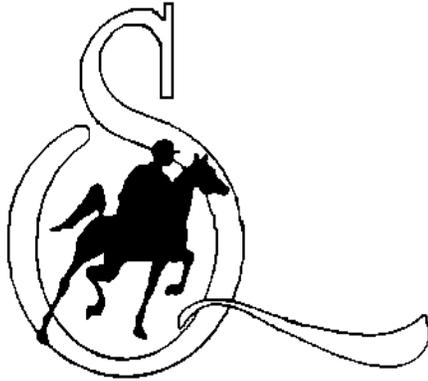


QUICKSILVER QUIPS

March 2003



OFFICERS

President	Lori Oleson
Vice President	Jill Kilty-Newburn
Secretary	???
Treasurer	Kathy Miller

BOARD MEMBERS

Jeannette Brown
Steve Lenheim
Trilby Pederson

Chief Mover and Shaker Mike Maul

Newsletter editor Judy Etheridge
P. O. Box 62, Sunol, CA 94586-0062
(925) 862-0232 misxfire@aol.com

President's Message

March 2003

Our Annual Awards Banquet is finished for another year and those of you who were not able to attend missed out on a great night. The banquet room was packed. Maryben provided a wide variety of awards and everyone who rode walked away with something. The calendar that Steve put together seems to improve every year (with the help of new software).

Special awards given were all well deserved. Our new Person Hall of Fame recipient was Bob Suhr, the Eleanor Norton Award went to Brian Reeves and the Horse of the Year was DoSoLa ridden by Michele Shaw. There was no award given for Horse Hall of Fame.

Enclosed in the packet with the calendar was a copy of the draft By-Laws for you to read. If you did not attend then yours should have already come in the mail. After printing and distributing a few copies, an error was found. Enclosed in this edition of the Quips is a page correcting the error. Please read it all carefully and come to the March General Meeting to discuss them.

One more note. Our Secretary, Carla Ambriz has resigned. She is taking on the job as President of the Kiwanis Club in Morgan Hill. Their meetings conflict with ours. Nominations for a new Secretary will take place at the March meeting.

There's a lot to do this year, so get involved!

After printing and distributing a few of the Draft By-Laws an error was found. A section was somehow omitted. Cross out Article V in the package given to you and replace it with Article V and Article VI as listed below. Changes will be discussed at the March meeting.

ARTICLE V

OFFICERS

Section 1.

The officers of this club shall be President, vice-President, Secretary, Treasurer and three (3) Directors ~~and lifetime member, Viri Norton~~. These officers shall perform the duties prescribed by these by-laws and by the parliamentary authority adopted by the club. The term of office shall be one calendar year.

Section 2.

No officer of the corporation may serve for more than three consecutive terms.

Section 3.

Two members of the same family, living in the same household, may not serve on the Board of Directors at the same time.

ARTICLE VI

GENERAL MEMBERSHIP MEETINGS

Section 1.

The regular meeting of the club shall be held on the second Wednesday of each month unless otherwise ordered by the club or by the Board of Directors.

Section 2.

Special meetings of the club may be called by the President or by the Board of Directors, and shall be called upon the written request of five voting members of the club. The purpose of the meeting shall be stated in the call and no other business may be transacted. At least five days notice shall be given except in cases of emergency.

Section 3.

Ten percent (10%) of the voting members shall constitute a quorum.

EDITOR'S NOTE

My husband, Ken, and I got our endurance fix for the winter by crewing for Judy Reens and Dennis Tracy at the 20 Mule Team 100 mile ride. Their rides exemplified the agony of defeat; Judy pulled Benjih, and the thrill of victory. Well, second place for Dennis and San Francisco will have to do.

Quicksilver club members did very well. Michele Shaw on PC Tallymark competed in the FEI division and WON the 100; Tallymark was awarded BC, too! Michele and her crew took excellent care of Tallymark during the ride and he looked superb throughout. Judy and Dennis' crew also took excellent care of Benjih and Frisco who had plenty of energy and ate like a pig at each vet check.

Heather, Jeremy, Hillorie, and Megan, junior rider, finished the 100; the ride was the 1st 100 for Hillorie and Megan and for Megan's and Heather's horses as well. With Bethany Dearing, her 1st 100, too, soon to be a club member, they won the team award! Kathy Mayeda and Lori (top-ten) rode the 65.

