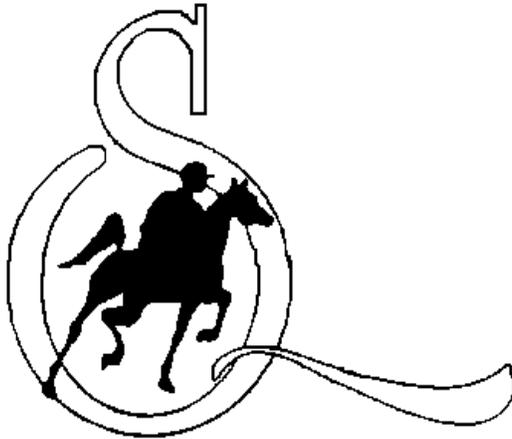


QUICKSILVER QUIPS

JULY 2004



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Maryben Stover

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P. O. Box 62, Sunol, CA 94586-0062
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President's Message

Summer time is great. The mountains are green [*what have you been smoking, Steve?*], the trails are nice and the horses are moving well from being in condition. Now we have to schedule our rides to match our goals. There are so many rides coming up. I was just looking at the list for July and what choices. If you're on for Tevis then you don't have to plan much. But for those of us who are way down the waiting list then there are other rides not far away that can fill the void.

Club events to think about:

1. Third Wednesday of July at Club House for our ice cream social (bring pictures of your rides to share).
2. August 21st, the Jrs. are putting on the Poker Ride at Calero.
3. Bar-B-Que for the club meeting in Aug. (18th).

We could use a good speaker for Aug. or Sept. Anyone know who to invite? So far it's been awfully thin for speakers. If you don't help I'll invite a life insurance agent or better yet an IRS agent. Just kidding! (Wanted to see if anyone actually reads this.) We could use a good pep talk so find someone.

Club finances are a bit off. The ride in May ended costing us a little bit more than planned but was a success. I think we can add some cash to the treasury with the Poker Ride IF we get a little help from the members for prizes and awards. Also can we use volunteers to advertise and to work the ride. If you know a good place to put up a flyer let us know.

EI Presidente

**MINUTES OF QUICKSILVER RIDERS
MEETING ON 5-16-04**

This meeting was held, as usual in June, at the Suhr's house. Bob and Julie put on a really good weenie roast and pot luck dinner, and a good time was had by all.

Quicksilver Fall Classic

This ride will take place October 23rd at Calero County Park and will include the new trails.

Next Meeting

The next meeting will be held on 21st July at the Almaden Quicksilver Club house and will be an **ice cream social**.

At this point the meeting was adjourned for a few minutes while we all searched for Dick Carter's hearing aid!! Hearing aid in place ...

Treasurer's Report

As our Treasurer was not present, we did not have an exact breakdown of funds but it was reported that we have about \$7K in our account. The Spring Ride broke even.

Announcements

Alexandra informed us that Scott Sansom will put on a 3 day ride (25/50) at Fort Ord over the Thanksgiving weekend. (Fri/Sat/Sun). There will be a raffle at this ride to raise money for Michele Roush to go to Dubai. The raffle item will be a pendant and earrings and the tickets are \$5.00 each. Contact Scott.

Heather Reynolds and Al Eclipse won the Fort Howes 100 FEI race on 12th June and also got best condition. Michele came 10th on Tallymark.

Becky Glaser gave a very interesting talk on FEI sanctioning which generated lots of questions and discussion.

Julie offered to let any interested parties watch a documentary on the film Hidalgo, which covered the question "did Hidalgo and his rider really do all these things?" One of the horses that starred in this documentary, TR Tarrah Miss, a really pretty grey mare, was present at their house. She will be Julie's mount in several upcoming rides.

Everyone thanked Bob and Julie for a great meeting.

Meeting adjourned 8.45 p.m.



Regarding the June meeting, Julie E-mailed me this account.

It was nice to see Susan Allison Chang and her husband Pax, who come all the way from the East Bay, also Diane Enderle looking well after her recent surgeries. Also it was nice to see Jeri Ayers-Scott looking and doing well in spite of heart problems.

There were 24 people here in all, a smaller number than usual, but lots of good food. Becky Glaser did a wonderful job of explaining to us the directions she thought International was going. She sees AERC being divided between those with international ambitions, the increasingly popular multi-day rides and the more numerous LD, 50 and 100 mile enthusiasts. Becky would like to see them all continue to be under the AERC umbrella but she recognizes that different riders have different goals.

