



Quicksilver Quips

April 2022



*Happy
Easter!*

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just because I can :-)

Officers

2022 Board members are

Jerry Wittenauer - President
Elaine El-Bizri - VP
Nick Warhol, Treasurer
Margaret Hastings, Secretary
Carloyn Tucker - Board
Maryben Stover - Board
Vacant - Board

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QSER on the Web:
<http://www.qser.net/>

President's message

Fun Times to Be a QSER Member!

It's always a good feeling when your organization is in the news, and especially when it's all good news! Just in the last 5 weeks:

- At the Twenty Mule Team Ride (26 Feb), hosted by the Ridgecrest Valley Riders Club with major contributions from QS's Brian Reeves, Val Reeves, and Nick Warhol, 12 QSER Members started with 11 finishing – including six riders in the 100 mile event.
- At the AERC Convention (3-5 Mar) – we had a great Member turnout (15 folks) for a “Quicksilver Social” at the Nugget Casino in Reno – great chance to trade riding stories and plans for the year ahead!
- There were outstanding contributions at the Convention by several of our Members in panel discussions, presentations, and at the exhibits / trade show area. QSER folks were seemingly everywhere at this annual flagship meeting for our sport!
- At the Annual AERC Awards Ceremony, QSER Members were in the spotlight for three of the evening's top awards: *Hall of Fame Person* was awarded to Melissa and Robert Ribley, *Hall of Fame Horse* was awarded to Arron Moon (owned by QSER's Mike Tracy), and the *Volunteer Service Award* went to Nick Warhol. Congrats to all!

I'm still fairly new to the sport of Endurance, and there are many times when I feel that I am walking among giants. It is all very humbling! One thing that continually gets reinforced (to me) is how “longevity” is so valued by the Endurance Community. The bar is set for us all by the Horses and Members with thousands of miles and dozens of years, and we are very fortunate in our Club to be surrounded by some of the luminaries of our Sport!

Club News:

All Club members are welcome to join in on the QSER Board Meetings, held via ZOOM on the third Wednesday of each month. Please contact me in advance for a link to the meeting!

A Big THANKS to everyone that jumped in and renewed your QSER Membership! Through March, we are up to about 80% of our members that have renewed their membership for 2022 – please go to the link on our website and **renew today!**

Best wishes to you all for a safe and productive year with your equine partners!

Jerry Wittenauer

March 6, 2022- The Quicksilver club cleans up at the 20 Mule Team endurance ride held on Feb 26th in Ridgecrest, Ca.

By Nick Warhol

The Club had an unbelievable turnout and result at the annual ride in the desert managed by Quicksilver members Brian and Val Reeves. Overall there were 12 riders spread out across all the distances, and an incredible 11 finished! That's a completion rate of 91.66% for the club. The most amazing statistic was the results in the 100 mile ride. The club started 6 riders, and finished all 6, including 4 in the top ten! That's just incredible. Listed below are the riders and where they finished in the rides.

WE HAVE A SPECIAL CONGRATULATIONS TO MARY VREDENBURG, WHO FINISHED HER FIRST EVER ATTEMPT AT A 100 MILE RIDE, AS WELL AS HER HORSE'S FIRST 100 AS WELL. THIS IS A HUGE ACCOMPLISHMENT, AND THE DUO DID A FANTASTIC JOB!

Quicksilver Club results:

100 Mile ride- 6 starters, 6 finishers, 4 in top ten.

- Lori Oleson in 6th place.
- Iylla Reisman 7th place
- Nick Warhol 9th place
- Mary Vredenburg 10th place
- Sarah Gray 25th place
- Matt Lease 26th place

65 mile ride- 2 starters, 2 finishers

- Nicola Mohr 14th place
- Jerry Wittenauer 17th place

35 mile ride- 3 starters, 2 finishers

- Lisa Schneider 10th place
- Jeanine McCrary 19th place

Intro Ride- 1 starter, 1 finisher

- Jayne Perryman



2022 QSER Club Calendar

12 Feb QSER Banquet
4/5 Mar AERC Convention
9 Jul QS Support to Fireworks Ride
11 Jul "Go Live" for QS Ride Entries
16 Jul QS Support to Tevis Cup
14 Aug QS Camping at Santa Cruz
Horsemen's
10 Sep Kick-off Board Search Ctte
17 Sep QS-Sponsored Endurance Clinic
1 Oct QS Fall Classic Endurance Ride
15 Nov All Awards Nominations Due
18 Jan Election of 2023 Officers

From Pat McAndrews:

Construction to begin on public access trail system at San Vicente Redwoods!

Davenport, Calif. (March 9, 2022) – Following extensive environmental studies, public input and two years of delay due to the CZU Lightning Complex wildfire and coronavirus pandemic, the Land Trust of Santa Cruz County (LTSCC) will begin construction on the first phase of an envisioned 38-mile multi-use trail system at San Vicente Redwoods in April.

More trails!!!! Yaaay!!!!

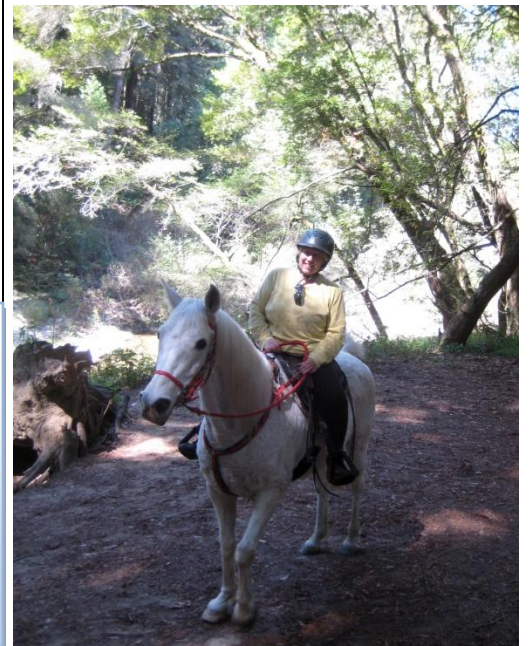


Elaine Elbizri and her horse **Bella** went to the ocean for a ride with **Shannon Thomas** and her equine critters.

According to Elaine, pictured above, Bella is keeping her distance from the ocean and **Milton Burro** is protecting his herd - Shannon's three horses walking by the waves - from the outsider, Bella.

