



Quicksilver Quips

December 2022

*Happy, merry,
joyful and fun
everything!!*



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Officers

2022 Board members are

Jerry Wittenauer - President
Elaine El-Bizri - VP
Nick Warhol, Treasurer
Margaret Hastings, Secretary
Carloyn Tucker - Board
Maryben Stover - Board
Vacant - Board

Newsletter Editor

Elisabet Hiatt lazo@ucsc.edu

QSER on the Web:
<http://www.qser.net/>

President's Message

Shorter days . . . still great trail conditions . . . and plenty going on with the club!

- At our November Board meeting we introduced three new board members: Rachel Miura, Magda Bartilsson, and Brian Reeves. All are active in our sport and will contribute greatly to our activities in 2023. Welcome aboard! Taking a brief (we hope) break from the Board after years of dedicated service are Margaret Hastings and Maryben Stover – thank you for the great discussions and strong guiding hands over the past year!
- Details are starting to firm up now for our Annual Club Banquet. Once again, Mary Anderson is taking the lead to find a venue, create a program for the evening, and serve as our master of ceremonies. This year's Banquet will be held 4 Feb from 5:00 to 9:00 at the Westside Grill in Gilroy – mark your calendars – save the date! You can count on additional notifications – our “commit date” to the West Side Grill for reservations is 20 January. (Reservations can be secured now through a link on our QSER home page.)
- Lori Oleson offers to lead the charge one final time for our annual membership directory / scrapbook. Please get your “highlight pic” and a sentence or two on your 2022 highlights to Lori ASAP so that she can do the necessary preps (lorioleson@alumni.cpp.edu).
- QSER Membership Renewal – **Chance to WIN BIG!** Once again, a \$50 gift card will be awarded as a raffle prize from those names that renew for 2023 by 31 December. Please renew today – \$50 buys a lotta carrots for your best friend(s)!
- For those planning to attend the AERC Convention in Jacksonville (23/24 Feb), the QS Club will once again host a cocktail reception on the Thursday at the convention venue . . . details to follow . . . plan to attend!

Thanks for your support to our Club and this great sport of Endurance!

Jerry Wittenauer, 30 Nov 2022

LAST REMINDER!!!!

THE QS DIRECTORY IS IN NEED OF MORE PICTURES OF YOUR ADVENTURES OVER THE PAST YEAR. PLEASE SUBMIT THEM TO LORI OLESON (LORIOLESON@ALUMNI.CPP.EDU) BY DECEMBER 31.

Hi everyone- I added the **2021 club directory** to the “members only” page on the web site.
From the web site click on the “Members only” button.
The secret word to get in is: juliesuhr
There is a button to download the directory in PDF format.
If anyone has any content, or any ideas for what they would like to see on the website please let me know.

Thanks
Nick

2023 QSER Club Calendar

18 Jan - Election of 2023 Officers
4 Feb QSER Banquet
23/24 Feb AERC Convention (Jacksonville)
8 Jul QS Support to Fireworks Ride
11 Jul “Go Live” for QS Ride Entries
29 Jul QS Support to Tevis Cup – Finish Line Team

xx Aug QS Camping at Santa Cruz Horsemen’s
10 Sep Kick-off Board Search Committee.
30 Sept QS Fall Classic Endurance Ride
15 Nov All Awards Nominations Due
18 Jan Election of 2024 Officers

ANNOUNCING the three new members of the Quicksilver board!!!!

Brian Reeves, Magda Bartilsson and Rachel Muira.

More information about them on pages below.

Congratulations and THANK YOU for stepping up to help the club!

Hear, hear!!!

QSER member **Janice Frazier** has recently been appointed to the Santa Clara County (SCC) Animal Advisory Commission, a SCC Board of Supervisor appointed 7-member commission to help with guiding humane and responsible animal ownership and animal control within the county. Janice was recommended by the director of the SCC animal shelter to apply, due to her long commitment to animal rescue in the community.

These are some of the duties she will be responsible for:

1) To aid in coordinating and promoting pet population control measures; 2) To work with the County Office of Education on curriculum for humane education and responsible pet ownership in the schools as required by California state law; 3) To investigate and find alternative ways of achieving an animal shelter at minimum cost to the taxpayers; 4) To make suggestions to the staff of the Public Services Department to strengthen the county animal control program; 5) To serve as an information and referral source on animals by working with the public and private animal welfare groups; 6) To educate the public about the seriousness of the animal control problem; 7) To advise the Board of Supervisors on any matters concerning animal control.

Congratulations, Janice! We know you will do a great job!

JUST FOR FUN...

Courage is knowing it might hurt, and doing it anyway.

Stupidity is the same.

And that's why life is hard.

Jeremy Goldberg

Don't trip over what's behind you...



