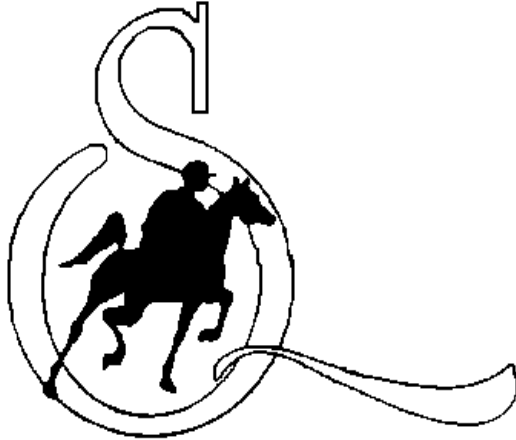


october 2004 Quips

QUICKSILVER QUIPS

October 2004



OFFICERS

President Steve Lenheim
Vice President Jill Kilty-Newburn
Secretary Elaine Alton
Treasurer Kathy Miller

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Pat McKendry
Trilby Pederson
Maryben Stover

Chief Mover and Shaker: Mike Maul

Newsletter editor: Judy Etheridge
P. O. Box 62, Sunol, CA 94586-0062
(925) 862-0232 misxfire@aol.com

Presidents Message

It's Friday afternoon and the days are much shorter. Two months ago I could go out and get 2-3 hrs of riding and still come home in daylight. Alas, now I have to leave work at noon. That's the season, Fall, crisp clear and shorter everyday.

I think I have a speaker for our November meeting, Cargill, aka Nutrena. I talked to the sales rep. and she thought it would work out OK to do a presentation on their new feeds. I'll follow up in the November newsletter if it's on.

For December we have our annual Christmas Party so start preparing for that. As always it's a big surprise to see who shows up and what gifts are given out. Find something special for that special member.

Elections are coming and I don't mean National. Oct. is the time to nominate folks to run the club so start working on who oh who can get us moving into 2005. (yuk, another year) I'm sure everyone would like to see some changes so we could have a more exciting year than the past one. Certainly some new blood with new ideas would help.

Personally I would like to thank everyone for the great job they did over the past year.

1. Judy Etheridge on Newsletter 2. Maryben on membership, ride secretary, etc. 3. The board members and other officers 4. Doug Reynaud for the Coe Ride 5. Elaine & daughter, Katie, for the Poker Ride 6. Trilby for the Fall Classic to be

Many others which is not bad for a horse club. Now let's go ride!

El Presidente

EDITOR's Message

OUR NEXT BIG PUSH IS THE FALL CLASSIC 25/50 ENDURANCE RIDE ON OCTOBER 23 AT CALERO AND QUICKSILVER PARKS. CLUB MEMBERS REALLY NEED TO SUPPORT THIS RIDE EITHER BY RIDING OR BY HELPING.

RIDE MANAGER, TRILBY, AND ASSISTANT MANAGER, PEGGY, HAVE BEEN WORKING THE PHONES AND EMAIL TO SUCCESSFULLY SOLICIT VOLUNTEERS. WE ARE MARKING TRAIL AND PROVIDING AN AMBULANCE TRAILER.

IF YOU CAN'T MAKE IT TO THE CLUB MEETING THIS MONTH, CALL TRILBY AT 408 997 7500 OR PEGGY AT 831 659 2296 OR EMAIL HER AT PEGGY123@AOL.COM TO OFFER YOUR SERVICES. A RIDE ENTRY IS IN THIS NEWSLETTER.

THIS YEAR THE CHRISTMAS PARTY WILL BE ON WEDNESDAY, DECEMBER 8 AT THE ALMADEN COMMUNITY CENTER. IT WILL BEGIN AROUND 5:30-6:00 PM. TRILBY SAYS BRING WHATEVER YOU WANT FOR THE POTLUCK BUT SHE IS REALLY HOPING FOR POTATOES AND VEGGIES.

E1 EDITOR

MINUTES OF QSER MEETING 9-15-04

Present: Elaine Alton, Katie Alton, Steve Lenheim, Kathy Miller; Trilby Pederson and Maryben Stover. Meeting called to order 7.30 p.m.

Fall Ride

San Jose Firefighters will be doing the food. Prizes include 85 blankets and 50 pillowcases. Volunteers are needed e.g. vet secretary, P&R people, timekeepers, spotters, clean up crewe. Call Trilby or Maryben.

