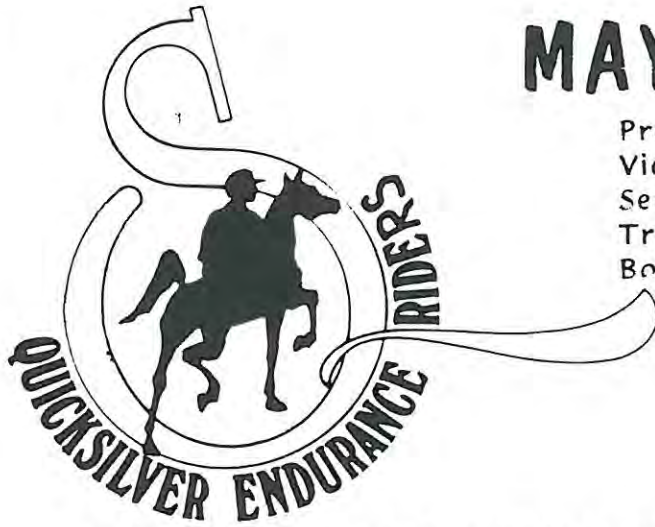


QUICKSILVER QUIPS

MAY 1999



President:	Steve Lenheim
Vice-President:	Lori Oleson
Secretary:	Marvin Snowbarger
Treasurer:	Trilby Pederson
Board Members:	Ken Cook
	Diane Enderle
	Maryben Stover

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President Steve Explains Why He Is Smiling These Days!!



Let the fun begin! As of April 12th, 1999 the rain has stopped and the weather has finally warmed up. On top of that we now have a real day. i.e. daylight savings so we can ride in the evenings. I think we all needed this uplift to get back in the saddle and just ride.

Over the next couple of months we have some interesting events planned for the club. Start with the the Poker Ride that Judy Etheridge is putting on for us and follow that up with our Barn Dance and Bar-B-Que. Also we have on tap a search for the egg (microscopic search for egg count) and possibly a saddle fit demo (bring a horse). I don't have all the information but will inform everyone a soon as I do. Both ideas are from Linda Cowles and she is going to put them on.

50 Miles to go. *Steve*

QUICKSILVER BOARD MEETING of April 14, 1999, called to order at 6:45pm.

MINUTES: Published in Quicksilver Quips. Steve reviewed. No corrections.

PRESIDENT'S REPORT: Steve will plan the BBQ for the July general meeting and the barn dance for the August meeting.

TREASURER'S REPORT: General Account \$ 1888.88
Ride Account 1509.55
Trail Account
Junior Account

COMMITTEE REPORTS:

Membership: Steve will follow-up on delinquent members.

Program: No programs scheduled for May, June.

Goodwill: Kay Allison's sister passed away. Julie sent a card. Diane will call Pam Mott to get an address for Merle Bean and have a card sent.

Ride: Lori discussed the trail for the Quicksilver Fall Ride. Staging will be at Calero. Jim Green will help with trail access.

NEW BUSINESS: Lori moved that 1 entry to the Quicksilver Fall Ride be donated to the Pacific South team for fund-raising for the Pan Am Ride in Canada. MSP.

ANNOUNCEMENTS: Carla's mare had a foal by the sire Zane Grey.

ADJOURNMENT: 7:15pm.

QUICKSILVER GENERAL MEETING called to order at 7:40pm.

GUESTS: Barbara Gardner was the guest of Judith and Becky.

MINUTES: Steve reviewed. No changes.

CORRESPONDENCE: Several newsletters from other equine organizations had arrived and were available for review.

TREASURER'S REPORT: General Account \$ 1888.88
Ride Account 1509.55
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Junior Account

COMMITTEE REPORTS:

Program: The BBQ will be in July, and the barn dance in August.

Lars will report on the Sharon Jones (park ranger in charge of the horse patrol) presentation to the SCCHA. This could be a program for Quicksilver.

Linda Cowles suggested that we use May for a fecal test demonstration and June for a back-casting demonstration (for saddle-fit). More information will follow.

Ride: Lori announced details of the Quicksilver Fall Ride. The entry form is just about ready. Calero will be the base camp.





