



Quicksilver Quips



April 2024

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Officers

2024 Board members are

Rachel Miura - President

Magda Bartilsonn - VP

Nick Warhol - Treasurer

Elaine Elbizri - Secretary

Jerry Wittenauer - Board

Barbara Harper - Board

Brian Reeves- Board

Newsletter Editor

Elisabet Hiatt lazo@ucsc.edu

QSER on the Web:

<http://www.qser.net/>

Presidents Message

Rachel Miura

March 23, 2024

Greetings QSER Club Members! I hope this note finds you well and enjoying the lovely weather.

Spring is definitely springing, and maybe we'll have some more showers, but trails are drying out and opening up. Yay!

The Club's Board has been busy:

- We've formed the Quicksilver Fall Class Ride Committee and will be ironing out all the details in the coming months. This year's ride will be on Saturday, September 28th. We can't make the ride happen without YOU - either riding or volunteering. I hope you will consider spending the day (or weekend!) with us to help keep one of the last Bay Area endurance rides going!

- We want to hear from YOU on your favorite endurance tack and retailers. Add your input via this survey:

<https://docs.google.com/forms/d/e/1FAIpQLSfgLF8V8CzAtmDyw-uYfCVJ3B05VWxUZsFAu7IHyr-OSXyX9Q/viewform>

We will publish a summarized guide later in the spring.

- The Club is considering hosting a Wilderness First Aid (WFA) and/or an equine first aid class this year. These classes would be geared to endurance/trail riders and taught by horse-savvy instructors or vets. If either of these classes is something you would be interested in attending, please share your input via this survey by Sunday, April 14

Our next Board meeting will be Wednesday, April 17 at 6:30pm, via Zoom. If you'd like to join to share your Club ideas or questions, please let us know via email:

qser-board@googlegroups.com

**Happy Trails,
Rachel Miura, on behalf of the
Quicksilver Endurance Riders Board**

Hi everyone- I added the **2024 club directory** to the “members only” page on the web site.
From the web site click on the “Members only” button.

There is a button to download the directory in PDF format.
If anyone has any content, or any ideas for what they would like to see on the website
please let me know.

Thanks, **Nick**

2024 QSER Club Calendar

17 Jan - Election of 2024 Officers
10 Feb QSER Banquet
23/24 Feb AERC Convention (Jacksonville)
13 July QS Support to Fireworks ride
15 July “Go Live” for QS Ride Entries
20 July QS Support to Tevis Cup – Finish Line Team

Aug? QS Camping at SCCHA
10 Sep Kick-off Board Search Committee.
28 Sept QS Fall Classic Endurance Ride
15 Dec All Awards Nominations Due
15 Jan Election of **2025** Officers

Never fight until you have to. But when it's time to fight,
you fight like you're the third monkey on the ramp of
Noah's Ark... and brother, it's startin' to rain!

*They say it is better to be poor and happy than rich and
miserable, but how about a compromise, like
moderately rich and just moody?*

Upcoming 2024 events:

**Fireworks Ride has been cancelled due to issues
with the river crossing. Not only the crossing itself
is a mess, but the trail leading to it is blocked by
two giant trees that will require big equipment and
serious expertise to remove.
Options for other events are being considered.**

Website and other important updates from Nick and Rachel:

Hi everyone - we're in the process of updating our Club website, and wanted to see if anyone had
any stories and/or photos we could add to the Club History page here:

<https://www.qser.net/club-history>

Also, do you have any ideas for what additional content you'd like to see on the site? Please send
your ideas to Nick: nwarhol@comcast.net and Rachel: r8chlmiura@icloud.com !

2023 Yearbook is out!!

The Yearbook is now on the website!! Lots of photos and, of course, current member's information.

If your mailing address/email or other information has changed in the last year or two and you didn't
make the update, please let Rachel or Nick know so they can ensure they include
the most up-to-date info in the current yearbook online.

AN URGENT MESSAGE FROM JULIE SUHR

Dear Friends: I am looking for someone to live in my downstairs apartment. This is a job of sorts as this person has to be here pretty much full-time, available to check on me a few times a day and for emergencies and the occasional small task.

I also need company for a trip to Scotts Valley on Fridays for shopping and errands. This person will need their own car.

I am not looking for a nurse, but rather someone with good common sense and some strength and agility. I am not looking for a companion – I am independent and self-sufficient in most things.

I can give them all day Wednesday – Thursday morning off, and most of Friday. And their friends would be welcome as long as they are pretty quiet and respectful.