Treasurer's Report

General Account

As at 7-21-04 Beginning Balance	\$1,473.14
Deposits (dues)	105.00
Checks written	619.47
End Balance	958.67

Trails account 1,005.75

Junior Account 774.14

New Business

Our dues need to be enough to cover basic operating costs. Increase in dues tabled for discussion at future meeting.

Trilby wanted to donate money to the Community Club by way of a booth at New Almaden

Day to introduce our club. This was tabled for a further meeting when more members are present to discuss.

It was reported that we need to increase our insurance next year for rides at County Parks to \$2M liability. We currently have \$1M

Information

Since this meeting took place, Maryben suffered a riding accident and broke six ribs! She is doing well and a card has been sent to her from all of us.

WANT ADS

HORSE FOR SALE

Registered 1/2 Arab/Saddlebred 11-year-old mare, 15h. Very sweet, nice ground manners. Suitable for trail/pleasure/endurance. \$2,000. Michele 530-292-1902.

SADDLES & TACK FOR SALE

Sharon Saare 15 in., C tree. Well-used and well cared for but no longer fits either of my horses. \$600, no fittings. Jill 650-949-0330.

Stubben dressage saddle, 17.5, black with leather girth and small felt pad, \$600. Call Judy at 925 862-0232 or misxfire@aol.com.

Sharon Saare saddle for tall person. SS tree. SS tree is the warm blood tree but this saddle was made

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for a 15h Arab quarter cross, \$1000. Beautiful condition. Tooling. Dropped center rigging. Happy Back gel pad included. Call Gillian 408 867 1766. **Outback something Poley Australian saddle.** Good condition. Med/ wide tree. Fits the above horse beautifully and a very acceptable fit on a difficult to fit Arab. Two wool pads with this one, \$1300. Call Gillian @ 408 867 1766.

Winter Blankets both in very good condition:

Red quilted, size 74, used lightly, \$35.

Blue wool, size 76, used only once, \$30.

Contact janice.frazier@scbglobal.net or 268-2177.

Ortho-Flex Express Lite. Like new. Will include misc. tack in sale. Asking \$1500. Call Michelle at (831) 761-2578.

Stalls with Paddocks/Pasture for Rent

Brand new 12x12 stalls with 24x12 paddocks, shavings; we clean. \$250 pastures \$180. Feed twice a day, high-grade oat and alfalfa hay. 96 x 48 outdoor arena. Close to 3,600 acre Almaden Quicksilver County Park with 19 miles of manicured trails. Call Trilby at 408 997-7500 for more info.

Ranch cats available for adoption

Fixed and current on shots. Contact janice.frazier@sbcglobal.net or 408 268-2177 or Denise.Lloyd@hitachigst.com or 408 717-6196.

NEEDED: Foster caregivers for kittens and cats. You, too, can help Safe Haven Animal Sanctuary, a non-profit organization dedicated to providing care to animals. For info call Janice at 408 268-2177.

FASTRACK Probiotics at a direct discount from the Manufacturer. If you are interested in trying daily and supplemental probiotics now is the time. Promote health, increase performance, and ensure a healthy digestive tract at a low cost. For more information contact Wild Eye Arabians, Kirsten and Michael Berntsen at 831-623-2120 or kirstenzazz@hotmail.com or www.conklin.com/wildeyearabians.

Dynamite Products Distributor

www.dynamiteonline.com

Jan Jeffers, sleeeker@garlic.com

408 779-4722

East Bay Elevator-Pacific South 25/50

Many QSER members were at the East Bay Elevator-Pacific South ride on September 25

as riders or helpers or both☺ **Becky Glaser** gave a short talk about FEI riding. **Becky Hart** and **Julie Suhr** presented a seminar on Friday evening on how to be a successful endurance rider for the many Fun Riders after the ride briefing. The Fun Riders and others were thrilled to have the legends of endurance instructing them.

The next day **Jan Jeffers** and **Kathie Schmidt** helped with the Fun Ride. Riders included **Julie, Barbara** and **Doug White**, the **Perkins, Michele, Pat Verheul** and yours truly who marked trail on Friday in the futile hope of tiring out Rats. **Scott Sansom** dropped by Friday night to distribute entries for the Desert Gold 3 Day ride over Thanksgiving week. **Judy Reens** served as a roving worker. **Val** and **Brian** were there on Saturday doing P/Rs and cooking dinner.

Pacific South True Adventure

Our ride was a true adventure at the Pac South enduro. We replaced the fridge in the RV, but didn't get everything done before we left, so it wasn't running on gas. The battery that should have lasted for 24 hours was dead in 2! But I went prepared with my trust ice chest and lots of ice so all was still OK.