WANT ADS

Wanted

Maryben is looking for a four horse bumper pull stock-type trailer, nothing fancy. Call her at 408 265-0839 or email at merryben@aol.com.

SADDLES & TACK FOR SALE

Stubben dressage saddle, 17.5, black with leather girth and small felt pad, \$600. Call Judy 925 862-0232 or E-mail misxfire@aol.com.

Sharon Saare saddle for tall person. SS tree. SS tree is the warm blood tree but this saddle was made for a 15h Arab quarter cross, \$1000. Beautiful condition. Tooling. Dropped centre rigging. Happy Back gel pad included. Call Gillian @ 408 867 1766.

Outback something Poley Australian saddle. Good condition. Med/ wide tree. Fits the above horse beautifully and a very acceptable fit on a difficult to fit Arab. Two wool pads with this one, \$1300. Call Gillian @ 408 867 1766.

Used Crosby Prix St. George dressage saddle 17 inch with fittings, \$450. Tracy @ 408 379-6209.

Used Baker blanket; \$40 size 84. Used Baker sheet; \$30 size 84. Tracy @ 408 379-6209.

New English leather bridles with laced reins, \$25 each; one is Cob size, the other is horse size.

Bits & spurs, \$5-\$10. Tracy @ 408 379-6209.

Ortho-Flex Express Lite. Like new. Will include misc. tack in sale. Asking \$1500. Call Michelle at (831) 761-2578.

Stalls with Paddocks/Pasture for Rent

Brand new 12x12 stalls with 24x12 paddocks, shavings; we clean. \$250, pasture \$180. Feed twice a day, high grade oat and alfalfa hay. 96x48 outdoor arena. Close to 3,600 acre Almaden Quicksilver County Park with 19 miles of manicured trails. Call Trilby at 408 997-7500 for more information.

FREE STUFF

FREE - Clothes washers for doing laundry for horses or other pets, or for parts, we have 2 available free to good homes,- Older GE commercial washer vibrates and walks when spinning, but does work with balanced loads. Sears Lady Kenmore 3 speed, 2nd rinse feature, slipping clutch currently adjusted to max. Ddawson@almaden.ibm.com/(408) 927-1617.

NEEDED: Foster caregivers for kittens and cats. You, too, can help Safe Haven Animal Sanctuary, a non-profit organization dedicated to providing care to animals. For information call Janice at 408 268-2177.

FASTRACK Probiotics at a direct discount from the Manufacturer. If you are interested in trying daily and supplemental probiotics now is the time. Promote health, increase performance, ensure a healthy digestive tract at a low cost. For more information contact Wild Eye Arabians, Kirsten and Michael Berntsen at 831-623-2120 or kirstenzazz@hotmail.com or www.conklin.com/wildeyearabians.

Dynamite Products Distributor
www.dynamiteonline.com
Jan Jeffers, sleeeker@garlic.com
408 779-4722

Member News

Jackie Davidson will soon be a mom for the second time; Jessica is already 2 years old! Jackie's horse, **Sloan**, is half-leased to a non-trail rider and spends his spare time giving Jessica pony rides around Lightfoot Stables. She says he'd love to get back on the trail and she would love it if anyone wanted to take him out and have a little fun with him. Sloan hasn't done endurance for 3+ years so he needs some conditioning and should probably start off with an LD ride. Jackie can be reached at 408-224-4181 or jackiekd@sbcglobal.net.

QSER members, **Karen Chaton**, **Pat Verheul**, **Becky Glaser** and the **Perkins**, **Karla** and **Patrick**, are participating, as we speak, in the 2004 XP managed by The Duck aka Dave Nicholson. The ride will run for 5 weeks over 1250 miles; it began at Bucklands, NV and will end at Rushcreek, NE. Here's hoping the QSERs finish every day that they ride☺

Trail News

from Bonnie Davis

FREE TRAIL RIDERS COMMENT CARDS
Trail riders and horse campers are being asked and required to use low impact environmental techniques when trail riding and camping but when we follow Leave No Trace standards, agencies can't tell if equestrians are or aren't using a specific trails or camp. Consequently, some agencies think that horsemen aren't using trails and camps so they are being closed to horsemen (*talk about a Catch-22*). It is important that equestrians let an agency KNOW which trail is ridden and which camp was used. After every trip, riders should fill out and mail a Trail Rider's Comment Card to the agency managing the trail or horse camp. Two Horse Enterprises is offering a FREE 12-card packet of Trail Rider's Comment Cards to trail riders who request them. Comment

