



Quicksilver Quips

Published by
Quicksilver Endurance Riders, Inc.

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Secretary: Carolee White
Treasurer: Kathy Miller

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The following persons have been nominated as officers of the Quicksilver Club for 1993:

President: Maryben Stover
Vice-President: Jan Jeffers
Secretary: Caralee White
Treasurer: Kathy Miller

Election of Officers will be held at the General Meeting on Nov. 11th. Nominations for Directors will take place at the Nov. 11th meeting.

The YEARBOOK/CALENDAR is going to be better than ever this year. It is VERY IMPORTANT that you do the following:

1. send your picture with (1) your name, (2) the horse's name and (3) your return address on the back to Kathy Miller, 21420 Fortini Rd., San Jose, CA 95120. December 15th is the deadline!! WE WANT EVERY MEMBER IN OUR YEARBOOK!!!
2. Fill in form on back page with your and your horse's records and mail to: Maryben Stover, 1299 Sandra Drive, San Jose, CA (265-0893) by December 15th. The ride years ends on November 30 so this should be no problem.

COOPERATE WITH THESE TWO WILLING QUICKSILVER MEMBERS!!!

QUICKSILVER FALL RIDE...NOVEMBER 14, 1992

Pat McDonald and Kathy Miller are manager and secretary of this year's Fall Ride. Dr. Gene Carroll will be the head veterinarian. Most of us are familiar with the trail, but for those who are not, it is really beautiful in the Fall. There is a new water trough, built by the county with Quicksilver money, in the Senator Mine area off MacAbee Road and always plenty of friendly Quicksilver members to help you down the trail. If you cannot ride, call Pat or Kathy and see if you can help in some way. They are both very capable, but they sure need some support...especially P & R people. Your entries go to Kathy at 21420 Fortini Road, San Jose, CA 95120. If you would like to donate an award, call Carla Fanara at 779-7085. She'd like to have some special awards as well as major ones.

QUICKSILVER PERSONALITY PROFILES DAVE AND CARLA FANARA

Now that her two terms of office are about up, it is time that we found out more about our President, **Carla Duncan Fanara** and, **Dave**, the good man that she married in 1986 and introduced to the endurance community.

Carla was born in Petaluma, California on Thanksgiving Day a ways back and spent her childhood and youth in that town while helping her Dad on the chicken ranch . Since 1968 when she graduated from Stanford Medical Center's Radiology School she has been mainly employed at the Veterans Affairs Medical Center where she is one of the most senior special procedure technologist and CAT technologist. She likes her job and intends to stay with it for another thirteen years.

Carla started riding as a three year old and except for giving birth and getting married has not spent a whole lot of time elsewhere. She does take some time out from leading the other Quicksilver Members, to make quilts, listen to some country western, and, when time permits, reading Steven King and historical novels. Her daughter, Tanya, is with the Coast Guard in New York and her son, Andy, a junior in high school, can be seen occasionally crewing for his mother. Carla, Dave, Tanya and Andy have all successfully competed in triathlons..a remarkable achievement for a family of four!

Dave Fanara is a totally likeable San Jose native who went through school in that city and now owns and operates an auto repair shop in Morgan Hill after having managed a similar shop in San Jose for thirteen years. He originally had a couple of employees but found he hated the book work so decided to go solo. His customers, many who come from quite a distance for his auto expertise, can usually find him listening to a talk show as he works. He can be found every morning at Cindy's Restaurant reading the newspaper cover to cover before work.

Dave first became interested in horses in 1976 when there was a snow drought and no snow for his vacation skiing plans. He looked in the classified ads and bought the first horse he looked at..a Tennessee Walker/Quarter horse cross. In Dave's words, "he was big and mean". Having been an armchair cowboy who thrived on western movies, he was saddened when Donnie died, but knew he wanted to become more involved in the horse world. He bought Sinbad, a young Arab who was "big and fast and out of control most of the time". He got off to a wild start competitively by taking on the Brown's Ride and Tie. Meeting Carla in 1979, Dave was introduced to endurance riding at the Gold Coast Ride and has been hooked on endurance riding ever since. However, Dave doesn't always leave the leg work to the horses for he is a very accomplished runner. I believe he and Dan Barger are the only two Quicksilver members to have completed the toughest grind of them all..The Western States 100 down the Tevis Cup Trail. His large cheering squad, made up of mostly Quicksilver members, said he felt great at the finish, although he admits to almost dying on his first fifty mile run in 1987.