The apartment downstairs is fully furnished and very comfortable. There is a kitchen, bedroom, bath, and a large adjacent room with couches and a television. The apartment has a private entrance. As an added bonus, there are large pastures and shelters, so having your horse(s) there is a possibility. I live on a 300+ acre property with lots of walking trails and great neighbors. I am about 15 minutes from Scotts Valley.

I am fortunate to have found someone to stay with me through Wednesday, March 20th. The start date for this new person is about then, although it can be moved out a week or so. But that is coming up soon and I feel a sense of urgency to address this right now.

The appropriate individual would be well compensated, in addition to having a free apartment and, with approval, room for their horse(s).

If you know someone who fits the bill, please call me at 831-252-5933. If I do not answer the first time, please try again.

I really appreciate any help with this. Julie



What we all dreamt would happen when we were kids...

In Memoriam – Barbara Mc Crary

*“Two people, they sit upon their shaded porch
A respite from the day,
Living history under eaves
There sitting on display.
They looked out on the fields and trees
The land that held their soul
Two people resting from their work,
The young of long ago.
Their clothes stained with this and that
Their gray heads both held high
Memories of a hundred years
Relived there in their eyes.
The wrinkled hands that held the plow
In furrows long and straight
Are hands that cooled a fevered brow
And filled a supper plate.
The lines of life are etched on them
Their lives about complete
Two people rest there in the shade,
A respite from the heat.
Their cradles rocked so long ago
To tunes we’ll never know
Two people rest upon the porch
The young of long ago.”*

(Written by Linda Lee)



When a wonderful friend passes, we all lose something that cannot be replaced except in our memories.
I treasure mine of Barbara McCrary. – Julie Suhr

Barbara and Lud were more than special people. They were what most of us wanted to be “when we grew up”. I first met them as the managers of the Castle Rock ride, back in the 80’s. Castle Rock was my introduction to endurance, and boy, did they spoil us with amazing trails, food, hot showers and friendship!

I was also fortunate enough to be in the Año Nuevo Horse Patrol group with them, and got to experience more of their hospitality. They hosted Horse Patrol meetings, trail rides, pot lucks, BBQs and a lot of first hand history of the entire area. Barbara was always roaming the gatherings to see if anyone needed anything... she seemed to be everywhere all the time. What energy!

When their lovely house in Swanton burned down during the CZU fire, they moved to a trailer on their mill site and lived there while re-building. My husband and I visited them once or twice and we were astounded at their resiliency and “we will rebuild” attitude. I’m really glad they were able to enjoy their new house for a while.

For those of us who were blessed to know and ride with them, we will never forget them. Fond memories will always bring a smile to our faces. If you are wondering why I’m writing about both of them, it’s because I really feel they were one, in the most encompassing way you can imagine.

We miss them both very much, but I, for one, am glad that they are together again... I’m pretty sure that they would not want to have it any other way. – Elisabet

Introducing: *Jennifer Stalley*

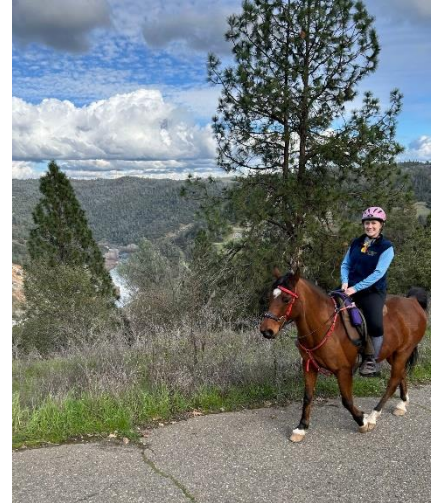
My sister took me on a little 4 mile ride after I had my daughter 4 years ago. This picture is from February when I returned the favor and took my sister, pictured below, on her first ride post baby. Thank goodness for excellent old endurance horses you can take for a short walk in the middle of winter with zero core! 😊

American River down below about 1/4 mile from the Tevis finish line.



I'm working on raising the next generation of endurance riders and bringing in new people to the sport at the same time.

Pictured is my daughter Claire on her pony Jade on the left, my friend Meredith converting



from an eventing background in the middle, and her daughter Wes on her pony Cocoa Puff on the right. The girls are 4 years old and met at daycare when they were 2 years old.