A good time was had by all!

THE BRAIN IS THE MOST
AMAZING ORGAN IN THE BODY.
IT WORKS NON-STOP, 24/7, 365
DAYS A YEAR FROM THE DAY YOU
ARE BORN, RIGHT UP UNTIL YOU
FALL IN LOVE WITH A HORSE.



After months of rehab from his "latest" issue, **Tango** got to go out on the trails again! Michelle Herrera handled him with true expertise and we all had a great time!! So happy to have my boy back!!!
Elisabet

*"It's the rough side of the mountain that's the easiest to climb;
the smooth side doesn't have anything for you to hang on to."*

- Aretha Franklin

JUST FOR FUN...

Teacher: You have 5 horses, and someone wants 2 of them. How many horses do you have left?

Me: 5

Teacher: Ok. Let's say someone forcefully takes 2 horses. What do you have now?

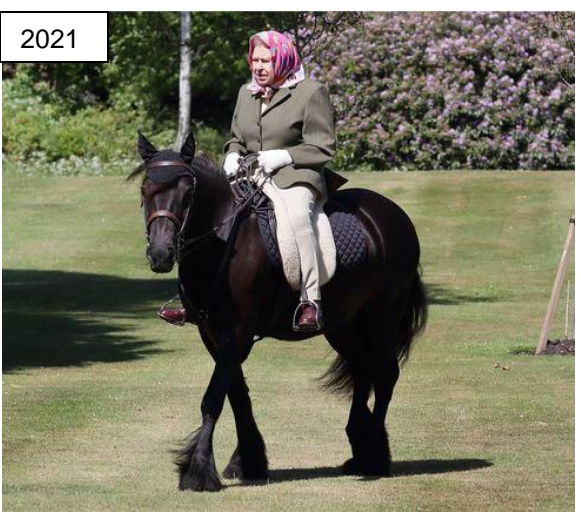
Me: 5 horses and a dead body



"The unprepared mind cannot see the outstretched hand of opportunity"
Sir Alexander Fleming



Something inspiring: Queen Elizabeth has been riding for most of her life. Only recently has she given up the saddle, at the ripe age of 95, due to discomfort.



If someone from Ziplock could contact literally ANYONE in the cereal business, that would be great!

EHV-1 at Indian Hills Ranch in Milpitas update

From Elaine Elbizri

Did you know that when a horse blows its nose the spray can reach up to 30 ft? Did you know the EHV-1 virus can survive on clothing and hands for 7 days and even longer?

This is what Ali Kermeen, a trainer at Indian Hills Ranch who has been leading our efforts to deal with mandated quarantine at IHR wrote to our Yahoo group:

Friends, our ranch was hit with EHV-1 last week. The two horses that contracted EHV-1 suffered from EHM (Equine Herpesvirus Myeloencephalopathy) and were both euthanized. One was euthanized before EHV test results were back, and the second was euthanized a couple hours after his test results were back. Neither horse had been off the property. EHV can become virulent years after it first entered a horse's system. This disease moves fast and it can be deadly. My heart is breaking for the owners that lost their best friends.

Our facility has 168 horses boarded over 62 acres in all sorts of living situations. The veterinarians from the state came in quickly and instituted a mandatory quarantine. Since then, we've been busy taking twice daily temperatures, creating ways to avoid cross contamination, and building isolation facilities. If you live in California and have not already put a plan in place for what to do if EHV comes on to your facility, you are behind!

Here's what you need to do before you even think you have a sick horse:

- Know and adhere to travel restrictions issued by CFDA
- Have a quarantine area set up at least 30 feet away from other horses
- Figure out who the quarantine team is for your facility! What is working well for us is to have one person that is in charge of the whole quarantine effort. They oversee people who are in charge of closures, signage, scheduling temperature takers, shopping, facilities, and zone leaders.

Currently - 03/22/22 - we have two horses with raised temperatures in isolation but no other EHV symptoms. Our quarantine has been extended until those two horses hopefully have 2 or 3 negative EHV tests.

CFDA updates the situation daily also has detailed information on this disease.

www.cdфа.ca.gov/ahfss/animal_health/equine_herpes_virus.html

Additional information to keep in mind

Risk Factors

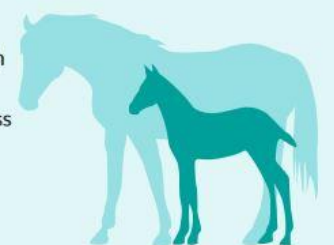
Experts don't fully understand why some horses develop EHM and others don't, but risk factors include¹:

- Older horses or horses with compromised or immature immune systems, but it can affect horses of any age
- Horses with an EHV-1 associated fever greater than 103.5°F are more likely to develop EHM
- Ponies and smaller breeds are less commonly affected; females are more commonly affected
- Horses that travel and are in frequent contact with large numbers of horses



Equine herpesvirus myeloencephalopathy (EHM) is the neurologic disease associated with equine herpesvirus type 1 (EHV-1) infection. EHM is highly contagious and life-threatening.

- Neurologic signs result from inflammation of the blood vessels, blood clots, and death of neurologic tissue
- Approximately 10% of EHV-1 infected horses develop neurological signs during EHM outbreaks¹
- Spread by direct and indirect contact
- EHM outbreaks generally occur in late autumn, winter and spring
- Most horses are exposed to the virus at a young age
- More than 80% of horses are estimated to be latently infected with EHV-1 and can shed virus with no clinical signs²
- Disease can be reactivated by stress
- Virus shedding in EHM affected horses can last 21 days or more¹
- After exposure, incubation period ranges from 2-10 days



What You Need To Know About Your Horse's Vision

The vision of our equine friends differs in many ways from our own. Having to survive in the wild and avoid their many predators for so long definitely has its perks. Although these majestic beings have adapted some pretty unique features that can help them survive, they also lack some qualities that would help them perform even better. But that's where you come in. When humans and horses work together, they make the ultimate team. Here are some facts you should know about a horse's vision.



1. Their Peripherals Are On Point

This is one area where your horse is not lacking.

Horses have better peripheral vision than humans, and for good reason! Growing up with life-threatening creatures daily gave these guys a leg up on predators. Their peripheral vision allows them to spot even the slightest of movement to avoid danger. You'll never have to tell your horse to look out, chances are he's already one step ahead of you.