T vetted in "cinchy." We have never experienced this with her before – we have been fighting a saddle battle with her though, so it was not completely surprising. We had discovered her saddle was defective and had just had it returned from the warranty repairs (the previous problem caused her to have sore withers) and, frankly, did not really check the fit when it was returned as we did not think it would have changed...foolish of us. T and Patrick were pulled at the first vet check – her poor back was so sore that she was trotting lame.

I continued with Deacon – the Rat Bastard. He was being a wonderful boy. He did most things well except leave camp past

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the white buckets upside down with notes taped to them...I guess he figured the buckets ate small geldings. After the 3rd vet check I made it about 2 miles from base camp. While trotting down hill I felt one of my stirrups give way. I thought that the buckle was sipped or something so I dismounted and looked – nope, the stirrup bar broke and was stabbing me in the thigh. Now this is the only saddle we own that fits this boy – the mares we have can change out saddles, but not Deacon.

I looked at it and tried to decide what to do...I was sort of dumb as I had not been drinking enough and was dehydrating...I finally just decided to return to camp and call it a day. Deacon is not a good bareback candidate as he stays rather thin and his gaits are not smooth. I rode, in turned in my card, and Patrick took apart the keeping parts of Deacon's saddle and tossed the rest. Many people offered saddles, but with one horse already with a sore back and being as I was stupid and tired, I just elected to call it a day.

Sunday we had a very good saddle fitter come out – he looked at T's saddle and was shocked she made it as far as she did – the fit was so terrible that it was easier to restuff it and give it to Deacon. Thank goodness – now he has a saddle again. What a difference a saddle that actually fits makes in the horse. T was walking so much freer in her new-to-her saddle.

Karla Perkins

DESERT GOLD RAFFLE

**WIN A BEAUTIFUL
DIAMOND AND OPAL
PENDANT AND MATCHING
EARRINGS**

PROCEEDS WILL PROVIDE
SUPPORT FOR U.S.
NATIONAL TEAM
EQUESTRIAN member AND
qser MICHELE ROUSH

IN HER BID TO COMPETE AT
THE WORLD
CHAMPIONSHIP 100 MILE
RACE IN DUBAI, UAE

DONATION \$5.00

**DRAWING TO BE HELD AT THE
DESERT GOLD ENDURANCE RIDE,
THANKSGIVING DAY, 2004**

WINNER NEED NOT BE PRESENT TO WIN



PENDANT MEASURES 7/8 OF AN INCH IN LENGTH.



EARRINGS MEASURE 1 INCH IN LENGTH

JOIN THE QUICKSILVER ENDURANCE RIDERS

We need your name _____

And then your address _____

And your phone number, Fax, e-mail _____

And last we need the names of the other members of your family.

And then we need your money! Senior membership is \$ 15 _____

Junior membership is \$ 5 _____

Why join the Quicksilver Endurance Riders? You will have the opportunity to participate in poker rides, moonlight rides, endurance rides, trail projects as well as attend monthly meetings, the Christmas party and the annual awards ceremony and saving the best for last, you will meet the best friends you will ever have!

How are our dues spent? Annual Yearbook/Calendar; monthly Newsletter; a representative voice in local horse politics; trail maintenance and improvement projects; year-end awards and monthly meetings.

Club meetings are generally held on the 3rd Wednesday of the month at the New Almaden Community Center, Bertram Road, San Jose. The Board meets at 6:30 PM and the general meeting follows at 7:00 PM.

Send your 2004 dues, checks made out to: Quicksilver Endurance Riders, Inc.

Mail to Membership Chairperson: Maryben Stover
1299 Sandra Drive
San Jose, CA 95125-3535

May your and your horse have wonderful Year 2004 riding together as members of the
QUICKSILVER ENDURANCE RIDERS, Inc.

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Michele is responsible for selling the jerseys so let's support her and the rest of the team by buying one.

These jerseys are going to be available for purchase all year and each team member will be asked to sell a minimum of 10 to help raise funding for uniforms and additional costs. This is our "Girl Scout Cookies" campaign! So talk to your friends, family and crew...and get the orders to us. These shirts are really nice 100% pre-shrunk heavy weight cotton Rugby Jerseys with a very bold USA graphic. We will all look fantastic at the WEC! The manufacturing Company is in Canada and makes them specifically for Rugby Uniforms, so they are really well made.

National Team Rugby Jersey



100% pre-shrunk Heavy weight Cotton. Bold graphics represent your support for your US National Team. Generous cut in shoulders, slim in waist, not bulky. Easy to tuck in to jeans or wear with riding tights! Unisex sizes (See order sheet) Order one size up if you like a more relaxed fit.

