

# Quicksilver Quips

June 2006

## What's Inside ...

President's Message .....	1
Classified .....	11
Member News .....	2
Lakeside Classic .....	2
Return to Castle Rock .....	2
June Meeting/Party! .....	3
On a High Horse? .....	3
QSER May Minutes .....	4
Oh, for a Camera .....	4
Horse Camping in Tilden Park .....	5
Finding Your Horse's Center of Gravity ....	6
QSER at Hicks Creek Ranch .....	7
East Bay Hills Benefit .....	8
Nothing Personal, Trigger .....	9
Classified .....	10

## OFFICERS

President ..... Maryben Stover  
 Vice President ..... Jennifer Voight  
 Secretary ..... Hillary Graham  
 Treasurer ..... Kathy Miller

## BOARD MEMBERS

Dick Carter  
 Sandy Holder  
 Kathy Brayton

## Chief Mover and Shaker

Mike Maul

## Newsletter Editor

Jackie Floyd  
 P.O. Box 1045 • Lodi, CA 95241  
[typéf@comcast.net](mailto:typéf@comcast.net)

## Quicksilver on the Web:

<http://qser.net/>

Deadline for submission of QUIPS material is the 25th of the month for 1st of month distribution. Exceptions made for late-breaking news and individual pre-arranged deadlines. Photos can be emailed or snail mailed. Word docs preferred for stories material, but not a prerequisite.

## PRESIDENT'S MESSAGE

The June meeting will be at the Suhr's with Bob's gourmet hot dogs and everyone bringing a dish to share. Morris Older will be there with his slide presentation of the 400-mile Bay Area Ridge Trail we have all been looking forward to and some of us are hoping to see before we are too old (or in my case, old and beat up) to ride ..... See other information elsewhere in this issue.

The July meeting will be a BBQ and wine tasting at Barry and Carol Waitte's Hicks Creek Ranch. The guest speaker will be Marvin Anderson, D.C. with a talk and demo on how chiropractic can help your horse (and maybe you too). SEE ENCLOSED FLYER WITH MORE INFORMATION TO COME

Since we are not having a regular meeting until August, the Board will be meeting Wednesday, June 14th, 6:30 at Trilby's barn. If you have any topics that need to be addressed, contact a board member or come to the meeting.

- mb

## CALERO TRAIL ADOPTION

Calero Park Rangers have inquired about our interest in adopting a trail. As many of us ride at Calero on a regular basis I thought it to be a great idea. The trails in most need of help are: Bald Peaks Trail and Chisnantuck Trail. These are fairly new single track trails and are always overgrown with thistles and poison oak in the spring.

Last year a certain someone I know actually snuck into the Park from Cosa Loma and weed whacked the Bald Peaks Trail just because he was sick of being stuck by the thistles!

At the next meeting I will encourage the board to adopt a trail or two in Calero. It involves minor paperwork and a work day once a year in the spring. And most of all, it gets us OUT and INVOLVED in our trail system. We, as a club have been rather lax in our involvement in this way. Let's change that! Let me know what you think, better yet, come to the meetings and share ideas!

- Jennifer Voight

## MEMBER NEWS

### WILD WEST

A little info on **Robert and Melissa Ribley's** WILD WEST RIDE, 05/26 through 5/28, 3-Day 155 miles. Friday it snowed and Saturday it hailed the size of large pellets and Sunday was beautiful. QS members **Mary Anderson, Pam Villa, Hilary Bachman, Scott Sansome**, and a few others which I cannot remember attended. Wonderful stories around the camp fire, potluck and lots of fun even though it was a little cold.

### PROUD PARENTS

**Jennifer and Bing Voight's** mare Sugar delivered a healthy handsome colt on the evening of May 27th. Both mom and baby are doing great.

– **Mary Anderson**

### QSER May Poker Ride

We just barely broke even with 23 Poker Riders. It was an absolutely beautiful day at Calero Park with a BBQ lunch of burgers and dogs. All in all, it was a good time, looking forward to our fall ride at Castle Rock!

– **Jennifer Voight**

### Member Kudos

Congratulations to QSER members **Steve Lenheim/Sorka - BC** and to finishers **Laney Humphrey/Arrow Dynamic** and **Karen Chaton/Granite Chief** at Lost Padres.

**Pam Villa** (aka Melissa Ribley's sister) finished 10th at the American River 70 in spite of the fact that KC bucked her off about two miles from the finish.

**Jill Kilty-Newburn** won the 50 at Diablos Pistoleros. Woohoo!

– **MB**

---

## LAKESIDE CLASSIC MAY 13, 2006

This excellent ride, which is a benefit for the Vietnam Veterans of Monterey County, is held at Lake San Antonio. The facilities and trail are first class as well as ride management, veterinarians, and volunteers.