Carla and Dave lead incredibly busy lives outside of their work days. They run, bicycle, ride and in the summer, work on developing their dream...a ranch in Bridgeport. From there they use their endurance horses to pack into the high country as often as possible. Their equine buddies now include Patrick, a 5 year old Firewind arabian that Dave has raised and trained himself. His other horse is Blinky, another Arab. Carla has her two favorites, Tekka and Punky also Arabians. Oh, yes, she has also managed to work in two terms as our Quicksilver president.

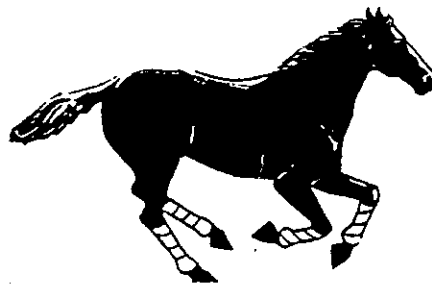
It is an honor to have Dave and Carla in our Quicksilver family, but don't spend too much time wondering what they do in their spare time. There can't possibly be any!!

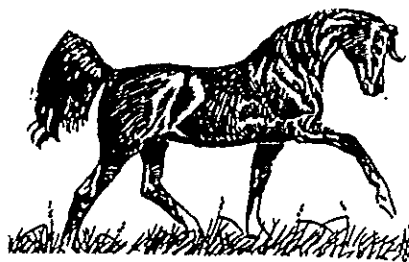
We have all heard of the old adage that if you want to get something done, ask a busy person. I don't know who came up with that bit of observation, but I do know who they had in mind...our guest speakers for November!!

RON WALTENSPIEL is one of those truly exceptional people who goes about life in a quiet homespun manner while accomplishing wonders. As owner/manager of Timbercrest Farms, a large dried fruit packaging and mail-order firm outside of Healdsburg, he finds relaxation in donning his shiney construction worker helmet and climbing into the big truck with his wife Ruth by his side and heading down the highway to an endurance ride. He has managed to chalk up over 16,000 endurance miles while never losing his cool. I've always wanted to have Ron behind me in a ride. No, not because I want to beat this nice man but because if disaster strikes, it is nice to know that someone is coming along who won't fall apart when all else is. Ron spent seven or eight years as a Competitive trail rider before becoming an endurance rider. He was AERC Heavyweight champion in 1980. Ron is a native Californian whose contributions to AERC are myriad. He is almost single handedly responsible for the current up-date of the office computer procedure..about to have its test run . The West Region should be particularly proud to have man of Ron's calibre as a Regional Director.

TERESA CROSS is another prime example of the outstanding persons endurance riding has attracted. As a young girl, she became one of the protoges of the late LeRoy Krusi...the respected East Bay classmate of Wendell Robie, and father and father-in-law of Sue and Skip Dyke....who took under his wing many young people and introduced them to riding as a way of life. Known as Krusi's Tuesdays Floozies, because they rode every Tuesday, she learned her lessons well and will prove it once again as manager of the October 31st/November 1st Mt. Diablo Challenge 2 Day 100. Always energetic, with a degree in architecture from the University of California, this last year she took on the big job of Chairperson of the AERC International Committee. Those who saw her in Spain know what this gal can do. When she is not busy working for Sportack, she can be found riding her big grey Amon Tu or one of Cory Soltau's spectacular Bey Shah daughters. No stranger to crossing the finish line ahead of the rest of the field; earlier this month, with the help of Amon, she won the IAHA Region III Reserve Championship at the Comstock 50 Miler.

These guest speakers are truly prominent in the field of endurance riding. Not only are they willing to talk to us, but they are well versed in the rules of the AERC and knowledgeable enough that it will be hard for any of us to throw a question at them that they cannot answer thoughtfully. The November General Meeting will be particularly outstanding.





FORT CHURCHILL 50/100

The 1992 Fort Churchill 50/100 is now history and it was a bittersweet experience for my group. Sad because as it stands now, this was the last ride that Lavonne Booth will manage -- happy because we did so well and had such a great time as we always do at her rides.