From Julie Suhr:

In the November QQ **Dana Adams** is quoted as saying she really enjoyed the Endurance Clinic but would have liked more on Trailer Backing. I have had a fool proof, never fail system for a good many years:

Just drive into camp, any old place. Then, while acting confused, just sort of drive in reverse a little ways while sticking your head out the window. It helps if you have really gray hair. Some nice guy will come running up saying "Can I help you" while thinking "OMG, she is going to back into my camper and my horse." You move over on the seat and let him in. He takes charge and we end up nicely parked, which always seems to be at the other end of camp from his horse and trailer set up for some reason. Problem solved, Dana.

Which goes to prove that age and treachery will always overcome youth and skill - Elisabet



Bats locate their food using sound



LIVE A LIFE THAT YOU DON'T NEED TO TAKE A VACATION FROM.
BESIDES, YOU'RE INTO HORSES SO YOU CAN'T AFFORD TO GO ON VACATION ANYWAY.

Being on a horse puts you a little closer to heaven.



Being bucked off does the same thing.

WHY I HATED MATH IN SCHOOL:

In Class: $5 + 5 = 10$

Homework: $734 + 555 - 432/69 = ?$

Test: With 2 sheep flying, one yellow and the other headed right, how much does a pound of asphalt cost, given that the cow is 10 years old?

.... can you blame me???

Christmas Rules:

1. Don't go into debt trying to show people how much you love them.
2. Don't go home to see family if it damages your mental health.
3. If someone comments on your weight, eat them.

Introducing new Board Member Rachel Miura:

I was born and raised in Placerville, CA and became involved with horses through 4-H and Pony Club.

Living in the Bay Area during my adult years I rode off and on, and started getting back into more serious riding in 2018 by taking lessons and leasing. I also rode with Bay Area Ridge Riders from 2013 - 2020, which introduced me into the many amazing local parks, preserves, and trails we have access to. In 2020 I made the leap and bought an Arab gelding, Theodore the Wonder Horse, who I share with my 11 year old daughter Brynn. Since then Theo and I have partnered to learn the multi-faceted sport of endurance riding. It's been a great journey so far - we've had a ton of fun, learned loads, and met many amazing people and horses along the way. I look forward to what the future holds, continuing to learn and contribute to the sport of endurance riding whenever I can.



Rachel and Theodore at the 2022 Cuneo Creek Ride

Introducing new Board Member Magdalena Bartilsson:



Magda and Jacob

From Sweden originally, I have now been in California for 30 years. Although I grew up with horses, for many years I was focused on education, marriage, my career in biotech, raising two sons, and had very little time with horses.

That changed when I bought Jacob my sweet, black Morgan horse, who I still have, and now is 24 years old. On his back I got to explore trails all over the peninsula and Santa Cruz mountains. I thought that more people should be able to enjoy this, so I started a trail riding club called Bay Area Ridge Riders. This is still my day job, and I take out mainly experienced riders on guided trail rides, coach endurance riding, and give riding lessons.

I love the sport of endurance and I am very much looking forward to my new role in the Quicksilver endurance club.

Introducing new Board Member Brian Reeves:

I am married with a great wife and son. I started in endurance in 1989, and my wife and I became members of QSER in 1990. I have been a past President, Vice-President, and a member of the board, some several times.

I have managed the Quicksilver Fall Classic Endurance Ride 10 or 12 years in total, and continue putting on rides every year, most notably the 20 Mule Team 100/65/35 ride.

I have been given the honor by the club of receiving the Eleanor Norton Award, and being inducted into the QSER Hall of Fame. I have crewed, ridden, worked, and managed rides (both domestic and international) and will continue doing so to further the sport as long as I am able.

For those I have not yet met, I look forward to meeting you.

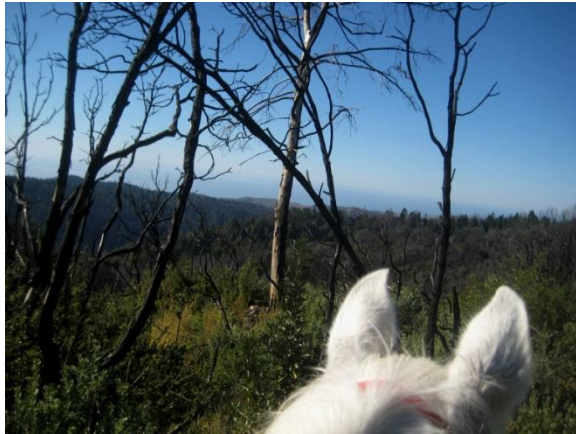


San Vicente Redwoods Sneak Peek Ride

by E Hiatt

On 11/18 Alicia Stanton and I attended the limited grand opening of the San Vicente Redwoods, which is being managed by a partnership between the Land Trust of Santa Cruz County, Peninsula Open Space Trust, Sempervirens Fund, and Save the Redwoods League. It is an 8,500 acre parcel that has not been accessible to the public up until now. The official grand opening is scheduled for December 3rd, 2022.