\$75.00

Proceeds go directly to benefit the US National Team expenses for the World Endurance Championships.

Name _____

Address _____

City, State, Zip _____

Phone _____ E-mail _____

Shipping Address (if different from above) _____

Unisex Sizes	Quantity	Total \$
XS- special order		
S- Ladies equiv. size 4-6		
M-Ladies equiv. size 8-10		
L- Ladies equiv. size 12-14		
XL-Ladies equiv. size 14+		
2XL-5XL available (specify)		

Please accept my additional donation to the US National Team in the amount of \$ _____

Total Amount Enclosed \$ _____

Check payable to: USEF, Inc. The amount is fully tax-deductible. Please write **Michele Roush** on the memo line of the check.

Mail order form and check to: Art Priesz, 1824 320th Street, Ivanhoe, MN 56142.

Rebecca's Road to Recovery

Rebecca, my 14-year-old mare, had a close brush with tragedy at this year's Spring Quicksilver on May 15th. Many of you were there at the last vet check when she refused to eat and wanted to lie down. Dr. Young and Dr. Fellers starting treating her with pain medication and IV fluids. Hours later, Ride Manager Doug Reynaud trailered her to the Valley Animal Hospital in Gilroy. Because she was not responding to treatment and it was thought she might need colic surgery, we took her from there to the Steinbeck Country Equine Clinic in Salinas. She was treated aggressively for impaction colic and bronchopneumonia. Luckily, with time, fluids, and without surgery, the impaction resolved in about 36 hours. The bronchopneumonia lasted longer, but with antibiotics and rest, she was able to return home on June 1. I was elated to bring home an alert and happy mare, and I remain very thankful to those of you who helped me on that fateful day, as well as being grateful for the encouragement many of you offered while she was hospitalized.

Since I learn more with every equine experience I have, I thought I would share the continuation of Rebecca's story of recovery with those of you who may be interested. Her discharge instructions from the Steinbeck Clinic called for 30 days of rest in a paddock or small pasture, with continuous monitoring of her vital signs. I repeatedly removed dust from her stall and sprinkled her paddock. I cleaned the trailer with Lysol before picking her up. Trying to keep her environment free of irritating dust in the Central Valley during the summer is not easy!

As instructed, I had her rechecked via chest ultrasound and blood work 30 days thereafter, on June 30th. I had this

done at Davis because it is a much closer facility for me. Rebecca even got a little extra training out of that day - a fire drill at the Veterinary Teaching Hospital! In our quiet, darkened ultrasound room, we were surprised by the sounds of alarms. Soon those large sliding doors opened all along the building sides and horses were led out by vets, owners, and technicians, with the humans seemingly as perplexed as the animals...but I digress. Her ultrasound showed much improvement but still some areas of consolidated lung. Her blood work was normal. I was told to rest her for two more weeks and then start gradual exercise, working up to normal exercise six to eight weeks later. Of course, I was compulsively taking her temperature and watching for any nasal discharge or other signs of possible relapse. Every time she coughed my heart would sink. I had a great Tevis ride on her in 2003 and was looking forward to 2004. That plan was gone - in fact, would I ever attempt to endurance ride her again? One does a lot of soul searching after hurting a horse on a ride. At any rate, I started taking her for walks on flat ground, then walks in the hills. We progressed to my being in the saddle for the walks, then short trots. As the weeks passed, we increased speed and distance. Occasionally she would cough but it happened less and less. I rode with a heart monitor often, trying to ascertain what was left, if much, of her fitness level. She always has good impulsion moving down the trail so I knew her enthusiasm and fitness were not necessarily the same. As time passed, we did some moderately paced training rides of 20 to 25 miles. Things were going well, and Barbara McCrary was looking for drag riders for the Swanton Pacific. So, Rebecca and I went about 30 miles that day collecting trail ribbons.

The time had come for me to make a decision. I believed Rebecca was ready to try a ride again, but was I? I like the East Bay and Oakland Hills Rides. They are moderate and only 2 1/2 hours from my house. Rebecca had completed the East Bay Ride in 2002. The 2004 ride was scheduled for September 25th, a 25 and 50 mile elevator. It sounded perfect! I would enter the 25, then decide if I wanted to elevate or call it a day after doing the 25 miles.