Trails: Quicksilver Park has some muddy trails(which is better than muddy thinking): April Trail and No Name Trail.

NEW BUSINESS: A Quicksilver Ride entry will be donated to the Pacific South Team.

Mike Maul reported on the Quicksilver web page.

ANNOUNCEMENTS: Carla announced the arrival of her new filly, to be named April.

Judith and Becky will be holding a Summer Camp for girls from June 21 to June 26.

Lars reported(after the meeting) that the California Conservation Corp is working on the trails in Quicksilver and Calero Parks. They will spend one month in each park.

Meeting adjourned: 8:05pm

PROGRAM: Post-ride care, by Becky Hart

Care options after the final vet check:

- * care starts immediately after the ride
- * importance of electrolytes
- * free-feeding on hay(can be wet)
- * use ice for 20 minutes intervals
- * leave horse alone for awhile, but watch closely
- * grooming can be delayed
- * bute(horse must not be dehydrated; must be metabolically stable). 1 gram if no problems. 2 grams if there is a problem.
- * massage with hot, wet towels; stretching; walk around; TTeam
- * uptight poltice and wrap, if tendon stress.
- * be careful with wrapping: dependency; masking of problems
- * let the horse roll
- * check and care for "scratches"

Input from others:

- * make available crushed mineral salt
- * keep horse warm; blanketing
- * free-feed(over time) on hay and grain
- * check pulse regularly
- * clove can be used for pain relief
- * Judith demonstrated leg wrapping and the use of ice boots; use crushed ice; RB ice boots work well

Quicksilver has a Goodwill Ambassador in the person of Jess Ambriz. The following is an article written by him when he was an International Ambassador of Division 12, California-Nevada-Hawaii District of Kiwanis International in Honduras following Hurricane Mitch.



MY ADVENTURES IN THE JUNGLES OF HONDURAS by Jesus M. Ambriz

1/4/99

We got to Tegucigalpa, Honduras around 2 p.m. and were picked up by Martha. I never got her last name. Martha without a last name told us that we would be going to the Monte Carlo Retreat Camp for the night. After about one hour in the Commission Crisitana De Desarrallo office, we went to pick up her children from school. We dropped them off somewhere in town, and then went on to the Monte Carlo Retreat Camp.

1/5/99

In the early morning we took off to the north. Our group included myself, two general medics, two physicians, one physician's assistant, two registered nurses, and one medical student, Susan, the bagel man. Four hours later we arrived in Quimistan, in the Santa Barbara area of Honduras. We met Ruth, the person in charge, Vilma, a P.A., and Jessica, an interpreter from New York.

1/6/99

We were off to the northeast of Honduras. Two and one-half hours alter, we were deep in mud. We had a 4x4 Toyota with four-wheel drive. This baby danced on two feet of mud for 15 minutes while it continued to rain. Finally it climbed. Wow! We waited for the second truck, which did the same dance. Ultimately we reached what appeared to be a football field. We walked up one-quarter of a mile to a church building where we met the church leaders. The pastor was not pleased at all, but we took over the church just the same!

For the next four days we took care of Tidia Versica (Paso Blanco), UTI, machete wounds, cuts, colds, upper respiratory infections, asthma, fevers, diarrhea, parasites, amoebas, scabies, muscle aches, dehydration, gastritis, and Hurricane Mitch-related depression. We also had some prenatal conditions, postpartum infections, vitamin deficiencies, malnutrition, and other conditions such as club foot, diabetes, osteomyelitis, hair lip, bad vision, broken bones, gall bladder problems, and on and on.



During these four days and nights I noticed that the four leaders of the community were always around, alert and well armed. After dinner I would come out and light up a cigar and chit chat wit the locals. In between phrases and sentences, I got the impression that there were bandidos around. I slept with short shorts. Every time I would wake up I walked around. I would always see one of the leaders watching over the building.