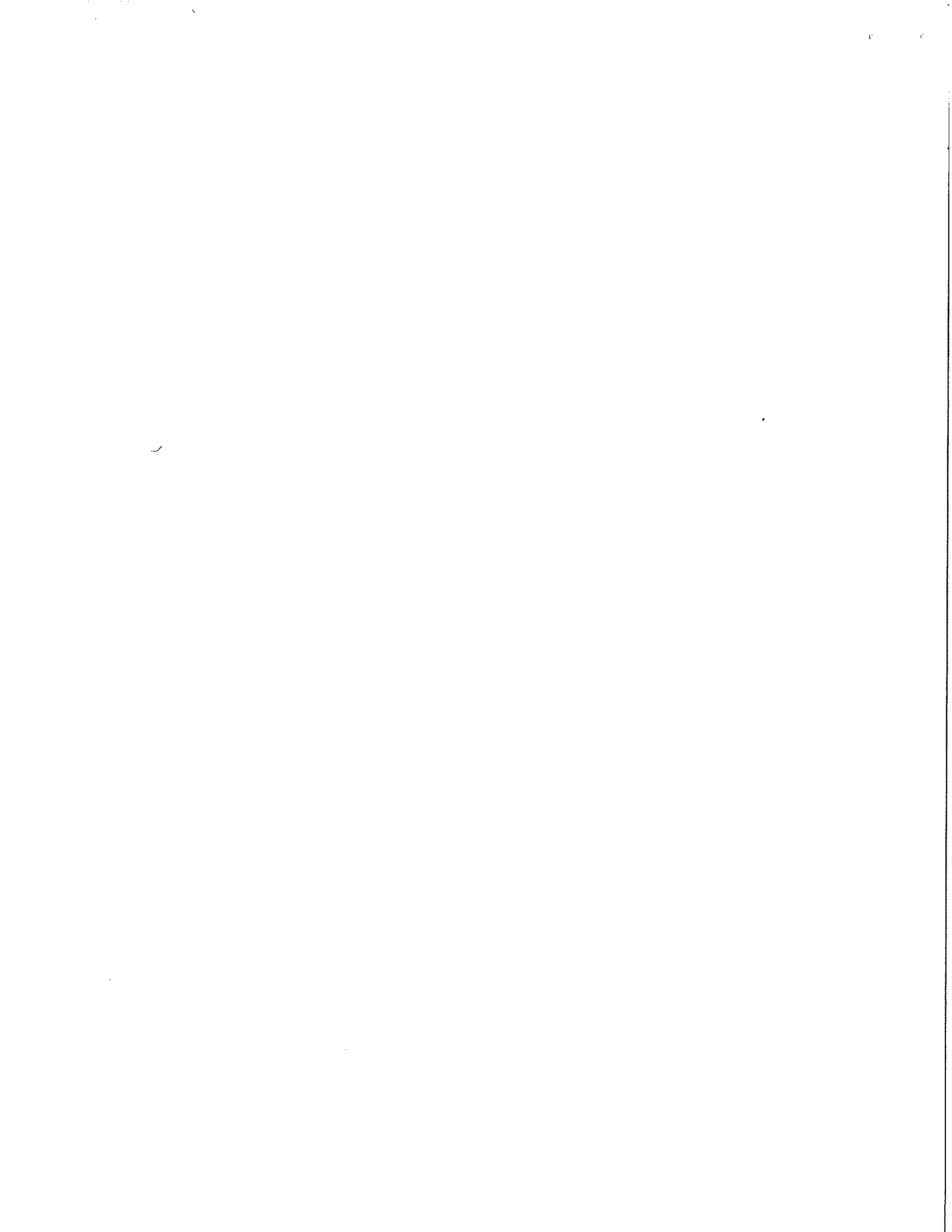
We arrived at camp about 5:30 after our usual 7 hours in the truck and promptly drove off into the sand and got stuck. We dug out and tried to decide where to park that we would not get stuck again. Right. We decided to park on the edge of the road instead of driving off into the desert. We got stuck anyway. When Susan and Joe arrived we told her just to drive straight off the road, park and someone would pull her out on Sunday morning. So she did.

Robert was crewing for us (and anyone else who wanted him) and also planning to do P/R's and whatever else they needed. He was not riding because of torn ligaments in his foot so we had brought our friend Stephanie Bridges, who is 9, to ride her first ride of longer than about 5 miles on Robert's horse, Pepper. Heather had brought Tyler, my roommate's horse (full brother to my old horse Rushcreek Olson). Heather was riding unsponsored as she wanted to see how well she could do. Also, since this was her 4th attempt at just finishing a 100 miler she really wanted to ride her own race and try to finish her first 100. I was riding a borrowed horse named Benranique.

Anyway things went pretty much as planned. Stephanie and I finished in the middle of the pack in the 50 miler and found that Heather was still in the top three with 25 miles to go. We vetted in and then settled down to wait for the finish of the 100. About 7:30 p.m. a few of us headed to the finish line to wait. After a wait of about 45 minutes we were sure we could see glow bars coming. Then we heard them yell. It seemed like forever before they came galloping out of the dark running towards the finish. I could hardly believe it when I recognized Tyler and Heather who crossed the finish line a nose behind Tom Johnson and his horse Sam, to finish 2nd place on their first 100 miler. Heather told me that it was the first place horse's first 100 miler too. Tony Bennedetti was just a horse length or so behind them. The next day at the awards banquet Tony Benedetti won Best Condition. It was also a victory for Heather because Tyler got a perfect score on his Best Condition form. All of the horses at B/C judging looked like they were vetting in to do the 100 not like they had already done it.