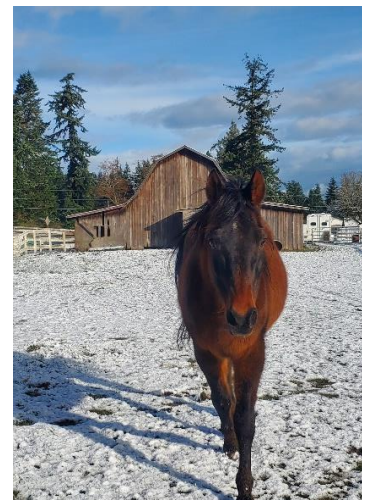
Every year I need to be reminded again and again...



All nasty plants you don't want to touch. Seriously!

Greetings from Pat Verheul!

I miss you all. It is great reading all the horsey news in the Quips and catching up on what folks are up to. Not much horse activity going on other than feeding and brushing. Duke is now totally familiar with snow. He still comes quickly at my whistle for a carrot treat.



TRAIN HIM WELL

If you are fond of a horse and wish to do him a real favor- train him well. Teach him good manners, good habits, both in the stable and under the saddle.

You need never worry about the future of such a horse if for any reason you may have to part with him. You assure him of friends wherever he goes. Perhaps the greatest kindness you can do any horse is to educate him well.

Tom Roberts – The Young Horse

Introducing: *Barbara Harpster*

My connection with horses began when I was 12 years old. I grew up in Hannover/Germany and the barn started us teenagers with vaulting lessons. What a great way to learn the gaits of a horse! Jumping on its bareback and doing all crazy acrobatic things on the moving horse. So... riding a horse sitting backwards: no problem! Only after horsemanship lessons did I actually get to ride the beautiful Hannoverians, until the end of High School.

After graduating with an Agricultural Engineering degree in Goettingen, where I met my late husband, I decided to follow him to California in 1989.

I first met Magda Bartilsson at a preschool in Belmont with both of our two sons in attendance. Later during middle school years we moms saw a window opening up to ride horses again. So, Magda started building her dream business 'Bay Area Ridge Riders' with her Morgan 'Jacob' to nowadays has o menos 12 horses for trail & endurance rides!



Magda inspired me to fall in love with endurance rides and its community. I have done more than a handful LD's with one that felt like a 50 mile! So, I am hooked on endurance, very grateful to ride Magda's well trained horses and still on the hunt for my first official 50 mile one.

The Giving Tree

"...And after a long time, the boy came back again.

"I am sorry, Boy," said the tree, "but I have nothing left to give you - My apples are gone."

"My teeth are too weak for apples," said the boy.

"My branches are gone," said the tree.

"You cannot swing on them-"

"I am too old to swing on branches," said the boy.

"My trunk is gone," said the tree. "You cannot climb-"

"I am too tired to climb," said the boy.

"I am sorry," sighed the tree.

"I wish that I could give you something... but I have nothing left. I am an old stump. I am sorry..."

"I don't need very much now," said the boy, "just a quiet place to sit and rest. I am very tired."

"Well," said the tree, straightening herself up as much as she could, "an old stump is good for sitting and resting. Come, Boy, sit down. Sit down and rest."

And the boy did.

And the tree was happy."



Shel Silverstein - 1964.

JUST FOR FUN...

How it feels sharing the bed with my cat.



GANG VIOLENCE HAS TO STOP 🤔🤔

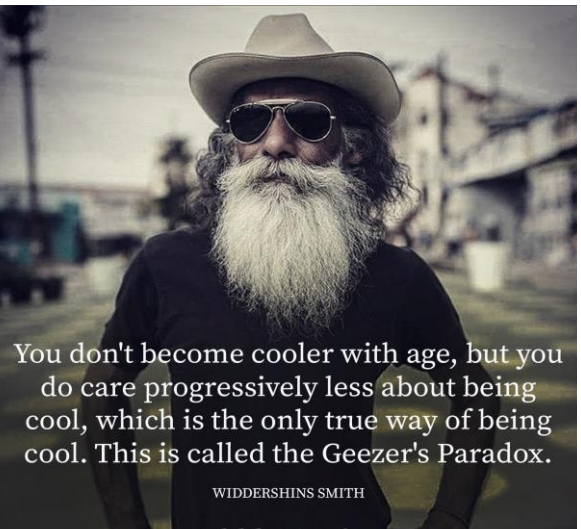


The most honest "do not enter" sign you will ever see in your life...



THE FACT THAT SOME PEOPLE CAN'T DISTINGUISH BETWEEN ETYMOLOGY AND ENTOMOLOGY BUGS ME IN WAYS I CAN'T PUT INTO WORDS....

Light travels faster than sound. This is why some people appear bright until they speak.