Quicksilver was well represented with **Alexandra North**, riding with **Becky Hart**, first to finish and Becky getting her second BC in two weeks.

**Margaret and Hillary Graham** sponsored **Haily Daeumler** and finished looking well and just out of top ten. Hillary's horse tripped in a squirrel hole and landed on her leg, sounds bad but both horse and rider looked fine at the finish.

**Mary Anderson** and **Pam Villa** both finished and horses looked good. (Pam rode Connell's horse KC which is a Saam Horse) Connell and Mary's son Chris crewed.

**Valorie Reeves** rode the ride and **Brian** worked the ride. **Becky Glaser** worked the ride as the Vet Secretary.

**Steve Lenheim** finished strong in 7th place. Steve also

received a special award from ride management and a certificate from the Vietnam Veterans of Monterey County for his long-standing support for the ride and Veterans.

The trail was (2) loops that were repeated for the 52 miles. Well marked and manned with volunteers, it was a difficult, technical ride in the moderate heat.

**Steve McCorkle** was 1st to finish on the 25 miler riding Alexandra's other horse. (Michele Roush will ride this horse in Idaho next week)

**Steve Shaw** worked the ride and his horse Tallymark, got a green horse and rider through the 25 miler.

**Barbara and Ron Sanches** did an excellent job with trail, food, facilities, and awards.

The ride site has excellent facilities for the whole family, hiking, fishing, etc. There is no biking on Park horse trails.

The Friday night dinner and the awards dinner were very very good and they were prepared by the Veterans group also.

It is really nice to have a ride for such a noble cause and to be welcomed by the Park Rangers. We need rides like this.

– **Hugh Vanderford**

---

## THE RETURN TO CASTLE ROCK

Wow doesn't quite cover it! As a first time Ride Manager, I stressed about everything – the trail (would we get it cleared), the markings (would we get it done without too many folks getting lost), the vets, the volunteers (having enough in the right places), the food (would we have enough and would my husband kill me for volunteering him as cook!), the riders and their horses, the toughness of the course. I could go on but leave it that I had very little sleep leading up to the ride and basically took the entire week off from work to at least try to manage it as best I could.

Well, the results are in. When we needed everyone to step up to the plate, it happened. Even those that couldn't make it offered encouragement and (yes) emotional support. I've said it before but it really came true: TEAMWORK: Those that work together, WIN together! We had a successful ride from all respects, running out of food just as we were serving the last riders (we had only beans, salad and a few sausages when it was all said and done). I'd only barely had time to save a couple of hamburgers and sausages for our late arriving drag riders!

We do however have one challenge still before us. Please say a prayer for **Barbara and Doug's** beautiful mare Kaz. Evidently she had a congenital defect, a hole in her mesentary membrane, likely from birth. Some of the intestine slipped through the hole and was pinched - something that could have happened in pasture.. Our fine vets on site stabilized her and sent her to Matt Randles capable hands at Peninsula Equine. He was able to manually massage the intestine and slip it back through. As of 4 p.m. Sunday, Kaz is up and wanting to eat (liquids only are going in currently) and we are guardedly optimistic on the outcome. Doug is taking this hard, so please reach out to him in the next couple of days or so – once he's had a chance to catch

## JUNE MEETING/PARTY!

The June meeting, on Wednesday, June 21st, will be at Bob & Julie Surh's home, with Bob's culinary talents on exhibition with his superbly roasted hot dogs. Some people even want seconds. Everybody should bring a dish of some sort. Deli stuff is fine. A through M bringing some sort of main course or salads and N through Z bringing dessert or chips or something. We will have lemonade and coffee and if you want anything else, you should bring it yourself. Guests are welcome. Come around 6:30 p.m. Call if you need directions, but most of you know the way. 831-335-5933.

I bought some chairs so nobody has to bring their own this time.

Morris Older will be our speaker. Morris is sort of spending a large part of his live promoting the Bay Area Ridge Trail, that magnificent concept of circling the Bay Area with a 400-mile trail which will be for equestrians as well as other outdoor people who are so inclined to get out and view the spectacular area in which we live. I feel that the Quicksilver club should make a goal of eventually riding this trail as a group. In segments, of course, but ride it we shall. Morris will have a slide show, plus maps showing how much of the trail is now completed and which segments still need to be developed. This is not a fund raising event, but rather to inspire you to make the Bay Area Ridge Trail your riding goal for the future.

**We hope to see you here. Julie**

up on his sleep.

One other minor issue. I want to apologize for having to have my dog in camp. I'm not sure if anyone noticed but I had three animals on site, 2 horses and my pup. I would have left them all at home except two of them required medication throughout the day (the horse through IV injection, the dog via ointment – both to the eyes). With my entire family onsite, including my non horsey husband as head chef (whom I forgot to thank at the awards dinner), there was no one to administer the doses. It was pointed out to me what bad form it was for me to have 'Dog Town' but mine in camp. We tried that but the complaints on his howling I felt were worse than the ridicule of having him in the main camp. Anyway, I'm sorry if this negatively reflected on us.