2. Their Vision Peaks At 7 Years

A horse's visual acuity is not fully developed until they reach age 7. This is when their vision begins to take a turn. Just like humans, a horse's vision begins deteriorating with age. This could have a number of affects on your horse's performance, but it varies by the horse. Your horse's diet and habits could also play a role in conserving his eye sight.

3. They Can See Well At Night

Since survival depends on it, horses have more rods to expand their vision beyond what we're capable of, while also restricting it. They can see clearer on a cloudy day than a sunny one from this quality. They also have superior night vision to capture any threat who might make a move in the dark. Horses also have trouble adjusting their eyesight with changing light conditions, like moving from the pasture on a sunny day to a dark barn.

4. Fine Details Are Their Enemy

Horses have a typical acuity of 20/30. That means a horse can see details of an object in the center of their visual field from only 20 feet away, while we can see those same details from 30 feet away. A horse needs to be 50% closer to view an object the same way we do. So, use your visual advantage as a way to keep your horse safe when riding or performing. Remember there are things you can see that your horse may not have seen yet. Even under bright light, horses have trouble seeing a jump, clump of weeds, or a barrel, so adjust accordingly!

5. They Can't See What They're Eating

Horses have two blind spots. One is directly in the back of their head and the other is directly in front of their face. This means they are actually unable to see the grass they graze, the bit they accept, or the hands stroking their nose. Their whiskers allow for them to sense the objects they're unable to see, which is why you should think twice about shaving or trimming them!

It's valuable to know your horse well enough to make a difference in his performance. When you can pinpoint these optical strengths and weaknesses, you can start to understand where you can fill in the gaps.

Looking for something different?

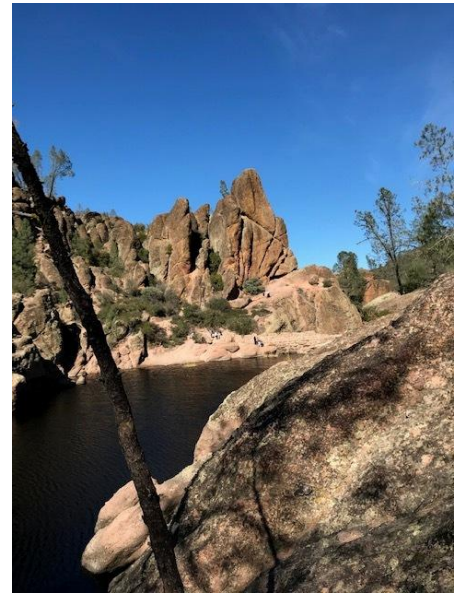
Submitted by Carolyn Tucker



I just got back from a wonderful, fun, non-horse hiking and camping trip at Pinnacles National Park in Hollister.

They have a super nice campground and beautiful, well maintained hiking trails with caves and other interesting sites to see.

The caves and rock formations are so amazing!



There are hiking trails straight from camp or a shuttle bus that takes you to farther trail accesses and brings you back.



Camp has a swimming pool, park store and showers! The best time to go is very early spring or fall as the weather can be very hot mid-summer. Early dates like late Jan-Feb. are good to avoid the crowds that love this park in the Spring!

It's an easy drive from South San Jose.

Website: <https://www.google.com/search?client=firefox-b-1-d&q=pinnacles+national+park>

Enjoy!



Horses are a part of our Valley history!

SURVEY • FILL OUT THE SURVEY • FILL OUT THE SURVEY • FILL O

Lend your voice to create fair and workable horse ordinances.



Fill out the survey TODAY!
tinyurl.com/horseVOICES
Feedback from everyone is crucial:

All Santa Clara County residents, whether you own a horse or not.

From Pat McAndrews:

Your participation in this horse-keeping survey is critical.

We are using the feedback to write a fair and reasonable ordinance, to be submitted to the County, in order for small and medium-sized equine properties to stay open in our Valley.

And now, for something completely non horse related.... Hummingbirds!

Since we spend so much time outside riding, I'm sure we've all seen and/or been "buzzed" by a hummingbird. I LOVE hummingbirds and here are some interesting facts about them:

They are called "Zoom Zoom" in Cuba, "Colibri or Picaflor" in Argentina, "Chupamirto" in Mexico, "Beija-Flor" in Portugal, "Oiseau-Mouche" in France and "Kolibri" in Germany, Denmark, Finland, Hungary, Norway and Sweden.

Locally (Santa Clara County) we have Mount Umunhum. The word "umunhum" is from the Ohlone language and means "resting place of the hummingbird."

Restricted to the Americas, these incredible avian acrobats hover, fly backwards (even upside down!), and endure a metabolic marathon that may only narrowly permit them to survive through a single day. Their plumage exceeds that of Birds of Paradise, and are often iridescent. Several of the more than 360 described species carry names of precious gems, reflecting their unique brilliant feathery.

If you are nice to them, they will even eat out of your hand... but caution: once you start feeding them, please don't stop until flowers are in full bloom. They do become quite dependent on our feeders! They also eat small insects like aphids, beetles, and mosquitoes. They will sometimes eat spiders and use spider webs as a material in their nest building. Pretty cool, uh?

Here's a photo of me feeding some of my little buddies... having a hummer land on your fingers to have a drink it's a pretty neat experience!

Elisabet



10 Great uses for Listerine around the barn:

You may be familiar with the mouthwash, Listerine. It's a powerful antiseptic that kills germs and bad breath. Did you know it's also helpful around the barn? It can even be used directly on your horse! Listerine is affordable and easy to find, which makes it very practical to use. You won't believe how helpful it can be! Use the amber/brown kind!

1. Rain rot and scratches **2.** Itchy tails and manes **3.** Eliminates dandruff **4.** Cleaning and disinfecting water/feed buckets **5.** Disinfecting bits **6.** Spray around the barn to keep flies away **7.** Apply directly onto horse as a fly repellent **8.** Removes bot fly eggs **9.** Gets rid of lice **10.** Homemade liniment

In many cases, straight Listerine is fine to use. Most people like to mix it with baby oil, as Listerine tends to dry out the skin and hair. It can be mixed at a 50:50 ratio. You can also dilute the Listerine to make it last longer.