I didn't sleep much the night before. I love exploring new trails and spending a day out with my friends and family members and the horses. I don't need endurance riding to be content. But truthfully, the competition, the interesting people, the goals all add so much to my life. I wasn't ready give the sport up. I soaked Rebecca's hay while at the ride camp and took her temperature on ride morning. She ate the wet hay happily, she drank well during the night, and her temperature was healthy and low that morning. Time to ride!

I cannot brag to you that we went out and won the ride or even top tenned. Other QS members can share those stories. (Congratulations to all of you who had super rides!) However, I can claim, with pride and happiness, that Rebecca and I accomplished with ease my goals for that day. She did the 50 with great vet scores, CRI's in the 40's, and a hefty appetite all the way through, as well as at the finish. In 2002, she finished the ride in 5:41 riding time; this time we were out there all day. In 2002, I had a good and fun ride; this time the ride was much more - a precious gift from the QS ride management in May, the vets, and a testy little mare with a strong spirit! Indeed, I am very blessed.

Barbara White

Chamberlain Creek 9/25/04

All we can say is, "Wow, you couldn't have asked for better weather, happy, helpful ride volunteers, gorgeous scenery, a laid-back start time for us 30's...(9:00am), plentiful water troughs along the trail, great campsite (albeit tight, but well organized), and a fun bunch of riders! Not to forget the plentiful FOOD! The tri-tip was "to die for", and there was so much of it, the cooks were walking around giving away extras to us big meat eaters!

Marianne Gersing and Penelope Kane did an excellent job organizing everything...nothing was lacking in this ride! Ed Anderson won the 50 and B.C.'d – both looked great. Jason Wonders was there with his crew of lady riders – they all looked great as well. We met Dr. Gillespie on the trail, one of the original Tevis vets, and had an interesting conversation with him as we trotted those scenic trails together for a while.

It was neat to see the remnants of the old train trestle from the steam donkey days along the sides of the trail in the last loop. We 30 milers did the 1st and 2nd loop. The trail was challenging with some good climbs at times, but we were rewarded with great footing and many spots for long extended trots through the forest. The trail markings were well done...you could not have gotten lost unless you tried to! Most of the trail was on fire roads through the forest...there were some fairly long sections of single track that cut us over to more fire road trails.

It was absolutely beautiful, relaxing and great fun for us and our horses. This will be a ride we'll plan on for next year, and we highly recommend it to everyone!

Bob and Peggy Eaton

**DESERT GOLD MULTIDAY
25/25/25 and 50/50/55
November 26, 27 & 28, 2004**

These rides are sanctioned by the American Endurance Ride Conference and are subject to all AERC rules. Please call or visit the AERC website (AERC.org) for further information on rules or for complete list of rules. Some additional rules unique to this ride:

1. Ride start times will be announced at the ride meetings the night before the rides.
2. Completion pulse criteria for the 50/55 will be 60 beats per minute within one hour of finish
3. Dogs must be on leash at all times. No dogs allowed at vet checks
4. BLM requires weed-free hay---- only be used at the out vet check

*******ENTRIES LIMITED TO 150 HORSES*******

****No potable water in camp. ****

Do you have a GPS? We may have the trail on waypoints.

This first year, the Desert Gold Endurance Multiday rides will be a fundraiser for Michele Roush's effort to compete in the World Endurance Championships in Dubai in January 2005. Because of this, and because it is the first year for the rides, it will be a "no frills" event. We plan to have beautiful, well-marked trails for you, and hope to have more "frills" in the future. The course will be easy going with sand and rolling hills, and should hold up well in the event of rain. There will be no meals planned or catered by ride management; however, within 15 minutes' drive, you can be in civilization, with a myriad of restaurants.

We would like to emphasize the multiday aspect of this event, and will recognize three-day horse/rider pairs for both the endurance and the limited distance events. There will also be awards available for overall best condition for both the endurance and the LD rides. To be eligible, horses must complete all three days of the same category of ride with the same rider.

BLM has granted us a SPECIAL RECREATIONAL PERMIT in order to have this event on their property. Portions of this event are being conducted on BLM managed lands.