You don't become cooler with age, but you do care progressively less about being cool, which is the only true way of being cool. This is called the Geezer's Paradox.

WIDDERSHINS SMITH

Everything happens for a reason.



Sometimes the reason is you're stupid and make bad decisions.

A first-hand account of Big Basin.

By E. Hiatt



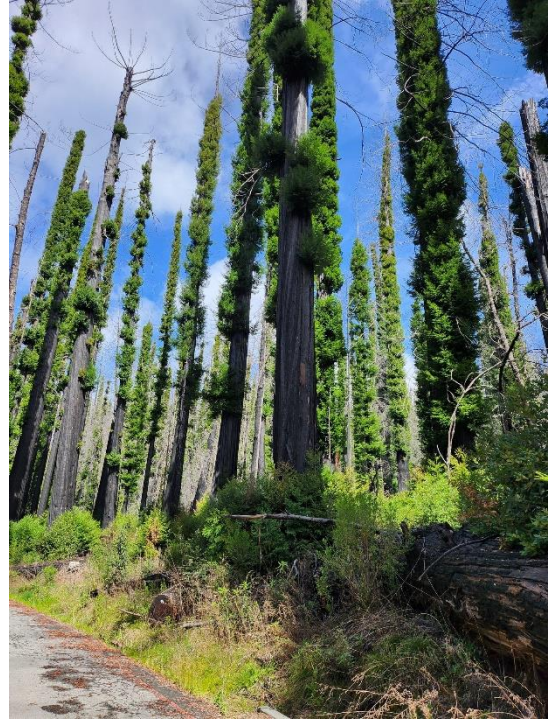
A couple of days ago, my husband and I finally gathered the courage to go see Big Basin Park, after the terrible CZU fire 3 years ago.

I had heard many things about the park's condition, and I thought I was prepared, but I have to confess that when we got to what's left of the park headquarters, I cried.

I wished we hadn't gone.

I wanted to go home.

But we were there, and our dog wanted to explore, so we hiked the N. Escape Road (paved road and the only place dogs are allowed) as far as we could go – about 1.5 miles out.



As I contemplated the enormous loss the park suffered, I also started seeing and appreciating the resiliency of the redwoods.

They were burnt, cracked, old and devoid of their large branches, but oh, so much new growth!!

Healthy, green, thick new growth...



Will Big Basin ever be the same?

Probably not (definitely not in my lifetime!) but it WILL be there for future generations to enjoy.

I left with a smile on my face.

The woods do that to me.



Big Basin Update – from Debbie Boscoe:

We've gotten some great news about our immediate and long-term trailer parking in Big Basin.

Long term plan: As many of you know, Big Basin never had any specific horse trailer parking – it was catch-as-catch can to find a space to park on any given day. With the Reimagining planning that has been going on for the last couple of years, dedicated equestrian parking is being proposed in the facilities plan. That plan won't be finalized for a while (so much to consider!) but the locations being evaluated include the area around the previous Gatehouse and the Saddle Mountain Welcome Area, both of which would connect to trails and have space for multiple rigs. Remember that this is a long-term plan and it will be several years before it comes to fruition. **BUT IN THE MEANTIME:**

Short term plan: Parks staff are pursuing temporary shared parking for at least a couple of rigs at a time. These also will have easy access to open trails, and a good turn-around. The spots will have to be reserved, using the reservation system that all park users go through, but spaces can be reserved weeks in advance. The temporary access to these spots will be on weekdays, subject to availability.

This isn't much change from pre-fire when going to BB was only for weekdays due to the park's popularity and the lack of designated horse trailer parking. The good news is that with this new approach to specific horse trailer parking, we will have designated spots that we can validate with a reservation. While many of us (including the park guys) would like more and sooner, there are many players in this decision who will need to weigh in and that could take a few months.

As we get closer, we will give you instructions on making reservations and maps of the open fire roads (there are lots!). We will all need to be flexible as there is and will continue to be lots of heavy equipment working in the park for the foreseeable future, but we will be able to park and ride there again very soon – hopefully this summer.

One tough note: the park planners have stressed the need for accurate information on what they are doing, and what is being planned. Unfortunately, there is a petition circulating that is not accurate in regards Big Basin, and is pretty frustrating for those of us working hard to figure out both short and long term parking for equestrians. We don't need unnecessary drama– the park planners are doing their best to get us, and a host of other users, what we want.

More on the temporary parking soon!

Roy Rogers and Trigger, a bit of trivia...

Before filming began on "Under Western Stars", several of the stables that provided horses to Republic Studios brought their best lead horses to the studio so Roy could select a mount.