It's not often that we get to ride a trail that has *never* been ridden by anyone else! Today, Tango and I put the very first horse hoof indentations on a new, pristine trail... something I never experienced before and pretty cool and exciting! Alicia, riding Sparkie, added their own behind us. It was really special!



The trails were absolutely lovely! We hit pretty much every single one and got about 7 miles. It was a little hazy, but on a clear day the views of the ocean will be magnificent. We saw a lot of people still working on the trails and everyone seemed to be happy to see us using them. We were told that eventually, they will expand the trails all the way to Davenport!

We rode through many areas that were burned during the CZU fire 2 years ago, and are slowly recovering.

There is a lot of low vegetation growing which seems to be thriving. I think the redwoods are the ones who fared the best, as they are shooting new branches with gusto. Unfortunately, we also saw lots of dead oaks, pines and madrones that obviously could not tolerate the fire as well. This made most of the trails an interesting contrast of vibrant green among blackened dead trees... a bit "goth" but with a much more colorful background!

Dogs (on leash and on certain trails only) and bikes will be allowed.

The parking lot is not very big, but there were about 10 rigs of various sizes parked there and they all fit fine. Access to the lot is on Empire Grade Rd. about 15 miles north of Santa Cruz. For more information, visit their website: <https://www.landtrustsantacruz.org/svr/>



JUST A THOUGHT: BEING CREMATED IS MY LAST CHANCE OF HAVING A SMOKING HOT BODY!!

Ride Report: Barefoot in New Mexico Ride (Nov 20/21 Alamogordo NM) By Jerry Wittenauer

Headed for the “Barefoot in New Mexico” Endurance Ride, CARLOS and I took the 3-day drive to the Chihuahuan Desert (near Alamogordo) – North America’s largest desert.

Bounded on the east and west by the Sacramento Mountains and the White Sands Nat’l Park, our ride camp was situated in the Tularosa Basin, a mostly flat desert scape, densely populated with Creosote and Mesquite bushes, and the occasional dry wash. And plenty of desert grasses that provide sustenance to CARLOS at ride camp and on the course!

We completed 2 days of riding, 50 miles each day . . . here are some of the images: Saddling up at 6:00 am each day with 20F temperatures (yeah – frozen water buckets, horse cringing when you take off his blanket to saddle up) . . . starting down the trail just as dawn breaks . . . white frost frozen on CARLOS’ whiskers until maybe 90 minutes into the ride – I wish I had a picture of this – very memorable . . . a completely flat ride – our first in seven years of this sport, It was hard to hold him at a sane pace at the start each day . . . CARLOS had his 8 mph “floating trot” with a 110 heart rate going really well, I had no concerns about over-doing it . . . mesquite bushes – huge thorns on stiff branches, we both learned to avoid these . . . miles and miles of deep sand where we only proceeded at a walk, we don’t train in sand like this and I took great care not to trash my guy .

On both days, I took off CARLOS’ bit at the ½ way mark and rode him in just his rope halter – he is very manageable in this set-up . . . finished both days with “plenty of horse” owing both to CARLOS’ fitness in this great riding season we’ve had and also to all the walking we did in the sand during the day.

These were “true 50’s” with my Garmin watch measuring 49.5 miles on day 1, and 52.5 miles on day 2.



This ride presented two big challenges for us: the cold and the amount of loose sand. This was our first trip that was cold enough that I kept Carlos blanketed even in the trailer. I kept a watch during the drive for the outside temps to get above 40F, then I would pull over and open up the trailer windows for ventilation and remove his blanket. There were days when we drove for hours and hours with temperatures below 20F, and I never once had to see Carlos shivering cold or sweating from too much blanket – so I think I had it just right.

Ride camp was cold, but no different than we’ve been exposed to at Fire Mountain or 20 Mule Team.

I keep his Equipedic Pad in my heated trailer overnight, and we start our ride with a rump rug each day.

The amount of loose sand had me worried – miles and miles of sand dune / 8-inch deep / loose-dry-sand. There were horses at this ride that cantered through the sand the whole day and finished 4 hrs ahead of us!

I talked to the owners, and they explained that their horses live in the sand, and all of their training is in the sand, so they had full confidence in their horse's ability to ride hard with this footing. Carlos & I walked when we got to this type of footing, and fell way behind the local riders! I checked each day for hind limb swelling to give myself some assurance that we were OK.



Between the cold and the sand, I think we both came away stronger, and I feel well-prepared for the events in Ridgecrest coming up in early 2023.

A shout-out to Marcelle and Bill Hughes for hosting this event at their ranch. The course was well-marked, plenty of water, and the routes we rode were “pristine desert” – no trash!

Everything about the event came off without a flaw, and I'm coming home with some great memories!