Cards provide agencies with documentation that equestrians ARE USING their trails and horse camps. FREE Trail Riders Comment Card packets (that normally sell for \$6 for a 12 card packet) are available until August 15, 2004. Send mailing address and one dollar per packet to cover shipping and handling to Two Horse Enterprises, P. O. Box 15517, Fremont, CA 94539 or order on website, www.extendinc.com/twohorse/item.htm.

ed. note; some parks have comment cards at trail heads—we need to start using them

Calero County Park

There will be an evening interpretive ride at Calero with the Mounted Ranger Unit on July 31st at 6 pm. Please RSVP 363-5976.

6-Day 100-Mile East Bay Hills Trail Ride

The 6-Day 100 mile ride on East Bay Regional Trails over the Labor Day weekend is filling up fast. The ride runs from Wednesday Sept. 1st to Monday Sept. 6th, \$40 a day or \$200 for all six days, which includes camping and people and horse food. Each evening there will be entertainment: a horse-owning harpist will play her harp, equine massage demonstration, star gazing at the Chabot Science Center, a saddle fit clinic and maybe some blue grass music. It will once again be a fundraiser for the Bay Area Ridge Trail. The ride is organized by the Tilden-Wildcat Horsemen's Association and this year is also co-sponsored by the Metropolitan Horsemen's Association. Based out of three campsites (Tilden, Joaquin Miller & Bort Meadow); there will two days of riding from each camp. And you can bring in pledges as well to help bring in more money for BART! Contact Morris Older (925) 254-8943, Morrisolder@earthlink.net, if you are interested; it's a great ride on beautiful trails.

Quicksilver Juniors Poker Ride



The Quicksilver Endurance Riders are proudly inviting you to the Quicksilver Junior's Poker Ride! Come and ride new trails at Calero while picking up some playing cards! When you finish your ride you will have a hand of cards to win a prize! Everyone has a chance of winning whether or not you know the game! Also, you will get a BBQ lunch with nice refreshments. So come ride with the Quicksilver club and have

Registration = 9:00
Ride Out = 10:00

\$15=Adult Member
\$10=Kid 12 and Under Member
\$5=Extra Hand!
\$5=Member for a day

*Calero Park * BBQ Follow-up

Riders under the age of 18 must wear helmets.
No juniors on Stallions.

Time: 9:00

Date: 8/21/04

****Bring a Gift of
\$5.00 and you'll get
a free hand!!!****



Enquiries call Elaine at (408) 848 6776



Miss Folly's Helpful Hints

It's fly season again and here are some helpful fly hints.

Remove bot fly eggs with a disposable plastic safety razor. It is far cheaper than purchasing a bot knife and safer to use.

Put worm powders into the refrigerator a day or so before you want to give them to your horse. It reduces the smell so that they are more palatable to the horse.

Flies are attracted more to sweating and dirty horses than to clean ones, so bathe your horse regularly during the summer months, and if the weather is warm give him a quick sponge down after exercise. Shampoos with a mild antiseptic added also act as an additional protection against flies.

If your horse grazes out with others, arrange with the owners to worm them all at the same time. If you worm yours separately it will not be very effective, as he will simply ingest eggs and larvae expelled by the other horses.

Feeding garlic can help to control a horse's worm burden, although it should not be used as a replacement for normal regular worming treatments. It can also help improve skin complaints asthmatic conditions. Two or three cloves can be crushed and added to the feed.

If you have any hints to share with other members or would like to ask Miss Folly's advice, please email your letters to the editor of Quips at Mixfire@aol.com and they will

be forwarded to Miss Folly.

RIDE STORIES

Fort Stanton Pioneer Rides

Mike Maul and **Thor/Rroc** just finished the 6 days of the Fort Stanton Pioneer rides at Fort Stanton, NM. Base camp is at 6,200 feet and is located about 60 miles west of Roswell. The rides were two 3 day Pioneer rides separated by one day; the rides were 35 or 55 miles each day. Riders used the middle day to take a tour of the caves under Ft. Stanton. Riders came from the PS, NE, MW, SW and CT regions. There were quite a few fires on the mountains across the valley which were controlled by the last day of the ride.

Rroc has recovered well from his colic surgery and completed 3 of the 6 days. Mike wrote that the ride is nice, with lots of rocks, good hills and excellent food.