Overall, I just want to personally thank all of you for the encouragement and support. It really took all of us pitching in. I've had tons of folks ask whether we would do this again. To me, it was kind of like childbirth, extremely challenging and difficult but very rewarding to see the results. Would I RM again? Well, I still need to think about it. ... tempting but I'd sure love to see it myself one day on horseback!!

Thanks again and best wishes,  
Sandy

## 2006 ANNUAL ARABIAN TRAIL RIDERS ASSOCIATION POKER RIDE

Get your green horse out for a ride! Or just come anyway with your old horse! Ed Levin Park, June 25th

Download ride entry at:  
<http://trailriders.org/>

or call/contact Kathy Mayeda for snail mail  
at [kathy.mayeda@comcast.net](mailto:kathy.mayeda@comcast.net) or (650) 967-2050.

## TEVIS SPONSOR NEEDED!!!

Hillary Graham is looking for someone to ride with her at Tevis. She's not a Junior anymore, but Tevis rules are Tevis rules! Anyone???

Please contact Hillary at [oogabee@aol.com](mailto:oogabee@aol.com) or (408) 776-3932 if you can help her out.

## ON A HIGH HORSE?

*Money Magazine - May 8, 2006*

Just in time for the Kentucky Derby, here's a whole new way to bet on the horses. Buy shares of Dover Saddlery ([www.doversaddlery.com](http://www.doversaddlery.com)), the only purely equestrian company to go public.

The Boston-based group says it intends to add 30 or more retail stores in the next seven years to sell horse products like boots and brushes to enthusiasts. (Can we suggest they carry a talking "Mr. Ed" doll?) The existing three stores, Internet and catalog business had more than \$62 million in sales last year. And the outlook for the niche is good: there are more horse lovers than skiers or mountain bikers, according to recent industry surveys.

But is it a good stock? At \$8 a share, it's about 20 percent below where it was when it went public at the end of 2005. Its most recent earnings were disappointing, and it's not very liquid.

Melissa Otto, an independent analyst with De Investment Research who follows the company, says she's "neutral" on the stock. Investors might have to wait a little to see if the company's expansion pays off. So it's a coin toss. Or horse race.

**– Submitted by Julie Suhr**

# QSER MEETING MINUTES

May 17, 2006

**Present:** P. Villa, M. Stovers, K. Brayton, D. Carter, K. Holder, H. Graham, T. Pederson, J. Voight, G. Bauer, S. Lenheim, Connell, M. Anderson, K. Miller, B. White, D. White, B. Voight

## **BOARD MEETING** (began at 6:33)

Jen made a motion that the club adopt two trails at Calero. These two trails are the Serpentine Trail (2 miles long) and the Chisnantuck Trail (1 mile long). This would involve cleaning these trails once a year on a set date.

This motion was passed by the board.

## **GENERAL MEETING** (began at 7:04)

### **Treasurer's Report** (As of April 19, 2006)

Beginning Balance as of April 19, 2006: \$4,376.22

Checks Issued: \$81.67

Ending Balanced: \$4,294.55

Junior Account: \$778.54

Trails Account: \$1,012.02

## **Correspondence**

- Maryben suggested that the club do something to stop the tearing down of Feed and Fuel. She will give us more information soon.

- The Horse Expo brochures and Monterey Horse Park article were passed around.

## **Poker Ride**

23 riders attended the event.

The club broke even (about \$400 spent on the event, about \$400 earned)

## **Trails**

- Jen has e-mailed Mike Newburn again about the Sierra Azul water trough. She is hoping to hear from him soon.

- The club voted on a motion to adopt two trails on the back side of Calero. We will be required to clean these trails once a year on a set date.

## **Spring Ride**

As of May 17, there were 19 riders entered in the ride, and 10 more are expected in the mail. There are only a couple of things that management still has to do, and one of those things is to insure the private property that will be used in the ride. They are working on making a crew map as well. They have three vets right now, and they are wondering if they need more (depends on how many people enter the ride). Bing wondered if we could postpone the ride if heat is a problem, but this probably won't be possible. The club decided to put the ride info on Bay@quest.com to spread the word and get more 30 milers to sign up. We are also going to take entries to Wild West and distribute them. Management needs the names of volunteers and their T-shirt sizes, and they still need donations for the raffle (can Nutrena donate food as a prize?). Maryben and Kathy Bray-

ton volunteered to work at the finish line. The last thing we discussed was the possibility of changing the ride start time if it is extremely hot. It was decided that this is okay, as long as the time change is documented before the ride starts.