Announcement from Jo Barrett:

Hi People:

This is an F.Y.I., for those of you who may have used Sam's Downtown Feed in the past. I know I did when I had my property up in the Santa Cruz Mountains.

I have been in the habit of attending Doc's appointments on Lincoln Ave, and noticed that Sam's property appeared to be closed, so I made enquiries and discovered Sam is at a Rehab Facility in Los Gatos. I will add the info at the end of this message.

I don't have any further info about him, but I am planning to make a visit there next/this week - if he is still at that location and fit and able to accept visitors.

So, if you want to contact him, try Stonebrook Health & Rehabilitation, 350 De Soto Dr, Los Gatos, CA 95032, Rm 12B, Telephone (408) 356 9151

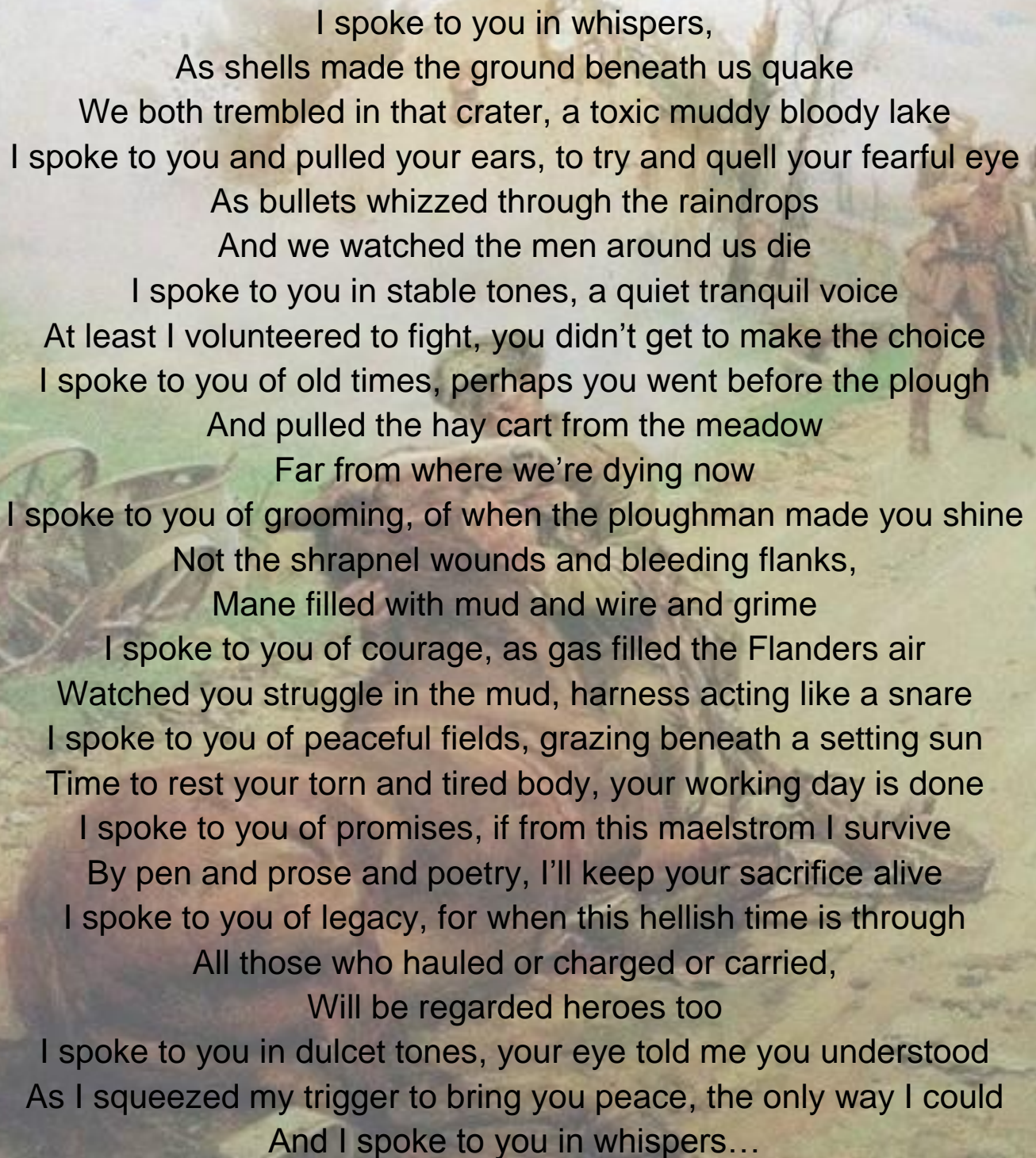
Walk, anyone...?

The longest road in the world to walk, is from Cape Town (South Africa) to Magadan (Russia). No need for planes or boats, there are bridges.