SECRETARY'S MESSAGE

Carla Ambriz has been elected President of the Morgan Hill Kiwanis Club and will no longer be able to serve as the Quicksilver secretary. She wrote, "I'll be sad not to be able to even make it to the Quicksilver meetings since they were changed to the third Wednesday of the month and that is a big meeting day in Kiwanis also. But I'll still be doing rides so I'll see everyone there. I'll miss you all. Carla". We'll miss you, too.

WANT ADS

Tack

15" STONEWALL Endurance Saddle for sale. Black leather, higher pommel. It is in good condition and is very comfortable. \$250 firm. Call Carolyn at 408 578-1917.

Truck/trailer

1977 Ford cargo van, \$1,500/offer. Has 16,000 miles on strong 460 rebuilt engine

and transmission, new carburetor. Runs great, pulls anything up to Coe headquarters. 1984 Circle J straight load tall trailer with walk in tack room, good brakes, tires, floor. \$1,500/offer. Both van and trailer have the expected amount of rust. Email or call: Elisbet Hiatt Hiatt-lazo@ucsc.edu (831) 335-3223.

Horse

10-year-old Arab gelding for sale, 15 hands, good bone, Fadjur bloodlines. Extensive trail and camping experience. Careful classical training, but not a competitive dressage horse. Curious, laid-back, people loving guy. Not very brave but will to go anywhere. Suitable for intermediate rider with a balanced seat. \$3,800 – negotiable to good home. Helen.Harvey@hp.com.

MEMBERSHIP DUES

There are still some holdouts who haven't yet paid their 2003 dues. If your dues aren't paid by the time the April Quips goes out you won't get it! There is an application form in this month's issue. If you are current think about giving the application to a friend so that he/she can become a member, too☺

MARVIN'S CORNER

Marvin has been e-mailing me all sorts of jokes and observations.

I don't normally pass on virus warnings but I just got this from a reliable source. It seems that there is a virus out there call the C-nile Virus that even the most advanced programs from Norton cannot fix so be warned; it appears to affect those of us who were born before 1958!

Symptoms of C-nile Virus:

1. Causes you to send the same e-mail twice.
2. Causes you to send blank e-mail
3. Causes you to send to the wrong person.
4. Causes you to send back to person who sent it to you.
5. Causes you to forget to attach the attachment.
6. Causes you to hit "SEND" before you've finished the

ULCERS

Does your Endurance Horse Have Gastric Ulcers?

Extensive testing in other equine sports has revealed a very high incidence of gastric ulceration with mild to severe consequences. Many horses appear normal but when stressed suffer needlessly. The best way to check a horse for ulcers is under controlled circumstances that are impractical at an endurance ride. The horse must be completely fasted for 8 hours (not a good idea at a ride) and in a few cases, sedated in order confirm a diagnosis.

The Pride Project, a privately funded independent research data collection entity, has recognized the need for a large study of endurance horses to determine the incidence of ulcers and is organizing clinics around the country to examine endurance horses under ideal conditions. The procedure is simple and takes less than 15 minutes. If your horse is diagnosed as having ulcers you will be instructed as to a solution. You will be required to answer a questionnaire concerning feeding, housing and training. You will also be required to sign a release allowing your horse to be mildly sedated. A tube about the size of a stomach tube will be passed through the nose into the stomach. If ulcers are found, a picture will be taken and given to you with complete instructions for treatment. Prevention information will also be available. If you want your horse to be part of this low cost (\$50) study and your horse is actively participating in the sport of endurance contact (information below) Barney Fleming, DVM, as to which clinic you wish to attend, your name, and preferred method for receiving the registration forms (mailing address OR Fax # OR email address.

Contact information:

Equine Health Resources, Inc.
Barney Fleming, DVM
15525 Palomas Road SE
Deming, MN 88030
505-546-1421 Leave message
FAX 801-730-1481

endurancevet@zianet.com,
www.equinedoc.com/gastriculcer.html

In April there will be several clinics in this area sponsored wholly or in part by Quicksilver members **Judy Reens, DVM**, and **Michele Shaw, DVM**.