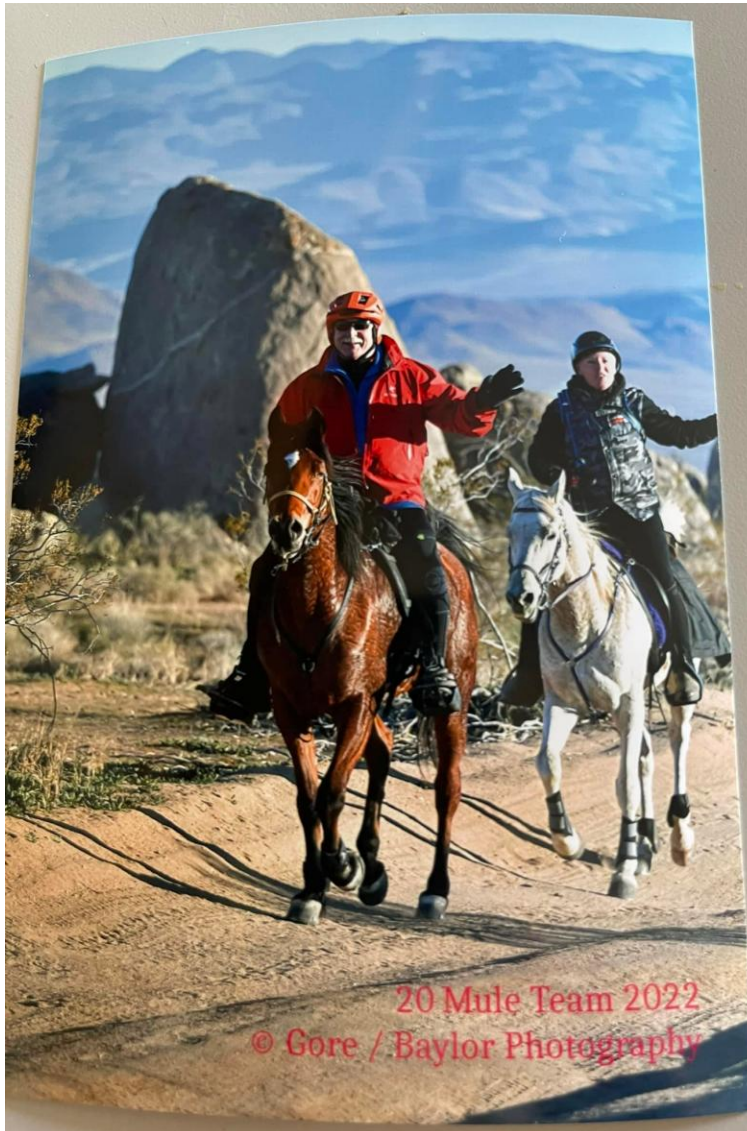
Always test out a small spot on your horse before you spray it over their entire body. This way you can identify if they have a reaction. Make sure to contact your vet with concerns.

20 Mule Team Ride Report

by Nick Warhol

This year's 20 mule team ride in Ridgecrest California did not disappoint. It is my favorite ride of the year, and the best week of the year for me since I bring both my horse and my dirt bike down for the week. I spend a few days working marking the trail on my dirt bike, then I ride the hundred on Saturday on my horse. It was a fantastic week all in all, but it certainly presented some difficulties. It was very windy on Monday when I drove down; I got really lucky that I made it to Ridgecrest before the big wind hit. These are the winds that blow semi-trucks over, close highways, and would've stopped me in my truck and camper on the way down. (The new truck is splendid by the way!) Monday afternoon was so windy it was impossible to even go outside. The wind was so strong that Brian and I literally could not open the rear door of my horse trailer to unload the motorcycle. It was that bad. You just had to stay inside or be in a vehicle.

Tuesday morning arrived with just as much wind, and even worse! I was supposed to go out and work on the trail, which I did, but it was too difficult to really do anything. We ended up scouting the trail for a new potential ride we're looking at doing in October in the same area. As long as you



have your goggles on, the dirt bike isn't so bad in the wind. Except for trying to ride 60 MPH against a 60 MPH wind! It was stupid.

Tuesday night we got the rotten news that we had lost yet another vet for the ride, which meant we couldn't use the long traditional 65-mile loop. We did some last-minute scrambling with our head vet Mike Perales, who was trying to find us a vet, to no avail. Brian and I basically changed the entire route of the ride on Tuesday night and started working on it Wednesday morning. We would have to do multiple loops out of camp which was OK, but not desirable. It's not possible to do the long 65-mile loop with only three vets. As a result, with three days to go we completely changed the ride. We created and marked new loops, made all new maps, found different hay and water stops, set new radio locations, scheduled less porta potties, the whole thing. It all worked out, since lucky for us the wind stopped. On Wednesday it was overcast and we actually had a few snow flurries in town. Oh great! At least there was no wind.

On Thursday morning the weather became perfect! Clear, cold, calm,

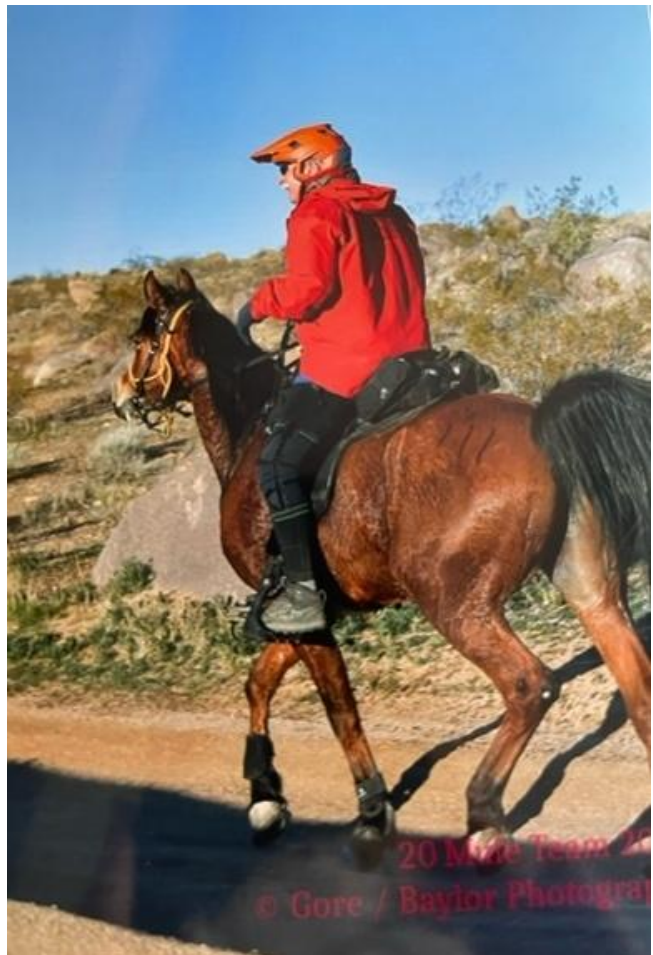
just right for riding in the winter in the desert. We got jamming on the trail marking and worked all day Thursday and most of Friday to get ready in time. It turns out we had a great turnout after all-over 100 riders across all the distances, with the 100 having the most with 38 starters! That's a very good sign!