It's a 22,387 kilometers (13911 miles) and it takes 4,492 hours to travel. It would be 187 days walking nonstop, or 561 days walking 8 hours a day. Along the route, you pass through 17 countries, six time zones and all seasons of the year.

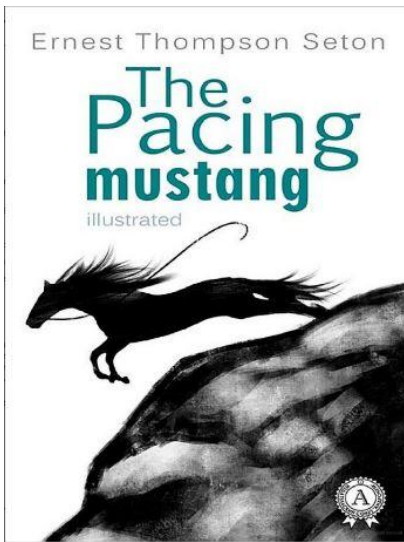


I Spoke to You - Neil Andrew



I spoke to you in whispers,
As shells made the ground beneath us quake
We both trembled in that crater, a toxic muddy bloody lake
I spoke to you and pulled your ears, to try and quell your fearful eye
As bullets whizzed through the raindrops
And we watched the men around us die
I spoke to you in stable tones, a quiet tranquil voice
At least I volunteered to fight, you didn't get to make the choice
I spoke to you of old times, perhaps you went before the plough
And pulled the hay cart from the meadow
Far from where we're dying now
I spoke to you of grooming, of when the ploughman made you shine
Not the shrapnel wounds and bleeding flanks,
Mane filled with mud and wire and grime
I spoke to you of courage, as gas filled the Flanders air
Watched you struggle in the mud, harness acting like a snare
I spoke to you of peaceful fields, grazing beneath a setting sun
Time to rest your torn and tired body, your working day is done
I spoke to you of promises, if from this maelstrom I survive
By pen and prose and poetry, I'll keep your sacrifice alive
I spoke to you of legacy, for when this hellish time is through
All those who hauled or charged or carried,
Will be regarded heroes too
I spoke to you in dulcet tones, your eye told me you understood
As I squeezed my trigger to bring you peace, the only way I could
And I spoke to you in whispers...

November 11th was Veterans day. As we honored those who fought and died for our freedom, I shed a tear for the many animals that were unwilling and innocent participants in the conflict. Lest we forget. Elisabet



Book review by Julie Suhr.

The Pacing Mustang by Ernest Thompson Seton will keep you rooting against the cowboys who tried every known trick of wild horse chasers to capture the pacing mustang. You will learn a lot about wild horses.

However, if you can't stand a good cry, probably better to stay away from this one.

The world is changed by your example, not by your opinion. Paulo Coelho

**** Banquet Information ****

Hi there! The board did agree dinner tickets will be the same cost as last year: \$30 per dinner. Members are welcome to attend even if they are not planning to order dinner just let me know, so I can plan for gifts.

Purchase tickets on line or send a check to:

Mary Anderson
130 Old Ranch Road
Hollister CA 95023
Cell 408-891-8878

Speaking of food... have you heard the Japanese word **Kuchisabishii**? It's specifically used "When you're not hungry, but you eat because your mouth is lonely". Smart folks, the Japanese!

From Beverley Kane: Dear QSER Friends,

Our Webb Ranch Library needs donations of equine- and equestrian-related books, DVDs, and magazines, especially back issues of the San Mateo County Horseman. (Magazines are given away free.)

Genres include, but are not limited to, Riding, Horse Care, Horse Training, General and Natural Horsemanship, Fiction, History, Memoir, Veterinary Medicine, Psychology & Spirituality, Equine-Assisted Learning & Therapy, Breeds.

Please e-mail or txt me to arrange delivery or pick up.

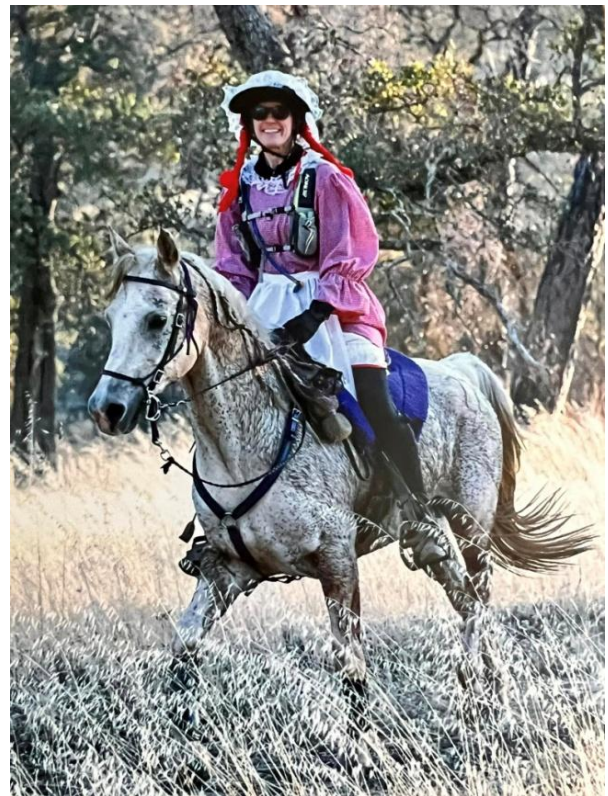
Thank you!
Beverley Kane
650-868-3379
bkane1@stanford.edu