Mike Maul

Cooley Ranch Ride

I wanted to say thank you to Ruth for commanding such nice weather for the ride. It was beautiful as always. I forget that we see so much on horseback that others will never see, on foot or by car. Jennifer Neihaus was wonderful in watching my little one Alec - 16 months and her 2 year old for the day so my husband and I could ride together. What a great treat, thank you so much.....

There were 63 starters on the 50 and 25 or so on the 25. Vincent Howes came in 1st on the 50 and Tom Johnson came in 4th and was awarded BC. No horses had to be treated....no major issues or injuries....a good ride day.

Many local Bay Area riders were there. Ruth & Ron (of course), Jennifer & Jon Neihaus, **Nina Cooke, Katie Alton, Megan Doyle, Lori Olsen, Mike Berntsen, Mary Anderson, Pam Villa**, Jazon Wonders, Elsie Geske, Jim & Cindy Brown, Connie Berto, **Trilby Pederson**, Margaret Graham, Marci Cook, **Bob & Peggy Eaton** and of course **Maryben, Dick Carter** and **Sandy** arrived without a rig or horses. After running into trouble in San Rafael, then leaving their horses with friends in Novato while the horse trailer was repaired, they made it up to help out. Always an adventure.

The ride started off great, cool weather and the sun broke out about 9:30 am. It did make for a warmer afternoon. Ron was out there with his dog on his ATV relaxing and smiling as we trotted by. I had the pleasure of riding with my husband, Nina Cooke and two juniors (Katie Alton and Megan Doyle). What a crack up and good time we had. If you have never ridden with a junior I recommend it, always a new perspective. It is wonderful to go to a ride and see so many people smiling.

On a different note, Trilby has some trouble with her saddle sliding, no crupper. She was off walking a lot before the first vet check. When she came in alone, we realized that her riding partner for the day left her. Pam Villa offered to ride the last loop with her, back to camp. Since there was a steep hill coming down, they dismounted and continued on foot. The front runners on the 50 started to pass them by. From Pam's comments, all the top 10 riders asked if they were okay and needed help and more than willing to do so (what a nice thing to do).

After the top ten, Pam said people asked if they needed help and then sort of trotted off. So they did their due diligence in asking. When they did need help holding the horses

and getting back on, it took them an hour for someone to come along that would help. Not sure who that was, but that was good thing. They made it back to camp safe and horses sound.

What a great place, great ride, great management and a great opportunity to have an awesome day.....

Parting thoughts, always help someone if they need it, you never know when it is going to be you....

Kirsten Berntsen

My Excellent Oakland Hills Adventure

This ride was my first endurance ride in two years—my, how time flies—and my first on the Rat. I was apprehensive (scared) because she takes her registered name, Rocket Star, seriously especially the rocket part. I had hopes that we could manage an enduro because we did get through the Coe NATRC ride in one piece.

Ride day weather was perfect, overcast but not too cool. I started out with a moderately paced group; Rats was overeager but controllable by many yanks on the reins. The ride photographer caught her attitude perfectly—head up and to one side, under neck muscle looking like one of Arnie's biceps and me hanging on for dear life.

Our first adventure occurred when we came upon some dog walkers with unleashed and apparently unleashable dogs—two of the dogs decided to accompany us. They ran along side for a while and I thought, this is not going to work so I stopped and tried to herd them back towards their owners. That definitely did not work—they started jumping at and circling around Rats. I decided discretion was the better part of valor and led all of us slowly back down the trail til we met the dog's owners. The good

part about this episode is that we were then by ourselves and Rats sort of settled down.

Not for long, alas, a couple of front runners who had gotten lost came zipping by us and she became seriously unglued, plunging and running at the same time which caused her to do a noseplant on the trail, skinning her nose and knees. I think what kept me from joining her in the dirt was the momentary hesitation when her nose hit the ground which enabled me to stop my forward motion☺ I checked her out and other than losing the hair on her knees and scratching up her nose she was OK. After that I noticed that she responded more promptly when I pulled on the reins; her nose was sore I guess.

A few miles later we got to the first vet check, passed it successfully and boogied on into the lunch stop. I tied the hackamore nose piece up for the next loop and off we took. She was pretty obedient until we got to the flat trail around Lake Chabot where she saw a group of riders ahead. Yee haw! She just had to try to catch up with them and I was barely able to keep her from running away and into them. That cost us—her gut sounds were a C at the next vet check so we spent an extra 15 minutes there.