Saturday morning came very cold at the start, but clear and totally calm- no wind. I saddled up Sorsha and started the ride with my new friend Mary Vrendenberg, who was attempting her and her horses very first ever 100 mile ride. We rode out at the back of the pack, but calmly and quietly passed several horses as we trotted up towards boundary Road. There were a couple of horse accidents on the way up to the ridge in the first couple of miles, requiring some stitches and a hospital visit for falling down horses that really injured their knees. At about 10 miles or so One rider in particular had dismounted for a rest room stop, and was re-mounting her horse. The horse took off and she fell off backwards hitting her head on the ground hard. It cracked her helmet, and gave her a pretty serious concussion. Several riders stopped, including Lori Oleson, who walked her to the highway crossing before continuing the ride on her big gelding Fargo. J Mero and her daughter Reyna ponied the horse to the highway, fast! They blew by us with the horse in tow at a canter. That was pretty cool! I heard Reyna say "the horse does not know how to pony, so we are just going fast!" It turns out the rider was OK, just had a serious concussion. We rode the rest of the first 35-mile loop with no issues, vetted through at 25 miles fine, and made it to camp at 35 miles.

There was one problem in camp- long vet lines. But what does a good ride manager do? Brian hired J Mero, who had been pulled, to be another vet. That's quick thinking, and thanks to Dr. J for stepping in to help. After an hour hold we headed back out and had to ride the two new loops that Brian and I created the day before, the pink loop, and the blue loop, 15 miles each, out and again back into camp. Both loops went fine, no issues, just lovely trotting in perfect weather. Sorsha told me every time we were passing home, since we had to pass Gretchen's place at the corner, every time we headed out and came back in. She would pause, I'd say, no, lets go on, and she would. Good girl!

After the blue loop, we returned to camp after 65 miles at about 4:00 PM, which was earlier than normal. This new format ride was clearly easier than the traditional ride. Now all we had to do was the last 35 miles, the traditional 35-mile orange loop, the night loop for the traditional ride, that we had done earlier in the day. We headed out in the daylight, and trotted up the same way we gone this morning up to boundary Road. The sun was just setting and getting dark as we turned right on boundary for the 10-mile trot to the highway. Just after dark,

Chelsea and Buzz Arnold caught us and decided they liked me once again for my lights! I have these homemade LED blue lights on my breast collar that cast a nice, soft light in the pitch-black desert. The four of us rode the entire last 30 miles or so together, having just a splendid ride at night. Sorsha and I were next to buzz and Gus in front, with Mary and Chelsea following behind us. Mary was hanging in there, riding along with no issues or complaints. I love it! We rode like that for several hours, and arrived at the last check at mile 90, which was really cold. Dennis Sousa reported it was about 19 to 20°. Burr! As long as you were riding it was fine, with the right clothing, but standing around fingers and toes got cold. It was funny- Buzz and I kept zipping and unzipping the jackets, removing them and putting back on, gloves on and off- it just depended where you were at the moment and if you were trotting or not. But once past the check it stayed very cold. I pulled a bozo in the vet check, fully embarrassing myself by stepping on a hunk of hay and crashing to the ground. My land legs were acting up a bit, I guess. Nice! I looked like the fourth Stooge! It was okay- only a few people laughed!



It was only 10 miles to go to the finish, and right before the highway crossing Mary's horse took a trip and kaboom, down went Mary on the ground. Oh no, not now! She hopped back up, remounted, and we continued on, no problem. We rode the last 8 miles into town down past the college (on my new route that I like a lot better), through the city and to the finish, finishing at about 11:20 PM in ninth and 10th place. Chelsea and Buzz held back a little bit to allow Mary her first top 10 in her first ever attempted a 100. Thanks again Chelsea and Buzz; you guys are a class act, and I really appreciate that gesture. It was only 11:45 when I walked Sorsha the quarter mile back home to Gretchen's to put her up in her pen. I've never finished the ride that early before. I walked back to my WONDERFUL camper where I turned on the heater, had a cold IPA from the fridge, took a hot shower, in 20 degree weather outside, and curled up under my two down filled comforters with 800 thread count Egyptian cotton sheets. Yes, this is the life! Much better than the tent I spent last year in.



The next morning was clear and cold again, and I declined to show Sorsha for best condition since Christoph Shork beat us by over three hours! And his horse looked fabulous! Wow. He ended up with Best Condition, which he deserved. Special congratulations to Mary for doing a perfect ride on her and her horse's first 100. They were smiling all day and looked great. The 20 Mule Team is one of the best first 100-mile rides anywhere, and this is exactly how you do it!

Special mention goes to the Quicksilver club- we started 12 horses across all distances, and finished 11! That's a 91 % completion rate for the club. And get this- in the 100, we started 6 and finished 6, including 4 in the top 10! Nice! I'm also thrilled to report a 72% completion rate for the 100. That's the best in a long time! I went back out on Sunday morning and spent the day cleaning up the ribbons and arrows off the course while people packed up and went home.

On Sunday night Brian took us all out for dinner and we had a nice meal. On Monday morning I packed up the bike, Sorsha, and headed home. It was yet another great day at my favorite ride in

the desert! Sorsha is now four for five at 100-mile rides, every one of them here. We are looking forward to getting to the Big Horn this year in July, with a few other California riders. I'm really looking forward to that adventure. I think Lori and Tracy are in, any other takers? Next ride, Whiskeytown in the middle of April. It is another one of my favorites, since it's almost all single track. Then maybe Cache Creek, then by all means the new ride in Point Reyes in June. Point Reyes is my favorite place to ride a horse in the state, and there has not been a ride there in over 30 years. I'm REALLY looking forward to that one!

Nick Warhol

"Make sure you always have fun. If you're having fun, that's when the best memories are built."