Ride Report: Camp Far West

by Rachel Miura

We had a fun time riding 50's both days at Camp Far West on October 29 & 30. As costumes were encouraged, Saturday we were a knight duo and Sunday I was Raggedy Ann and Theo was my rocking horse!

The CFW ride is flat and fast, Theo was flying (we placed 18th on Saturday and 6th on Sunday)! This year it was dustier than usual because some of the trails had recently been bull dozed into fire breaks. And, it's always exciting to ride right by the active gun range that's on one of the loops! We intermittently rode with others and on our own, and all the riders, vets, and volunteers we crossed paths with were lovely.



DEAR SANTA,
ALL I WANT
IS A FAT
BANK ACCOUNT
& A SKINNY BODY
PLEASE DON'T
MIX IT UP
AGAIN LIKE
LAST YEAR!

CAN HORSES SEE IN THE DARK?



Horses have excellent night vision. On a night lit by a partial moon or stars, horses can see just as well as people can in full daylight.

However, they are not able to easily adjust from light to dark. Horses may shy or spook if lighting is quickly changed and they are not given adequate time to adjust.

Horses require approximately 15 minutes for their vision to adjust when moving between differently lighted environments.

Trail report - Rancho Cañada del Oro

by E. Hiatt

Several weeks ago **Carolyn Tucker** twisted my arm to meet her at the Rancho Cañada del Oro preserve. I had been there a very loooooong time ago and didn't really want to drive that long, narrow road to the parking lot. I guess I'm a much better driver now, because when I finally relented and met her there, it didn't really seem like that big a deal at all... Hmmmm.

Carolyn knows the trails really well and took me on an amazing, scenic and beautiful ride. We explored shaded, well maintained trails (it was hot) and climbed to enjoy amazing vistas of the surrounding areas. I think I may have seen Hawaii at one point... ha!



We came across at least one good water trough, but most of the creeks were dry.

Rancho Cañada del Oro is a 4,823 acre preserve that offers hiking, mountain biking, and horseback riding. I think we saw one or two bikes the whole time we were there... you have to be a pretty hardcore rider to bike those trails.

I believe there are around 12 miles of trails, plus a 0.5-mile Llagas Creek Loop Trail, which is wheelchair accessible. There is plenty of parking for cars and horse trailers, restroom, and picnic tables. Dogs are not allowed.

Unfortunately, they didn't have any trail maps available, so I have NO idea where we went or how we got there.... that's not very helpful, I know!

I can tell you that it's located at the end of Casa Loma Rd, off McKean Rd near Calero (the two parks connect if you are feeling ambitious) The preserve is in the foothills of the Santa Cruz Mountains in South Santa Clara County and the park is open from 7Am to 5:15PM.



Most folks are about as happy as they make up their minds to be. Abraham Lincoln

Ride Report - Sesenta Años

By: S. Thomas, E. Hiatt, & A. Stanton

From Shannon: My annual pilgrimage to Sesenta Años was amazing this year! It's a beautiful ride and can be challenging depending on the route.

My horse Sam has done the ride several times and last year he was a real handful so I discussed with my camping buddies that we might not want to ride together. My husband surprised me by asking if he could come along (he hasn't been to a ride since our son stopped riding with me five or more years ago) and bring his horse Fawkes to do some Duck miles. We arrived on Wednesday to an empty camp, set up and had a chilly evening.

As there was no AERC ride Thursday Ben and I did a 12.5 mile ride in the rolling hills with ample cattle troughs and a few good looking cows. The horses were calm and even though it was more miles than Ben and Fawkes had done in a little while, they looked great. The next morning at the start of the LD, Alicia, Elisabet and I started together with excited but very well behaved ponies! They traveled well together for the whole ride and we finished happy! We went out on Saturday for another 12.5 miles with Ben for a total of 50 miles over three days. We went home Saturday afternoon happy and only a little sore.



From Elisabet: The Sesenta Años Ride was absolutely perfect!! Echo and I had such a good time riding



with friends Alicia and Shannon that the frozen water buckets no longer even register in my mind (well... maybe a little). It was coooold!!! No matter how many blankets I threw on me, I could not go to sleep until I put a wool hat on my head!