## **Fall Ride**

Mary has contacted the San Mateo County Rangers about the possibility of having the ride at Jack Brook's. She told us that getting a date for all three of the campsites needed to put on a ride will be difficult, yet this is a fabulous location for a ride. There are showers, bathrooms, and BBQ amenities.

We discussed the possibility of a multi-day at this location in the future, but we decided to start with a one-day 50 and work on a multi-day in the future if the 50 goes well.

The proposed date of this ride was November 12, which is the Sunday of Veterans Day weekend. This way, people would not have to miss work to attend.

The cost is \$800 for one night at the campsites, and Mary is going to look into exactly how many riders, people, etc. are allowed on the campsites.

Motion (Kathy Brayton): That we reserve Jack Brook's on November 11th, 12th, 13th of 2006 to put on the Quicksilver Fall Ride. This motion was passed by a vote of 12 for and 1 abstaining. This means that we will need a check from Kathy Miller soon, so we can put down the deposit and reserve the campsites. If for any reason the ride doesn't work out, Steve proposed we have a wild party at the campsite instead.

The club then talked about whether we should make dinner or lunch for the riders that attend. We could have a dinner during the ride meeting or even organize a potluck.

Mary stressed the fact that we need to limit the number of trailers that come and the number of horses that they carry. We cannot have large rigs come with one horse in them, because camping space is limited to begin with. We could offer to bring porta-potties to the campsite in order to lower the use of the facilities and possibly allow more riders in the campsite.

Meeting adjourned at 8:15.

---

## **OH, FOR A CAMERA ...**

With everything that has happened in my life in the last couple of months, parent-wise, I haven't had much time to ride. (Thanks, for all the good vibes sent my way, by the way!). But I decided to go to Castle Rock anyway to support the club. I knew the trail would be tough, but since I'm still "new" and had never done the ride or Swanton, I was unaware that it was pretty much the same trail. I knew Swanton's reputation, however. I teeter-tottered back and forth on entering the 30 or just going for it and entering the 50 and pulling if I thought it got to be too much for my flat-land conditioning. Trying not to be a wuss, I picked the 50.

WHAT a stunning ride! The views and trails were utterly wonderful. And for the first time in my ride life, I'd forgotten

*(Continued on page 10)*

# Horse Camping In Tilden Park

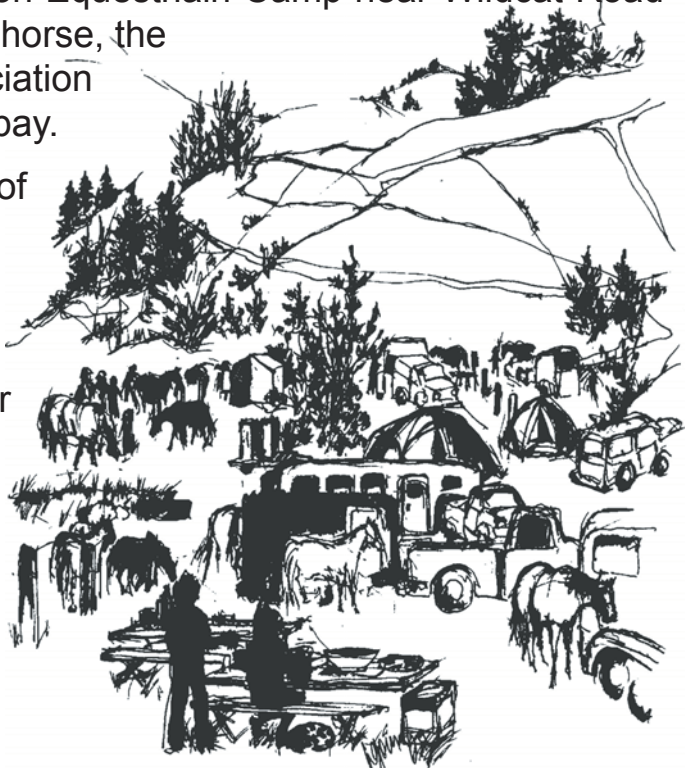
Camp overnight at the Es Anderson Equestrian Camp near Wildcat Road in Tilden Regional Park with your horse, the Tilden Wildcat Horsemen's Association and equestrians from around the bay.

Experience the magnificent trails of Tilden and Wildcat Parks.

Or join us for trail rides Saturday afternoon and Sunday morning.

Or come join us for a group dinner Saturday at 7 p.m.

Campers remember to bring: camping essentials, food for your horse and food for snacks, lunches and additional meals. Horse water will be provided.



Need more info?