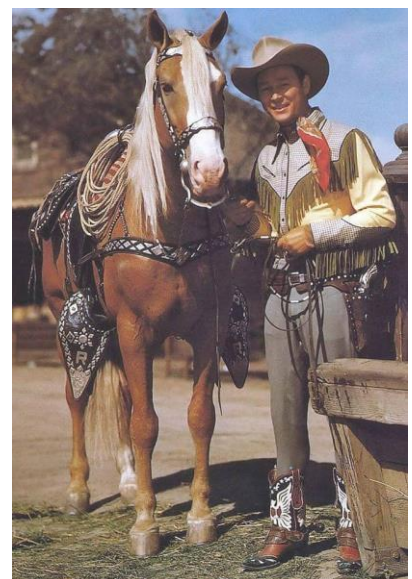
As Roy recalled it, the third horse he got on was a handsome golden palomino who handled so well and reacted swiftly to whatever was asked of him. Reportedly after riding the horse just 100 yards, Roy never looked at another horse.

"He would turn on a dime and he'd give you 9 cents change," Roy said many times.

Roy liked the horse so much; he purchased him for the amazing sum of \$2,500.

He appeared in all of Roy Rogers movies (188 movie and television shows).

Trigger was such an important part of Roy's life that he was sitting on top of Trigger when he proposed to Dale Evans during a show in Chicago, Illinois.





20 MULE TEAM RIDE - Some highlights received from various sources:

- Michelle Roush came in 4th place in the 75 miler and won Best Condition. Melissa Ribley and Brian Reeves do the honors.
- Robert Ribley completed his 110th one hundred miles ride!
- Lisa Schneider rode her Giant red pony, Sky, in the 35 miler.
- Dave Rabe wears long pants... naaah, just kidding!



Twenty Mule Team

by Rachel Miura

I made the journey south to ride one of QSER Board Member Magda's mustangs, Milo, along with QSER member Janna Land on Pistola, another of Magda's mustangs. We were signed up for the 60, and knew it was going to be a windy, and maybe rainy, day but we were going to give it a go no matter what!

The horses ate and drank well the night before, so we set out with the other riders into the gale!

Wow, it was windy, especially at the tops of the ridges, but we just kept going, and soon enough we were at the first vet check. We were happy to see our crew, Sheryl and Chris, waiting for us, and we all rested for 30 minutes.

The second loop was very difficult - it was long and we seemed to always be heading into the wind no matter which direction we were heading. The horses were definitely questioning our choices! We had made good time on the first loop, so we were able to walk up the big hills and only had to trot where the footing was ideal. We were so happy to get to the second vet check, and relaxed in the portapotty as it was the one place we could get a moment of quiet from all that wind, LOL!

We decided to take it easy for the last 10 miles, and mostly walked, which got us to the finish a bit after dark. It was a great day out, even if uncomfortable! We so appreciate all the work put in by the Ride Managers Brian and Val, plus all the other volunteers and vets. I am also grateful to Magda for entrusting me with Milo. And wow, Janna picked quite a doozy for her first endurance-length ride, but she showed the resolve and grit of a tried and true endurance rider the entire time! It was a special weekend to be a part of.



20-Mule Team 2024
© Gore / Baylor Photography

And then there is Ms. Jane Dotchin...

An 82-year-old woman has completed an annual seven-week trek from England to the Scottish Highlands with her pack pony and pet dog. Jane has been making the epic 600-mile journey every year since 1972, catching up with friends she has made along the way.

Heading north, the horse lover travels between 15 and 20 miles a day until she reaches Inverness in the Scottish Highlands. This year, she set off again with her steed Diamond from the off-grid smallholding where she lives near Hexham, Northumberland.

'I love camping and I love the countryside,' she said. The more I've done it, the more nice people I've got to know en route who I want to go back and see again.'

Jane carries everything she needs including her tent, food, a few belongings, and her Jack Russel Dinky tucked into the saddlebag. 'She loves sitting in the saddlebag,' Jane said. 'She's quite happy sitting in there, watching the world go by.'



And despite wearing an eyepatch, Jane is determined to continue the annual tradition for as long as she can. 'I know the route so well, I don't need to read maps. I can manage if I keep to the routes I know,' she added. The journey takes around seven weeks, depending on the weather.

'I refuse to go slogging on through pouring wet rain,' Jane added.