Ride manager: Scott Sansom (408) 268-7902 or sansom@sbcglobal.net

Refund policy: * No show, no refund

* Entry fee entirely refundable until 11/19/04. After then, management reserves the right to withhold \$20 from refund

DIRECTIONS TO RIDE CAMP

From the North/ San Jose: Take Hwy 101 South towards Salinas and Monterey. Exit Hwy 156 West to Monterey Peninsula, staying in the left lane while exiting. Stay on Hwy 156 West (left hand lanes) past the Junction 183, and Hwy 1 North. It becomes Hwy 1 South. Hwy 1 turns into freeway. Take Reservation Road exit, turn LEFT at stop sign and go under the freeway to second stop light, .3 miles. Turn RIGHT at stop light, Reservation Road. Travel 2.7 miles on Reservation Rd to Imjin Rd and make a RIGHT. **GOTO FINAL DIRECTIONS.**

FINAL DIRECTIONS:

Once on Imjin Rd., Travel .6 miles to Abrams Rd and turn LEFT. (The Ord Market will be on the corner). Travel .9 miles to Inter Garrison Rd. Make a LEFT at the stop sign. Travel .5 miles and GO AROUND THE STREET BARRICADE. Continue on Inter Garrison another .85 miles to West Camp Street and turn RIGHT. Travel .3 miles on West Camp to Watkins Gate Rd. (You will pass the side of camp on your right. DO NOT TURN IN ON ANY OF THE DIRT ROADS. Turn RIGHT on Watkins Gate Rd and travel .1 mile to the Basecamp entrance through a green gate on your right.

From South of Salinas: Take Hwy 101 North to Salinas, take Monterey Peninsula/Sanborn Street exit. Turn RIGHT at stop sign and go under the freeway. Continue on S. Sanborn and it turns into E. Blanco after the Abbott Street traffic light. Travel about 2 miles and turn LEFT at the 5th traffic light, HWY 68. There is a green sign on the right prior to the intersection that says Monterey Peninsula/Laguna Seca. HWY 68 turns into Freeway in a couple of miles. After 3/4 miles on freeway, exit River Rd/Reservation Rd, turn Right onto Reservation Rd at light. Travel 5.6 miles and turn Left on Imjin Rd. **GO TO FINAL DIRECTIONS**

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Desert Gold Multiday, November 26, 27 & 28, 2004

*******ENTRIES LIMITED TO 150 HORSES*******

Rider name: _____ AERC# _____
Address: _____
City/State: _____ Zip: _____ Phone: _____
email: _____ Age: _____

Horse name: _____ AERC#: _____
Age: _____ Breed: _____ Owner's AERC #: _____

Sponsor's name, if junior: _____

Weight division: (rider's weight with tack)

_____ Junior (under 16 as of 12/1/2003)
_____ Featherweight (0-160 pounds) _____ Lightweight (161-185 pounds)
_____ Middleweight (186-210 pounds) _____ Heavyweight (211+ pounds)

Entry fees: limited distance (25): \$85 per day
endurance (50/55): \$95 per day
ride managers/juniors: \$50 per day

If postmarked after 11/16 add one fee of \$25 (not per day) _____

25 mile ride - Friday 11/26 Day 1 _____
Saturday 11/27 Day 2 _____
Sunday 11/28 Day 3 _____

50 mile ride - Friday 11/26 Day 1 _____
Saturday 11/27 Day 2 _____
Sunday 11/28 Day 3 _____

AERC one day membership - \$10 per day _____

Total: _____

Make check payable to Scott Sansom
send to: Desert Gold Multiday, 21970 Fortini Rd, San Jose, CA 95120

*****PLEASE SIGN RELEASE ON OTHER SIDE*****

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Agreement and release of all liability

I, _____ the undersigned, in consideration of the _____ (print name of rider) acceptance of this entry, hereby acknowledge that I have voluntarily applied to participate in the Desert Gold Endurance ride. I also do hereby for myself, my heirs, executors, and administrators, waive and release the Desert Gold Endurance Ride, its sponsors, volunteers, employees and management, and all individual members thereof and all other persons regardless of their capacity in any way connected with the event described herein, their representatives, heirs executors, administrators and assigns from any and all right, claim or liability for damages, or for any and all claims of any kind and nature that I might have. Further, I do hereby acknowledge that said release extends to any accidents, damages, or claims arising out of my entry caused by my own act or the acts of anyone, or any animal within my control, or of any animal without my control. I understand that equines are dangerous and unpredictable animals, and that any activity involving said animals carries with it certain inherent risks, and I agree to take full responsibility for any damages occasioned by any equine under my care. I understand that Ft Ord has unexploded ordnance in restricted areas, and I agree to take full responsibility for any and all consequences arising from the action(s) of myself or any animal or minor under my care, relating to those restricted areas and unexploded ordnance. I do further acknowledge that I have read the foregoing and know and understand and agree to the contents herein.

Rider's signature _____ Date _____

All riders under the age of 18 must have release below signed by parent or guardian All minors are required to wear an SEI approved, ASTM standard, helmet.