Call Morris at 925-254-8943 or at [morrisolder@comcast.net](mailto:morrisolder@comcast.net)

## Friday, July 7-Sunday, July 9



Yes, I would like to reserve my spot in Tilden Park

Name(s) \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

Camping Friday night \_\_\_\_\_ people @ \$15= \$ \_\_\_\_\_

Camping Saturday night \_\_\_\_\_ people @ \$15= \$ \_\_\_\_\_

Sat dinner/Sun. breakfast \_\_\_\_\_ people @ \$20=\$ \_\_\_\_\_

Sat dinner only \_\_\_\_\_ people @ \$15=\$ \_\_\_\_\_

Total \$ \_\_\_\_\_

Make payable to TWhA and mail to  
Morris Older, 50 La Encinal, Orinda CA 94563

## FINDING YOUR HORSE'S CENTER OF GRAVITY

Learn how to find your horse's center of gravity with this exercise from the book

“Principles of Conformation Analysis, Volume 1”

By Dr. Deb Bennett

The most exciting biomechanical idea current in the latter half of the 19th century was the discovery of the “center of gravity” (CG). An invisible, infinitely small point, the CG is nevertheless real: it is the point at which a body fundamentally responds to a gravitational field. The CG is the point about which a body spins without wobble and from which it can be suspended without tilting.

Although Sir Isaac Newton discovered and described the CG, the idea quickly was applied to the ridden horse. Both the rider and the horse possess a CG; part of the trick to “sticking on” is to align and synchronize the separate CGs of rider and horse. Even before Newton's time, sensitive riders, through their “feel,” already were aware of the existence of a “balance point” or “axis of movement” in their horses. These riders found that the easiest place to sit is over this axis, for like the axle of a wheel, it is in the place in the moving horse which remains most still.

To find the location of your horse's CG as seen from the side, take the following steps:

**1. Photograph the horse.** Put the horse in a paddock with short grass or in a dry lot, so that tall grass won't block your view of his legs and feet. Halter the horse and have a friend hold the line loosely. It is essential for the horse to stand squarely, and it is helpful if he is relaxed or even snoozing.

Load your camera with print film. Back away 10 to 20 feet from the horse. Then, standing exactly opposite point “X” (see drawing below), snap the picture. If you stand closer to the shoulders, they will be artificially enlarged in the photograph; likewise, the hindquarters will appear too big if you stand too close to them. In either of these cases, the result of your search for the CG will be distorted.

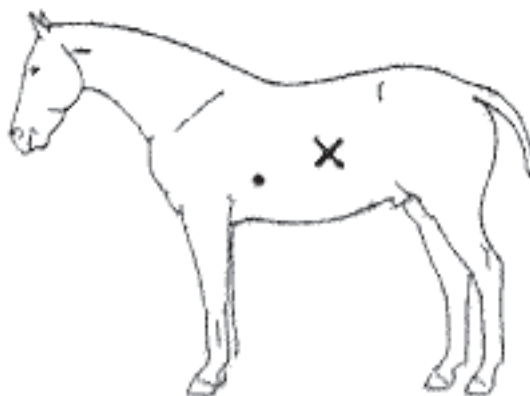
**2. Enlarge the photo.** After the print is developed, take it to a photocopying machine that has the capability for producing enlarged copies. You probably will need to make several generations of enlargements. To do this, set the machine for maximum enlargement. Photocopy the print. Then photocopy the first photocopy. Continue doing this until the image of your horse measures eight to 10 inches from nose to tail (i.e., until it is almost too big to fit on an 8 1/2-by-11-inch sheet of paper). Don't be concerned if the second or third enlargement looks dark; to find the CG, all you need is a crisp silhouette.

**3. Transfer the outline to heavy paper.** Take the photocopied enlargement and tape it to a sunlit window. Using a soft pencil, draw a wide band that covers the edges of

the silhouette. This process is called “blacking the back.” Then remove the paper from the window.

Now tape the photocopy to a sheet of heavy paper, penciled side down. Using a ballpoint pen and moderate pressure, carefully go over your horse's silhouette. Then remove the photocopy. (You can also use carbon paper to accomplish this step.)

**4. Cut out the silhouette.** Using a small, sharp pair of scissors or a razor knife, cut out the silhouette. Follow the traced outline exactly, with the following exceptions: cut off the tail at the foot; “trim” the mane if it is bushy.



**5. Spin for the CG.** Using a long pin (a large sewing pen or a hat pin is ideal), poke a hole anywhere in the cut-out silhouette. Enlarge the hole just enough to make the pin fit in it freely; this can be done by pushing the pin in and gently withdrawing it several times.

Holding the pin in one hand, tap or push the silhouette so that it spins around the pin. If the silhouette always stops in the same position or spins asymmetrically, the pinhole you've made isn't in the position of the CG.

It will be obvious after the first couple of tries which direction you have to go to make a better guess at the location of the CG. Keep poking holes and spinning the silhouette until you find a point around which the cutout spins with perfect smoothness and stops at random. The CG of most horses is located in the chest, at a point behind and above the elbow.