Simone Biles



Trail report - Calero County Park

by Carolyn Tucker

Elisabet and I enjoyed a wonderful exercise ride at Calero during a weekday when the trails have hardly any people or bikes!

We took the trail route to the left onto Figureroa trail, a nice flat warm up along McKean Rd. into shaded trees with good trotting sections. We followed it all the way to the Javelina Loop trail, stayed right and enjoyed the nice wild flowers past the bat house and took a right turn at the dead end and soon after, a

sharp right turn onto the Oak Cove Trail.

The fairly new **Oak Cove** trail meanders through the middle of the park and joins up with several other trail directions into different sections and other parks. It is a 5 mile single track trail, mostly flat with great footing and beautiful views. It offers a good trotting option all the way to the Los Cerritos trail and back to the parking lot.

Our ride was about 8 miles of beautiful trees, wild flowers, Calero Lake views and lots of green grass for the horses to nibble! We avoided drinking from any water troughs to stay safe from EHV-1
Enjoy, and Happy Trails!



Important trail information, from Jill Kilty Newburn:

On Thursday March 24 I attended one of the Speaker Series Events hosted by the Santa Clara County Horseman's. The topic that evening was **Parks and Trail access** and the speaker was Captain Ali Famalett with Santa Clara County Parks. Request for questions advance had been sent, but Cpt. Famalett was really accommodating in taking questions from the group as they came up.

We were reminded that Santa Clara County Parks has over **52,000 acres** of protected lands, **342 miles of trails** and 28 different parks for users to enjoy. Most of the trails are multi use trails and open to horses, bikes and hikers, but there are some that are designated just for hikers and horses, so check you map closely before going if this is your preference. Cpt. Famalette said that as the supervising ranger for many of our south county parks, she did indeed want to hear from us when we saw maintenance issues that pertain to our use, like a stile that has become eroded underneath and is becoming difficult to navigate, a place on the trail where signage is lacking, a tree is down or some other trail issue that they need to know about. A non-emergency report can be made by going to the web page for that park and contacting the Ranger listed for that park, or contacting her directly.

She also talked about reporting more urgent needs using the **non-emergency dispatch number** for the county. For example, if your horse has thrown a shoe and you will be late returning to the parking lot and don't want to get locked in, you can get this information to the dispatcher who can let on-duty staff know. She also mentioned using this number for reporting dangerous behavior by other park visitors. For example if you should happen to have a close encounter with a very fast moving bike that is not slowing down for anyone, you can call and share a description of the person and the incident and this information can be relayed to park staff who may be able to keep a eye out for this person when they return to the parking lot. This number is - **408-299-2311**. And remember to use 911 if it is indeed an emergency and you need assistance immediately.

Finally let me mention that there was a request made for equestrians to **volunteer**. This can look like doing trail patrol, which is basically going out to do the training ride that you might do on any given day, visiting with park users who may have questions, and sharing anything that you see with the parks staff. It is really easy to be that extra set of eyes and ears in the parks to let the staff know what is happening while being an ambassador of the equestrian community. You may also want to be involved with education and tabling events where they specifically want equestrian volunteers to come out and talk to the public about parks. You can learn more about volunteering at:

<https://parks.sccgov.org/get-involved/volunteer-opportunities>

From Beveley Kane, MD



Spring starts:
new year; old rice
five quarts

Near the road it flowered,
the mallow—and by my horse
has been devoured



Both of these haiku were written by the 17th century Japanese poet, Bashō, one of the most famous and beloved haiku masters in history. According to haiku scholar Harold G. Henderson, Bashō called the second haiku Horseback Poem. It is said to be the verse that persuaded Bashō's final Zen teacher to accept him as a pupil.

This month marks my 20th year with my terrific horsemanship teacher, Summer. I came to her never having ridden, not counting the time I fell off a little black backyard horse in college. And I didn't have to write a brilliant haiku to be accepted as her pupil. It was luck! I have promised Summer that in the *next* 20 years I will remember to carry my hands and sit up straight in my canter departs.

The Endemic Within the Pandemic

In late January, a horse at our ranch took sick with the equine herpes virus. In the scrupulously cautious weeks that followed, only a small percent of our 300 horses became ill. During the early stages of quarantine, horses were not allowed out of their living quarters. Even within the corrals and paddocks, we could not ride. We could not longe. All that was left to us was to devise quiet activities that avoided heavy breathing and discharge of secretions.

In some respects, the lockdown was liberating. The silence and the structure were a welcome change from the hubbub of ranch activity—cars, competition for arenas, cliques. I felt safe—not even the small possibility of a riding accident. I felt free—no lessons where my imperfections are literally riding high. Every visit in my horse's paddock was simplified to a string of haiku moments: mindfully grooming, walking in Zenlike circles, sharing moods and secrets and subtleties. Spring arriving in green. Winter coats shedding in gobs.

Now as we emerge from the herpes endemic—and the covid pandemic—we promise to recognize haiku moments in all experiences. Not just when poetry is easy to perceive, in the fragrance of spring flowers or the sweetness of a chocolate Easter bunny, but also in the moment museum of our frustrations, as when struggling for correct equitation. From now on, heels down haiku.

Horsensei wishes you a beautiful spring with an abundance of haiku moments.

