request. **Becky Hart (408) 425-5860**

**Books by Julie Suhr --- Ten Feet Tall, Still and ...but it wasn't the horse's fault!** are available for sale. All proceeds go to AERC Trails Fund and Center for Equine Health at UC Davis. Please contact Julie Suhr at: **(831) 335-5933**

**Books by Lori Oleson --- Enduring Memories and Endurance... Years Gone By** are available for sale. Re-live the adventures that tell the stories of horses and riders who made their way down the trail in the 1960s through the 1990's. Books are available by contacting Lori at **(408) 710-5651** or [lorioleson@alumni.cpp.edu](mailto:lorioleson@alumni.cpp.edu)

**From Trilby:** Part time job available feeding and cleaning. at horse stable. A couple of hours in the am and about half hour in pm. You can keep your regular day job. \$350 a week. There is a trailer for rent on property if you want to live there. 12 horses. Call 408-997-7500

Hi Everyone,

I bought these from Stateline tack for \$139.00 and decided they are not for me - I am just too short. But they are very comfy - I have not worn them at all they are in brand new packaging. it will cost me \$50 to return them so I'm seeing if anyone would like to buy them from me for \$130.00 and we can arrange to meet in person so you can have them. They are a size 7. I have wide feet and they seemed fine. The leg part is also roomy if you have ample calves. Please pass this on if you know anyone who would be interested. **Judith Ogus**  
judith@randomarts.biz



\*\*\*\*\*

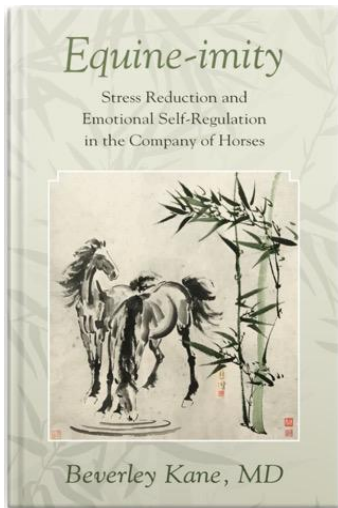
### For Sale:

Lance Camper 9'10" - Hardly Used!  
Onan Generator used only 44hrs  
Electric Jacks, Roof Resealed 2019  
Full Refrigerator Serviced 2019  
New Vents & Blinds 2019  
All Maintenance Receipts Available  
Micro Wave and Gas Stove/Oven  
Air Conditioner  
Large Pantry and Clothes Closet

JDPower BluBook - \$11,800.00  
Asking \$ 10,000.00 or Best Offer  
Carolyn Tucker - 408 612-6846 cell







New book by Dr. Beverley Kane

***Equine-imity—Stress Reduction and Emotional Self-Regulation in the Company of Horses*** by Beverley Kane, MD

*Equine-imity* teaches moving meditation in the form of qigong, a tai chi-like practice, with, and optionally on, horses. Based on our Stanford program of the same name. Written with non-equestrians in mind. Share your love of horses with friends and family! Purchase paperback or e-book on Amazon and other outlets. Learn more and download free Introduction at <http://equine-imity.com>

***Illustrations by Judith Ogus***

**From Judy Etheridge:** I am looking for a short, smooth, safe and sound horse. Julie Suhr described such a horse some time ago so here I am, too. Hard to find in the Bay area it would seem. Please contact Judy at: [misxfire@gmail.com](mailto:misxfire@gmail.com)



***More famous Movie Horses...***



**Tony:** Tony was known as the first “Wonder Horse.” He performed spectacular tricks that left audiences in awe. Tony appeared in many films alongside **Tom Mix**, and was the first horse to receive equal billing with a human costar.



**Champion** the Wonder Horse was the on-screen companion of singing cowboy **Gene Autry** in 79 films between 1935 and 1952, and 91 television episodes of *The Gene Autry Show* between 1950 and 1955. In addition, Champion starred in 26 episodes of his own television series *The Adventure of Champion* in 1955 and 1956. Throughout these years, Autry used three horses to portray "Champion": the original Champion who appeared in Autry films from 1935 to 1942, Champion Jr. who appeared in Autry films from 1946 to 1950, and Television Champion, who appeared in Autry's films from 1950 to 1953, and in the television series during the 1950s

# IT'S NEVER TOO LATE TO JOIN THE QUICKSILVER RIDERS!!!!

**Club Mission** - Quicksilver exists to promote the sport of endurance riding by conducting endurance rides and advocating for equestrian trails. It seeks to provide a model for the highest level of sportsmanship and horsemanship within the context of this sport. It supports and provides educational events and leadership in each of these areas.

FIRST: We need your name \_\_\_\_\_

And then your address \_\_\_\_\_

And your phone number and e-mail \_\_\_\_\_

And then we need your money! Senior membership is \$ 30 \_\_\_\_\_

Junior membership is \$ 20 \_\_\_\_\_

(a junior is under 16 years of age)

Family Membership is \$45 \_\_\_\_\_

Mailed Quips (paper copy) \$20 \_\_\_\_\_

Total enclosed \$ \_\_\_\_\_

You can go to our website at : [www.qser.net](http://www.qser.net) to join, OR send a check made out to: **Quicksilver Endurance Riders, Inc.** to: Nick Warhol, 3664 Old Quarry Road, Hayward CA 94541

**THANK YOU!!**