Echo and I did one XP 15 or so mile "fun" ride on day 1, and then two XP 25 mile rides back to back. For the first 25, Shannon, Alicia and I rode together and had a blast, but on the second day, for various reasons, I was on my own. I was a little reluctant to go off by myself, but I ended up meeting a very nice lady a few miles down the trail and we rode the rest of the ride together. Our horses were well matched, we had a lot in common and it turned out to be a great, stress free ride!

This is the first time Echo has done back to back rides and I wasn't sure what to expect. I was pleasantly surprised! He was a STAR!!!

The views were awesome, the trails extremely well marked by John Parkes, and there was plenty of water. A few fun surprises like tarantulas, bob cats, coyotes and cute cows here and there were a great addition. I can't wait to go back next year!!!!

Elaine Elbizri drove down with us, but we didn't see much of her out on the trail, as she and Bella were in the top 10 both days and also had a great time. We did share dinner and stories after our rides, though!

From Alicia: Early November is a fabulous time to visit the Lake Cachuma area. Located in the hills just to the north of Santa Barbara, the landscape takes you back to an earlier time when ranches stretched for thousands of acres. This year, the Sesenta Años ride, put on by XP Rides, showed the fortunate participants the best of what this area has to offer. While the nights were frigid (ice on the tops of the water buckets), the days were sunny and mild. Thanks to rains just days previous, the trail footing was perfect, soft, but firm. In most areas, oaks dominated, but the ride also wound through creekside trails shaded by sycamores and alders, showing their beautiful fall colors.



I was fortunate to be camping with several Quicksilver members, Elisabet, Shannon (with intrepid husband, Ben) and Elaine. All horses were well behaved and eager to be out on the trails. John had done an excellent job of trail marking and had explained to us that we had a free rein on choosing both the type of ride (AERC or XP Club) and the duration. On Thursday, we did a medium length "fun" ride, which allowed us to get somewhat familiar with the area. Early on Friday morning, we set off at a controlled walk, in a group that contained both AERC riders and XP Club riders. Our horses, eager to move out, were soon among the leaders, but we kept them far enough back to create a small safe herd. The 25 miles went by swiftly, with mostly relaxed walking, trotting and cantering and no bickering (either among horses or riders)! We returned to camp with smiles on our faces.

My horse, Sparkie, now in his twenties, is not an experienced endurance campaigner, so I was reluctant to do another long ride on Saturday. We checked our map, selected a trail and headed out with Shannon and Ben to enjoy another gorgeous day of exploration. With miles of trails, dramatic variations in terrain and mild Fall weather, this is definitely an area worth a visit.



From The Horse Magazine: How Common are Gastric Ulcers in Horses?

Researchers on published studies have reported:

- 48% of endurance horses had ESGD (Equine Squamous Gastric Disease) in the off season, increasing to 93% during the race season.
- More than 90% of Thoroughbred racehorses in active training have ESGD.
- ESGD prevalence in Warmbloods not in active training was 58%, and older horses had concurrent EGGD (Equine Glandular Gastric Disease). Warmbloods appear to be more at risk for developing EGGD than horses of other breeds.
- EGGD was more prevalent than ESGD in certain populations of horses.
- Even feral horses have EGUS (Equine Gastric Ulcer Syndrome), including up to 30% with EGGD.

Quicksilver Endurance Riders (QSER) Club November 16, 2022 Board Meeting Minutes

The Board meeting was held via Zoom on November 16, 2022. Call to Order by President Jerry Wittenauer at 6:33 p.m. In Attendance: Jerry Wittenauer, Maryben Stover, Nick Warhol, Elaine Elbizri, Carolyn Tucker, Margaret Hastings, Rachel Miura and Brian Reeves.