“In Principles of Conformation Analysis, Volume 1,” an EQUUS reference guide, Dr. Deb Bennett explains how to see a horse from the inside out to determine his capabilities and limitations. To order the book, call 1-800-952-5813 or visit [www.HorseBooksEtc.com](http://www.HorseBooksEtc.com).

Quicksilver Endurance Riders  
are invited to



## Hicks Creek Ranch

July QSER meeting  
between 6:00 p.m. – 9:00 p.m.

Featuring the wines of  
Tamber Bey Vineyards

Directions:

18711 Reynolds Rd., Los Gatos  
Travel 2.5 miles up Hicks Rd from Camden Ave  
Take Right on Reynolds Rd  
Follow signs into ranch

Call for info:

Heather – 408.687.7082  
Barry – 408.205.8443

### **BBQ**

MEAT PROVIDED  
BRING A DISH TO SHARE  
STAY TUNED FOR MORE INFO ABOUT  
CHAIRS  
UTENSILS  
PLATES  
AND ALL THAT STUFF

**MARVIN ANDERSON, D.C.**  
WHY CHIROPRACTIC MAY BENEFIT YOU AND YOUR HORSE

**SPECIAL AWARD FOR THE FIRST PERSON WHO EMAILS ME WITH THE  
COMPLETE AND CORRECT ANSWER TO HOW TAMBER BEY VINEYARDS GOT  
ITS NAME**

**(HEATHER, JEREMY, KIKI, PETER AND SELECT OTHERS CANNOT  
ENTER)**

---

19 Glen Ridge Ave., Los Gatos, CA 95030, 408.354.2041

# 5-Day East Bay Hills Benefit Trail Ride Thursday, Aug. 31 - Monday, Sept. 4

Ride Labor Day week with members of the Tilden-Wildcat Horsemen's Association and the Metropolitan Horsemen's Association in the East Bay Hills. Ride up to 100 miles, or 14-18 miles each day in small groups at your own pace. The ride will follow and/or parallel the S.F. Bay Area Ridge Trail much of the first 3 days, and then move to Mt. Diablo for the final 2 days. Join us for one, for more or for all 5 days.

Trails and Camps: Camp opens in Tilden Regional Park the day before the ride. On Thursday we will ride in Tilden and Wildcat Parks. On Friday we will follow the Bay Area Ridge Trail Friday through Tilden, Sibley, Huckleberry, and Redwood Regional Parks and EBMUD Watershed to Sequoia Arena in Joaquin Miller Park, followed by a scenic ride overlooking the Bay Area in Joaquin Miller Park. Friday night we will camp at Sequoia Arena and Saturday the ride will wander through Redwood Park. Saturday evening we will move to Mt Diablo and camp at the Concord-Mt. Diablo Trail Ride Association's grounds. On Sunday and Monday we will be riding on Mt. Diablo.

Food and Evening Entertainment: Breakfast, lunch and dinner will be provided for riders and campers, and hay, carrots and water for the horses. Swimming will be available at Tilden and at Mt. Diablo. Evening programs will include some of the following: a visit to the Chabot Space Observatory (5 minutes from Sequoia Arena), campfire classical harp music, trail talk and naturalists, cowboy music and dancing, cowboy poetry and a drill team.



Costs/Benefits: This ride will help raise funds for the Bay Area Ridge Trail, and for equestrian improvements in the East Bay parks. The Bay Area Barns and Trails Trust will match the first \$5,000 raised. The cost will be \$55/day, with a discount for 5 days at \$250. This fee includes camping, food and horse provisions. For visitors, dinner in camp will be \$15/night. This year we also have an optional program allowing riders to solicit pledges from friends, neighbors and other trail supporters to benefit the Bay Area Ridge Trail and equestrian improvements in the East Bay Parks.

Volunteers: If you can't ride, join us in supporting the East Bay Parks and the Ridge Trail by volunteering to help with any of a range of important tasks that will make this ride happen.

Camp Rules: Dogs under control are allowed in camp but not on the trail rides. Riders will be responsible for stabling their horses at each camping area. You may tie to your trailer or bring your own portable corral or picket line. Stallions will not be allowed on this ride and we will enforce restrictions on generators after dark. Helmets are strongly suggested for all riders.



Reserve Your Space Now: before we fill up. We are limited by the available space for trailer parking, and last year we ran out of space. Use the entry form on the reverse of this flyer. If space permits, we will accept last minute entries.

Questions: Contact Morris Older, at 925-254-8943 or at [ebhillsride@comcast.net](mailto:ebhillsride@comcast.net), or Martha Mikesell at 925-833-9279 or at [martha.mikesell@sbcglobal.net](mailto:martha.mikesell@sbcglobal.net) if you would like to volunteer or have any questions about this ride. More info at <http://www.twaha.org>--click on events.