Jane previously received the British Horse Society lifetime achievement award, which she said was 'a bit of a surprise'. 'There is always something interesting happening and there is never a dull moment,' she added. The British Horse Society Scotland wrote in a Facebook post: 'Well done Jane, Dinky the dog and Diamond - 2023 was a wet one but even well into your 80s you never let the rain deter you. You are an inspiration to riders everywhere.'

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### **Something that we should think about.... (sad, but true):**

Pets, it turns out, also have last wishes before they die, but only known by veterinarians who put old and sick animals to sleep. Twitter user Jesse Dietrich asked a vet what was the most difficult part of his job.

The specialist answered without hesitation that it was the hardest for him to see how old or sick animals look for their owners with the eyes of their owners before going to sleep.

The fact is that 90% of owners don't want to be in a room with a dying animal. People leave so that they don't see their pet leave. But they don't realize that it's in these last moments of life that their pet needs them most.

Veterinarians ask the owners to be close to the animals until the very end.

"It's a fact that they will probably die before you. Don't forget that you were the center of their life. They are a part your family. No matter how hard it is, don't leave them." Don't let them die in a room with a stranger in a place they don't like.

It is very painful for veterinarians to see how pets cannot find their owner during the last minutes of their life. They don't understand why the owner left them. They needed their owner's consolation. Veterinarians do everything possible to ensure that animals are not so scared, but they are completely strangers to them.

Don't be absent because it's too painful for you. Think about your pet. Endure this pain for their sake.

Be with them until the end. ❤️

## *A couple of recent fun rides...*

by E. Hiatt

Good weather, good friends and good horses are a... well... good combination! If you are looking for places to ride, here are a few suggestions of places that seem to stay open even after a few rains:

**Fort Ord:** great footing (especially after a good rain!) and lots of trails to explore, get lost (and found), lots of parking and some pretty cool views. Carry a map... there are lots of little trails shooting in every possible direction! The flowers are starting to pop up and at the moment, there is lots of water for the horses to drink and wildlife for the humans to enjoy. There are three entrances/access points: The Equestrian Center off of Imjin Rd, the Creekside entrance off of Reservation Rd. and the Toro Creek/Guidotti entrance off of Hwy 68. **Shannon Thomas** and I recently had a very fun ride there. Highly recommended!



**Butano State Park:** About 40 minutes North of Santa Cruz, this park is a jewel that must be seen! Just don't bring a large rig... the parking, as far as we could see, is not very horse trailer friendly. **Alicia Stanton** and I drove there in her small 2 horse rig and managed to fit in one of the parking spaces... this was in the middle of the week and there were no other cars. I'm not sure if there is a larger lot somewhere. The entrance kiosk was closed and we could not find anyone to ask.

The trails, on the other hand, were absolutely gorgeous and I think we saw two or three people there on our 15 or so mile ride. The diversity of the trails and views is fantastic!

Our only disappointment was that about half way through a lovely loop, we encountered a couple of large trees that blocked our forward progress. We turned around and explored a few other trails. All of it was really, really lovely! I want to go back there and explore some more soon, and hopefully be able to ride the whole loop!

**Almaden Quicksilver Park:** This is a more familiar park for most of us, but it's worth mentioning that it seems to stay open after it rains more than some of the other nearby parks (Calero and Rancho San Vicente). Lots of great trails, but we always find the signage a little confusing. There are 3 different entrances, all with good parking for rigs. The Mockingbird parking lot is paved, big and I've never seen it full. The Hacienda lot is also really big, not paved and closer to Calero, but I am not sure if there is a way to connect the two parks. The Hicks parking lot also gives you access to the trail that goes all the way up to The Cube, which is a pretty gnarly climb, but the views from up there are absolutely the best! This trail also gives you access to Sierra Azul and Mount Umnum.

The views from this park are hard to beat, and the trails are great for conditioning your horse. Many hills to climb, lots of good roads to canter and quite a variety of single tracks that will keep you and your horse entertained. There are a couple of nice places with picnic tables and water troughs if you want to take a break and enjoy the views. Echo and I sure did!





## Quicksilver Endurance Riders (QSER) Club Board Meeting Minutes

The Board meeting was held via Zoom on March 20, 2024. In Attendance: Jerry Wittenauer, Nick Warhol, Rachel Miura, Elaine Elbizri, Brian Reeves. Apologies from Magda Bartilsson and Barbara Harper

Meeting was called to order at 6:32 pm

### Review of Committees and Report Outs;

**Social Media:** Club member Liz Beeson Evans made a presentation on use of Instagram for the club. Items discussed included how it could provide increased QS exposure to the equestrian population; for attracting new members; could be used as fund raiser; and provide an outlet for endurance stories, news and photos. The Board felt that if someone could take on the responsibility for overseeing an Instagram site it would be a useful new tool.