We all hope that this will not be the last ride Lavonne puts on. Her rides are without equal. Who else can get 91 entries to a ride where they will get stuck in the sand and have to be pulled out. All I can say is that if Lavonne's decision is final, this sport will have lost more than it can afford to.

by: Maryben Stover





CHAPTER IX.

SO far, then, it has been stated how a person would be least likely to be cheated in buying a colt or a horse, and least likely to spoil him in use, but particularly how one could produce a horse with all the qualities that a rider needs in war. Now, on the chance that you should happen to have a horse that is either too high-mettled for the occasion or too sluggish, this is perhaps the proper time to set down how to treat either one in the most correct fashion. In the first place you are to know that mettle is to a horse what temper is to a man. Exactly, therefore, as a man who neither says nor does anything harsh would be least likely to rouse the temper of his neighbour, so one who avoids fretting a high-mettled horse would be the last to exasperate him. At the very outset, then, in mounting, care should be taken to mount without annoying him. After mounting, the rider should sit quiet more than the ordinary time, and then move him forward by the most gentle signs possible. Next, beginning very slowly, induce him in turn to quicker paces in such a way that the horse may reach full speed almost without knowing it. Every abrupt sign that you make him—sudden sights, sounds, or impressions—all disturb a high-mettled horse just as they do a man. [Abruptness, you must remember, always confuses a horse.⁴⁸] If you want to collect a high-mettled horse when he is dashing along faster than is convenient, you should not draw rein abruptly, but should win him over gently with the bit,

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calming him down and not forcing him to be still. Long stretches, rather than frequent turns, calm horses down, and leisurely riding for a good while soothes, calms down, and does not rouse the spirit of the horse of mettle. But if anybody expects to calm such a horse down by tiring him out with riding swiftly and far, his supposition is just the reverse of the truth; these are exactly the circumstances in which the high-mettled horse tries to carry the day by main force, and in his wrath, like an angry man, he often does much irreparable harm to himself and his rider. A high-mettled horse must be kept from dashing on at full speed, and utterly prevented from racing with another; for, as a rule, remember, the most ambitious horses are the highest-mettled.

Smooth bits⁴⁹ are more suitable for such horses than rough; but if a rough one is put in, it must be made as easy as the smooth by lightness of hand. It is well also to get into the habit of sitting quiet, especially on a high-mettled horse, and utterly to avoid touching him with any other part than those which we use in securing a firm seat. You must know that it is orthodox to calm him down with a chirrup⁵¹ and to rouse him by clucking; still, if from the first you should cluck when caressing and chirrup when punishing, the horse would learn to start up at the chirrup and calm down at a cluck. So when a shout is raised or a trumpet blown, you should not let him see you disturbed, least of all should you do anything to alarm him, but should quiet him down so far as you can at such a time, and give him his breakfast or his dinner if circumstances should permit. But the best piece of advice I can give is not to get a very high-mettled horse to use in war.

As for a sluggish horse, I think it sufficient to set down that your method of handling him should at all times be just the opposite to that which I recommended in the case of the high-mettled one.⁵²





QUICKSILVER ENDURANCE RIDERS, INC.
P.O. BOX 71 • NEW ALMADEN • CALIFORNIA 95042

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QUICKSILVER QUIPS....NOVEMBER 1992

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UPCOMING EVENTS

- November 1 Gallop with the Goblins Poker Ride
San Martin Horsemen's Association
(see story inside)
- November 4 QUICKSILVER BOARD MEETING
- November 7 & 8 Carson River I 2 Day 50/75/100
Carson River II 50..Connie Creech 702-882-6591
- November 11 QUICKSILVER GENERAL MEETING 7:30 p.m.
Santa Clara County Horsemen's Grounds
Election of Officers for 1993
Nomination of Directors for 1993
Guest Speakers: Ron Waltenspiel and Teresa Cross
- November 11 Calaveras Trail Blazers..Lymes Disease & Horses
7 p.m. Milpitas Call Judy at 248-3900
- November 14 QUICKSILVER 25/50
Pat McDonald, Mgr. 778-0326
Kathy Miller, Secty. 997-1473
- November 26 HAPPY THANKSGIVING!!
- November 27, 28 & 29 Silver State Point to Point I, II & III
Las Vegas, Nevada Fred Toomey 702-658-200=
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