Book Review by Julie Suhr

50 YEARS OF MADNESS

An Updated History of Ride & Tie Championships 1971-2020

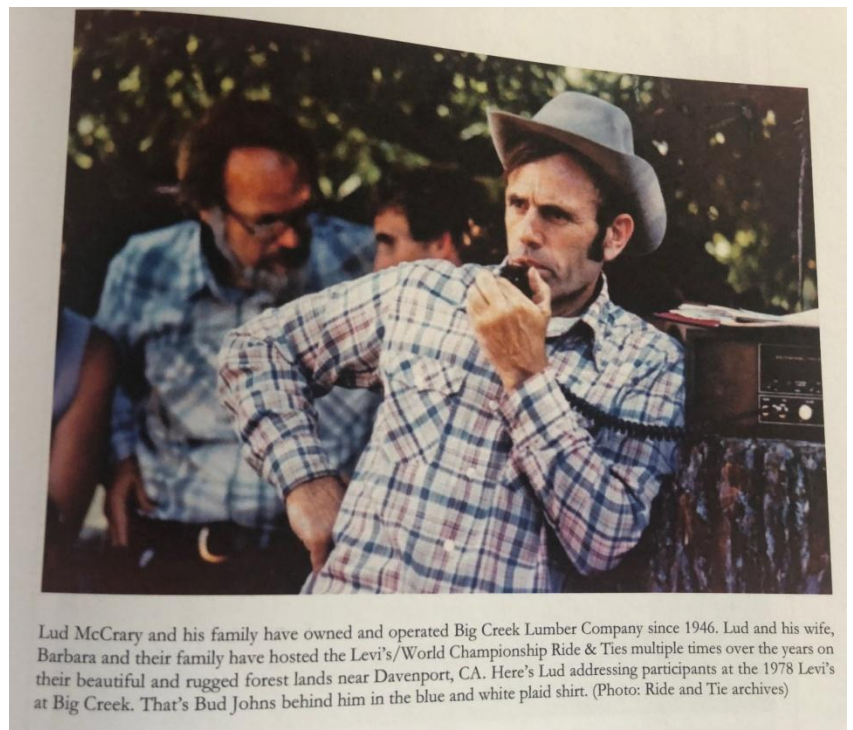
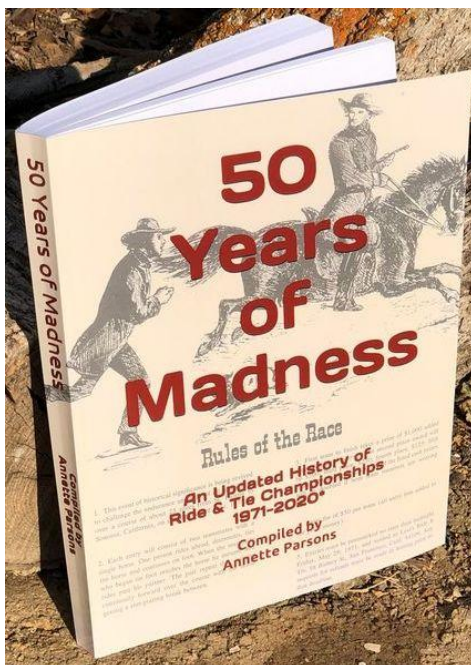
Compiled by Annette Parsons

For the uninitiated Ride and Tie is two people with only one horse figuring out how to get from here to there in the fastest time over a prescribed course. For sheer excitement thumbing through this book will not disappoint. I did not count the number of photographs but to estimate there are hundreds of horses and runners in action that will keep you turning the pages. Incredibly, under the stress of the ride, there are more happy grins than you'll ever see in any other sport. The largest ride and tie had three hundred and seventy four runners and a hundred and eighty seven horses. Wow! Add on the number of veterinarians and crew people and you realize the staging area has to be pretty large. The average Ride and Tie course is around thirty eight miles but it can vary.

You will see some endurance faces you will recognize in this book. Most of the pictures are candid shots and shown in color. For Quicksilver members the event was held locally once in Almaden and many times at the McCrary Ranch. Lud and Barbara not only hosted the event but participated as a team.

The pandemic cancelled the event in 2020 and 2021. Hopefully the big 50th celebration planned for the summer of 2022 will bring together once again the horses and riders that will make us all us all want to get out and cheer.

Julie Suhr



Lud McCrary and his family have owned and operated Big Creek Lumber Company since 1946. Lud and his wife, Barbara and their family have hosted the Levi's/World Championship Ride & Ties multiple times over the years on their beautiful and rugged forest lands near Davenport, CA. Here's Lud addressing participants at the 1978 Levi's at Big Creek. That's Bud Johns behind him in the blue and white plaid shirt. (Photo: Ride and Tie archives)

Quicksilver Endurance Riders (QSER) Club March 16, 2022 Board Meeting Minutes

The Board meeting was held via Zoom on March 16, 2022. Call to Order by President Jerry Wittenauer at 6:10 p.m. In Attendance: Jerry Wittenauer, Nick Warhol, Elaine Elbizri, Carolyn Tucker and Margaret Hastings.

➤ Review of Committees and Reports:

➤ Technical

- Newsletter – Elisabet continues to do a wonderful job on the Newsletter. Members are encouraged to submit articles.
- Website (Nick) – Nick adding additional links to “Join the Club” to the website.

➤ Trails (Carolyn)- Trails are looking good.

➤ Membership – (Nick) – Elaine’s work reaching out to past members has resulted in membership renewals increasing to 54 paid members, up from 35 last month.

➤ Goodwill (Maryben) – Nothing to report.

- AERC Convention (Jerry) – Jerry’s hosted cocktail hour for members at the convention was a success with about 15 members attending.

➤ Financial (Nick) – Nick requested approval from the Board to pay the club’s insurance for the upcoming year. Carolyn motioned, Elaine seconded and the Board unanimously authorized Nick to pay the club’s insurance for the period March 3, 2022 - March 3,2023 in the amount of \$500.

➤ Ride Committee Reports

- Support to Fireworks Ride (Carolyn) – nothing to report as of now.
- Plans & Prep for the Quicksilver Fall Classic (Jerry) – Plans for the ride are on track. Ride Manager will endeavor to make the ride profitable for the club. We will reach out to members for participation either with prizes or volunteering.

➤ Awards Committee Status – Banquet, Awards, Yearbook (Elaine) – No action taken this month.

➤ New Business (All) – It was suggested that the Club Campout at the Santa Cruz Horseman’s on August 14th be combined with our Club Board meeting. It was decided that the Board will hold its August 2022 meeting at the campout.

➤ Old Business

- Trailer/Storage Container for QSER Fall Classic Ride Supplies – This idea has been tabled for now as not within the Club’s budget.
- Upgrade at Harvey Bear – Jerry reported that the Parks Department is updating its long-range strategic plan for the Park and that may delay any decision on making the improvements requested by the Club. Waiting to hear from Parks.

➤ Calendar Updates (All) – Jerry provided an annual calendar of events that would appeal to the membership. It will be posted in the Quips.

➤ The Board meeting schedule will continue on the third Wednesday of the month via Zoom. The next meeting will be at 6 p.m. on April 20th.

➤ The meeting was adjourned at 6:57 p.m.