Clinic Schedule

<i>Date</i>	<i>Location</i>	<i>Contact</i>
April 26 (Sat)	Brentwood	Judy Reens (925) 240-5809 JReens@aol.com
April 27-28 (Sun-Mon)	Auburn Fairgrounds	Michele Shaw (530) 292-1902 Docshaw@pacbell.net or Steve Elliott (530) 889-0657 egperform@jps.net

The **California State Horsemen's Association** will be hosting an **Endurance Clinic** in Chowchilla, California on April 12, 2003. This event is a fundraiser for the CSHA State Endurance Program year-end awards.

We have a great line up of speakers & topics: *They certainly do—most of the speakers are Quicksilver members.*

Julie Suhr - "The Aging Rider & The Three S Horse" *Wonder what a 3 s horse is*☺

Becky Hart - "Riding to Enhance Your Horse's Performance"

Michele Roush Shaw, DVM - "A Typical Day in the Life of an Endurance Veterinarian"

Maryben Stover - "The Care and Feeding of Juniors"

Teresa Cross - "So You Think You Want to Ride International? The How and Why of FEI Rides".

The Clinic will be held at Central Valley Arabians, Chowchilla from 10:00 AM – 4:00 PM. Please call Leisa Belser (559) 665-3382 to for more information.

JEAN PHILIPPE GIACOMINI
Will be Conducting a Clinic in Gilroy, CA
April 11, 12 and 13, 2003
9:00 a.m. - 6:00 p.m.

"JP" will be available for a series of three intensive training sessions for horses and riders at all levels of training. A general format for JP's clinic includes: 1) Introduction to establishing rider authority, 2) Relaxation thru endo-tapping, 3) Basic lungeing, 4) Endo-tapping in-hand in movement, and 5) Basic equitation using endo-aids.

"JP's Essential Horsemanship"

Jean Philippe Giacomini has studied and taught classical dressage in Europe and the USA since 1966. He has kept his early passion for baroque horses through a career dedicated to training and coaching in the Olympic disciplines. JP is a French Federation Certified Instructor and a former Assistant Trainer at the Portuguese National Stud of Alter Real. He has produced top international Dressage, 3 Day Event and Show Jumping horses. JP is also the inventor of "*JP's Essential Horsemanship*" and "*The Relax Reflex Reward System for Emotional Conditioning*."

"The 3R's of Riding..."[©]
is to adult horses what imprinting is to newborn foals:
obedience, performance & soundness
through relaxation.

"THE 3 R's OF RIDING..."[©] is a complete system of physical and emotional conditioning for horses at any level of training which induces a reliable state of relaxation. This method brings a radical solution to the oldest problem of horse training: how to get the horse to replace the primal stress reflex (tensing-up in preparation for "flee or flight") with the "***RELAX REFLEX that REWARDS***"[©], an automatic, on cue, pleasurable response that softens his/her body instantly and brings attention back to the rider and the task at hand. "***The 3 R's of Riding...***"[©] is easily taught at once through an initial period of a few hours, and stays with the

horse a lifetime.

The "***ENDO-AIDS***"[©] (tools of "***The '3 R's of Riding...***"[©]) redefine the use of the aids (the basic riding cues) into a process of comfort and collaboration for the horse. It reforms the very notion of the whip from an implement of threat or punishment to the "***Endo-stick***" and "***Endo-Whip***", instruments of relaxation, pleasure and education which increase the horse's receptivity. The "***3 R's***" method reconciles the firmness of leadership with the softness of sensorial integration.

Cost to attend per horse: \$150 per day
Overnight stabling per horse: \$15/night
Cost to audit: \$ 50 / 1 day \$80 / 2
days. \$100 to audit all 3 days.

Participants are currently being selected to take part in this clinic. If you wish to attend, please call Carolyn Acceturo at 408-578-1917 (evenings) to reserve your space. Please specify how many horses you plan to bring and whether or not you require overnight stabling. Also specify if you would like to audit the clinic, and don't forget to leave your phone number. Please make payment to JP Giacomini, and mail to Carolyn Acceturo, 94 Bernal Road, San Jose, CA 95119. Payment is due by

March 28, 2003. no exceptions!! Please add 20% surcharge after March 28th. The clinic will be held at California Stables, 11590 New Ave., Gilroy. **Directions to California Stables: From Rte. 101 going South:** take San Martin Ave. exit, go East (left) on San Martin Ave. for 1.3 miles (San Martin Ave. ends at New Ave.). Go right on New Ave. for 1.8 miles (past Church Ave.). California Stables is on your left at **11590 New Ave. (white sign with blue horse head)**. If you pass Rucker Ave., you've gone too far. **From Rte. 101 going North:** Take Masten Ave. exit, go East (right) on Masten Ave., right on Center Ave., left on Rucker Ave., left on New Ave. California Stables is 9/10 mile North of Rucker, on your right at **11590 New Ave. (white sign with blue horse head)**.