I, _____, am the parent or legal guardian of the minor, _____, who will be attending the Desert Gold endurance ride. **(print minor's name)**

I, the undersigned parent/legal guardian of, for, and in consideration of my child's participation in the Desert Gold endurance ride, do hereby forever release the Desert Gold Endurance ride, it's sponsors, and all individual members thereof and all other persons regardless of their capacity in any way connected with the event described herein, of any and all claims, demands, suits or liabilities which otherwise arise by virtue of injury to or occasioned by my child or any horse under such child's direction and control. I do further authorize any officer, director, or supervisory personnel of the Desert Gold ride to consent on my behalf to any emergency medical treatment which may be required for my child, and do agree to indemnify and hold harmless anyone giving such consent. Further, I agree to pay all damages for any claim found in favor of my minor child against parties associated with the Desert Gold ride. I understand that Ft Ord has unexploded ordnance in restricted areas, and I agree to take full responsibility for any and all consequences arising from the action(s) of myself or any animal or minor under my care, or under the care of a minor under my care, relating to those restricted areas and unexploded ordnance. I do further acknowledge that I have read the foregoing and know and understand the contents herein. I declare under penalty of perjury that the foregoing is true and correct.

Parent/Guardian signature _____ Date _____

Date of birth of minor _____

One rider's view of the East Bay Pacific South International Ride

by Pat Verhuel

Some rides are just more fun than others and it is a combination of things that make them so. The East Bay Endurance Ride last Saturday was one such ride. The weather was great, foggy in the morning and sunny with a light breeze in the afternoon. The trails were beautiful with single track redwood shaded trails to open fire roads with great views of the bay, hills, golf courses and lakes. Many years ago I rode the Oakland Hills ride on Razda who was then still pretty green. I have a photo from that ride that shows a wide-eyed nervous horse. Meeting bicycles and an assortment of dogs and hikers as well as passing the shooting range may have been good training, but on Razda it wasn't much fun.

This year one of my goals was to ride Razznan as many miles as possible in hopes of reaching his 5000 mile mark. We started out with Death Valley, added New Cuyama and this summer headed off for the XP2004. Razznan completed many miles in a style that only Razznan can but we were still about 200 miles short of 5000.

For those of you who don't know I attend San Jose State where I am a music major. This is my last or next to last semester; anyway I have my senior piano recital this fall and not much time for riding. But the East Bay was within two hours driving time and maybe Razz and I could squeeze in at least one more ride.

With minimal conditioning for the past two months, Razznan and I along with our awesome crew – Bob and his XP dog Bridger – headed to the ride. My plan was to ride slow and just get a completion. In the early morning semidarkness I found Becky Hackworth and we decided that we would ride this ride XP style. That means we would walk for one or two miles and then pick up a slow trot with mostly walking on the steep ups and downs, planning to average about 5-6 miles per hour. This worked out fine until we got to the first vet

check. Becky's horse was a little off and I don't know if she corrected the problem with an easy boot or stopped there as I didn't see her again. Razznan and I continued on down the trail, but now in a delightful pocket with very little horse traffic. The hikers, dogs and bikers didn't bother Razz and we enjoyed visiting with folks along the way. We did pick up the pace a little as Razz has a wonderful smooth trot that just eats up the miles, especially when he is traveling alone.

We breezed into the hour hold at camp for lunch where Razz did all the correct things, like eating like a horse and drinking lots of water. We then started our third loop – the one with the rifle range. We did a fast trot along that section of trail, the plan being to get by it in control but not wasting any time. The only time Razz shied at a bicycle was in this section and I think his mind was on the noise and it startled him to see a bicycle. We managed to stay together and finished the loop. Razz decided the water on that loop was too close to a campground with too many people running around and not a safe place to drink so we did the whole loop without water. But Razz had tanked up at every previous opportunity so I wasn't too worried. He did get a B on impulsion at the afternoon vet check but that may have been due to the fact that Bob wasn't there to trot him out.

The third loop was a long out and back with some climbing resulting in wonderful views of the bay area, a short detour through an equestrian center for water and awesome views of a lake. The single-track trail back to camp was a delight as it started along the lake and then moved into the canyon. The footing was excellent and it was cool. Razz would have done it faster, but we just needed to finish so we trotted along enjoying our last hour together. Near the finish we heard cows and Razz got pretty jazzed but luckily you have a while after completing before P&R time and Razz was well recovered and eating heartily within a half an hour. He passed his final exam with all A's.