Margaret Hastings

Trea\$urer's\$ report:

General Account Balance: **\$7,912**

Trails account Balance: **\$1,075**

Paid members for 2022: **58**



Birthdays



April Birthdays:

Shannon Thomas - 4/2, Don Brown and Alicia Stanton- 4/3, Melissa Ribley - 4/8
Katy Brayton - 4/20, Julie Suhr - 4/21, Jill Kilty Newburn - 4/22

Happy 33rd anniversary to Beveley Kane and Ruben!

Market Place

HORSE BOARDING FACILITY

20535 Rome Drive, San Jose, California.
Stalls: \$350.00, pasture \$280.00, fed twice a day high-quality orchard-alfalfa mix hay.
96' X 48' uncovered outdoor arena. We clean. Shavings available. 1.25 miles to entrance to the Quicksilver County Park (3600 acres and 19.2 miles of manicured trails). I provide my trailer for use to boarders. **Trilby – (408) 997-7500**

CENTERED RIDING® LESSONS

Help your horse use him/herself effectively while going down the trail. Take the stress out of your body and your horse's body. Find out how to have a better seat and make your horse more comfortable.
Centered Riding® lessons available with Level 3 Centered Riding instructor. Clinics available upon request. **Becky Hart (408) 425-5860**

Books by Julie Suhr --- Ten Feet Tall, Still and ...but it wasn't the horse's fault! are available for sale. All proceeds go to AERC Trails Fund and Center for Equine Health at UC Davis. Please contact Julie Suhr at: **(831) 335-5933**

Books by Lori Oleson --- Enduring Memories and Endurance... Years Gone By are available for sale. Re-live the adventures that tell the stories of horses and riders who made their way down the trail in the 1960s through the 1990's. Books are available by contacting Lori at **(408) 710-5651** or lorioleson@alumni.cpp.edu

From Trilby: Part time job available feeding and cleaning. at horse stable. A couple of hours in the am and about half hour in pm. You can keep your regular day job. \$350 a week. There is a trailer for rent on property if you want to live there. 12 horses. Call 408-997-7500

Hi Everyone,

I bought these from Stateline tack for \$139.00 and decided they are not for me - I am just too short. But they are very comfy - I have not worn them at all they are in brand new packaging. it will cost me \$50 to return them so I'm seeing if anyone would like to buy them from me for \$130.00 and we can arrange to meet in person so you can have them. They are a size 7. I have wide feet and they seemed fine. The leg part is also roomy if you have ample calves. Please pass this on if you know anyone who would be interested. **Judith Ogus**
judith@randomarts.biz

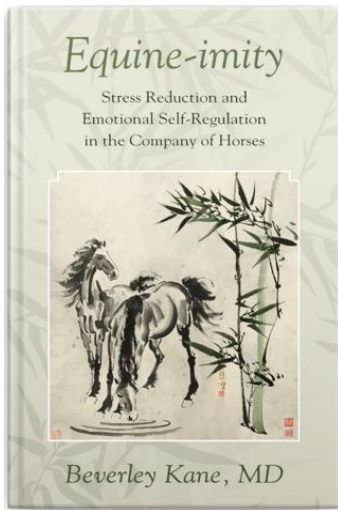


For Sale:

Lance Camper 9'10" - Hardly Used!
Onan Generator used only 44hrs
Electric Jacks, Roof Resealed 2019
Full Refrigerator Serviced 2019
New Vents & Blinds 2019
All Maintenance Receipts Available
Micro Wave and Gas Stove/Oven
Air Conditioner
Large Pantry and Clothes Closet

JDPower BluBook - \$11,800.00
Asking \$ 10,000.00 or Best Offer
Carolyn Tucker 408-612-6846 cell





New book by Dr. Beverley Kane

***Equine-imity—Stress Reduction and Emotional Self-Regulation
in the Company of Horses*** by Beverley Kane, MD

Equine-imity teaches moving meditation in the form of qigong, a tai chi-like practice, with, and optionally on, horses. Based on our Stanford program of the same name. Written with non-equestrians in mind. Share your love of horses with friends and family! Purchase paperback or e-book on Amazon and other outlets. Learn more and download free Introduction at <http://equine-imity.com>

Illustrations by Judith Ogus

From Judy Etheridge: I am looking for a short, smooth, safe and sound horse. Julie Suhr described such a horse some time ago so here I am, too. Hard to find in the Bay area it would seem. Please contact Judy at: misxfire@gmail.com

More famous Movie Horses... Snowman



In 1956, Harry de Leyer took a chance on a gray horse he saw at an auction that was destined for the slaughterhouse. Little did he know, Snowman, the \$80 plow horse, would turn into a show jumping champion. He sold Snowman to his neighbor for double the money he bought him for. However, Snowman kept on escaping the paddocks at his new home and running back to de Leyer's barn. The gelding was jumping over fences as tall as five feet. After jumping out of pasture

on several occasions, the neighbor decided to give the beautiful gray back to de Leyer. Impressed by Snowman's ability to jump fences, de Leyer decided to jump the gelding over a four-foot fence. Snowman showed incredible athletic ability so his owner decided to give him a go at show jumping. Less than two years later, the gray gelding won The American Horse Shows Association Horse of the Year, Professional Horseman's Association Champion, and Champion of Madison Square Garden's Diamond Jubilee. The next year, Snowman went on to win the Open Jumper Championship at Madison Square Garden, becoming the first horse to do so two years in a row. After an incredible career, Snowman retired from the show ring in 1962. He lived out his retirement years with his beloved owner. Snowman passed away in 1974 at the age of 26. If you want to know more about this story, "The Eighty Dollar Champion" book by Elizabeth Letts is a great read that was turned into a wonderful movie.

IT'S NEVER TOO LATE TO JOIN THE QUICKSILVER RIDERS!!!!

Club Mission - Quicksilver exists to promote the sport of endurance riding by conducting endurance rides and advocating for equestrian trails. It seeks to provide a model for the highest level of sportsmanship and horsemanship within the context of this sport. It supports and provides educational events and leadership in each of these areas.

FIRST: We need your name _____

And then your address _____

And your phone number and e-mail _____

And then we need your money! Senior membership is \$ 30 _____

Junior membership is \$ 20 _____

(a junior is under 16 years of age)

Family Membership is \$45 _____

Mailed Quips (paper copy) \$20 _____

Total enclosed \$ _____

You can go to our website at : www.qser.net to join, OR send a check made out to: **Quicksilver Endurance Riders, Inc.** to: Nick Warhol, 3664 Old Quarry Road, Hayward CA 94541

THANK YOU!!