SMALL MIRACLES AND SLOW PROGRESS

By Barbara McCrary

There are times when the world of horses looks quite depressing to the owner and rider of these indispensable animals. I can go from mild despair to the heights of elation in a very short period of time. One day I'm calling Julie Suhr and sniffing on her shoulder about lameness and the antics of green broke youngsters, and all of a sudden, in one ride, everything can be turned around into the most positive joy.

In 2001, I loaned Flying Cloud, our up-and-coming 7-year-old homebred gelding to our daughter Janet to ride Swanton Pacific 75 while she sponsored her 11-year-old daughter Katie. They had a wonderful ride, and the horses looked great the next morning. As Janet lives only a quarter-mile from the ride camp, she had taken Cloud to her place a couple of days before and put him up there after the ride was over. The paddock where he stayed is about 150 feet from her house. While she and her family came to the awards breakfast and helped clean up camp afterwards, Cloud was resting in the paddock. When they arrived home, Katie said, "Mom, Cloud's lame." Since Cloud had been perfectly sound and happy just a few hours before, Janet found this hard to believe. When she checked him, she found Cloud in excruciating pain with a front leg grossly swollen from hoof to knee. I instinctively felt that a rattlesnake had bitten him, and although the vet who came to treat him wasn't convinced until a week later, I was absolutely certain. Janet's husband beat the brush around the paddock and never did find the snake, but they are fairly common residents in that area.

Recovery from the wound took about six months, with numerous ministrations from the vets. Finally the wound healed over and Cloud was rideable....sometimes sound, often not. After the winter lay-up, he was quite lame in August of 2002 when Katie tried riding him to help hang out light sticks for Swanton

Pacific. I was extremely disappointed. Cloud had been promising to be one of the best endurance horses we had ever had – quiet to start and steady on the trail. I just didn't know what to do....until one day a neighbor, who is licensed in Chinese medicine and acupuncture, stopped by and told me that she was sure she could help Cloud. Lud and I are the original skeptics, but I figured that since the vets hadn't been able to help him with traditional medicine, I could hardly lose by trying alternative methods. She proceeded to treat him with acupuncture and moxybustion on a weekly basis. I was cautiously optimistic when I saw gradual improvement.

A few months ago, I contacted my old and trusted friend Mike Tomlinson, DVM to ask him if he had experience with snake-bit horses. He laughed and said, "Are you kidding? Living here on the southern California desert (Yucaipa), I've seen lots of them." And he proceeded to give me the whole physiology of venomous snakebite in horses. He also told me that acupuncture was probably a good thing to try, as the problem lies in the accumulation of scar tissue and damaged nerves, compounded by poor circulation in the foot of a horse. The acupuncture, moxy, and massage dealt with these problems, resulting in reduction of scar size and improvement of gait. At present, Cloud is completely sound. I worry about returning lameness, and I keep my fingers crossed. I've found that acupuncture has helped my arthritis, so I have more faith in it now than I could have ever believed. With luck and renewed conditioning, Flying Cloud should be back on the endurance trails this summer.

Last spring, Lud and I found ourselves short of sound riding horses, so I started looking for one. Janet had previously bought one from a ranch in Montana via the Internet. After two aborted efforts, one horse being in Arizona (I did a quick one-day flight to Phoenix and back) and one in Washington (close friends living near the horse checked that one out for me), I decided to see what the Montana folks had to offer. They had a seemingly nice six-year-old that I finally bought with no more than a 15-minute video to