**Website:** Nick continues to modernize and upgrade including adding "Join the Club" buttons. Nick researched getting membership dues via Apple Pay, PayPal, and Stripe but it's not technically feasible on our site.

**Swag store:** Rachel asked for sources of good digital files of QS Logo. Brian said he could help

**Tack recommendations:** Rachel was already receiving recommendations from the survey shared last weekend. The recommendations could be found on Members Only button.

**Membership:** New members: Barb Blum and Vera & Erna Valdivia-Abdallah  
Renewing members: seven members renewed Magda is following up with outstanding members. April 1<sup>st</sup> is final date for renewal.

**Goodwill :** Maryben sent condolence cards to: Sheila Kumar for Cassie; The McCrary family for Barbara

**Financial:** For 2023: Income \$14,390, Expenses \$14,017

**Quicksilver Fall Ride:** Permit application was completed it included same number of participants as last year; plus an event photographer. Brian suggested applying for a 5 year permit. Use of marker ribbons is ok this year.

Jerry said Dr. J. Mero had undertaken to be a ride vet. He is making enquiries for 2 more vets.

**Trails:** Rachel and Magda to send out a survey re trail directory, and make mention in Quips (once an initial version of the trail directory is complete).

**Recent and Upcoming Events:** Next Quips - April 1<sup>st</sup>. August Endurance clinic: permit was in place for August 17-18

**Old business:** Tevis working group: Jerry is looking for more QS members to help out at the Tevis finish line.

### New business:

**Wilderness first aid** for horses: Rachel will send a survey to assess the interest among members

**Storage options** for QSER gear: for further discussion if options arose.

**Follow up on banquet.** The Board appreciated the planning and organization by Mary and Brian. The venue was popular. Elaine felt time was not used well as the event finished an hour early and that time could be used for members to share their endurance experiences and the Board should use the opportunity to talk to members about upcoming plans for the year. Banquet to be on agenda later in the year.

**Next meeting:** Wednesday, April 17 - 6:30pm via zoom. Meeting adjourned at 7:35

*Elaine Elbizri*

### Treasurer's report:

Checking: \$9,686

Savings: \$1,076



*Happy Birthday to all who are  
celebrating another trip  
around the sun!!*



## *Market Place*

### **HORSE BOARDING FACILITY**

20535 Rome Drive, San Jose, California. **Stalls: \$400.00, pasture \$330.00.**

Fed twice a day high-quality orchard-alfalfa mix hay.

96' X 48' uncovered outdoor arena. We clean. Shavings available.

1.25 miles to entrance to the Quicksilver County Park (3600 acres and 19.2 miles of manicured trails). I provide my trailer for use to boarders.

**Trilby – (408) 997-7500**

### ***Equine-imity—Stress Reduction and Emotional Self-Regulation in the Company of Horses*** by Beverly Kane, MD

*Equine-imity* teaches moving meditation in the form of qigong, a tai chi-like practice, with, and optionally on, horses. Based on our Stanford program of the same name. Written with non-equestrians in mind. Share your love of horses with friends and family!

Purchase paperback or e-book on Amazon and other outlets. Learn more and download free Introduction at

<http://equine-imity.com>

**Illustrations by Judith Ogus**

### **CENTERED RIDING® LESSONS**

Help your horse use him/herself effectively while going down the trail.

Take the stress out of your body and your horse's body. Find out how to have a better seat and make your horse more comfortable.

Centered Riding® lessons available with Level 3 Centered Riding instructor. Clinics available upon request. **Becky Hart (408) 425-5860**

### **Books by Julie Suhr**

**Ten Feet Tall, Still** and **...but it wasn't the horse's fault!** are available for sale. All proceeds go to AERC Trails Fund and Center for Equine Health at UC Davis. Please contact Julie Suhr at: **(831) 335-5933**

### **Books by Lori Oleson --- Enduring Memories**

and **Endurance... Years Gone By** are available for sale. Re-live the adventures that tell the stories of horses and riders who made their way down the trail in the 1960s through the 1990's. Books are available by contacting Lori at **(408) 710-5651** or [lorioleson@alumni.cpp.edu](mailto:lorioleson@alumni.cpp.edu)

### **From Judith and Becky: Horse Property Share Available March 1, 2024**

We have rooms available for a renter plus space for one horse in our pasture. You get a master bedroom with private bath plus a second room and second bath. Laundry, kitchen and dining are shared. U-shaped house so you have plenty of privacy.