On the last loop she finally decided walking wasn't such a bad idea after all; then a couple of riders passed us, yikes! Fortunately the trail was fairly flat at this point and she was willing to stay at a trot so she didn't get too stressed.

At the finish I was pleasantly surprised to find we had finished in 9th place. She passed the final vet check with an excellent CRI but a bad attitude—she wouldn't trot out very well. She tends to be balky when she is tired or distracted or...

Since Rats did so well I rewarded her with a month at an exclusive equine finishing

school where both of us are being taught how to keep her head down, back round, and her to generally be more obedient. Our next endurance outing will be the Swanton 75 and I am looking forward to a different kind of ride!

Judy Etheridge

Quicksilver members were well-represented at the Oakland Hills.

50 milers

Dennis Tracy and San Francisco
(1st place and 1st AHA, too!).

Helen Harvey and Michael Lamb
a very close 11th place.

Mike Tracy and Aron Moon+//, 13th.

Scott Sansom and Omega Sun, 18th.

Julie Suhr and TR Tarrahmiss, 24th.

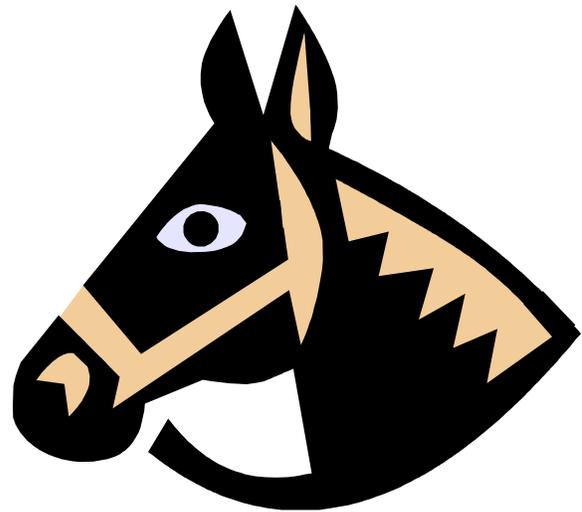
Doug White and Kazzablanca, 25th.

Jeff Luternauer and DC Phoenix, 26th.

Robert Ribley and Oak Hill Regina, 32nd.

Judy Reens and Benjih+//, RO.

As far as I know there were no QSERs in the 25 but I did run into former member, Georgina Wallbridge, who started the 25 but ROed.



JOIN THE QUICKSILVER ENDURANCE RIDERS

We need your name _____

And then your address _____

And your phone number, Fax, e-mail _____

And last we need the names of the other members of your family.

And then we need your money! Senior membership is \$ 15 _____

Junior membership is \$ 5 _____

Why join the Quicksilver Endurance Riders? You will have the opportunity to participate in poker rides, moonlight rides, endurance rides, trail projects as well as attend monthly meetings, the Christmas party and the annual awards ceremony and saving the best for last, you will meet the best friends you will ever have!

How are our dues spent? Annual Yearbook/Calendar; monthly Newsletter; a representative voice in local horse politics; trail maintenance and improvement projects; year-end awards and monthly meetings.

Club meetings are generally held on the 3rd Wednesday of the month at the New Almaden Community Center, Bertram Road, San Jose. The Board meets at 6:30 PM and the general meeting follows at 7:00 PM.

Send your 2004 dues, checks made out to: Quicksilver Endurance Riders, Inc.

Mail to Membership Chairperson: Maryben Stover
1299 Sandra Drive
San Jose, CA 95125-3535

May your and your horse have wonderful Year 2004 riding together as members of the
QUICKSILVER ENDURANCE RIDERS, Inc.

July 2004 Quips

Michele is responsible for selling the jerseys so let's support her and the rest of the team by buying one.

These jerseys are going to be available for purchase all year and each team member will be asked to sell a minimum of 10 to help raise funding for uniforms and additional costs. This is our "Girl Scout Cookies" campaign! So talk to your friends, family and crew...and get the orders to us. These shirts are really nice 100% pre-shrunk heavy weight cotton Rugby Jerseys with a very bold USA graphic. We will all look fantastic at the WEC! The manufacturing Company is in Canada and makes them specifically for Rugby Uniforms, so they are really well made.

National Team Rugby Jersey



100% pre-shrunk Heavy weight Cotton. Bold graphics represent your support for your US National Team. Generous cut in shoulders, slim in waist, not bulky. Easy to tuck in to jeans or wear with riding tights! Unisex sizes (See order sheet) Order one size up if you like a more relaxed fit.