recommend him. I figured the price was right, and I couldn't go too far wrong. We took delivery on June 30th of a flax-maned chestnut called Banners Flying. Banner proved to be a bit timid; it took six months to gain his trust and to find a farrier who could get a set of shoes on him without a big production. His first attempt to cross Big Creek had him trying to jump it as Lud ponied him from another horse. He landed in the middle with a huge splash and then completed the crossing by hopping from boulder to boulder. By the third attempt at creek crossing, he was doing it like a pro. This is when I learned that Banner was one smart horse! Since then, there has been a little improvement each time I ride. Banner has taught me more than any other horse I've ever ridden, but each bit of progress comes with a price. Sometimes I'm a bit nervous, occasionally a little scared, often times frustrated or completely thrilled with this unique animal. He is strong, a fast walker, a powerful climber (climbing Powerhouse Grade would put muscles on a banana slug); he possesses a big trot and a lope to die for. If only I can persuade him to stop looking for predators that might eat him and realize that his life is destined to be involved in traveling long distances..... Julie and most of my other friends tell me I really ought to be buying dead broke horses with experience. It would be so much safer for me at my age. But if Banner and I make it to the partnership stage, based on mutual trust, then we will have come a long way since he grew up on the prairies of east central Montana. In the meanwhile, we take it a step at a time, one day at a time, conquering new fears along the way.

Jeri Scott-Ayers submitted this lovely poem.

When I am an old Horsewoman

*I shall wear turquoise and diamonds,
And a straw hat that doesn't suit me.
And I shall spend my social security on red
wine and carrots,
And sit in my alley-way of my barn
And listen to my horses breathe.*

*I will sneak out in the middle of a summer
night
And ride the old chestnut gelding
Across the moonstruck meadow
If my old bones will allow.*

*And when people come to call, I will smile
and nod
As I walk past the garden to the barn
And show instead the flowers growing
Inside stalls fresh-lined with straw.
I will shovel and sweat and wear hay in my
hair as if it were a jewel.*

*And I will be an embarrassment to all,
Who will not yet have found the peace in
being free
To have a horse as a best friend,
A friend who waits as midnight hour
With muzzle and nicker and patient eyes
For the kind of woman I will be
When I am old.*

Thanks to all members who are current with their dues but if you're not...

It's That Time of Year!!!!

Your QUICKSILVER Riders membership fee was due on January 1, 2003. You need to join by March 31, 2003 to avoid being a DELINQUENT member.

We need your name _____

And then your address _____

And your phone number, Fax, e-mail _____

And last we need the names of the other members of your family.

And then we need your money! Individual membership is \$ 25 _____
Family membership is \$ 35 _____

Why join the Quicksilver Endurance Riders? You will have the opportunity to participate in poker rides, moonlight rides, endurance rides, trail projects as well as attend monthly meetings, the Christmas party and the annual awards ceremony and saving the best for last, you will meet the best friends you will ever have!

How are our dues spent? Annual Yearbook/Calendar; monthly Newsletter; a representative voice in horse politics locally; trail maintenance and improvement projects; year-end awards and monthly meetings.

Send your 2003 dues, checks made out to: Quicksilver Endurance Riders, Inc.

Mail to Membership Chairperson: Maryben Stover
1299 Sandra Drive
San Jose, CA 95125-3535

May your and your horse have wonderful Year 2003 riding together as members of the QUICKSILVER ENDURANCE RIDERS.

If you want to keep riding at Coe, read this!

The following information is condensed from an article, which appeared in the SF Chronicle on February 6, by Paul McHugh, Chronicle Outdoors writer.

Public Land, Private Enterprise: Developers making a run at State Parks.

Maybe a bullseye ought to be the logo for our California Department of Parks and Recreation (DPR) – not a bear within a circle. The department has long been seen as a soft target for budget reduction. When the state gets shy of funds, parks always take a swift whack. Still, a more ominous threat looms: a general lack of awareness or respect for the legal dictum that state park lands are mandated as natural sanctuaries. Instead, developers and planners of every stripe seem to feel parks offer a wide-open frontier where they may bulldoze a new highway, lay rail lines, flood reservoirs, expand businesses and erect anything from golf courses to hotels with impunity. “A lot of people see parks as vacant land they could put to better use,” says George Cook, chief of the system’s Central Division that includes parks from San Francisco to Pismo Beach and east to Nevada. “Two proposals right now, scary as any I’ve seen, are to create reservoirs in Henry Coe State Park and to run a high-speed rail line through other parts of Coe. “Our mission statement is pretty clear. It hasn’t changed. But sometimes, in the political process, we’re vulnerable. People have to stay vigilant.”

The Santa Clara Valley Water District (SCVWD) is considering ways to meet the water demands of a growing county. A current list of options include building dams in Henry Coe State Park, one of which would flood the Hunting Hollow and Gilroy Hot Springs entrances by 200+ feet and the other would eliminate use of the Bell Station entrance. The agency plans to store winter water pumped from the Central Valley that could be released in summer to the San Luis Reservoir to maintain high water quality. The District has other supply solutions on its drawing board, including running a feed pipe directly from state and federal aqueducts in the Central Valley.