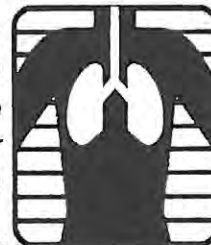
The other thing I didn't like was that the pastor locked the door to the bathroom we were to use, and left for the duration. On Saturday, 1/9/99, Vilma announced that we were to leave by 3 p.m. That morning she asked me if I wanted to meet some of the important people in Quimistan. I said "yes." By the time we arrived in Sula, she told me we were invited to a wedding reception. This was at the officers club on the

military base. We got to the club about 7:30 p.m. The food was terrible, but the drinks were good and free. I asked for the commandant but he was not available. Apparently the American airport had an emergency meeting and the called for the commandant of the army base to be present.

I spoke to a Lt. McNamara. During the day I had talked to the three drivers and was told that in the last five days somewhere between where we were and Quimistan there had been two holdups by bandidos posing as coffee bean buyers. So, I told this to Lt. McNamara. He said he would report to the commandant. I then noticed that there were many armed guards around these people that night and the lieutenant did circulate around the perimeter of the Club Continental. Before we left, Lt. McNamara came to me and asked if we planned to leave soon. I got the idea that he wanted me out of there.

Sunday 1/10/99

We left for the northwest part of Santa Barbara. Three and one-half hours later we arrived at Trasceros De Nueva Frontera, a very nice town of 2,000 people. We were met by the leaders of the Catholic church. We set up shop and asked the leaders to schedule their sections at two to three sections a day. There are people who live in the jungles two or three hours from town. They came walking in groups of 20 to 30 families per group.



Then hours after we arrived we started seeing patients. For the next five days we saw the same conditions that existed in the jungles of Honduras, due to contaminated water, lack of food, insufficient clothing, being shoeless, and no one to educate these people as to how to deal with these conditions. We treated cold, diarrhea, dehydration, parasites, gastritis, pneumonia, etc.

I visited the local clinic on Wednesday at at noon. I met the nurse practitioner. She told me that there are doctors assigned to the clinic with full salaries, but none have shown up for weeks. The Cuban doctors were there for one day. Some physicians from Finland were also there for one day.

Friday, 1/15/99

At 5:30 a.m. we departed Trasceros, making our way back to Quimistan and on to Tegucigalpa. We arrived at Monte Carlo camp around 6 p.m. We enjoyed the first hot showers in two weeks.

1/16/99

Tom and Jean left for Costa Rica. The rest of us headed for the United States.

I want to mention that while we were in Honduras, we never saw the local doctors or the local police officers anywhere or any time with the local people.

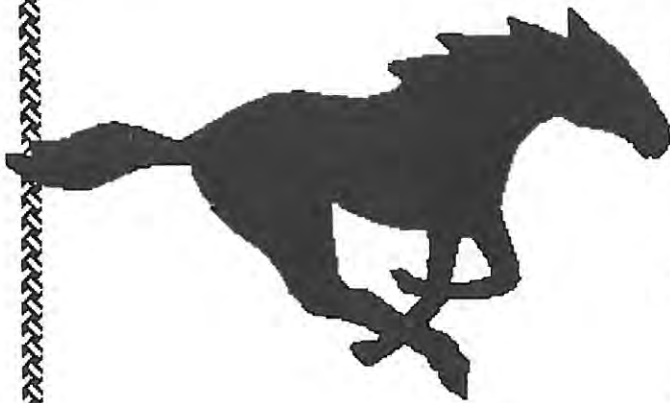
As accustomed as we are to the frequent sightings of our local highway patrol officers here in the U.S. of A. There seemed to be no visual presence in Honduras of the same kind, which made us feel less than safe at times.





QUICKSILVER ENDURANCE RIDERS, INC.
P.O. BOX 71, NEW ALMADEN, CA, 95042

Galloping into May 1999



- | | |
|--------|---|
| May 1 | Washoe Valley 25/50/100
Cennie Creech 702-882-6591 |
| May 1 | Malibu 25/50
Karyne Zenteili 818-889-7228 |
| May 8 | Scotts Flat 30/50
Suzi Souza 530-268-2607 |
| May 12 | Quicksilver Meeting
Microscopic Poop Examination |
| May 15 | Castle Rock 30/50
Barbara McCarty 831-423-4572 |
| May 22 | Wine Country 30/50
Jessica Tuteur 707-258-1937 |
| May 30 | Camp Far West 25/50
Tom Bowling 916-663-4069 |