A ride like this one reminds me of why I do endurance riding, the countryside, the friends, my wonderful crew and a fantastic, enthusiastic horse. It just gives life a little boost, a jolt of delight. A big thank you to

6 Day TWHA 100 Mile Ride

There were many memorable moments for this year's 6-day 100-mile ride BART fundraiser, held in East Bay Regional Parks, Tilden, Redwood, and Chabot over Labor Day. There are always the great trails and vistas to recall, but there were some other very distinct events both on the trail and off:
- when riding on the first day on trail near Jewel Lake in Tilden, we gave a family with 2 kids rides on one of our horses, and took their photos for them.

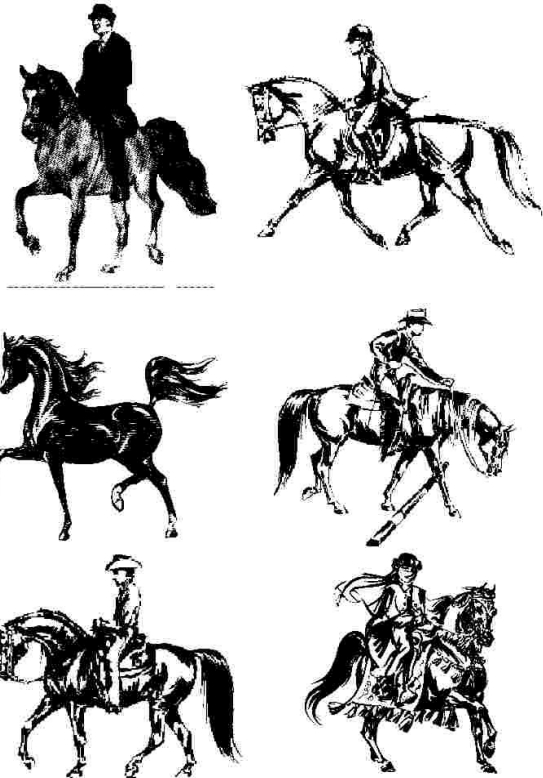
- getting to go to use the Chabot Space and Science Center telescopes and learning how to navigate with the sun not just the stars.
- when my horse, Jewel, would get ahead of her riding partner and then look back and wait for her if she got what Jewel felt was too far behind her; it was especially cute when she'd do it on switchbacks, with this "how'd you get there?????" look
- the last night the brave group dancing wildly to the blue grass band
- Sequoia Arena was a very nice camping area with arena and the horse Metropolitan Horsemens' group is interested in partnering with other groups to do more things there and keep the presence of horses up in the park (so there might be further opportunity to go to this spot)

Overall best surprise of the ride for me: who woulda thunk that a grumpy, potentially kicking mare (Jewel) would pair up with another grumpy, potentially kicking mare (Cherry) to make a great duo on trail, and the owners would have lots of fun together too. This year Jewel didn't jump into the trailer to go home, she wanted to know where Cherry had gone and it took some coaching to get her in the trailer at all!!!!

the ride management, enthusiastic volunteers, and the competent and efficient vets for making the ride go so smoothly.
Pat Verheul

I really enjoyed getting to ride some new trails this year in those 3 parks. All the evening entertainment was great to have. And what a nice group of people we had this year. A big thanks to the committee of 7 - Morris Older, Judy Etheridge, Martha Mikesell, Jaye Winkler, Eric Schroeder, Ramana Linnea, Jane Binder **AND** all the other 70 helpers who made this such a great event. We had a great time and should see you next year.

Janice Frazier



october 2004 quips

2004 october Events

Date	Region	Ride Name	Distance	Manager	Phone #
10/02	W	Comstock, IAHA	25/50	Mark Harker	775-969-3729
10/16	W	Del Valle Vulture Venture	25/50	Jane Cloud	cloudbj@aol.com
10/23	W	Quicksilver Fall Classic	25/50	Trilby Pederson	408-997-7500
10/30	W	Lake Sonoma 50	50	Jennifer Neihaus	707-894-3369
EARLY november events					
10/05	W	Smokey Killen	55	Kathy Lewis	775-577-9693
10/06	W	Memorial 155	50	"	"
10/07	W	Pioneer	50	"	"
10/06	W	Lake Oroville	30/50	Cathleen Papa	530-533-1056

Quicksilver Endurance Riders meeting
WEDNESDAY, October 20, 2004

At the New Almaden Community Center on Bertram Road, behind La Foret restaurant
6:00 PM Board Meeting (Members Welcome) 7:00 PM General Meeting
We'll be finalizing plans for the Fall Quicksilver Classic, October 23.

Quicksilver Endurance Riders, Inc.
P. O. Box 71
New Almaden, CA 95042