\$75.00

Proceeds go directly to benefit the US National Team expenses for the World Endurance Championships.

Name _____

Address _____

City, State, Zip _____

Phone _____ E-mail _____

Shipping Address (if different from above) _____

Unisex Sizes	Quantity	Total \$
XS- special order		
S- Ladies equiv. size 4-6		
M-Ladies equiv. size 8-10		
L- Ladies equiv. size 12-14		
XL-Ladies equiv. size 14+		
2XL-5XL available (specify)		

Please accept my additional donation to the US National Team in the amount of \$ _____

Total Amount Enclosed \$ _____

Check payable to: USEF, Inc. The amount is fully tax-deductible. Please write **Michele Roush** on the memo line of the check..

Mail order form and check to: Art Priesz, 1824 320th Street, Ivanhoe, MN 56142.

Western States Run – June 26, 2004

by Jan Jeffers

Kathie Schmidt and I headed up to the Western States Run last weekend to help out at the aid station at Dusty Corners and to cheer **Marvin Snowbarger** on when he came through Dusty Corners Aid Station (38.3 miles).

The run starts at Squaw Valley and ends at Auburn. The runners follow basically the same trail as the Tevis Cup with a couple of course changes after Francisco's.

It was a gorgeous drive out to Foresthill and then out towards French Meadows and Dusty Corners. We had great weather on Saturday – in the 80s. The “oasis” as **Barbara White** called it (she and her husband **Doug** were the Captains) was already being set up when we arrived. There were canopies for shade, chairs for the runners. There were various types of melons and strawberries, GU, pretzels, Payday candy bars, peanuts, rock salt, regular salt, potato chips, M&M's and soda crackers. Sandwiches were made up on special order. There was a doctor and nurse on hand at every aid station. On the drink menu was Coke, Mountain Dew, Sprite, ice water, and GU₂O (electrolyte). We had plenty of crushed ice for the runners for use in their caps, scarves, and water bottles.

The first runner came in at around 10:31 in the morning, passed right through our station heading down to Last Chance which is a point where all the runners are weighed. Whatever they weigh-in at the start of the race, they cannot go below 10% of that weight. There are no mandatory stops for the runners, only the weight criteria at various points.

The runners were all very polite, glad to see us and to get the help they needed. Some had crews at Dusty Corners and some did not. Many of the runners had headphones on connected to either a radio, CD or IPOD.

Marvin came through at 3:03 p.m. in the afternoon looking in good spirits and certainly not looking like he had run 38.3 miles. He stayed only for a few minutes and continued down the road via Pucker Point Trail to Last Chance.

Our station shut down at 3:50 p.m. and Kathie and I headed for Foresthill to pick up a few trinkets from the WS Store and then back home. I found out the next morning that unfortunately Marvin missed the cutoff at 49 crossing by 11 minutes. Marvin, you are one in a million. I know this is a tough trail having ridden it. Kathie and I applaud you!

For further details of the Western States Run, see their website: www.ws100.com.

See the article that came out in the Sacramento Bee –

<http://www.sacbee.com/content/sports/story/9825217p-10747706c.html>



July 2004 Quips

JAN TOOK THIS PHOTO OF MARVIN
LEAVING DUSTY CORNERS

2004 July Events

Date	Region	Ride Name	Distance	Manager	Phone #
07/10	W	Gold Country	30/50	Cheryl Holbrook	530-272-9222
07/17	W	Battle Creek	30/50	Shelley Nelson	530-223-3553
07/17	W	Tour-de-Washooo	25/50	John W. Collier	775-852-6116
07/24	W	Redwood Ride I	25/50	Elaine Kerrigan	707-443-0215
07/31	W	Tevis Cup	100	Bill Pieper	530-823-7282

EARLY August RIDES

07/07	W	Redwood Ride II	25/50	Elaine Kerrigan	530-823-7282
07/07	W	Fireworks	25/50	Patricia Reid	831-454-0229

Quicksilver Endurance Riders meeting
WEDNESDAY, July 21, 2004

Ice Cream Social & Crew plans for the Tevis

Trilby wants us all there to dig into
her fabulous sundaes

The Board meets at 6:30 PM, members are welcome.

The General Meeting starts at 7:00 PM

The meeting location is at the New Almaden Community Center on Bertram Road just behind the
La Foret Restaurant

Quicksilver Endurance Riders, Inc.

P. O. Box 71

New Almaden, CA 95042

July 2004 Quips