- Welcome to New Board members for 2023!
 - Rachel Miura, Brian Reeves and Magda Bartilsson
- Review of Committees and Reports:
 - Awards Committee Status
 - Discussion of projected attendance numbers for the 2023 Awards Banquet in February. 28 attended last year and we need to commit to the number of dinners with the restaurant by January 20th. Cost to members will remain the same.
 - Three of the four awards have nominations. Outstanding is Hall of Fame Horse.
 - Yearbook – Lori Oleson has agreed to produce the Club Yearbook one last time. She would like someone to work with her and take it over next year.
 - Club History Status – Elaine reported that she is wrapping this project up and it will be made available to Club members electronically (pdf'd and emailed). The History will be about 25 pages. There was a discussion of potential cost-effective ways to produce a minimal number of hard copies for those who don't have computer access.
- Technical (Website/QUIPS/Other)
 - Nick reported that the cost of the website has gone up to \$252 from \$222 last year. This change will be added to next year's budget.
- Membership (Jerry/Nick/Elaine) One new member last month. So eight people have paid their membership dues for 2023. Nick suggested offering an incentive for early renewal by December 31st – entry in a drawing for a \$50 gift card. The Board agreed. Nick outlined the duties of the Membership position and Rachel agreed to take over the position in 2023.
- Goodwill (Maryben) - Julie Suhr's brother passed away. A card congratulating Barbara White on her appointment as President of the Western States Trail Foundation will be sent.
- Financial – Nick reported that the ride made \$1000.
- Ride Committee Report
 - Jerry has submitted a request to AERC to sanction the 2023 Quicksilver ride for September 30, 2023.
 - Nick is working on GPS for next year's ride.
- Recent and Upcoming Events
 - The December Board Meeting is cancelled.
 - Jerry plans to host "Bar" gathering for Quicksilver Members at the AERC Convention in Jacksonville, FL Thursday February 24, 2023.
 - Election of QSER Board Officers at the next meeting January 18, 2023.
- Trails – Carolyn reported that a new area will be opening up soon near Davenport – "San Vicente." Elisabet will be riding there this week and will report back.
- New Business – Brian Reeves suggested that an individual plaque be given to Club Award winners in addition to their name/horse's name being added to the "Perpetual" Award Trophy. Brian offered to make the plaques if the Club would pay for the small brass label engraved with the award name, year and winner's name. This plaque would be the winner's to keep and the Perpetual Trophy would continue to be passed from Club Award Winners from year to year but ultimately remain with the Club.
- The next Board meeting will be Wednesday, January 18, 2023 at 6:30 p.m. via Zoom.
- The meeting was adjourned at 7:25 p.m.

Margaret Hastings

Treasurer's report:

Checking \$ 10,332
Savings (trails fund) \$1,075
70 paid members through 2022.
1 new member in October
8 members paid through 2023



December Birthdays

Dick Carter 12/6 - Lisa Schneider 12/11



BIRTHDAYS, Y'ALL.... I don't have everyone's birthdays, so how about sending that information to me so we can all wish you a merry, happy and buck free day? Just the day and the month, we don't want to know how old you *really* are! Elisabet

Market Place

HORSE BOARDING FACILITY

20535 Rome Drive, San Jose, California. **Stalls: \$400.00, pasture \$330.00.**

Fed twice a day high-quality orchard-alfalfa mix hay.

96' X 48' uncovered outdoor arena. We clean. Shavings available.

1.25 miles to entrance to the Quicksilver County Park (3600 acres and 19.2 miles of manicured trails).

I provide my trailer for use to boarders.

Trilby – (408) 997-7500

Equine-imity—Stress Reduction and Emotional Self-Regulation in the Company of Horses by Beverley Kane, MD

Equine-imity teaches moving meditation in the form of qigong, a tai chi-like practice, with, and optionally on, horses. Based on our Stanford program of the same name. Written with non-equestrians in mind. Share your love of horses with friends and family! Purchase paperback or e-book on Amazon and other outlets. Learn more and download free Introduction at

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Illustrations by Judith Ogus

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Centered Riding® lessons available with Level 3 Centered Riding instructor. Clinics available upon request. **Becky Hart (408) 425-5860**

Books by Julie Suhr --- Ten Feet Tall, Still and ...but it wasn't the horse's fault! are available for sale. All proceeds go to AERC Trails Fund and Center for Equine Health at UC Davis. Please contact Julie Suhr at:
(831) 335-5933

Books by Lori Oleson --- Enduring Memories and Endurance... Years Gone By are available for sale. Re-live the adventures that tell the stories of horses and riders who made their way down the trail in the 1960s through the 1990's. Books are available by contacting Lori at **(408) 710-5651** or lorioleson@alumni.cpp.edu

From Judith Ogus:

2006 Yamaha Grizzly ATV with 700 cc engine for sale. Fully loaded with front and back racks, 1200 lb winch on front, Cabela hunting bags and one gas and one water tank on back. Has an extended thumb throttle. Entire ATV is coated with rhino coating for rugged use! I just bought this and it is overkill for my needs. 268 Hours. Asking \$5,500 or OBO.

Please PM me if you are interested. Located in San Juan Bautista, CA.



IT'S NEVER TOO LATE TO JOIN THE QUICKSILVER RIDERS!!!!

Club Mission - Quicksilver exists to promote the sport of endurance riding by conducting endurance rides and advocating for equestrian trails. It seeks to provide a model for the highest level of sportsmanship and horsemanship within the context of this sport. It supports and provides educational events and leadership in each of these areas.

FIRST: We need your name _____

And then your address _____

And your phone number and e-mail _____

And then we need your money! Senior membership is \$ 30 _____

Junior membership is \$ 20 _____

(a junior is under 16 years of age)

Family Membership is \$45 _____

Mailed Quips (paper copy) \$20 _____

Total enclosed \$ _____

You can go to our website at : www.qser.net to join, OR send a check made out to: **Quicksilver Endurance Riders, Inc.** to: Nick Warhol, 3664 Old Quarry Road, Hayward CA 94541

THANK YOU!!