Informed that state resources law might prohibit such construction, water district spokesman, Marty Grimes, seemed surprised. But after consultation with other agency officials, he responded: “We don’t think these projects are contrary to law. We haven’t determined the exact shape or scale of these projects, or what the law prohibits, yet. As part of

the project planning and the environmental review process, we’ll find out.”

Another project dropping its crosshairs on Coe Park is the recently chartered High-Speed Rail Authority. Its plan is grand: creating a 700-mile-long rail system linking Los Angeles, Sacramento and San Francisco with 200-mph bullet trains. This could reduce need for freeways, helping to solve state transportation need for decades to come. Routes contemplated to South Bay cities and SF could skirt to the north of Coe, tunnel under Coe or cut across the San Luis State Recreation Area and Pacheco Pass State Park. Right now it looks \$400 million cheaper just to build surface lines right across Coe. Authority officials expressed surprise when told state park resources code may prohibit railways through state parks. The state attorney general’s office says that in some circumstances, a rail corridor could be built but that it would be extremely difficult. The Rail Authority plans to issue preliminary environmental documents (including proposed routes) in August 2003, then float its first, \$10 billion bond measure next year. Coe may look like the state’s poster child for user conflicts but the DPR has a list of no less than five dozen (60) proposals for “non-mission’ uses of parklands all over California. These include golf courses, race tracks, industrial storage sites, hotels, casinos and skateboard parks.

And Freeways through the Hamilton Range...

While not a direct threat to Coe, the Mercury News reported that U.S. Rep , Richard Pombo, R-Stockton, has introduced a bill to study constructing a 6-lane freeway from East San Jose near Alum Rock to the Central Valley near Patterson – through the Hamilton Range and the San Antonio Valley ostensibly to relieve congestion over the Altamont and Pacheco Passes. Rep. Zoe Lofgren, D-San Jose, characterized it as a “monstrously expensive...environmental disaster.”

I have noticed that many of us think nothing of spending hours on the phone or computer chit-chatting. We need to spend some of that time writing letters to our supervisors and legislators and going to meetings to express our views.

To show our numbers, e-mail the water district requesting to be put on the public workshop list mailing list for the San Luis Reservoir Low Point project. E-mail address: SLReservoirLowPoint@valleywater.org and to get information about the high-speed rail go to www.cahighspeedrail.ca.gov/eis_eir/bay/index.html. The Coe option is listed as the “Northern Route.”

2003 March Rides

Date	Region	Ride Name	Distance	Manager	Phone #
03/22	PS	Cuyama Oaks XP Pioneer I, II, III	50,50,50	Dave Nicholson	907 299-1350 (Ride is full☹)
03/22	W	Rides of March	30/50	Tami Rougeau	775 972-6624

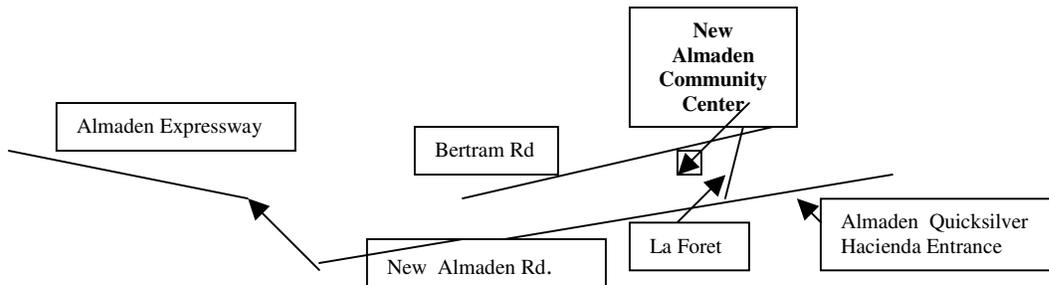
March Meeting

Wednesday March 19 at 7:30 PM

New Almaden Community Center, Bertram Road, San Jose

(just behind the La Foret Restaurant)

The Board Meeting begins at 6:30 PM. All are welcome to attend.



Quicksilver Endurance Riders, Inc.

P. O. Box 71

New Almaden, CA 95042