## NOTHING PERSONAL, TRIGGER

Reprinted from "Saveur" Magazine, issue No. 94

By Amy Standen

We were having dinner at Figovec, a homey bistro in Ljubljana, the capital of Slovenia, and my husband was inspecting his first course. Staring back at him from the plate were paper-thin, vividly red slices of meat, dressed in oil, arugula, and Parmesan shavings. It was foal carpaccio, and there was no getting around it.

Two hundred years ago, Figovec was opened to provide repasts for merchants passing through in horse-drawn carriages. Its horse meat dishes, the menu boasts, were developed more recently, in the name of preserving the memory of the old carriers' stop. In other words, Christ and I were honoring horses by eating them – although, truth be told, we were not exactly champing at the bit.

There's no middle ground when it comes to horse meat: for most people, consuming it is either delightful or morally outrageous. In A.D. 732, Pope Gregory III declared

the eating of horse meat a "filthy and abominable custom," and in some countries many still feel that way. Associations with beloved companions and storybook heroes, like Black Beauty, may be the reason why it is difficult to find equine offerings on any menu in the United States; but in fact, this country is the sixth largest producer of horse meat, after China, Mexico, Argentina, Kazakhstan and Mongolia. Although legislation has been introduced to ban the practice, three European-owned companies, with operations in Texas and Illinois, slaughter upwards of 70,000 horses a year and export the meat to countries like Belgium, France and Italy (the top three importers) and also Japan, where it is considered a delicacy.

Although Figovec acquires its foal meat from Argentina, Slovenes have for decades also raised horses specifically for food. Stanka Juvan, the horse meat butcher at Ljubljana's central market, sells sausages she says come from meat raised on Slovenian horse farms; there, according to

*(Continued on next page)*

---

## CALLING ALL MEMBERS ... MORE MEMBERSHIP PROFILES NEEDED!

Please fill out the questionnaire below and email or snail mail it to me with a photo of yourself and your horse. Have an endurance riding family? Let's see 'em!!!



### MEMBER PROFILE QUESTIONNAIRE

Name \_\_\_\_\_

Where do you live? \_\_\_\_\_

Horse(s) name(s) \_\_\_\_\_

How long have you been riding? \_\_\_\_\_ How long have you been doing endurance? \_\_\_\_\_

Where to you train? \_\_\_\_\_

What distances do you ride? (LD, 50, 100) \_\_\_\_\_ What are your career miles? \_\_\_\_\_

Are you a Decade Team Member? \_\_\_\_\_

What is your favorite ride and why? \_\_\_\_\_

What is your "claim to fame"? (I.e. endurance awards) \_\_\_\_\_

\_\_\_\_\_

What are you goals? \_\_\_\_\_

\_\_\_\_\_

Anything else you'd like to contribute about yourself (spouse, children, do they ride, what you do for a living, etc.) \_\_\_\_\_

Email the answers to [typenf@comcast.net](mailto:typenf@comcast.net) or cut out and send questionnaire to:

Jackie Floyd, P.O. Box 1045, Lodi, CA 95241

**DON'T FORGET A PICTURE OF YOURSELF!**

her, the foals nurse from their mothers for six months and graze freely before their lives are ended. During our conversation, Juvan served 15 customers – far more traffic than I observed at the nearby beef and pork counters.

Back to Figovec, I took a big gulp of Slovenian wine and dug in. The foal carpaccio had a mild, pleasant taste and was so tender that it fell apart on my fork. Our next dish, foal steak with truffles, packed more punch: it was a bit sweet and very soft, learner and less salty than beef. "It's the closest thing I've had in Europe to a juicy Midwestern steak," declared an Oklahoman who happened to be sitting nearby. Still, it was a few seconds before he decided to take another bite.

– Submitted by Steve Lenheim



my camera! Sigh. And James would even have cooperated. In fact, he cooperated so much I could have taken a hundred pictures. He wasn't thrilled with the steepness of the trail and I decided at the top of the ridge to take the short cut and come in with the 30's. I'm really glad I did. It was just enough to put some good conditioning on him and I'm sure I would have struggled making it in on time on the second loop.

My friend Mindy Morris traveled with me to the ride and confirmed the second loop a killer. She made it to within four miles of the finish, with her horse Jimbo missing the pulse-down time by six minutes at the Swanton vet check. Hey, Scott ... she says she should have listened to you and pulled tack. She'd had only a power bar to eat all day and said her brain just really failed her. She was so tired she wasn't sure she could get her saddle back on the horse if she took it off. She was a sad puppy all the way home.

But it sure was a purty ride!