Property is 5 acres, fully fenced with no climb fencing. Horses have a 2.5 acre pasture, mare motel, EuroXiser and outdoor arena. Three Arabians live in the pasture - two geldings and a 32 year-old mare. Hoping to find someone who will share feeding and cleaning and whose horse can also live out.

No cats; the right dog is a possibility. We have 3 dogs, a young chihuahua cross, a 9-yr old border collie and 9-yr-old sight hound. We have some agility equipment.

House is on Salinas Grade, San Juan Bautista, about 1.5 miles from CA156. Rent is \$1500 including utilities and horse trailer parking. Horse boarding is extra and negotiable depending on your availability to help feed.

We are two older women, ex-endurance riders.

Call or email Judith: 408 425-7873; [judith@randomarts.biz](mailto:judith@randomarts.biz)



**Posted for a friend of Elaine Elbizri: Price reduced!!**

**For sale Good as New Dressage/Endurance saddle**

17,5 Lovatt & Rickett Rubicon MW Cross Over Saddle. Great to use for Dressage or Endurance. I gave up riding 1 year ago. I have ridden only one 25mile L D in this saddle, it was a perfect fit and very comfortable. Soft wool flocked, horses love it and it is a super soft seat for the rider. This saddle was made directly in England for my horse and me (but with a regular M/W tree) it has special D-rings. It fits a variety of withers but not so well for very high withered horses. Horses move out beautifully underneath. It is soft on the withers!!! My horse was never sore anywhere from long distance rides. Sold new: \$4,100, asking price: **\$2,500** Please contact me, I can bring the saddle for you to try it! Karina Hoog [hoogkarina@yahoo.com](mailto:hoogkarina@yahoo.com) 408 646 4361



From Judith Ogus:

Hi QS friends,

I suppose it's weird to send this out to an athletic group, however some of us are aging and/or have good friends who are aging so why not??

We have a very good quality U-step walker with a lot of adjustability. It is very sturdy and collapsible. A friend passed it on to us and we want to pass it on too. Its default mode is with brakes on, you squeeze the handles to release the brakes and go. It belonged to an adult male before we got it, so don't worry that it could be too small for someone else. Please pass this on.

**From Claudia Goodman: FOR SALE: 4Star 3 Horse LQ**

It is full of wonderful features for horses and people alike. It has been the perfect endurance trailer: 8' wide 7'6" tall; WERM flooring Air Ride; drop down windows at head, stock windows at rear; mangers; stud wall; escape door; roof vents; rear (collapsible) tack with 3 saddle racks, blanket bars, lots of hooks. 3 Spring-tie hi ties. Electric jack; roof rack, 4 fresh water tanks (135 gallons); solar panels; deep marine batteries. 9' short wall, custom built interior; queen bed with 10 cabinets; bench bed; full fridge/freezer; 2 burner stove with cover; microwave; extra big deep sink; heat; ceiling skylights with fans; 18' electric awning; full bath with shower, sink, large cabinets; LED lighting and luxury vinyl floors throughout; generator; day/night shades. Low mileage radial tires with 2 spares. Very clean, bright, and roomy. All is well and lovingly maintained. \$49,000

I have lots of pictures and more details. You can contact me at [debbieboscoe@gmail.com](mailto:debbieboscoe@gmail.com) or text me at 831 227 4960



# IT'S NEVER TOO LATE TO JOIN THE QUICKSILVER RIDERS!!!!

**Club Mission** - Quicksilver exists to promote the sport of endurance riding by conducting endurance rides and advocating for equestrian trails. It seeks to provide a model for the highest level of sportsmanship and horsemanship within the context of this sport. It supports and provides educational events and leadership in each of these areas.

FIRST: We need your name \_\_\_\_\_

And then your address \_\_\_\_\_

And your phone number and e-mail \_\_\_\_\_

And then we need your money! Senior membership is \$ 30 \_\_\_\_\_

Junior membership is \$ 20 \_\_\_\_\_

(a junior is under 16 years of age)

Family Membership is \$45 \_\_\_\_\_

Mailed Quips (paper copy) \$20 \_\_\_\_\_

Total enclosed \$ \_\_\_\_\_

You can go to our website at : [www.qser.net](http://www.qser.net) to join, OR send a check made out to: **Quicksilver Endurance Riders, Inc.** to: Nick Warhol, 3664 Old Quarry Road, Hayward CA 94541

**THANK YOU!!**