– Jackie Floyd

## CLASSIFIED

### NEEDS GOOD HOME

#### LOOKING FOR HOME FOR SHOEI.

Aged about 28. Would make good companion horse but still spunky and rideable. Needs stall and good feed and care similar to what he has had with us rather than turned out in all weather. Probably not a good young child's horse. Jo Barrett, 5092 Cribari Place, San Jose, CA 95135, (H) (408) 270 2709, (C) (408) 202 4526. [09-06]

### FOR SALE MISCELLANEOUS

**BOZ SADDLE FOR SALE.** \$950.00. Call Michelle 831-427-1533. [09-06]

**2002 TRAILS WEST 3-HORSE BAR-ON II TRAILER.** White, bumper pull, in great shape. \$6,500 or best offer. Jo Barrett, 5092 Cribari Place, San Jose, CA 95135, (H) (408) 270 2709, (C) (408) 202 4526. [09-06]

**13 SADDLES FOR SALE.** Mostly western but some Australian and English too. Jerry Dowdy 831 335-5587 [07-06]

**SUPPLEMENTS/HOOF PROTECTION.** Wild Eye Arabians is now supplying FASTRACK Probiotics (paste

& powder) HOOF -IT Pour in Pads, Kentucky Equine Research products, ENDURAMAX Electrolites (Paste & Powder) & Neigh Lox (Prevent Ulcers) Associated Feed products – EQUUS (complete feed) Auburn Labs – APF (Adaptogen). For more information contact **Wild Eye Arabians**, Kirsten or Michael Berntsen at 831 623-2120. [kirstenzazz@hotmail.com](mailto:kirstenzazz@hotmail.com) or [www.conklin.com/wildeyearabians](http://www.conklin.com/wildeyearabians). [07-06]

### FOR RENT

**STALLS/PADDOCKS/PASTURES FOR RENT.** Brand new 12x12 stalls with 24x12 paddocks, shavings; we clean. \$250 pastures, \$180. Feed twice a day, high-grade oat and alfalfa hay. 96x48 outdoor arena. Close to 3,600 acre Almaden Quicksilver County Park with 19 miles of manicured trails. Call Trilby at 408 997-7500. [09-06]

### RIDING LESSONS

**WANT TO LEARN TO RIDE WITH LESS STRESS AND FATIGUE?** Do you want your horse to move properly so that he can minimize wear and tear on his body for the long haul? Mary Fenton, Senior Centered Riding instructor, has lesson spaces on Thursday p.m. at "Lightfoot" Stables (McKean Road, San Jose). I've taken many lessons and several clinics from her, and feel that it's been real

worth it. She coached Becky Hart to her Stockholm World Championship on Rio! You can contact Mary at (831) 761-2819. [09-06]

### STALLION SERVICES

Introducing CF SORCERER - now standing at stud. Sire of TBR Granite Chief+, 2005 AHA Distance Horse of the Year, 2004-2005 AERC National Mileage Champion and 2004 XP Horse of the Year. Visit his website at <http://www.spanisharabian.net/> or contact Wizard Arabians, Jackie and Jim Floyd, P.O. Box 1045, Lodi, CA 95241, 209-334-1981, [typef@comcast.net](mailto:typef@comcast.net) [-6-06]

### JOB OPENING

**FREE RENT AND UTILITIES FOR A FULL HOOK-UP CAMPSITE**, in exchange for 20 hours of work. Santa Clara County Parks and Recreation is looking for a full-time site host who has horse experience. The site is located in Santa Teresa County Park, in San Jose, CA at the Mounted Ranger Facility. Duties include: feeding, watching over horses, running work crews, general maintenance and public interaction. No horse boarding is available. Please call to schedule an interview. For information call: Senior Park Ranger Julie Gaffney (408) 363-5976 or email at: [julie.gaffney@prk.sccgov.org](mailto:julie.gaffney@prk.sccgov.org). [07-06]

## IT'S NEVER TOO LATE TO JOIN THE QUICKSILVER RIDERS!!!!

FIRST: We need your name \_\_\_\_\_

And then your address \_\_\_\_\_

And your phone number, Fax, e-mail \_\_\_\_\_

And then we need your money! Senior membership is \$ 25\_\_\_\_\_

Junior membership is \$ 15\_\_\_\_\_  
(a junior is under 16 years of age)

Total enclosed \$ \_\_\_\_\_

Why join the Quicksilver Endurance Riders? You will have the opportunity to participate in poker rides, moonlight rides, endurance rides, trail projects as well as attend monthly meetings, the Christmas party and the annual awards ceremony and saving the best for last, you will meet the best friends you will ever have!

How are our dues spent? Annual Yearbook/Calendar; monthly Newsletter; a representative voice in local horse politics; trail maintenance and improvement projects; year-end awards and monthly meetings.

Send your 2006 dues, checks made out to: **Quicksilver Endurance Riders, Inc.**

Mail to Membership Chairperson:

Maryben Stover  
1299 Sandra Drive  
San Jose, CA 95125-3535  
408 265-0839

May your and your horse(s) have a wonderful Year 2005 riding together as members of the Quicksilver Endurance Riders!!!



**Quicksilver Endurance Riders, Inc.**

P.O. Box 71  
New Almaden, CA 95042